



INSTITUTE OF HUMAN BEHAVIOUR AND ALLIED SCIENCES

**THE FIRST AND THE ONLY NEURO-PSYCHIATRIC
HOSPITAL IN INDIA WITH NABH ACCREDITATION**



SUMMARY HIGHLIGHTS OF ANNUAL REPORT (2013-14)

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FROM THE DIRECTOR'S DESK

The Hospital for Mental Diseases, Shahdara was converted to 'Institute of Human Behaviour and Allied Sciences' (IHBAS) by a Supreme Court order in response to a public interest litigation in 1993. Since then IHBAS has come a long way in its journey of transforming custodial care setting to modern neuropsychiatric institute and today is one of the largest super specialties tertiary care centres in Delhi dedicated exclusively to neuropsychiatric and behavioural illnesses.

The institute is progressing steadily to achieve its objectives, which are:

- ◆ To provide high quality super specialty health care using state-of-art technology in mental health, neurosciences, behavioural and allied sciences
- ◆ To conduct research of high standard in the field of mental health, neurosciences and behavioural sciences
- ◆ To provide comprehensive training for MD, DM, M Phil and Ph D courses in field of mental health, neurosciences and behavioural sciences and research activities on current interest

Strengthening of different departments of the institute with a view to improve the quality of services has been our constant endeavour and this was further emphasized and strengthened with introduction of National Accreditation Board for Hospital and Healthcare providers (NABH) in IHBAS. The NABH process for quality assurance and the guidelines further helped the faculty and staff to improve their understanding to match the quality standards for patient care.

Starting from a Hospital for Mental Diseases, IHBAS today is a specialty hospital in the combined fields of mental health and neurosciences with active outpatient services, emergency care and ICU services with a fairly complex mosaic of services on the identified theme of "Brain-Mind Problems and Their Solutions". The hard work of the faculty and staff has made IHBAS the first and only specialty neuroscience and mental health hospital across Government or private sectors in the country to get NABH accreditation.

IHBAS as an apex neuropsychiatric institute has been continuously working to expand the patient care services beyond the hospital based care to community. This has been achieved through the community outreach services in various parts of Delhi, the awareness campaigns, active liaison with the NGOs, user and carer groups, RWAs and sensitization programme to facilitate involvement of the various stakeholders. In addition community oriented programmes, programmes for school children such as poster competition, workshops, symposia were organised to increase the awareness about positive mental health for prevention of neuropsychiatric illnesses and the facilities available at the institute.

IHBAS as an institute was fortunate enough to be provided a thorough appraisal by National and International organizations and agencies that visited the institute during 2013-14.

It is worth appreciating that the faculty of IHBAS besides contributing towards the patient care, teaching and administrative duties, is also actively involved in the research both in the basic and applied fields. The research programmes run at IHBAS have been funded by reputed National as well as International funding agencies. Various clinical trials are also going on in the Institute which would contribute towards effective management of the diseases.

Various academic activities were undertaken in the institute during the current year. The teaching and training for MD (Psychiatry), DM (Neurology), M.Phil. (Clinical Psychology) and the undergraduate and post graduate student teaching in Clinical Psychology, Psychiatric Social work and Psychiatric nursing continued.

This report gives a description of the achievements made by the institute in different fields during the year 2013-14.

Dr Nimesh G Desai

DIRECTOR

OUR TEAM

Director

- Prof. Dr. Nimesh G. Desai
(Psychiatry)

Emeritus Professor

- Prof. S.D. Sharma (Psychiatry)
- Prof. M. Gourie Devi (Neurology)

Professors

- Dr. N.G. Desai (Psychiatry)
- Dr. Sujata Chaturvedi (Pathology)
- Dr. Sangeeta Sharma
(Neuropsychopharmacology)
- Dr. Rajiv Thakur (Microbiology)

Additional Professors

- Dr. Kiran Bala (Neurology)
- Dr. Uday Kumar Sinha (Clinical Psychology)

Associate Professors

- Dr. Neelam Chhillar (Neuro Chemistry)
- Dr. Anshu Gupta (Pathology)
- Dr. P.K. Upadhyay (Neurosurgery)
- Dr. Deepak Kumar (Psychiatry)
- Dr. Suman Seryam Kushwaha
(Neurology)
- Dr. Rachna Agarwal (Neuro Chemistry)
- Dr. Om Prakash (Psychiatry)
- Dr. Vibha Sharma (Clinical Psychology)
- Dr. Jahanara M Gajenderagad
(Psychiatric Social Work)

- Dr. Sarbjeet Khurana
(Epidemiology)
- Dr. Mukul Kumar Jain
(Neuroanesthesia)
- Dr. C.B. Tripathi (Biostatistics)
- Dr. Rajesh Kumar (Psychiatry)
- Dr. Reema Kumari (Neuro radiology)
- Dr. Vijender Singh (Psychiatry)
- Dr. Ravinder Singh (Medical Anthropology)

Assistant Professors

- Dr. Vinod Kumar Singh Gautam
(Neurosurgery)
- Dr. Deepak Kumar Jha
(Neurosurgery)
- Dr. Arvind Arya (Neuroanesthesia)
- Dr. Renu Goyal (Microbiology)
- Dr. Naveen Grover (Clinical Psychology)
- Dr. Ishita Pant (Pathology)
- Dr. Pankaj Kumar (Psychiatry)
- Dr. Manoj Kumar (Psychiatry)
- Dr. Aldrin Anthony Dung Dung
(Neurology) on contract basis
- Dr. Amit Khanna (Psychiatry)
- Dr. Paramjeet Singh (Psychiatry)
- Dr. Amit Garg (Psychiatry)
- Dr. Sumit Kumar Gupta (Psychiatry)
- Dr. Bhavna Kaul (Neurology)
- Dr. Shaily Singh (Neurology)
- Dr. Siddharth Maheshwari
(Neurology)

OUR COMMITMENT

Vision

The vision of Institute of Human Behaviour and Allied Sciences is to be one of the leaders in the country and in the world for promoting mental health, neurosciences, behavioural and allied sciences through multidisciplinary patient care in partnership with communities, developing future group of professionals and paraprofessional leaders through formal and semiformal training programmes and expanding scientific knowledge and its application through frontline research.

Mission

The mission of Institute of Human Behaviour and Allied Sciences is to advance the mental and neurological health of populations by practicing evidence based multidisciplinary scientific health care approaches that are novel, adaptive, and ethical, conduct research of high standard and develop human resource in these fields. The institute adheres to quality assurance, integrating into practice the prevailing norms for human rights and diverse value systems of persons and populations while accomplishing this mission.

Quality Policy Statement

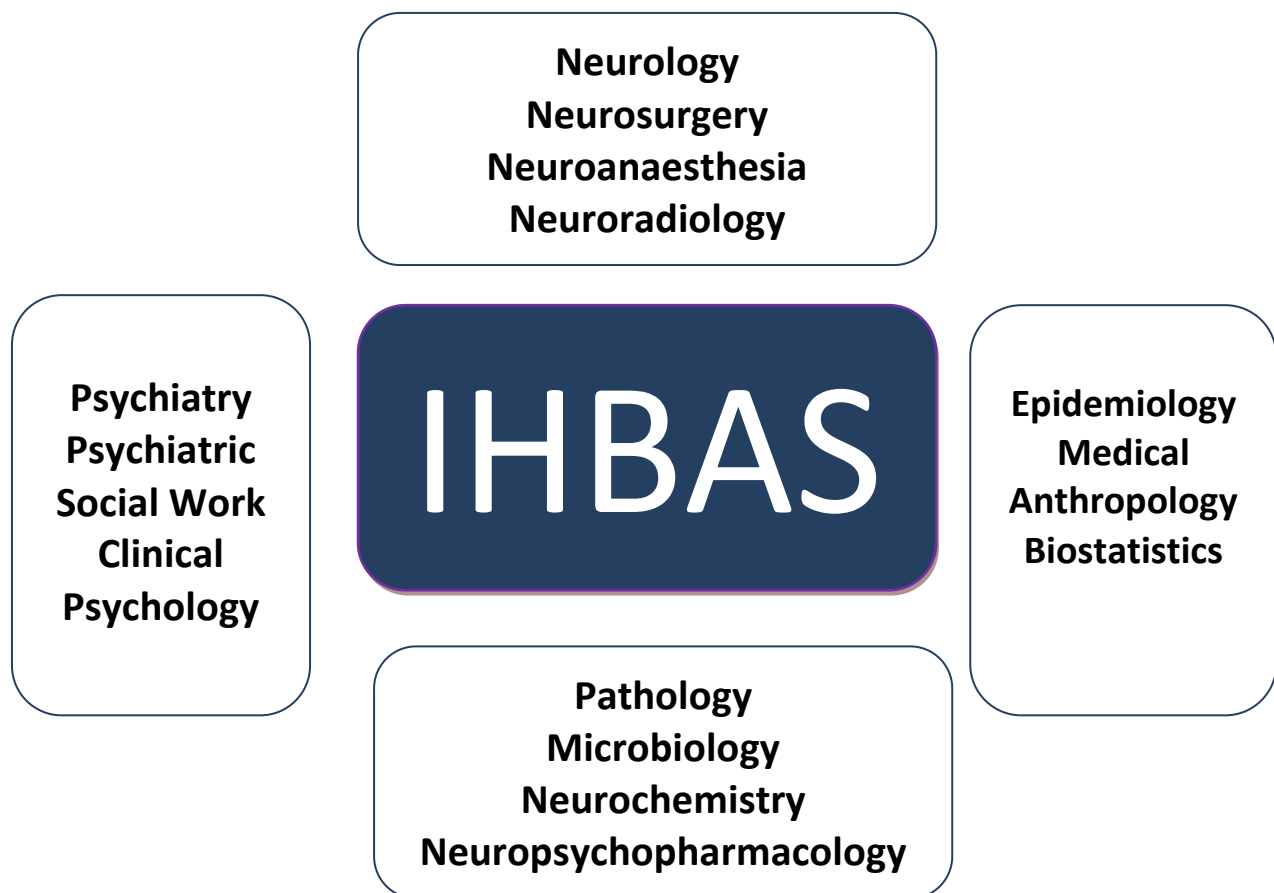
IHBAS is committed to provide Health Care par excellence. This would be achieved through:

- Complying with National and International Quality standard
- Working within the framework of Regulatory requirement
- Up gradation of Technology and Facilities on regular basis
- Training the manpower in the relevant discipline
- Continuous Quality improvement, and
- In the process, striving to enhance both staff and user satisfaction level

Aims and Objectives

- To provide high quality super specialty health care using state-of-art technology in mental health, Neurosciences, Behavioural and Allied sciences.
- To conduct research of high standard in the field of mental health, Neurosciences and Behavioural sciences.
- To provide comprehensive training for MD, DM, M. Phil. & Ph.D courses in field of mental health, Neurosciences and Behavioural sciences and research activities on current interest.

These activities are carried out through a multidisciplinary approach by the faculty and staff of the following departments



Departments of IHBAS

- Psychiatry
- Microbiology
- Neurology
- Neurochemistry
- Neurosurgery
- Neuroanaesthesia
- Neuroradiology
- Clinical Psychology
- Medical Anthropology
- Psychiatric Social Work
- Epidemiology
- Pathology
- Biostatistics
- Neuropsychopharmacology

Patient Care Services

- OPD
- In Patient
- Emergency
- ICUs
- Diagnostic
- Community outreach services

Special Clinics

- Child and Adolescent Psychiatry clinic
- Mental retardation clinic
- Marital and psychosexual Clinic
- Epilepsy Clinic
- Movement Disorder
- DATRC and TCC
- Neuro-behaviour Clinic

Activities at IHBAS

- Brain awareness week
- Mental health Week
- World no tobacco Day Programme
- Epilepsy Week
- Stroke Awareness week
- Dementia Day

MILESTONES

Journey of transforming custodial care setting to modern Neuropsychiatric Institute

IHBAS was earlier known as Hospital for Mental Diseases (HMD) which was established in 1966. This was a custodial care setting established under Indian Lunacy Act (1912) with majority of patients being long stay. In view of the multiple reports the gross human rights violation in 1983, PIL was filed in the Hon'ble Supreme Court related to the prevalent conditions at HMD. Subsequently a three member committee of eminent psychiatrists was formed who gave their recommendations in 1989. In 1993, the erstwhile HMD was converted to the Institute of Human Behavior & Allied Sciences in compliance with the directives of the Hon'ble Supreme Court in response to public interest litigation in 1993. The Institute is an autonomous body registered under the Societies Act 1860, funded jointly by Ministry of



- Hospital for Mental Diseases (HMD), Shahdara set up in 1966-one of the last "Mental Hospital" to be set up....on custodial pattern
- Unfortunately, conditions deteriorated quickly and markedly enough, with serious human rights violations, to lead to a PIL by the Public Union of Civil Liberties (PUCL)
- PUCL approached Hon'ble Supreme Court in 1983, which heard the matter for 8 years and formed two committees
- Hon'ble Supreme Court passed orders in January and November 1991-for upgrading and converting HMD to Institute of Human Behaviour and Allied Sciences (IHBAS), to be developed on the " pattern of NIMHANS, Bangalore" with funding from Government of India and Delhi Administration (Government of NCT of Delhi)
- Memorandum of Association in July,1991
- First Meetings of General Body and Executive Council in 1993



Health and Family Welfare, Government of India and Government of NCT of Delhi. Minister for Health, Govt. of NCT of Delhi is the President and Chief Secretary, Govt. of NCT Delhi is the Chairman of the Executive Council of the institute.

The initial 7-8 years after the establishment in 1993, the Institute had to adjust with the major transformations from HMD to tertiary care neuropsychiatric institute with many of the systems reviewed and re-organized.



In 2000, as part of transformation of IHBAS to teaching and research institute, the post graduate courses were streamlined with faculties joining in major clinical and supportive departments. In next five years, institute's major focus was on strengthening the existing infrastructure and patient care services. Standard operating procedures were defined and implemented to ensure the uniformity of care. This was further emphasized and strengthened with introduction of NABH in 2008.

The NABH process for quality assurance and the guidelines further helped the IHBAS faculty and staff to improve their understanding to define the policies and procedures to match the quality standards for patient care. IHBAS playing a pivotal role in reducing the treatment gap in neuropsychiatric care by the quantum of services it provides while ensuring the quality which has been a daunting task.

In the relatively neglected area of neuropsychiatry, striving for quality assurance had been a difficult and challenging task but with advancement of quality in health care, the field of neuropsychiatry has been benefitted like all other medical fields. There may still be lacunae as the field is evolving. Quality being a dynamic process is an ongoing activity. This dynamic nature of quality assurance is much more applicable in the field of neuropsychiatry.

EVENTS HIGHLIGHTS 2013-14

Training Workshop in Centre of Excellence in Relapse Prevention (CERP)

A training Workshop in Centre of Excellence in Relapse Prevention (CERP) for Mental Health Professionals of IHBAS was organized at IHBAS, Delhi on 26th & 27th July 2013 with funding from Janssen Pharmaceuticals. The eminent experienced Faculty from various premier Institutes from India contributed to the unique learning opportunity to post-graduates in Departments of Psychiatry and Clinical Psychology.



World Stroke Day

Department of Neurology organized the World Stroke Day Celebration on 19th October, 2013. In addition Department of Neurology organized the Continuing Medical Education Programme "Management of Stroke". The programme was designed to sensitize the general physicians and resident doctors.

Public Awareness Programme was also organized for awareness of stroke for general public. The street play was performed to understand the different aspects of stroke. A special session was held for the sensitization of the staff of IHBAS.



National Epilepsy Day

Epilepsy Awareness Day was conducted by the Department of Neurology, Institute of Human Behaviour & Allied Sciences (IHBAS) as a part of our endeavour to increase the awareness of epilepsy among the general public. The children with epilepsy were encouraged to participate in different cultural programme held on Nov 21.

In the Epilepsy Awareness Programme the children suffering from Epilepsy participated in the drawing competition and sports. A skit performed by the nursing staff of IHBAS conveyed the myths & realities of epilepsy for the care givers. The gifts were distributed to the children who participated in the programme and they were encouraged to participate in extra curricular activities.

Department of Neurology participated in the Public Awareness programmes during the Brain Awareness Week organized by Department of Psychiatry, IHBAS.



SOWING INTO THE COMMUNITY

Active communitization

IHBAS as apex neuropsychiatry institute has, since its inception in 1993, strived to expand the patient care services beyond the hospital based care to community. This has been achieved through the community outreach services in various parts of Delhi, the awareness campaigns, active liaison with the NGOs, user and carer groups, RWAs, training programme to involve the general health practitioners, paramedical workers as well as community contact and sensitization programme to facilitate involvement of the various stakeholders. With its consistent focus on community involvement and participation, IHBAS has by now well established health outreach network in six districts of Delhi as well as large network of stakeholders including Government agencies, NGOs, RWAs and the user and carer groups. The Institute is presently also one of the resource centres for National

Efforts at communitization

IHBAS as apex neuropsychiatry institute has, since its inception in 1993, strived to expand the patient care services beyond the hospital based care to community. Various kind of community based initiative being under taken by IHBAS:

- ❖ *Community Outreach Services under District Mental Health Programme:*
- ❖ *Community Outreach Initiatives for Homeless Population*
- ❖ *Community Awareness Activities*
- ❖ *Liaison with User and Carer Groups*
- ❖ *Efforts at Communitization for in-patient at IHBAS*

Mental Health Programme (NMHP) and the coordinating centre for District Mental Health Programme (DMHP) Delhi, Resource Centre for Tobacco control (RCTC) as well as coordinating the State Mental Health Authority (SMHA) work.

Community Outreach Services under District Mental Health Programme

Community outreach services are being carried out as a part of District Mental Health Programme (DMHP) in different districts across Delhi State. Currently community outreach services are extended to five districts across Delhi State i.e. Chattarpur

(South), Jahangirpuri (North-West), Dwarka (South-West), Timarpur (North), and Motinagar (West). The DMHP team also visits two residential homes for destitutes

once a month delivering meta-outreach services(reaching beyond outreach clinics). The other activities include information, education and communication (IEC) activities, Mental Health Awareness and diagnostic camps on monthly basis, series of intensive training programme for different categories of health personnel (including medical officers, para-medical and non-medical personnel) located across the state, establishing linkages with anganwadis, NGOs etc. From 2010 onwards DMHP has also integrated the activities of Tobacco Cessation Services at DMHP outreach clinics. Based on IHBAS experience with DMHP in Delhi and other inputs, "Urban Mental Health module" has been submitted to the Ministry of Health and Family Welfare (MOH and FW) for inclusion in the 11th Five Year Plan of National Mental Health Programme (NMHP).

Community Outreach Initiatives for Homeless Population

➤ Community Outreach Services for Homeless

IHBAS as an apex neuropsychiatric institute has been working to expand the patient care services beyond the hospital base care to community. This has been achieved through the community outreach services in various part of Delhi, the awareness campaigns active liaison with the NGOs, user and carer groups, RWAs, and sensitization programme to facilitate involvement of the various stakeholders.

By Now, IHBAS has a well established mental health outreach network in five districts of Delhi through District mental health programme (DHMP)under national Mental Health Programme (NMHP). The institute is presently also one of the resource centre for National Mental Health Programme and the coordinating centre for district mental health programme for the state of Delhi. It has an active community based programme for homeless. Mentally ill person at jama masjid and two functional mobile mental health units.

The Health outreach services for homeless was initiated by IHBAS and Ashray Adhikar Abhiyan (AAA) in 2000 and is continuing since last ten years under the District Mental Health Program (DMHP), Delhi as low cost community outreach service model for

providing health intervention for the homeless. In November, 2008 the new health initiative for treatment of homeless persons with severe mental illness was launched as a pilot experience with active support and participation by Delhi State Legal Services Authority (DSLISA) at Jama Masjid. Under this service the mobile court facility was made available at the clinic for legal facilitation of involuntary treatment of patient with severe mental illness in need of treatment.

➤ **Mobile Mental Health Unit (MMHU)**

In view of the growing concern and need for bridging the treatment gap for the marginalized populations, the Mobile Mental Health Unit (MMHU) project has been initiated on pilot basis by Delhi State Health Mission (DSHM) under National Rural Health Mission (NRHM), GOI. MMHU is functioning since December 2010 under the administrative and technical control of IHBAS. The major activities carried out are: Rescue / Engagement into Treatment (Assist the police personal) for destitute wandering homeless mentally ill person as well as Mentally ill person living in families / hostels, Police sensitization, Community sensitization and Active identification of homeless mentally ill persons in the community. Under this programme two multi disciplinary team along with a mobile van is providing above mentioned services in the community. There is also a round the clock mental health helpline number which is being run under this programme and apart from providing call based response in the community, is also providing telephonic guidance to the people.

Community Awareness Activities

➤ **Mental health week**

Mental health Week was organized by IHBAS from 9th October 2013 to 16th October 2013. The week commenced with various awareness programmes conducted by the team of IHBAS. In the following days Awareness Campaigns were launched to make people aware about mental health issues and availability of mental health-care services in the community. Mental Health Awareness Camps, Street Plays, Painting Competitions and Mass Public Rally in several parts of Delhi constitute the awareness campaign.



➤ **Brain Awareness Week**

Brain Awareness Week (BAW) was organized by team IHBAS from 12th -19th March 2014. It is geared towards promoting and enhancing awareness about brain-mind problems and their solutions among the general population. The activities included public awareness and sensitization through awareness health camps, street plays, poster exhibition, distribution of IEC material, public lectures, interactive sessions with Resident Welfare Associations (RWA's) and schools and colleges, interactive workshop with media persons and awareness rally etc



➤ **World Stroke Day Celebration**

Department of Neurology organized the Continuing Medical Education Programme “**Management of Stroke**” on **19th October, 2013**. The programme was designed to sensitize the general physicians and resident doctors. **Public Awareness Programme** was organized for awareness of stroke for general public. The street play was performed to understand the different aspects of stroke. A special session was held for the sensitization of the staff of IHBAS.

PATIENT CARE SERVICES

New Facilities Better Service

The department of Neuroradiology started functioning in 1982 with the installation of first X ray machine. Since the past 30 years, the department has come a long way with expansion in the modalities and scope of services. In house CT scan facility started functioning in March 2011 with the installation of Siemens Somatom Emotion 16 slice CT scanner to enhance the patient health care.



CONNECTING WITH PATIENTS

Creativity at its best

The Institute is involved in organising various recreational activities for patient and their family members. It has also garnered the community's support in implementing the programmes through participatory model. These programmes were mainly aimed towards the rehabilitation and reintegration of long stay patients of the institute. The following activities are exemplary as they have been first started at IHBAS. The long stay patients are actively involved in the recreational activities like painting, writing and various other activities with the support of medical and nursing staff.



Outdoor picnics

The Institute has been organising outdoor picnic for long stay patients, 3-4 times in a year. The outdoor picnics are organised with the aim to reintegrate the long stay patients with the community as well as to provide them adequate stimuli to improve their social skills. The participation of community has been encouraging in the past. These picnics have been one of the most favourite events for patients of IHBAS. In this year the outdoor picnics were organised at Lodi Garden, Japanese Garden and Old fort.

Eating out programme

The Institute has also started "Eating Out" programme, which is meant for having lunch/ dinner outside the wards but within the Institute premises. The purpose of organising this programme is to avoid the monotonous routine/pattern of eating and to feel change in daily living activity.

Celebration of festivals and cultural programmes

The Institute has been traditionally celebrating all the National festivals with lots of enthusiasm and Great Spirit. All the celebrations are planned around the patients to provide them a home away from home. The cheer on patients' face and their high spirits during such activities are motivation enough for the institute to organize such events. The special efforts by the Nursing staff and Hospital Kitchen make the patients and employees look forward to the festivities.

The Institute Generally celebrates all the festivals with the patients and specifically the patients who do not have their families available and the long stay patients. On these occasions we invite the public functionaries and dignitaries involved in the activities of IHBAS. Their presence on these occasions boost the morale of the patients as they do not feel separated from their families and all officers and staff of the institute



participate in such functions as such events provide an opportunity to meet the patients and interact with each other across staff groups and with our clients.



Lifelong Learning Together

Training and Education

Our staff is our greatest asset. IHBAS places strong emphasis on the upgrading of skills of the staff. Moving forward, the institute has developed a Training master plan incorporating the NABH guidelines that will help the staff to improve themselves and provide the staff with a well developed training ladder to push them to next level.

IHBAS also encourages staff to pursue academic upgrading by supporting them financially regarding a wide range of academic activities.

The teaching and training for MD (Psychiatry), DM (Neurology), M.Phil. (Clinical Psychology) and the undergraduate and postgraduate student teaching in Clinical Psychology, Psychiatric Social work and Psychiatric nursing continued. IHBAS was host and organizer of various significant academic events viz. CME programmes, workshops in the year 2011-2012.

Academic Programmes at IHBAS

- ◆ DM(Neurology)
- ◆ MD(Psychiatry)
- ◆ M.Phil(Clinical Psychology)

FRUITS OF OUR LABOUR TILL DATE

Celebrating Our Success Together

ACCREDITATION: A MAJOR MILESTONE

Process of NABH Accreditation

Moving forward, the Institute had done a rigorous job of getting the accreditation from National Accreditation Board for Hospitals (NABH). The task of formulating policy and developing procedures for quality assurance for the specialty services being provided by IHBAS Hospital has been a challenging one. The initial consultancy service available from the Quality Council of India had introduced the basic ideas and laid the framework as per the NABH guidelines. The specialty context of mental health and neuropsychiatry services; the multidisciplinary, academic nature of the hospital functioning; and the relevance of ethical and legal dimensions of services for "Brain-Mind Problems and their Solutions" required intensive multilayered deliberations and dialogues, with a participatory approach. Various units, sections and the departments of the hospital, Deputy Medical Superintendent (DMS) along with the faculty and the academic heads of departments got progressively sensitized to the requirements for quality assurance and the methods to inculcate these in routine work. This participatory process was coordinated and led by the Director, Chief Quality Coordinator and the Nodal Officers Group (NOG) and Administrative Officer, (NABH Cell) from top down, duly complemented by the interactions with the different staff groups during the training group sessions as the bottom up component. Undoubtedly, this entire approach has been time consuming and energy sapping, especially as an activity parallel to the routine hospital work, but has also been found to be satisfying and enriching. Application of the standards, and the objective elements of the NABH framework to the specific situations and needs of the IHBAS hospital and its users and providers was carried out, with due adaptation through modification and changes and a few additional dimensions being introduced. This has galvanized the hospital towards a system of quality assurance, which it is hoped, will be inherent and self sustaining, albeit with continued effort in the future also.



NABH accreditation for IHBAS sustained till date



NABH Accreditation was accorded to IHBAS becoming effective from 3.2.2012 for a period of three years. This is a significant milestones achieved by IHBAS as a part of the larger picture of expansion and quality assurance of health services in Delhi by the government of NCT of Delhi. To our knowledge, IHBAS is the fourth Government hospital in the state to achieve the milestone after CNBC, ILBS and MAIDS.

IHBAS is a specialty hospital in the combined fields of Mental health and neurosciences with active Outpatient

services, emergency care and ICU Services with a fairly complex mosaic of services on the identified theme of brain- Mind problems and their solutions. **The Hard work of the faculty and the staff has made IHBAS, still the first and only specialty neurosciences and mental health across Government or Private sectors in the country to get NABH Accreditation.**

NABH Accreditation

- *First government run specialized neuro psychiatry institute accorded NABH accreditation*
- *Formulated policy and developing implementation mechanism for quality assurance*
- *This has galvanized the hospital towards a system of quality assurance, which it is hoped, will be inherent and self sustaining, albeit with continued effort in the future also.*

OUR COMMITMENT TO QUALITY

Quality Indicators

Healthcare can never be compromised. IHBAS is a strong proponent of quality standards in health care and rigorously monitors the quality standards.

As a part of quality improvement programme, we have formulated several core quality indicators after several rounds of discussions incorporating the needs of the hospital. These core quality indicators are monitored at different patient care areas by various committees. These indicators are documented and compiled by respective committees, finalized by the CQI committee and are discussed in the Hospital statistics meeting on a regular basis.

Some important indicators

- ◆ Indicators related with patient care
- ◆ Indicators related to Hospital Infection Control measures
- ◆ Indicators related to Diagnostic laboratories
- ◆ Medical record related indicators
- ◆ Indicators related to human resource management
- ◆ Indicators related to facility management

HOSPITAL STATISTICS AT A GLANCE

Outpatient statistics

Department of Psychiatry

Psychiatry	2012	2013	%(increase/decrease)
Total	232583	238070	↑ 2
Old case	201308	204131	↑ 1
New case	31275	33939	↑ 9

Department of Neurology

Neurology	2012	2013	%(increase/decrease)
Total	166553	159951	↓ 4
Old case	136451	129505	↓ 5
New case	30102	30446	↑ 1

Department of Neurosurgery

Neurosurgery	2012	2013	%(increase/decrease)
Total	4123	4194	↑ 2
Old case	2384	2608	↑ 9
New case	1739	1586	↑ 10

In patient statistics

Department of Psychiatry

Psychiatry	2012	2013	%(increase/decrease)
Admission	1862	1923	↑ 3
Discharge	1855	1862	↑ 0
Bed Occupancy rate (%)	95	91	↓ 4%

Department of Neurology

Neurology	2012	2013	%(increase/decrease)
Admission	1237	1333	↑ 8
Discharge	1259	1393	↑ 11
Bed Occupancy rate (%)	79	81	↑ 3

Department of Neurosurgery

Neurosurgery	2012	2014	% (increase/decrease)
Admission	296	293	↓ 1
Discharge	305	307	↑ 1
Bed Occupancy rate (%)	38	37	↓ 3

Emergency Services

Emergency Services	2010	2011	%(increase/decrease)
Total	18963	20338	↑ 7
Psychiatry	12721	13643	↑ 7
Neurology	6242	6695	↑ 7

Speciality Clinics Services

Speciality Services	Clinics	2012	2013	%(increase/decrease)
Mental Retardation Clinic		11367	10484	↓ 8
Child Adolescence Psychiatric Clinic		8363	8854	↑ 6
Neurobehaviour Clinic		842	769	↓ 9
Movement Disorder Clinic		805	604	↓ 25
Marital & Psychosexual Clinic		1217	1453	↑ 19
Tobacco Cessation Clinic		643	657	↑ 2
Epilepsy Clinic		2509	1882	↓ 25
Drug Abuse Treatment & Rehabilitation Centre		7747	7968	↑ 3

Clinical Psychology Services

Clinical Psychology Services	2012	2013	%(increase/decrease)
Total Sessions Conducted	18047	24911	↑ 38
IQ Assessment	3528	5166	↑ 46

Other Services

Other Services	2012	2013	%(increase/decrease)
Physiotherapy Services	7266	9436	↑ 30
Occupational Therapy Services	1729	2224	↑ 29
Psychiatric Social Work Services	5981	6766	↑ 12

Community Outreach Clinics

Community Outreach Clinics	2012	2013	%(increase/decrease)
Jahangirpuri	9607	10353	↑ 8
Chhattarpur	5945	5340	↓ 10
Jama Masjid	4007	3970	↓ 0

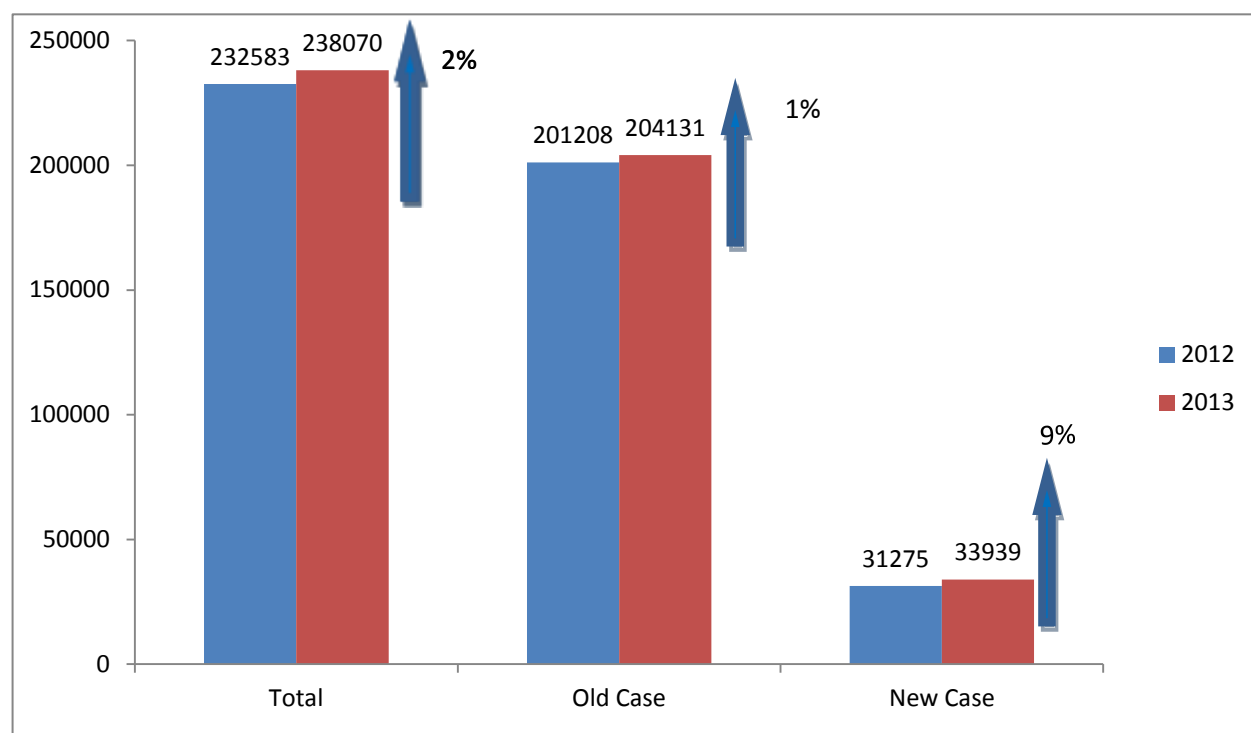
Laboratory Services

Laboratory Services	2010	2011	%(increase/decrease)
Pathology	19680	20491	↑ 4
Neurochemistry	24820	25346	↑ 2
Microbiology	7839	5918	↑ 25
Neuropsychopharmacology	3844	5537	↑ 44

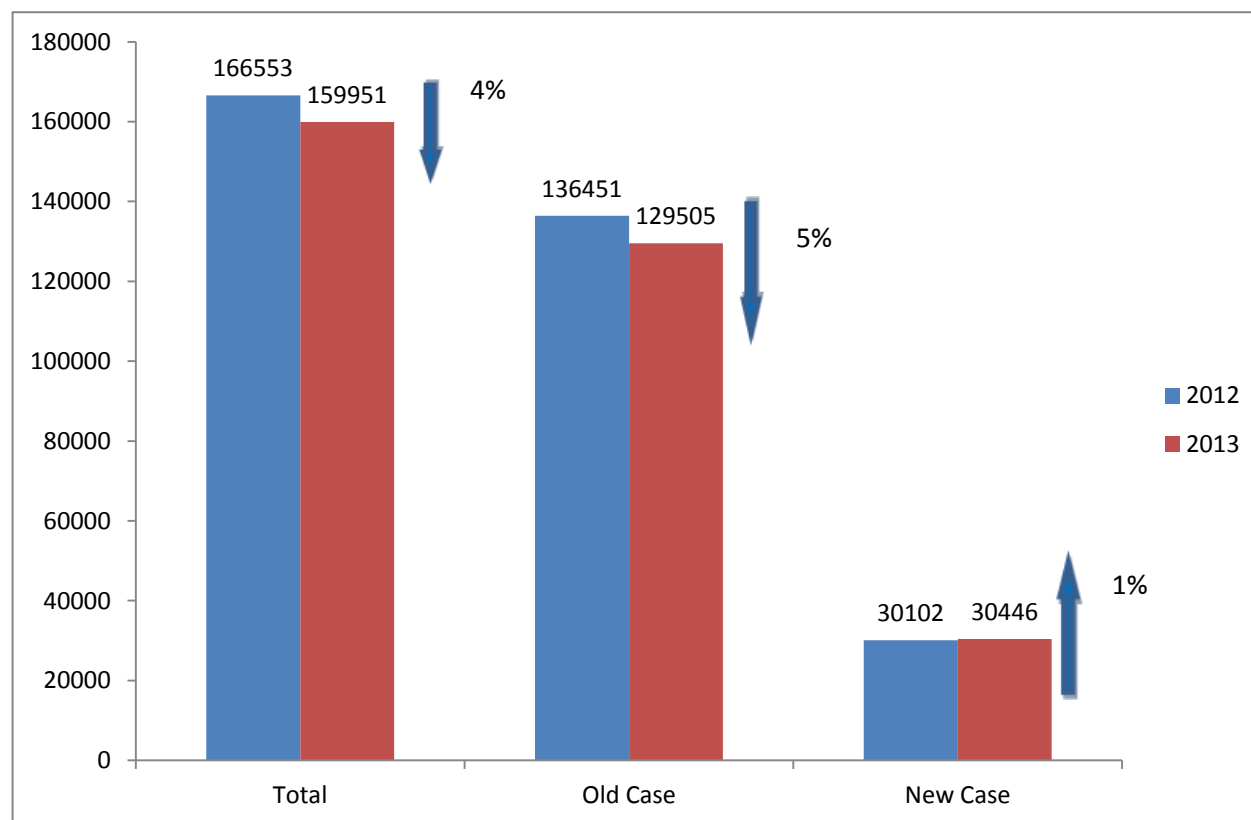
Radiology Services

Radiology Services	2010	2011	%(increase/decrease)
X-Ray	6216	6510	↑ 5
Ultra Sound	2821	2826	↑ 0.17

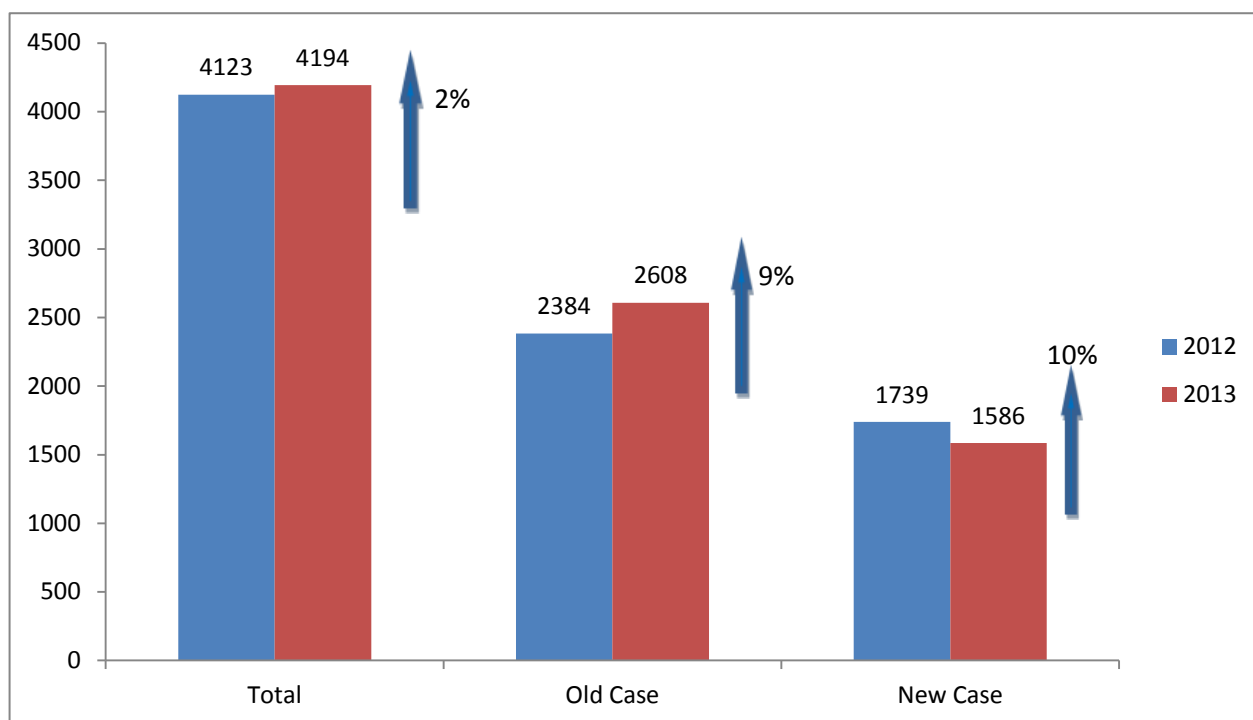
Department of Psychiatry



Department of Neurology

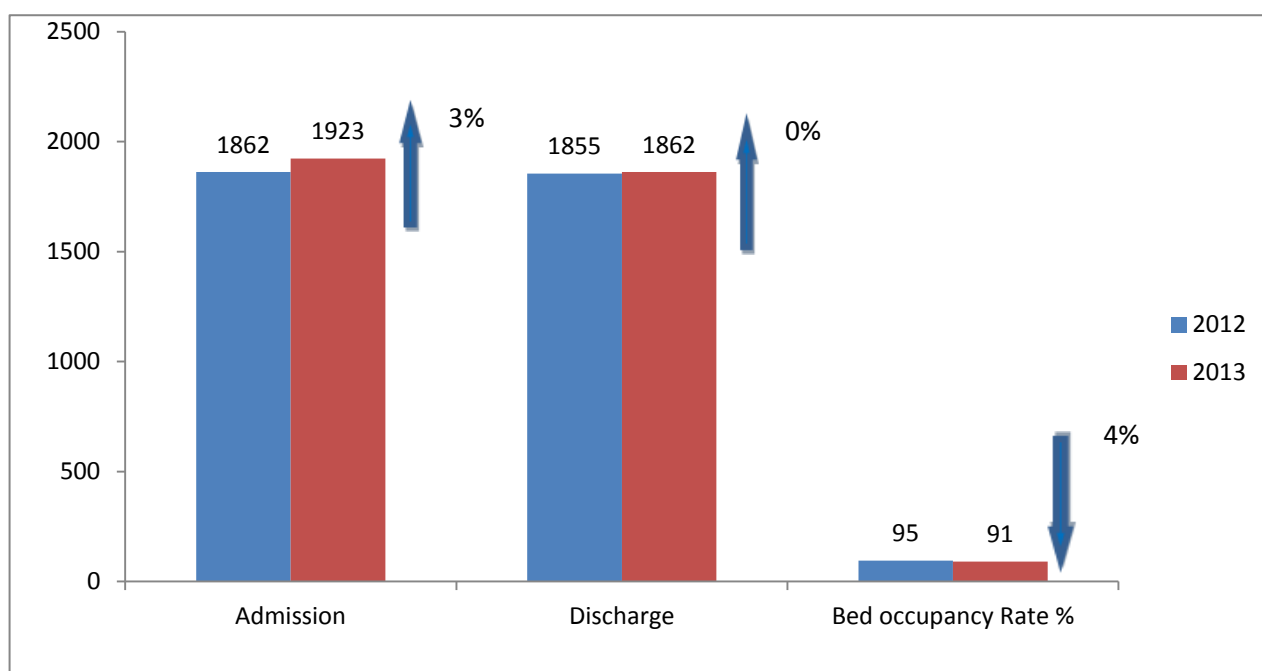


Department of Neurosurgery

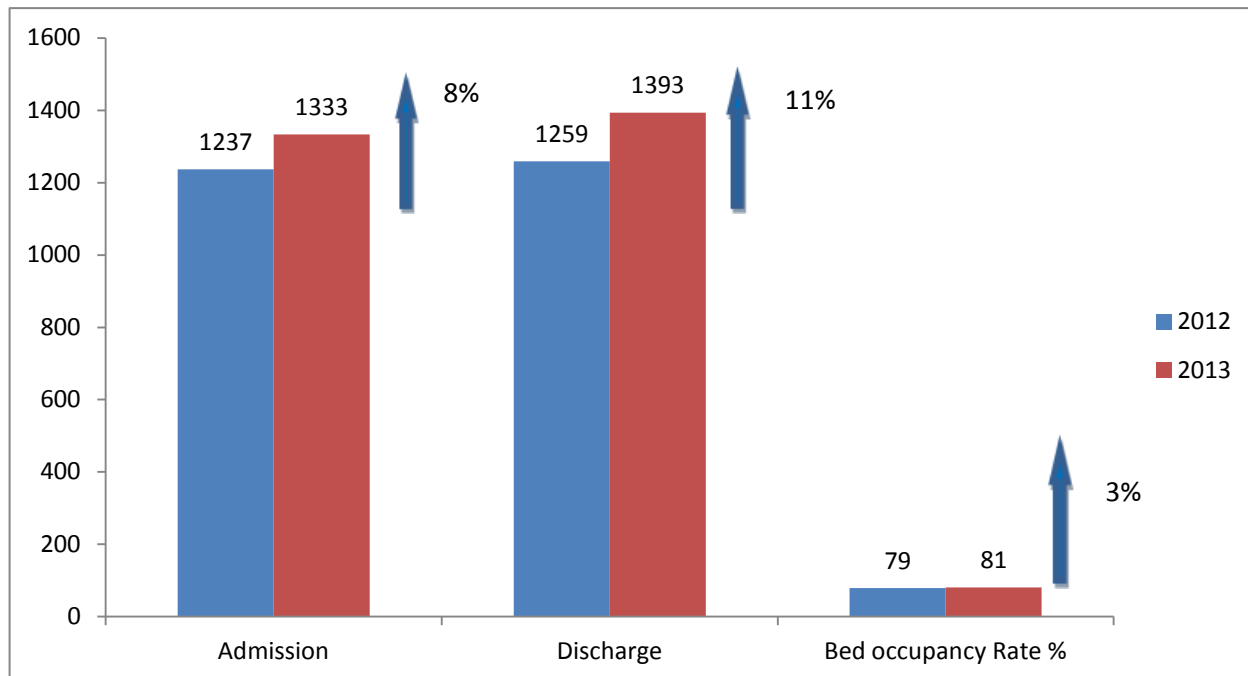


In Patient statistics

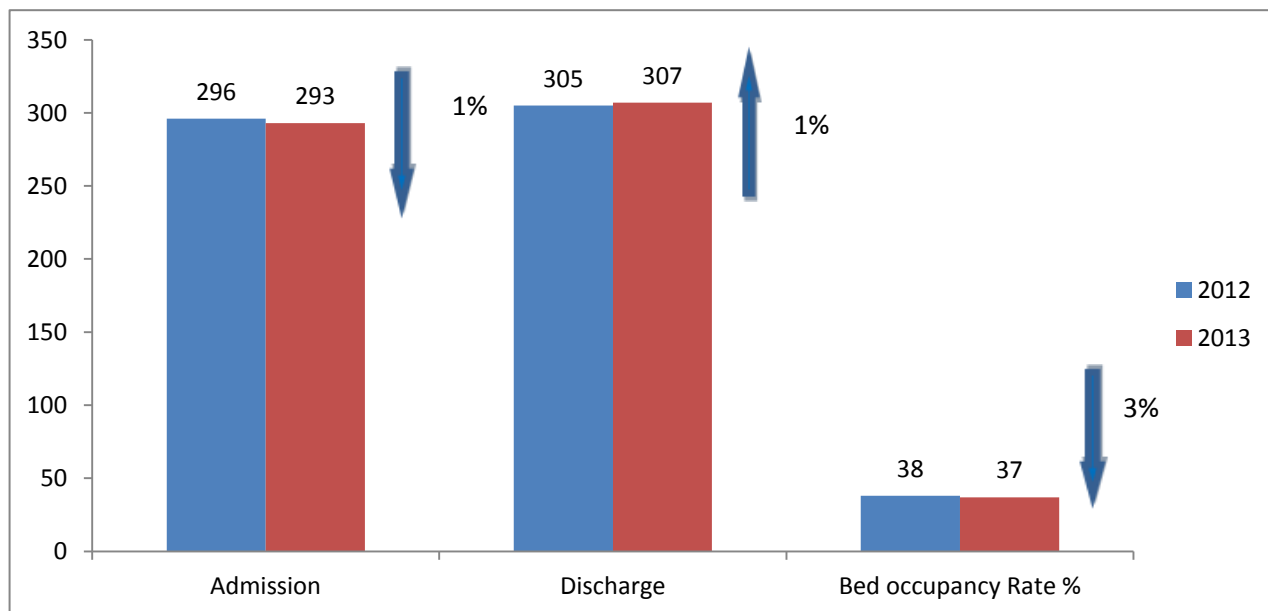
Department of Psychiatry



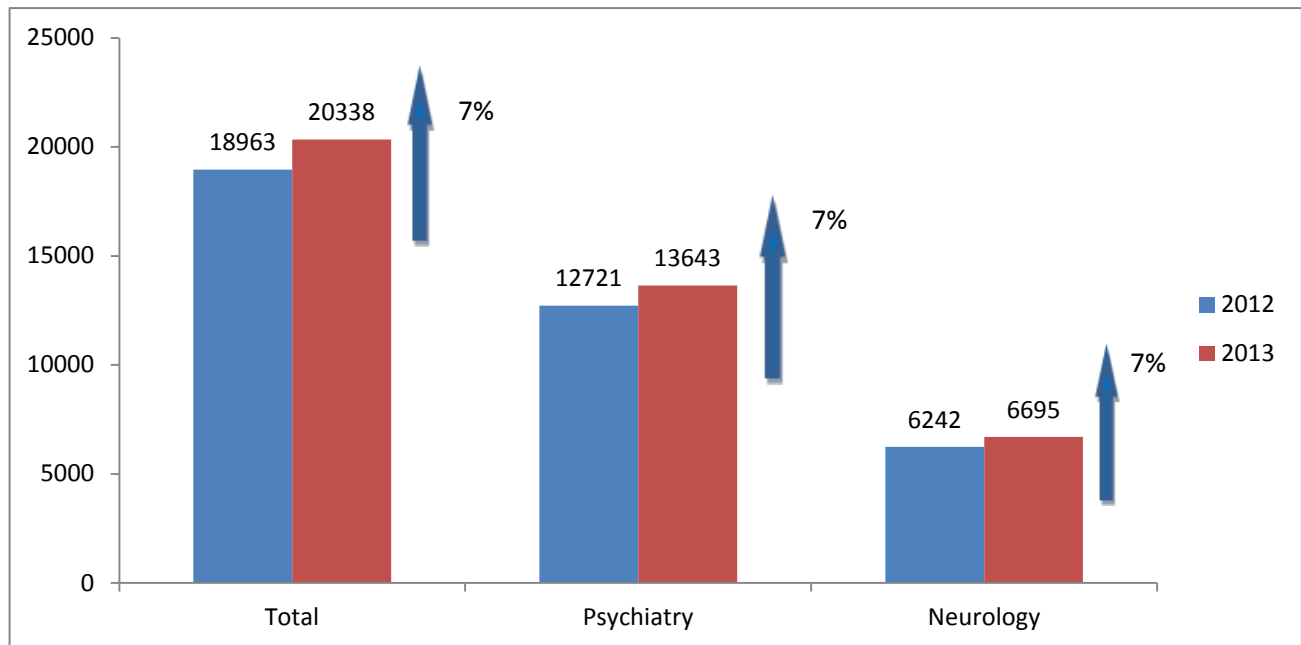
Department of Neurology



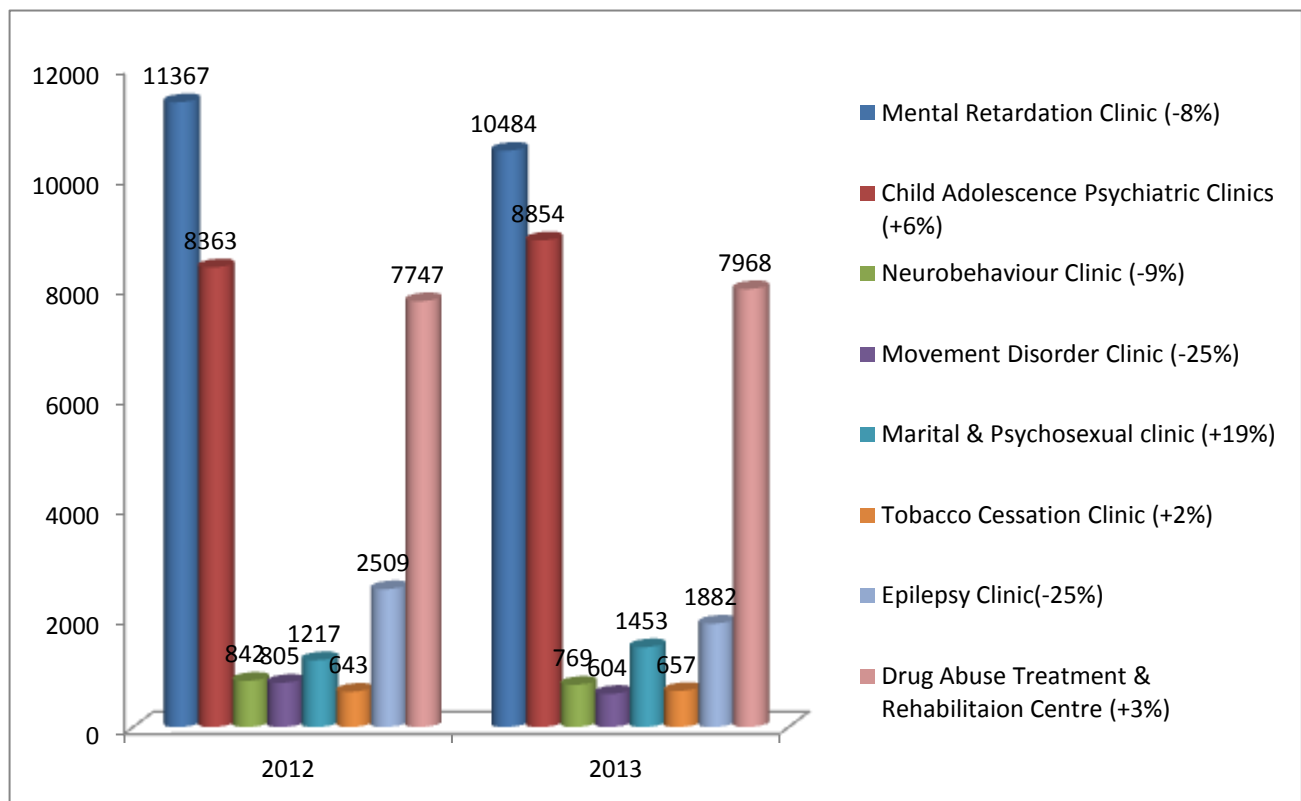
Department of Neurosurgery



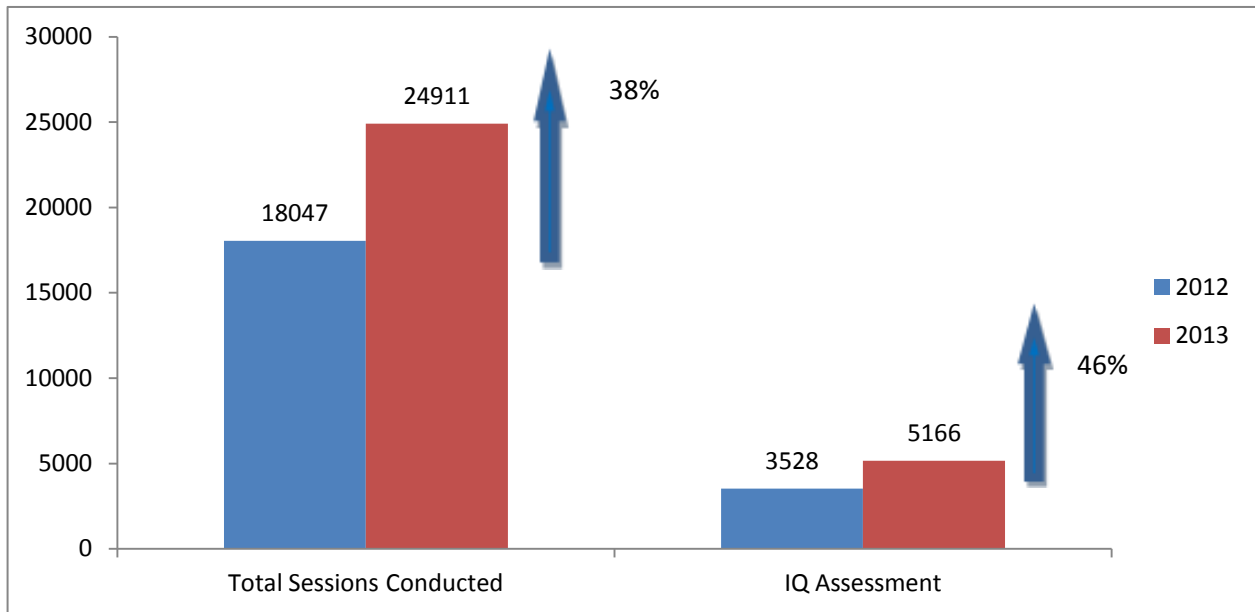
Emergency Services



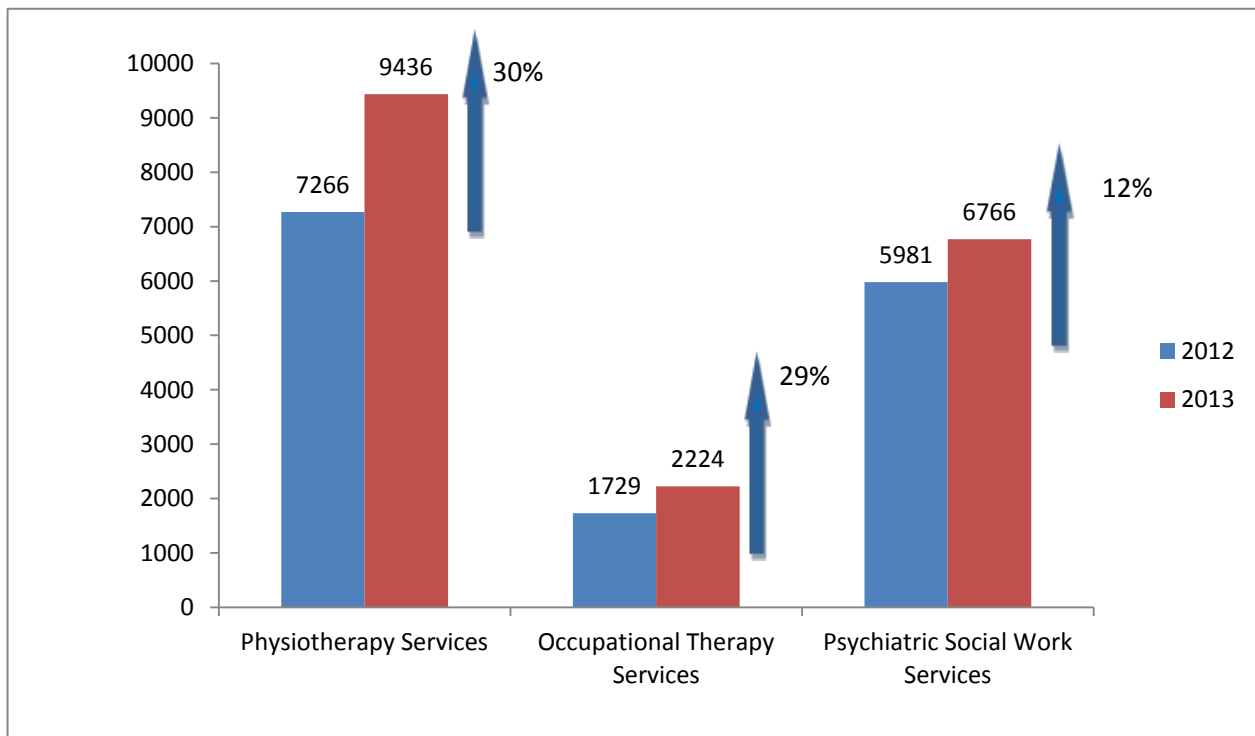
Specialty Clinics Services



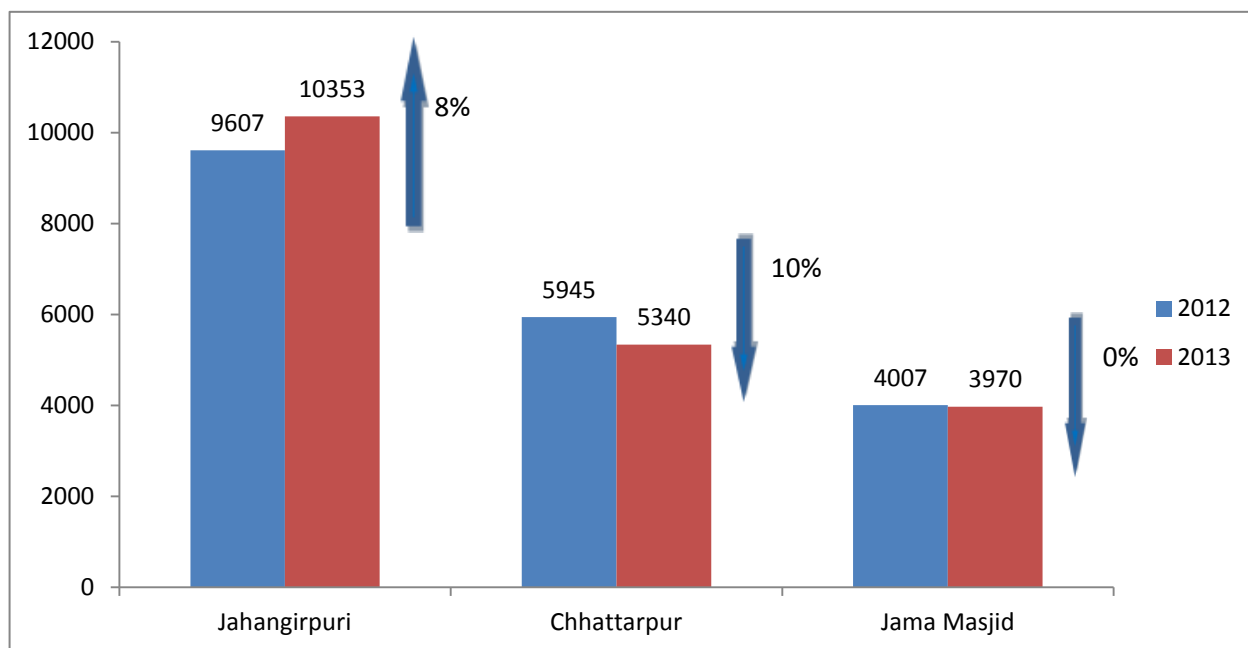
Clinical Psychology Services



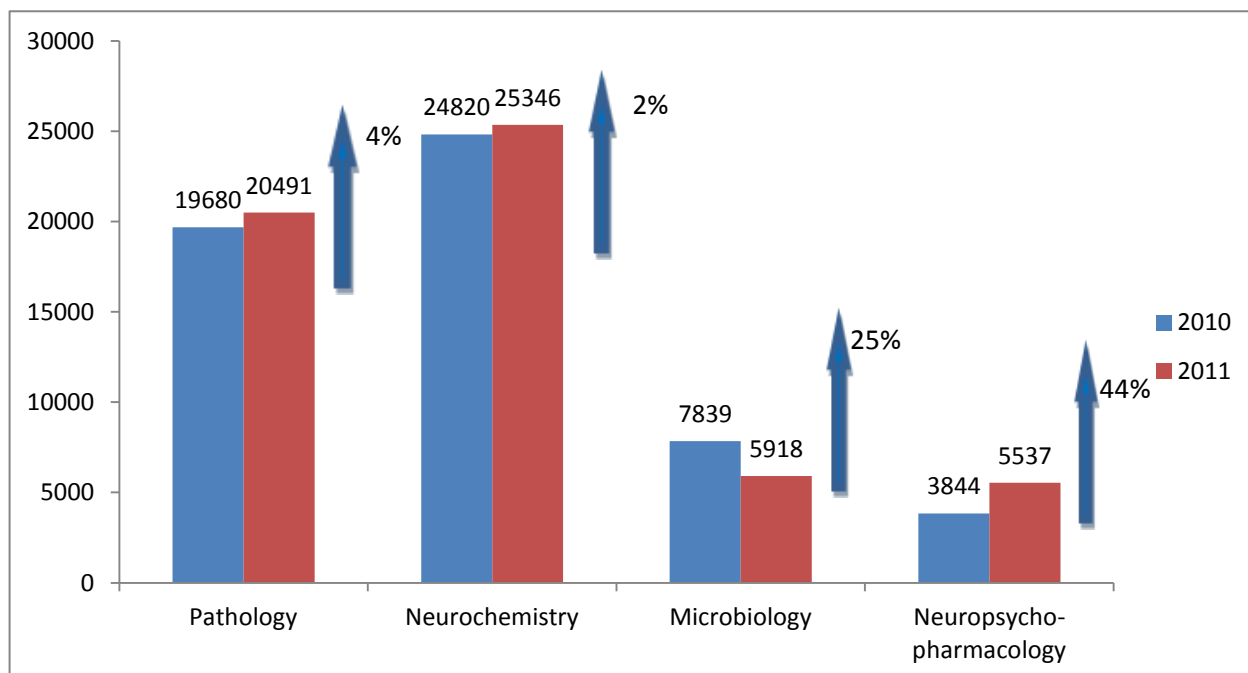
Other Services



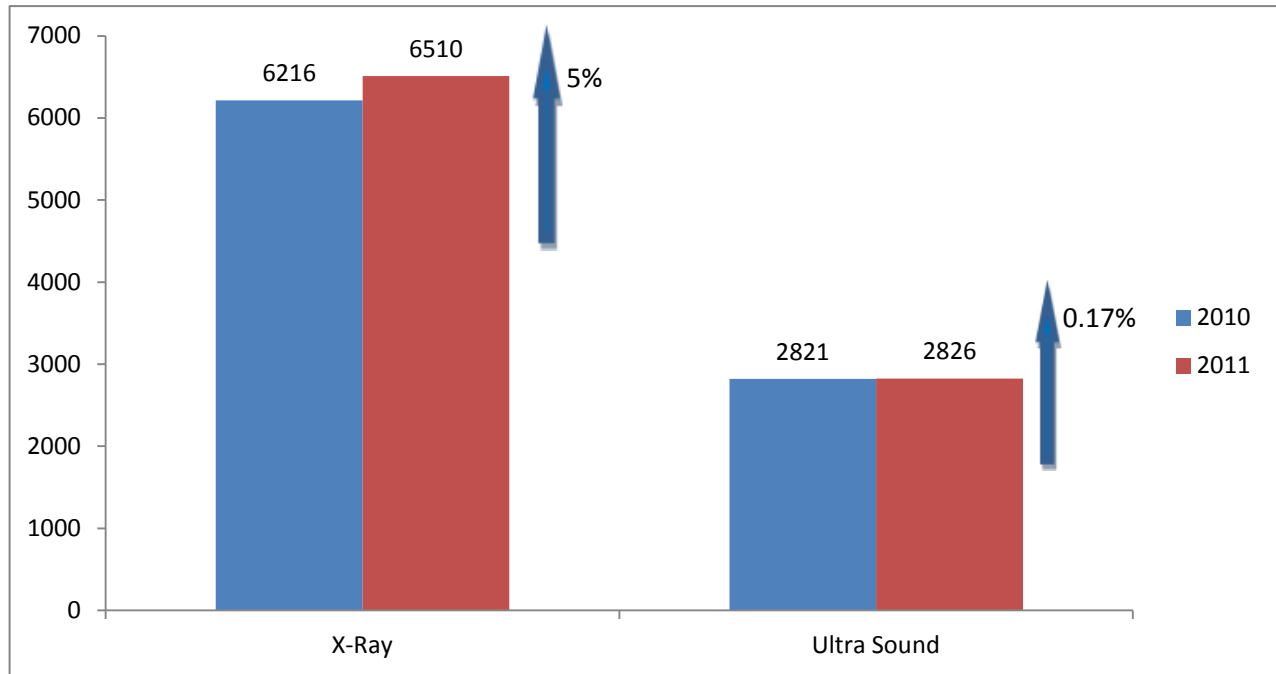
Community Outreach Clinics



Laboratory Services



Radiology Services



Committees and apex bodies of IHBAS

- ❖ *General Body*
- ❖ *Executive Council*
- ❖ *Standing Finance and Budget Committee*
- ❖ *Building and Works Committee*
- ❖ *Rehabilitation Committee*
- ❖ *Academic Committee*
- ❖ *Establishment Committee*
- ❖ *Scientific Advisory Committee*
- ❖ *Ethics Committee*
- ❖ *Board of Visitors*

General body

- Hon'ble Minister of Health, Government of NCT of Delhi and President of IHBAS
- Chief Secretary, Government of NCT of Delhi and Vice-President of General Body of IHBAS
- Vice Chancellor, Delhi University and Vice-President of General Body of IHBAS
- Additional Secretary, Ministry of Health & Family Welfare, Government of India and Vice-President of General Body of IHBAS
- Principal Secretary (Finance), Government of NCT of Delhi
- Principal Secretary (H&FW), Government of NCT of Delhi
- Principal, University College of Medical Sciences (UCMS), Delhi
- Medical Superintendent, GTB Hospital, Delhi
- Advisor (Health), Planning Commission, Yojana Bhawan
- Joint Secretary (T), Department of Education, Ministry of Human Resource Development, Government of India
- DDG (DD), Ministry of Social Justice and Empowerment, Govt. of India
- Advisor/Scientist 'G', Department of Bio-Technology, 7-8 Floor, Block-2, CGO Complex, Lodhi Road, New Delhi.
- Advisor (TT), Department of Science & Technology, Technology Bhawan, New Mehrauli Road, New Delhi.
- Dr.Bela Shah, Chief Sr. Deputy Director, NCD, ICMR, Ansari Nagar, New Delhi-110029.
- Prof. Ranjit Roy Chaudhury, Emeritus Scientist, National Institute of Immunology, New Delhi
- Prof. P.N. Tandon, Professor Emeritus, Department of Neurosurgery, AIIMS, New Delhi-110029.
- Dr. S.K. Khandelwal, Professor of Psychiatry, AIIMS, New Delhi.
- Prof. N.G. Desai, Professor, Head, Deptt. of Psychiatry, IHBAS.
- Dr. T.B. Singh, Professor of Clinical Psychology, IHBAS.
- Director, IHBAS: **Member Secretary**

Executive council

- Chief Secretary, Government of NCT of Delhi-cum-Chairman of IHBAS, Delhi Sachivalaya, IP Estate, New Delhi.
- Additional Secretary & Financial Adviser, Ministry of Health & Family Welfare, Government of India, Nirman Bhawan, New Delhi.
- Joint Secretary, Ministry of Health & Family Welfare, Government of India, Nirman Bhawan, New Delhi.
- Principal Secretary (Finance), Government of NCT of Delhi, Delhi Sachivalaya, IP Estate, New Delhi.
- Principal Secretary (H&FW), Government of NCT of Delhi, Delhi Sachivalaya, IP Estate, New Delhi.
- Principal, UCMS, Delhi.
- Medical Superintendent, G.T.B. Hospital, Delhi.
- Dr. Manju Mehta, Professor and HOD (Clinical Psychology) AIIMS, New Delhi.
- Professor A.K. Singh, Director (Neurosurgery Dept.), FORTIS Hospital, NOIDA
- Professor M. Gourie-Devi, Advisor (Neurology), IHBAS
- Professor & HOD (Clinical Psychology), IHBAS, Delhi
- Professor & HOD (Neuropsychopharmacology)., IHBAS
- Joint Director (Administration), IHBAS
- Senior Accounts Officer, IHBAS
- Prof. Dr N G Desai, Director, IHBAS: **Member secretary**

Standing finance and budget committee

Chairman

- Principal Secretary (Finance) Government of NCT of Delhi

Members

- Principal Secretary (Health & Family Welfare) Government of NCT of Delhi
- AS &FA, Ministry of Health & Family Welfare, Government of India
- Director, IHBAS, Delhi
- Joint Director (Administration)
- FA & CAO, IHBAS. Delhi

Building and Works Committee

Chairman

Principal Secretary (H&FW), GNCTD

Members

- Dr. Nimesh G. Desai, Director, IHBAS & Member, B&WC
- Shri P.B. Vijay, Retd. DG(W), CPWD & Member, B&WC - A-39/B, Munirka, New Delhi-110006
- Shri Mukesh Bajpai, Architect, CDB, DGHS on behalf of Dr. Chandrashekhar R, Chief Architect, DGHS & Member, B&WC - Room No. 405, Nirman Bhawan, New Delhi-110011
- Shri Birbal Singh, Acting Joint Director (Administration), IHBAS & Member, B&WC
- Shri Alok Varma, Superintending Engineer, IHBAS & Member, B&WC
- Shri Dharam Pal, Acting FA&CAO, IHBAS & Member, B&WC

Rehabilitation Committee

Chairman

Prof (Dr.) Nimesh G. Desai, Director, IHBAS, Delhi

Members

- Mr. Pankay Joshi, Jt. Secretary, CDD, Ministry of Social Justice and Empowerment, Government of India, New Delhi
- Dr. S.K. Chaturvedi, Professor of Psychiatry and head, Department of Rehabilitation, NIMHANS, Bangalore.
- Mr. P.K. Sharma, Deputy Director, Social Welfare, GNCTof Delhi
- Mrs. Sreerupa Mitra Choudhary, Chairperson, Sudinalaya, Delhi
- Mrs. Paramjeet Kaur, Director, Ashray Adhikar Abhiyan, Delhi
- Mrs. Rangashree Kishore, Richmond Fellowship, Delhi
- Dr. Rupali P. Shivalkar, Associate Professor of Psychiatry, IHBAS, Delhi
- Dr. Jahanara MG, Associate Professor of Psychiatric Social Work, IHBAS, Delhi
- Dr. Vibha Sharma, Associate Professor of Clinical psychology, IHBAS, Delhi
- Dr. Pankay Kumar, Asstt. Professor of Psychiatry, IHBAS, Delhi
- Dr. Vijender Singh, Associate Professor of Psychiatry, IHBAS, Delhi:

Member secretary

Academic Committee

Chairman

Prof (Dr.) Nimesh G. Desai, Director, IHBAS, Delhi

Members

- Dr. Amol Ranjan Singh, Director, RINPAS, Ranchi
- Dr. V. Ravi, Registrar, NIMHANS, Bangalore
- Dr.S.V. Madhu, Head, Department of Medicine, UCMS, Delhi
- Dr.N.K. Chadha, Head, Department of Psychology, University of Delhi
- Dr.M.M.Mehndiratta, Professor of Neurology, GB Pant Hospital, New Delhi
- Dr. Sushma Batra, Head, Department of Social Work, University of Delhi
- Dr. H.S. Kohli, Professor, Department of Social Work, Jamia Milia Islamia, New Delhi
- Dr. Uday K. Sinha, Additional Professor of Clinical Psychology, IHBAS, Delhi
- Dr. Om Prakash, Associate Professor of Psychiatry, IHBAS, Delhi
- Dr. Neelam Chhillar, Associate Professor of Neuro-Chemistry, IHBAS:

Member secretary

Establishment committee

Chairperson

- Director, IHBAS

Members

- Joint Secretary/Dy. Secretary (Finance)
- Joint Secretary/Dy. Secretary (Services)
- Joint Secretary/Dy Secretary (Medical)
- Joint Director (Administration)

Scientific Advisory Committee

- Professor Ranjit Roy Chaudhary, Emeritus Scientist, National Institute of Immunology, Aruna Asif Ali Marg, New Delhi
- Professor P N Tandon, 1 Jagriti Enclave, Delhi
- Professor J S Neki, 52, Hem Kunt Colony, New Delhi
- Professor S D Sharma, Emeritus Professor, IHBAS, Delhi
- Professor M Gourie Devi, Former Director, NIMHANS, Bangalore
- Professor R R Singh, director, Tata Institute of Social Sciences, Sion Trombay road, Deonar, Mumbai
- Professor N N Wig, H.No. 279, Sector 6, Panchkula, Haryana
- Professor A K Agarwal, Upasana, B-104/2, Nirala Nagar, Lucknow
- Dr Manju Mehta, Additional Professor, Department of Psychiatry, De-addiction centre, AIIMS, Ansari Nagar, New Delhi

Ethics Committee

Chairperson

Prof. LM Nath, Former Director, AIIMS

Members

- Prof. M. Gourie Devi, Former Director, NIMHANS, Bangalore
- Drug Controller of Delhi, Government of NCT of Delhi, F.17, Karkardooma, 4th Floor, Shahdara, Delhi
- Smt. Geeta Luthra, Legal Expert
- Prof. KM Prabhu, Head, Biochemistry Dept.
- Prof. SD Seth, Consultant ICMR
- Prof. Kusum Saigal, Former Principal LHMC
- Prof. Arvind Pandey, Director, NIMS
- Prof. SK Gupta, Ex-HOD, Pharmacology, AIIMS
- Prof. Vinay Srivastava, Principal Hindu College
- Dr. JP Kapoor, Addl. Director Health Services, SHS, Govt. of NCT of Delhi
- Dr. K. Anand, Additional professor, Department of Community Medicine All India Institute of Medical Sciences (AIIMS), New Delhi
- Sh. KR Bhati, Rtd. IAS
- Prof. TB Singh, HOD, Clinical Psychology, IHBAS
- Dr. Rachna Agrawal, Associate Professor, Neurochemistry, IHBAS
- Dr. Vijender Singh, Associate Professor, Psychiatry, IHBAS
- Dr. Uday K. Sinha, Additional Professor, Clinical Psychology, IHBAS:

Member Secretary

Board of Visitors

- Ms. Asha Menon, Member Secretary, Delhi Legal Services Authority (DLSA), Patiala House, New Delhi.
- Prof. R.C. Jiloha, Head Department of Psychiatry, G.B.Pant Hospital, New Delhi.
- Prof. Anjali Gandhi, Professor of Social Work, Jamia Millia University, New Delhi.
- Prof. Manju Mehta, Professor of Clin. Psychology, Department of Psychiatry, AIIMS, New Delhi.
- HOD (Neurology), GB Pant Hospital, New Delhi-110002.
- Medical Superintendent, GTB Hospital, Shahdara, Delhi.
- Prof. Aruna Bhardwaj, Professor of Social Work, H-45, Bali Nagar, New Delhi-110 015.
- District Social Welfare Officer, North West- I, NPS Complex, Sector-4, Rohini, Delhi.
- Director, Directorate of Health Services (DHS), Govt. of NCT of Delhi or his/ her nominee, preferably a Psychiatrist.