



INSTITUTE OF HUMAN BEHAVIOUR AND ALLIED SCIENCES

AN INSTITUTE WITH NABH ACCREDITATION



EXECUTIVE SUMMARY HIGHLIGHTS OF THE ANNUAL REPORT 2014-15

EDITORIAL BOARD

Editor in chief : **Dr Nimesh G. Desai**
(Director IHBAS)

Compiled and Edited by: **Dr Ishita Pant**
Assistant Professor (Pathology)
(OIC Annual Report)

Editorial Board : **Dr Sujata Chaturvedi**
Professor and HOD (Pathology)

: **Dr Rajeev Thakur**
Professor and HOD (Microbiology)

: **Dr Rachna Agarwal**
Associate Professor (Neurochemistry)

: **Dr Sarbjeet Khurana**
Associate Professor (Epidemiology)

CONTENTS



- **From the Director Desk**
- **Genesis of IHBAS**
- **Vision, Mission and Quality Policy of the Institute**
- **Aims and Objectives of the Institute**
- **Organogram**
- **Departments of IHBAS, Patient Care Services and Special Clinics**
- **Activities and Academic Programme of IHBAS**
- **Institutional Activities 2013-2014: Highlights**
- **Hospital Statistics at a Glance**
- **General Information**
 - ❖ **Present Staff at IHBAS**
 - ❖ **Faculty**
- **Committees and Apex Bodies**

FROM THE DIRECTOR'S DESK

FROM THE DIRECTOR'S DESK

The Hospital for Mental Diseases, Shahdara was converted to 'Institute of Human Behaviour and Allied Sciences (IHBAS) by a Supreme Court order in response to public interest litigation in 1993. Since then IHBAS has come a long way in its journey of transforming custodial care setting to modern neuropsychiatric institute and today is one of the largest super specialities tertiary care centres in Delhi dedicated exclusively to neuropsychiatric and behavioural illnesses.

The institute is progressing steadily to achieve its objectives, which are:

- I. To provide high quality super specialty health care using state-of-art technology in mental health, neurosciences, behavioural and allied sciences
- II. To conduct research of high standard in the field of mental health, neurosciences and behavioural sciences
- III. To provide comprehensive training for MD, DM, M Phil and Ph D courses in field of mental health, neurosciences and behavioural sciences and research activities on current interest

Strengthening of different departments of the institute with a view to improve the quality of services has been our constant endeavour and this was further emphasized and strengthened with introduction of National Accreditation Board for Hospital and Healthcare providers (NABH) in IHBAS. The NABH process for quality assurance and the guidelines further helped the faculty and staff to improve their understanding to match the quality standards for patient care.

Today it is a privilege for us as an institute to share that NABH accreditation has been accorded to IHBAS for the second time in 2015. This is a significant milestone achieved by the institute as a part of the larger picture of expansion and quality assurance of health services in

Delhi. Starting from a Hospital for Mental Diseases, IHBAS today is a specialty hospital in the combined fields of mental health and neurosciences with active outpatient services, emergency care and ICU services with a fairly complex mosaic of services on the identified theme of "Brain-Mind Problems and Their Solutions". The hard work of the faculty and staff has made IHBAS the first and only specialty neuroscience and mental health hospital across Government or private sectors in the country to get NABH accreditation.

IHBAS as an apex neuropsychiatric institute has been continuously working to expand the patient care services beyond the hospital based care to community. This has been achieved through the community outreach services in various parts of Delhi, the awareness campaigns, active liaison with the NGOs, user and carer groups, RWAs and sensitization programme to facilitate involvement of the various stakeholders. In addition community oriented programmes, programmes for school children such as poster competition, workshops, symposia were organised to increase the awareness about positive mental health for prevention of neuropsychiatric illnesses and the facilities available at the institute.

IHBAS as an institute was fortunate enough to be provided a thorough appraisal by National and International organizations and agencies that visited the institute during 2014-15.

It is worth appreciating that the faculty of IHBAS besides contributing towards the patient care, teaching and administrative duties, is also actively involved in the research both in the basic and applied fields. The research programmes run at IHBAS have been funded by reputed National as well as International funding agencies. Various clinical trials are also going on in the Institute which would contribute towards effective management of the diseases.

Various academic activities were undertaken in the institute during the current year. The teaching and training for MD (Psychiatry), DM (Neurology), M.Phil. (Clinical Psychology) and the undergraduate and post graduate student teaching in Clinical Psychology, Psychiatric Social work and Psychiatric nursing continued.

This report gives a description of the achievements made by the institute in different fields during the year 2014-15.

Dr Nimesh G Desai
Director

Genesis of IHBAS

Journey of transforming custodial care setting to modern Neuropsychiatric Institute

IHBAS was earlier known as Hospital for Mental Diseases (HMD) which was established in 1966. This was a custodial care setting established under Indian Lunacy Act (1912) with majority of patients being long stay. In view of the multiple reports the gross human rights violation in 1983, PIL was filed in the Hon'ble Supreme Court related to the prevalent conditions at HMD. Subsequently a three member committee of eminent psychiatrists was formed who gave their recommendations in 1989. In 1993, the erstwhile HMD was converted to the Institute of Human Behavior & Allied Sciences in compliance with the directives of the Hon'ble Supreme Court in response to public interest litigation in 1993. The Institute is an autonomous body registered under the Societies Act 1860, funded jointly by Ministry of Health and Family Welfare, Government of India and Government of NCT of



- Hospital for Mental Diseases (HMD), Shahdara set up in 1966-one of the last "Mental Hospital" to be set up....on custodial pattern
- Unfortunately, conditions deteriorated quickly and markedly enough, with serious human rights violations, to lead to a PIL by the Public Union of Civil Liberties (PUCL)
- PUCL approached Hon'ble Supreme Court in 1983, which heard the matter for 8 years and formed two committees
- Hon'ble Supreme Court passed orders in January and November 1991-for upgrading and converting HMD to Institute of Human Behaviour and Allied Sciences (IHBAS), to be developed on the "pattern of NIMHANS, Bangalore" with funding from Government of India and Delhi Administration (Government of NCT of Delhi)
- Memorandum of Association in July, 1991
- First Meetings of General Body and



Delhi. Minister for Health, Govt. of NCT of Delhi is the President and Chief Secretary, Govt. of NCT Delhi is the Chairman of the Executive Council of the institute.

The initial 7-8 years after the establishment in 1993, the Institute had to adjust with the major transformations from HMD to tertiary care neuropsychiatric institute with many of the systems reviewed and re-organized.



In 2000, as part of transformation of IHBAS to teaching and research institute, the post graduate courses were streamlined with faculties joining in major clinical and supportive departments. In next five years, institute's major focus was on strengthening the existing infrastructure and patient care services. Standard operating procedures were defined and implemented to ensure the uniformity of care. This was further emphasized and strengthened with introduction of NABH in 2008.

The NABH process for quality assurance and the guidelines further helped the IHBAS faculty and staff to improve their understanding to define the policies and procedures to match the quality standards for patient care. IHBAS playing a pivotal role in reducing the treatment gap in neuropsychiatric care by the quantum of services it provides while ensuring the quality which has been a daunting task.

In the relatively neglected area of neuropsychiatry, striving for quality assurance had been a difficult and challenging task but with advancement of quality in health care, the field of neuropsychiatry has been benefitted like all other medical fields. There may still be lacunae as the field is evolving. Quality being a dynamic process is an ongoing activity. This dynamic nature of quality assurance is much more applicable in the field of neuropsychiatry.

Activities at IHBAS

- **Brain awareness week**
- **Mental health Week**
- **World no tobacco Day Programme**
- **Epilepsy Week**
- **Stroke Awareness week**
- **Dementia Day**

Academic Programme at IHBAS

- **DM(Neurology)**
- **MD(Psychiatry)**
- **M.Phil(Clinical Psychology)**

Vision

The vision of Institute of Human Behaviour and Allied Sciences is to be one of the leaders in the country and in the world for promoting mental health, neurosciences, behavioural and allied sciences through multidisciplinary patient care in partnership with communities, developing future group of professionals and paraprofessional leaders through formal and semiformal training programmes and expanding scientific knowledge and its application through frontline research.

Mission

The mission of Institute of Human Behaviour and Allied Sciences is to advance the mental and neurological health of populations by practicing evidence based multidisciplinary scientific health care approaches that are novel, adaptive, and ethical, conduct research of high standard and develop human resource in these fields. The institute adheres to quality assurance, integrating into practice the prevailing norms for human rights and diverse value systems of persons and populations while accomplishing this mission.

Quality policy statement

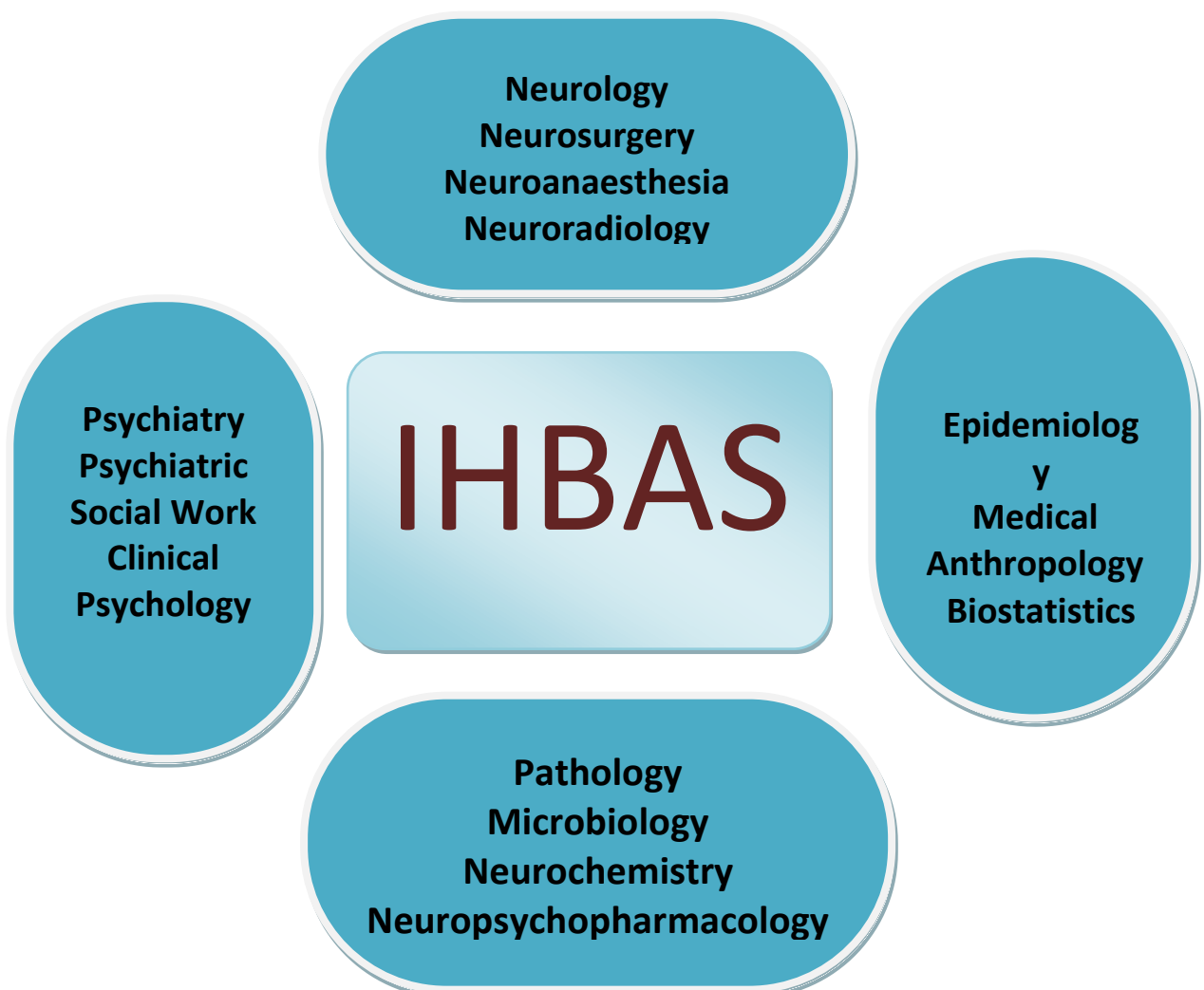
IHBAS is committed to provide Health Care par excellence. This would be achieved through:

- Complying with National and International Quality standard
- Working within the framework of Regulatory requirement
- Up gradation of Technology and Facilities on regular basis
- Training the manpower in the relevant discipline
- Continuous Quality improvement, and
- In the process, striving to enhance both staff and user satisfaction level

Aims and Objectives

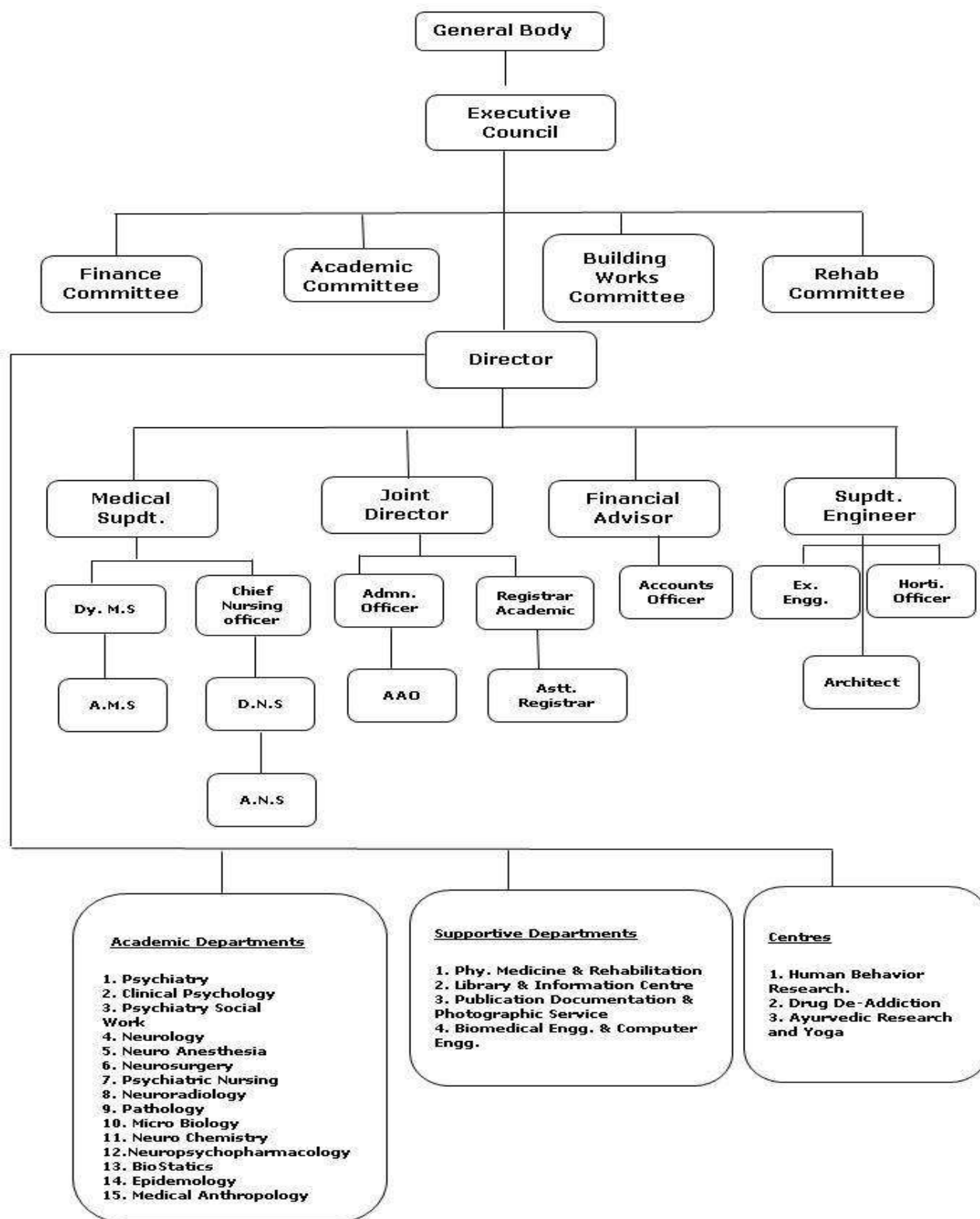
- To provide high quality super specialty health care using state-of-art technology in mental health, Neurosciences, Behavioural and Allied sciences.
- To conduct research of high standard in the field of mental health, Neurosciences and Behavioural sciences.
- To provide comprehensive training for MD, DM, M. Phil. & Ph.D courses in field of mental health, Neurosciences and Behavioural sciences and research activities on current interest.

These activities are carried out through a multidisciplinary approach by the faculty and staff of the following departments:



HOW WE WORK

ITBAS Organization



A Major Milestone achieved this year

NABH re-accreditation: IHBAS is the first Mental health and Neurosciences institute in the Government sector in the country to be given NABH accreditation in February 2012. This is a significant milestone achieved by IHBAS as a part of the larger picture of expansion and quality assurance of Health Services in Delhi by the Government of NCT of Delhi. To our knowledge, IHBAS is the fourth Government hospital in the State to achieve this milestone. This has been possible with collective and participatory effort by all categories of staff at IHBAS and with active support from the Government of Delhi at all levels. The institute is grateful for all the support from the Government of NCT of Delhi and is glad to have contributed to the overall improvement of the health services in Delhi.



INSTITUTE AT A GLANCE

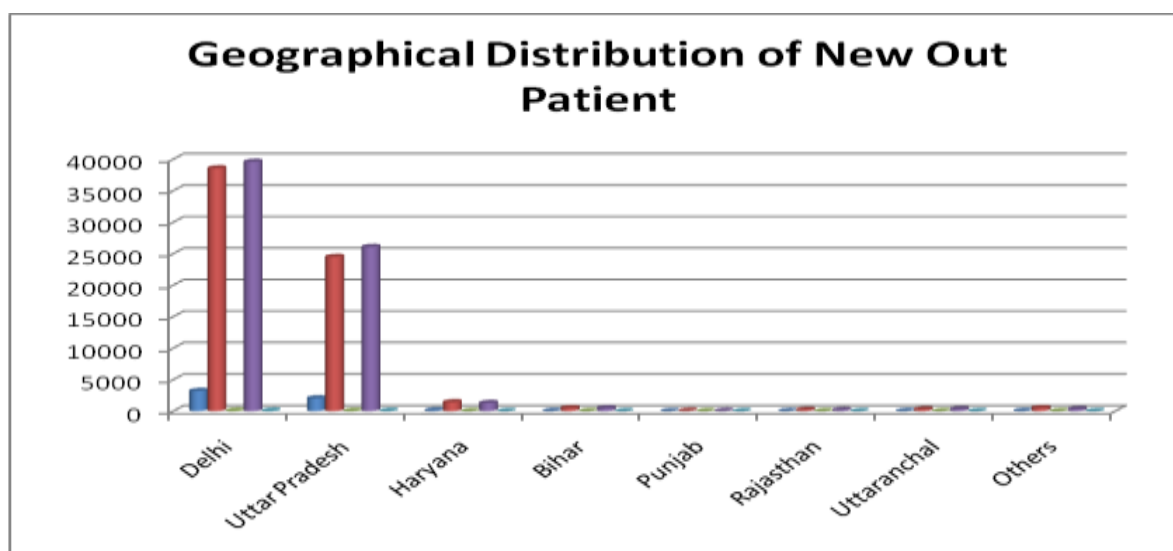
Institute at a glance

Institute of Human Behaviour and Allied Sciences is one of the largest super specialties tertiary care centres in Delhi for dealing with psychiatric and neurological illnesses, to intervene in neurosurgical problems with equal emphasis on teaching, training and research. Institute provides holistic care to patients through multidisciplinary approach where patients are attended on by a team of experts. It involves not only patient care but also includes rehabilitation, educating caregivers and the community. The following is an account of patient care services provided by IHBAS during this year.

Hospital services

Out Patient Services

The institute is one of the largest tertiary care centres for neuropsychiatric diseases in North India. In the calendar year 2014, 420471 patients availed the outpatient services comprising of 68240 new and 352231 follow up cases. There was a 4.54% increase in the total number of patients attending OPD as compared to the patients who availed the services last year. Around 58.02% of the new cases were from Delhi and the rest from the neighbouring states (see figure below). On an average, 1421 patients attended the OPD per day, of which 1190 patients were old and 231 were new cases.



There are eleven registration counters in the OPD block to reduce the waiting time including counters for senior citizens and disabled patients, jail and court cases, female patients and the patients from the staff.

Specialty Services

Apart from routine OPDs in the morning hours, special clinics are conducted in the afternoon for patients who require special attention and comprehensive approach for different disorders.

- ❖ **Child and Adolescent Psychiatric Clinic:** This clinic is held every Monday to provide services to the psychiatric and behavioural problems in children up to 18 years of age as well as counselling for school-related problems. During the year, 9943 children and adolescents attended the Child and Adolescent Psychiatric Clinic (CAPC). As and when required, parents are also involved in the treatment of their wards. Child counselling services are a regular feature of this clinic.
- ❖ **Mental Retardation Clinic:** This multidisciplinary clinic was started in December, 1999 and is held on every Wednesday afternoon. Information regarding medical, family and social needs of the mentally retarded children is imparted to their parents by organizing special parent training programmes. The clinic also meets the need of such children for certification, required for special schooling and disability benefits. In the current year, total of 11917 patients availed the services through this clinic.
- ❖ **Marital and Psychosexual Clinic:** This clinic is held every Friday afternoon to offer services to the patients suffering from psychosexual and marital problems. Patients are jointly managed by psychiatrists and clinical psychologists. A number of patients attending the services have sexual misconception or myths; they respond well to sex education and counselling. Other common disorders include impotence and premature ejaculation. Various treatment modalities are used such as medication, counselling and

behaviour therapy. In the current year, total of 1289 patients availed the services through this clinic.

- ❖ **Tobacco Cessation Clinic:** This clinic is part of a national tobacco cessation initiative by the Ministry of Health and Family Welfare, Government of India, and the World Health Organization. The Institute was recognized as the national coordinating and resource centre for the project. This clinic is held on Monday, Wednesday and Friday afternoon. On an average, 7-8 patients are evaluated by a multidisciplinary team. The patients are offered both, pharmacological and non-pharmacological support, with emphasis on counselling and behavioural management. This year 659 patients utilized the services of the clinic.
- ❖ **Neurobehaviour Clinic:** This clinic is held every Friday afternoon. This clinic deals with patients, especially the elderly, who have cognitive and behavioural abnormalities. Such patients are evaluated by a team of neurologists, psychiatrists, clinical psychologists and psychiatric social workers. Besides giving medical treatment to the patients, special attention is given to the care givers to improve their understanding of the nature of the disease. They are guided to take better care of the patients and themselves. The ultimate goal of the support group meeting and the multidisciplinary team is to impart awareness and coping skills to patients with dementia and their families. During the current year 786 patients attended this clinic.
- ❖ **Drug Abuse Treatment Clinic:** This clinic is held every Wednesday and Friday afternoon. It provides service to the patients with problems of drug abuse and alcoholism. This clinic is attended by the patients abusing smack (heroin), alcohol, cannabis (bhang, ganja, etc.) The majority of patients come on their own or are brought by their family members. Such patients are evaluated and treated by a multidisciplinary team composed of psychiatrists, clinical psychologists and psychiatric social workers. 7048 patients

attended this clinic during the year. The patients are admitted for four to six weeks for comprehensive indoor treatment depending of the clinical and psychosocial needs.

- ❖ **Movement Disorder Clinic:** This clinic is held every Wednesday afternoon. Services are provided to patients suffering from movement disorders like Parkinson's disease, dystonia, progressive supranuclear palsy, tremors etc. Advance treatment like botulinum toxin injections are given to the patients with focal dystonia. 939 patients attended the clinic during this year.
- ❖ **Epilepsy Clinic:** This clinic is held every Tuesday afternoon. It is conducted for chronic epileptic patients, children and women with epilepsy. Special attention is given to these groups of patients in order to manage their epilepsy and psychosocial problems, and to improve their awareness. Epilepsy support groups are formed in which these patients interact with each other about their psychosocial problems, and they are guided by the clinical psychologists and psychiatric social workers. 1148 patients attended the clinic during the current year. The endeavour, essentially, is to remove the stigma and reduce the treatment gap in epilepsy.

In - patient Services

The total numbers of sanctioned beds in IHBAS are 500. The current number of functional beds is 347. The distribution of beds in various departments is as follows:

- Department of Psychiatry 260 beds
- Department of Neurology 54 beds
- Department of Neurosurgery 22 beds

In the year under report, the total number of patients admitted was 3892. Of these, 1493 patients were admitted from OPD and 2399 through emergency.

Emergency Services

The Institute offers 24-hour emergency services in both Psychiatry and Neurology. Senior residents from Psychiatry and Neurology are on call round-the-clock. 33305 patients availed the emergency services during the year under report. In addition to the clinical emergency services,



emergency laboratory is providing its services since its inauguration on 7th May 2010. Various haematological and biochemical tests are being performed in the emergency laboratory.

Diagnostic Services

The Institute has well equipped laboratories providing specialized facilities including intra-operative reporting of CNS tumours, histopathology reporting of CNS tumours, muscle and nerve biopsies, Real time Polymerase Chain Reaction (RT-PCR) for estimation of HIV viral load and Mycobacterium tuberculosis genome in



cerebrospinal fluid, therapeutic drug monitoring, biochemical investigations for inborn errors of metabolism and electrophysiological tests in addition to routine diagnostic investigations.

Radiology services in the form of 3.0 Tesla MRI, CT Scan, Colour Doppler, Digital Subtraction Angiography, Ultrasound and X-Ray. As of now, IHBAS is the only government Institute in Delhi to have a 3.0 Tesla MRI.



Emergency Laboratory

The emergency lab was inaugurated on 7th May 2010 by Dr Kiran Walia. The Lab is engaged in providing high quality diagnostic services. The aim of Emergency lab is to provide quality results of critical tests in minimum turn around time to facilitate early diagnosis and monitoring of various neuropsychiatric disorders.

Scope of Services

Essential and critical investigative facilities available in Emergency Lab are blood glucose, serum electrolytes –sodium, potassium, total calcium, blood urea, serum creatinine, serum ammonia, CSF glucose and protein, creatinine kinase – total, CK-MB, Gamma glutamyl transferase (GGT), serum lithium, haemoglobin estimation, TLC, DLC, ESR, PS for malarial parasite and platelet count.

Patient care Services

The Emergency lab performs various biochemistry and haematology investigations after routine hours on all working days and round the clock on Sundays and Gazetted holidays on patients admitted in Emergency, ICUs and wards of IHBAS for treatment. During the year 25750 tests were done on 7227 patients.



To achieve precision and accuracy of results, the lab has been participating in External Quality Assurance programme run by CMC Vellore in clinical biochemistry and by AIIMS in Haematology. There is daily monitoring of internal quality controls as well for detection and minimization of immediate errors.

Teaching and training

The Emergency lab actively participates in the teaching and training programs at IHBAS. It is also involved in teaching and training of Lab staff and senior residents through group discussions, MCQs and power point presentations.

Future plans (immediate)

1. Full Automation of Emergency lab.
2. Introduction of more biochemistry tests (SGOT, SGPT, Serum bilirubin) and hematology tests (Absolute neutrophilic count, absolute eosinophilic count, Peripheral smear, Reticulocyte count).
3. To lay emphasis on research activity.

Community Outreach Services

In an effort to enhance community awareness of psychiatric and behavioural disorders, community outreach programmes have been undertaken to deliver the neuropsychiatric services to the doorstep of patients. The community outreach services helps to create awareness in the public regarding neuropsychiatric disorders and remove the stigma and myths associated with mental illness.

Community outreach services were held regularly in the year of assessment (2014-15) at Jahangir Puri and Chattarpur, and mobile health clinic for homeless near Jama Masjid. There was an overwhelming response with 2384 patients attending the Jama Masjid clinic. At Jahangir Puri, 10869 patients attended, while 5917 patients attended the outreach clinic at Chattarpur village. From these outreach clinics, further outreach has been initiated at Missionaries of Charity at Majnu ka Tila, Bhatti mines and Sudinalaya which is an NGO - run centre at Ashram. A large number of psychiatric disorders are managed at these community services. The common problems reported by the patients attending these services include depression, anxiety depression, obsessive compulsive disorders, other anxiety disorders, dissociative disorders, schizophrenia, bipolar illness, post-partum psychosis, dementia and substance abuse. Mental retardation and children with anxiety, depression, hyperactivity disorders, enuresis, learning disability and other developmental disorders are also reported in these community clinics & given treatment & counselling services.

Outreach services for homeless mentally ill persons: These services were started in September 2000, in the walled city area of Delhi. Catering to the physical and mental health needs of this group is fundamental to the efforts of betterment of the quality of life of these homeless people.

A mobile health clinic was started in September, 2000 by the HIGH partners, run at Urdu Park, Jama Masjid twice a week on Monday and

Thursday by a team of psychiatrists; physicians; postgraduate psychiatry students as part of their community psychiatry training; members of NGO's like AAA, Youth Reach, Sahara and volunteers of the homeless community. Later, HIGH started a once-a-week counselling and experience- sharing meeting for enhancing and maintaining the motivation for abstinence as part of the treatment of the patients suffering from disorders of substance use. IHBAS provides most of the medicines to the patients attending the clinic, free of cost. Currently community outreach services are extended to five districts across Delhi State.

Outreach Community Services	
Chhatarpur Clinic (South)	Monday/Thursday/Saturday morning
Jahangir Puri Clinic (North-West)	Wednesday/Friday morning
Dwarka Clinic (South-West)	Wednesday/Friday/Saturday morning
Timarpur Clinic (North)	Monday/Thursday/Friday morning
Motinagar Clinic (West)	Wednesday/Thursday/Saturday morning
Mobile Health Clinic for homeless near Jama Masjid	Monday/Thursday evening

Nursing

The nursing staff provides one of the most important supportive cares in the management of neuropsychiatric patients along with rehabilitative care and psychological support to the psychiatric patients, since neuropsychiatric nursing care is different from the general nursing care. The nurses are trained and taught to deliver special nursing care to the neuropsychiatric patients in this institute.

Nurses from various reputed institutions are beneficiary of these teaching and training programs. These trainees are also involved in various community based programmes such as skits to educate the community about epilepsy, drug abuse etc.

In addition patient staff group meetings are organized regularly with main objective of increasing the interaction between the patients and staff for better understanding of patient's problems. The nursing staff is also involved in various other patient welfare activities such as conducting regular sessions of prayers and exercises for the patients, celebrating festivals with patients, eating out programmes as well as joining the long stay patients for picnics to make them feel at home.

Day care centre and occupational therapy

The Occupational Therapy and Day Care Centre (OT and DCC) provides services to a wide variety of clientele from OPD as well as the wards referred from various departments like Psychiatry, Neurology and Neurosurgery. The primary aim includes restoration of maximal functional



independence and community reintegration.

Screening, assessment, OT treatment planning and implementation, reassessment, follow-up and discharge planning are providing both

neurorehabilitation and psychosocial rehabilitation. Specialized services includes: early intervention, remedial therapy, adaptive and assistive technology, ADL training, cognitive rehabilitation, social skill training work simplification and energy conservation, active scheduling and habit training etc.

The Day Care Centre consists of a multidisciplinary team comprising of psychiatrist, neurologist, clinical psychologist, occupational therapist etc. Skill building is the mainstay of the therapy program at Day Care Centre. It is achieved through structured group activities, prevocational and vocational skill building activities like candle making, envelope making, stitching and tailoring, card making, arts and crafts etc.

The department is actively involved in the teaching and training of M.Phil Clinical psychology students of IHBAS as well as students and interns from various reputed institutions.

Physiotherapy services

Physiotherapy means Physiotherapeutic system of Medicine which includes examination, treatment, advice and instruction to any person preparatory to or for the purpose of or in connection with movement dysfunction, bodily malfunction, Physical disorder, disability, Healing and pain from trauma and diseases, Physical and mental conditions using physical agents including exercises, mobilization, manipulation, mechanical and electrotherapy, activities and advices or diagnosis, treatment and prevention;

'Physiotherapy services in the institute of Human Behaviour and allied Science was started from august 1995'

Services available

- ❖ Electrotherapy activities:-
 - Various electrically operated equipment are available to treat the patients.
- ❖ Therapeutic exercises:-
 - Manually by the qualified physiotherapists and with various exercises equipments under supervision of Physiotherapists.
- ❖ Gymnasium:-
 - Air conditioned gymnasium for the patients and employees/officers and their spouse, is available with various modern exercise equipments.

Departments of IHBAS

- **Psychiatry**
- **Neurology**
- **Neurosurgery**
- **Neuroanaesthesia**
- **Clinical Psychology**
- **Psychiatric Social Work**
- **Pathology**
- **Microbiology**
- **Neurochemistry**
- **Neuropsychopharmacology**
- **Neuroradiology**
- **Medical Anthropology**
- **Epidemiology**
- **Biostatistics**

Patient Care Services

- **OPD**
- **In Patient**
- **Emergency**
- **ICUs**
- **Diagnostic**
- **Community outreach services**

Special Clinics

- **Child and Adolescent Psychiatry clinic**
- **Mental retardation clinic**
- **Marital and psychosexual Clinic**
- **Epilepsy Clinic**
- **Movement Disorder**
- **DATRC and TCC**
- **Neuro-behaviour**

Hospital Statistics at a glance

Outpatient statistics

Department of Psychiatry

Psychiatry	2013	2014	%(increase/decrease)
Total	238070	241193	↑ 1.31
Old case	204131	206515	↑ 1.17
New case	33939	34678	↑ 2.18

Department of Neurology

Neurology	2013	2014	%(increase/decrease)
Total	159951	174347	↑ 9.00
Old case	129505	142894	↑ 10.34
New case	30446	31453	↑ 3.31

Department of Neurosurgery

Neurosurgery	2013	2014	%(increase/decrease)
Total	4194	4931	↑ 19.16
Old case	2608	2822	↑ 9.67

New case	1586	2109	↑ 3477
-----------------	-------------	-------------	---------------

In patient statistics

Department of Psychiatry

Psychiatry	2013	2014	increase/decrease)
Admission	3549	3892	↓ 9.66
Discharge	3562	3913	↑ 9.85
Bed Occupancy rate (%)	87	87	-%

Department of Neurology

Neurology	2013	2014	(% (increase/decrease)
Admission	1333	1300	↓ -2.48
Discharge	1393	1313	↓ -5.74
Bed Occupancy rate (%)	81	74	↑-8.57

Department of Neurosurgery

Neurosurgery	2013	2014	(% (increase/decrease)
Admission	293	306	↓ 4.44
Discharge	307	313	↓ 1.95
Bed Occupancy rate (%)	37	48	↓ 31.45

Emergency Services

Emergency Services	2013	2014	%(increase/decrease)
Total	30592	33305	↑ 9
Psychiatry	19312	18964	↑ -2
Neurology	11280	14341	↑ 27

Speciality Clinics Services

Speciality Clinics Services	2013	2014	%(increase/decrease)
Mental Retardation Clinic	10484	11917	↑ 13.67
Child Adolescence Psychiatric Clinic	8854	9943	↑ 12.30
Neurobehaviour Clinic	769	786	↑ 2.21
Movement Disorder Clinic	604	939	↑ 55.46
Marital & Psychosexual Clinic	1453	1289	↑ 11.29
Tobacco Cessation Clinic	657	559	↑ 0.30
Epilepsy Clinic	1882	1148	↑ -39.00
Drug Abuse Treatment & Rehabilitation Centre	7968	7048	↑ -11.55

Clinical Psychology Services

Clinical Psychology Services	2013	2014	%(increase/decrease)
Total Sessions Conducted	24911	23899	↓ -4
IQ Assessment	5166	7440	↓ 44

Other Services

Other Services	2013	2014	%(increase/decrease)
Physiotherapy Services	11834	14069	↑ 19
Occupational Therapy Services	3541	4161	↑ 18
Psychiatric Social Work Services	23517	24682	↑ 5

Community Outreach Clinics

Community Outreach Clinics	2013	2014	%(increase/decrease)
Jahangirpuri	10353	10869	↓ 4.98
Chhattarpur	5340	5917	↑ 10.81
Jama Masjid	1962	2384	↓ 21.51

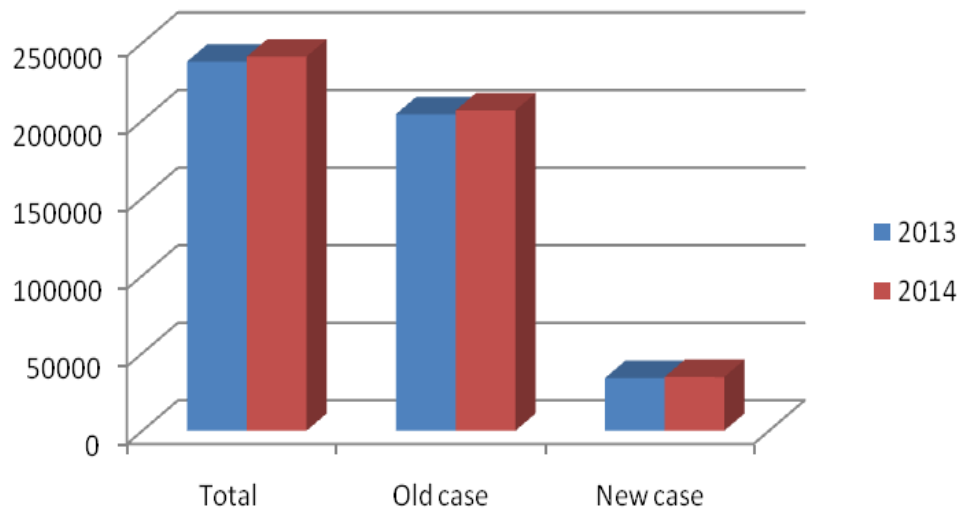
Laboratory Services

Laboratory Services	2013	2014	%(increase/decrease)
Pathology	53490	68504	↑ 28
Neurochemistry	328429	421939	↑ 28
Microbiology	12251	421939	↑ 55
Neuro- psychopharmacology	10362	18964	↑ -47

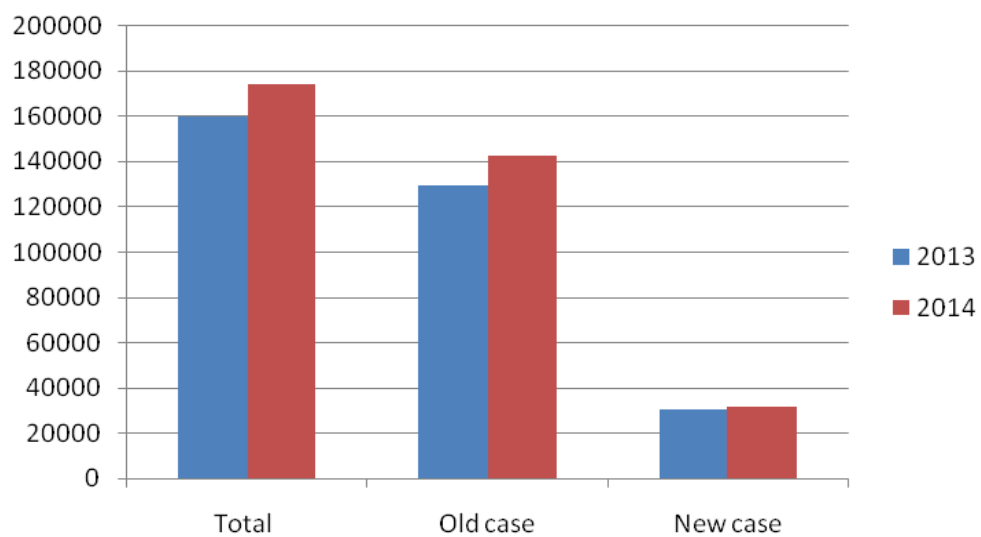
Radiology Services

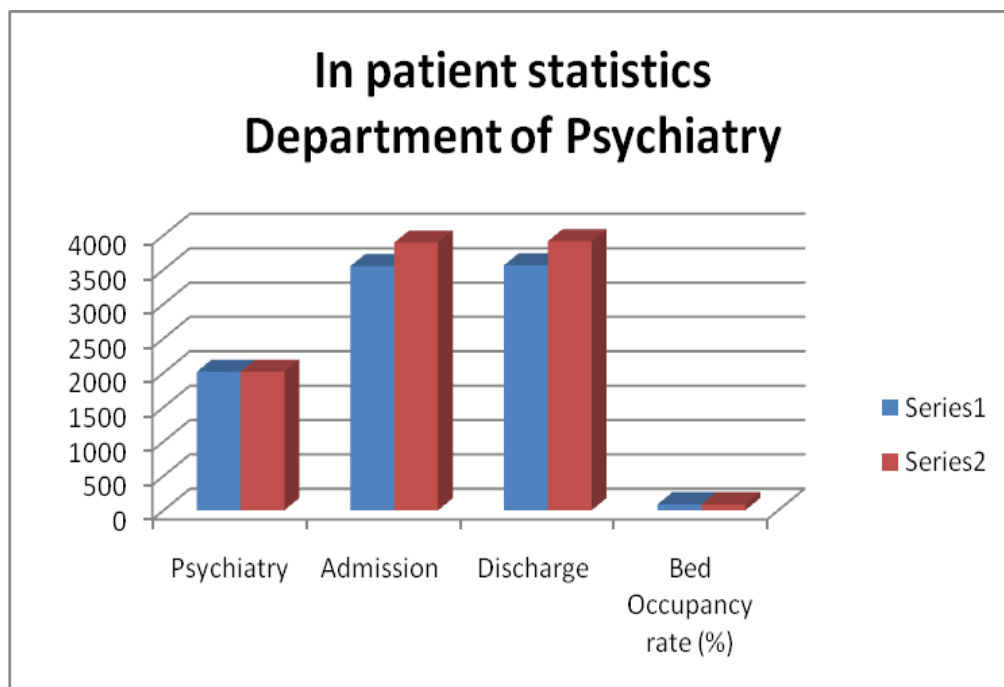
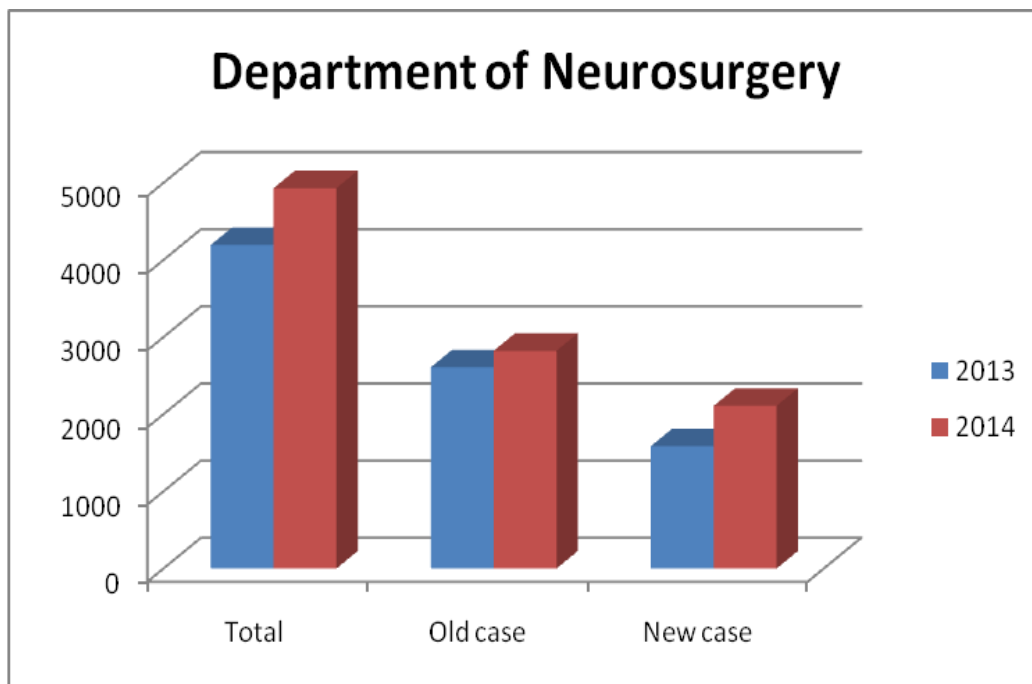
Radiology Services	2013	2014	%(increase/decrease)
X-Ray	6554	8089	↑ 23
Ultra Sound	2642	3241	↑ 23

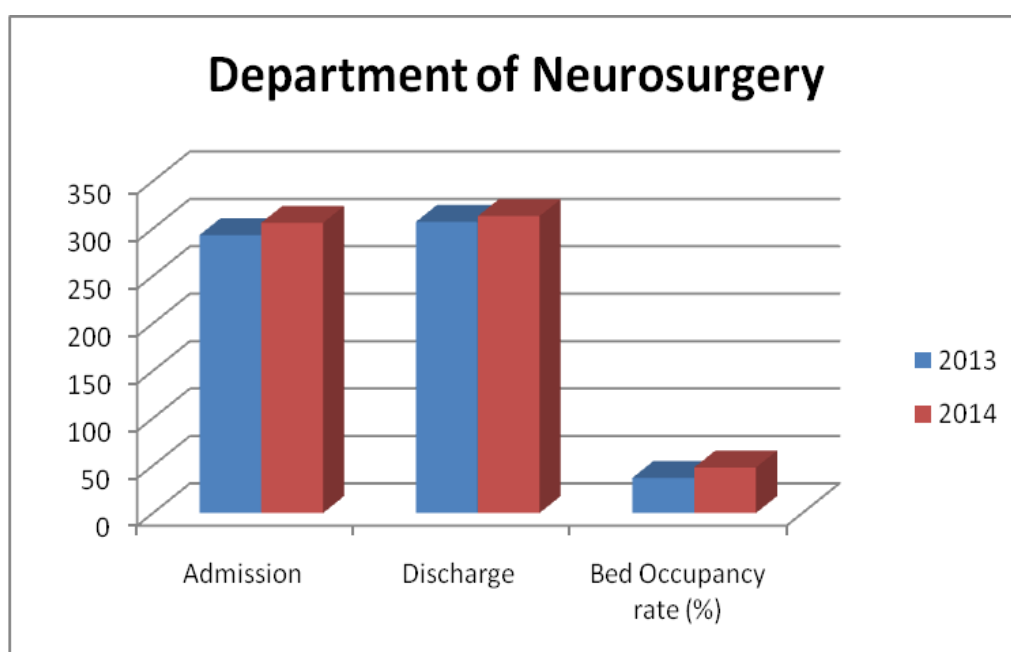
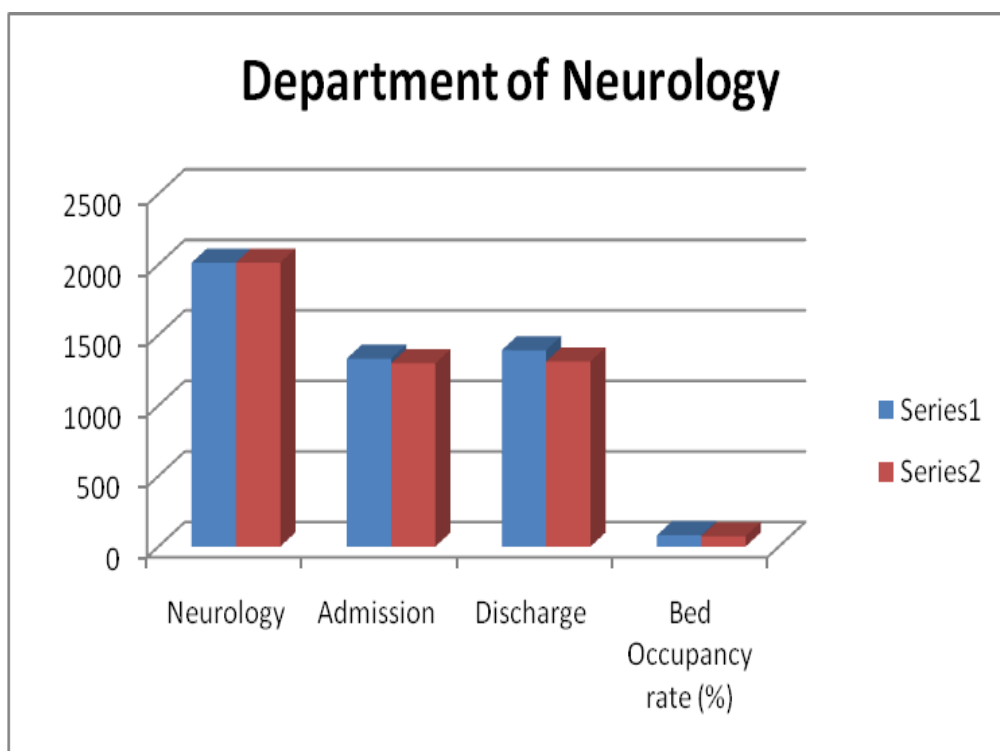
Outpatient Statistics Department of Psychiatry

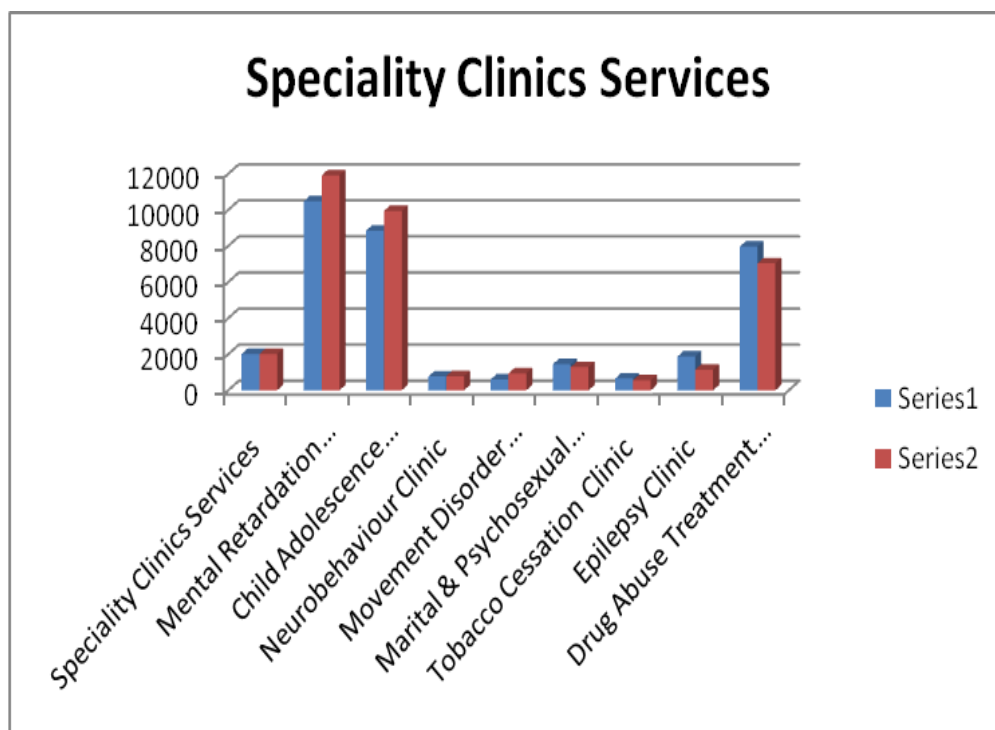
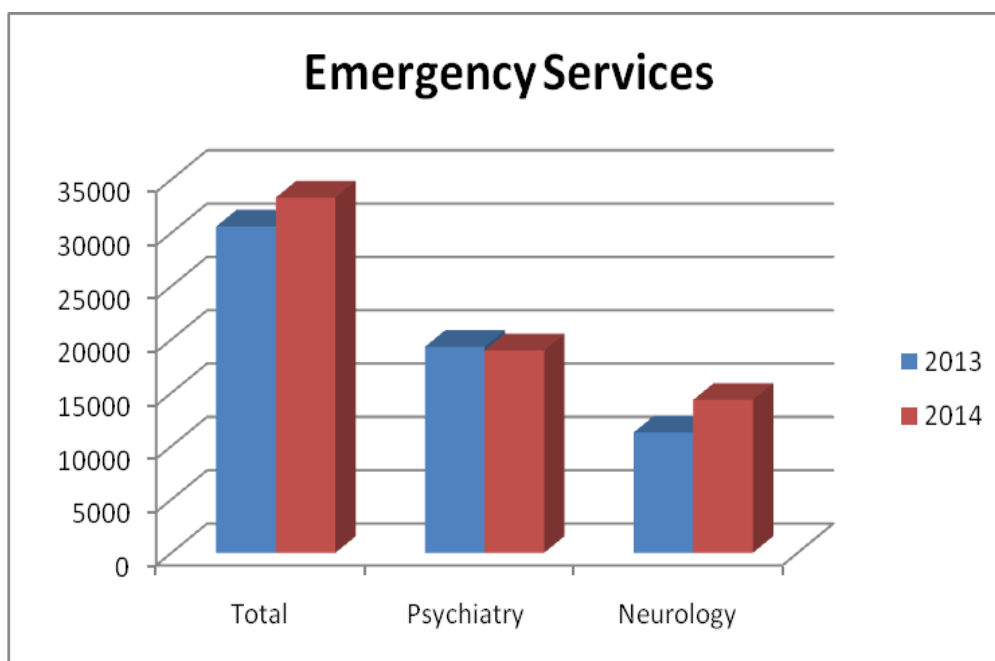


Department of Neurology

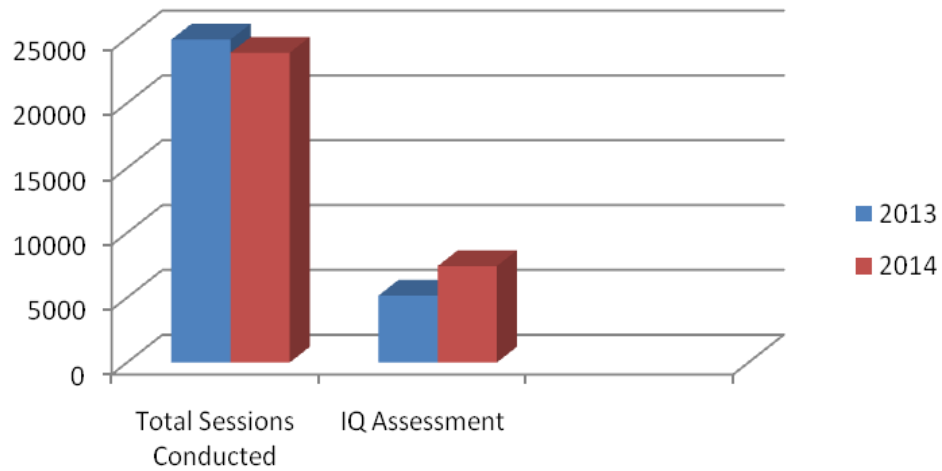




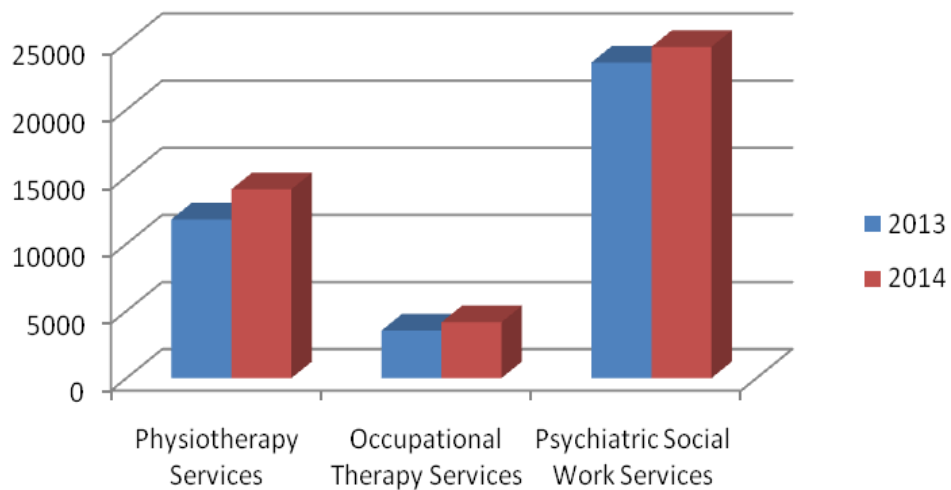


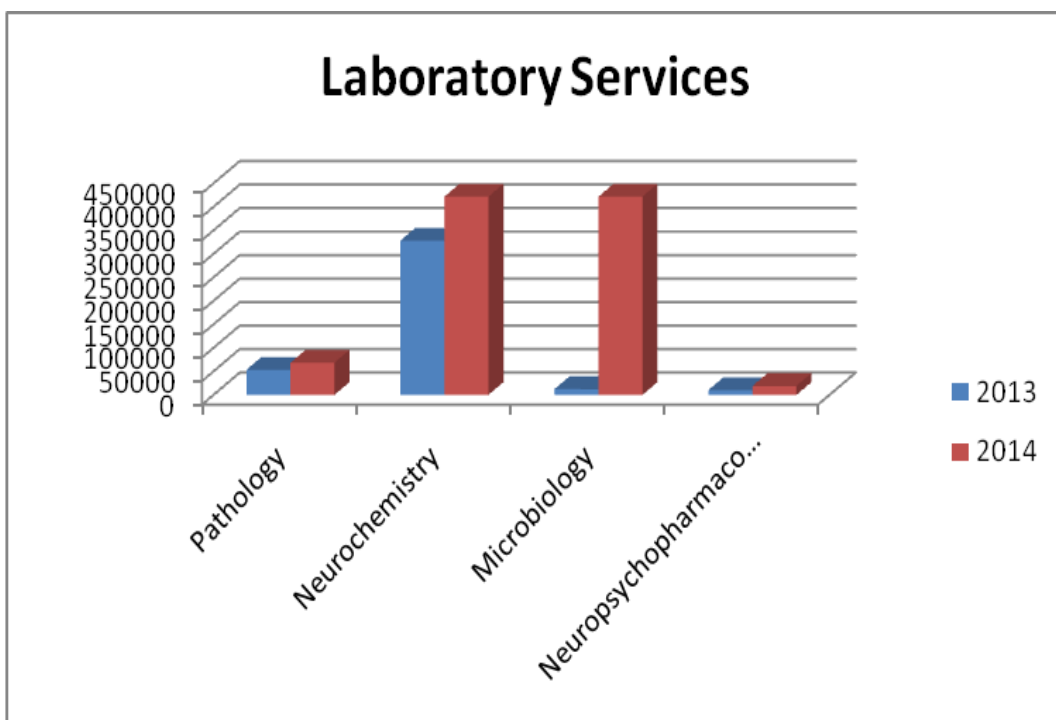
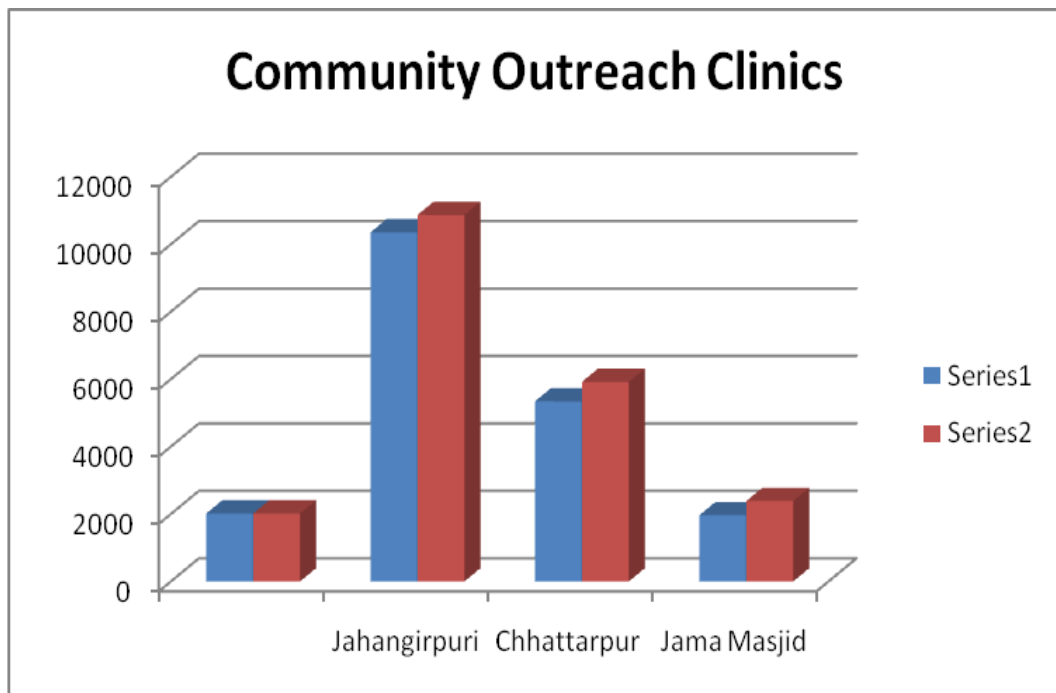


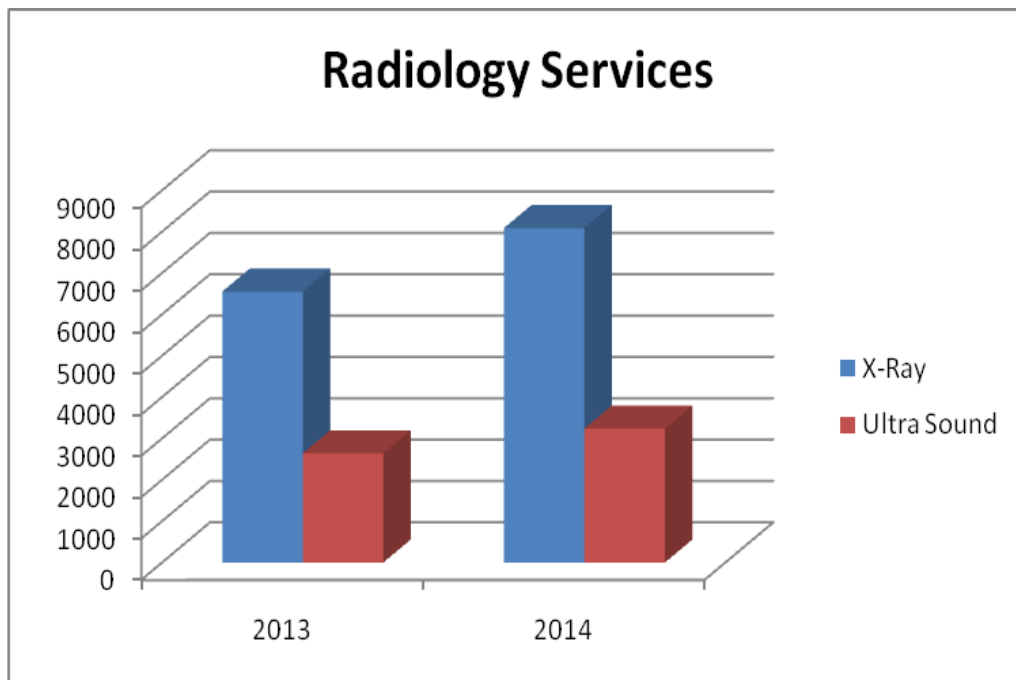
Clinical Psychology Services



Other Services







Library and Information Centre

The library and Information centre continues to be an essential component of the institute's outstanding research and education mission. It provides information and caters to the study needs of the Faculty Members, Doctors, Researches and Students. It enables learning and advancement of knowledge to promote research activities.

Library has developed an update collection of books, periodicals, annual reports in the area of mental health and neuro sciences. Approx. 230 new titles on different subjects were added in the library holdings and 144 scientific journals (Foreign & Indian) were processed for subscription during the year. Library has also subscribed WHO global subscription print + On line for the year 2015. Library equipped with modern information technology and continued to provide Internet, email services to its users to access global databases. Library has subscribed Karger package of 17-e journals & 4 e-books (1998-2015) for access to the users. Library is a member of NMLERMED Consortia to access online databases for resource sharing of 259 e-journals during the year

Physical verification of library holdings was carried out. A very few documents were found missing. Efforts has been made to trace out the same and write off the missing books has been completed. . Library timing has been extended after office hours till up to 9.00 P.M. to extend facility to the users. Exchange programme were established with different national and international institutions such as NIMHANS, Bangalore, National Medical Library NML, New Delhi, World Health Organization (WHO), NIDA etc. to retrieve the update information in the related subject fields. Back volumes of journals were made arranged alphabetically & chronologically for binding purposes during the year. The photocopy services has been contracted out to the private agency on nominal charges to enhance the facility to internal and external users of library.

Institute website has been developed on URL <http://www.ihbas.delhigovt.nic.in> and updation of the same is being carried out regularly. Internet facility through MTS data cards have been provided to the faculty members & other users during the period. AMC of computers, Institute advertisement, results, On line data feeding of CPGS, RTI & Tenders were uploaded on the website regularly during period.

Conference/Symposia

1. Dr. S.K.Pandey, Lib. & Doc. Officer has participated and presented a paper on "Role of librarian in present Scenario" at National Convention of Medical Library Association of India (MLAI- 2014) held at Udaipur, 15-17 Dec. 2014.
2. Dr. S.K.Pandey, Lib. & Doc. Officer has participated in the panel discussion on "Library Administration & Management" conducted by Rangnathan Research Circle (RRC) on August 24, 2014 at Pragati Maidan, Delhi.

Engineering Section

IHBAS has a full Engineering Section comprising of personnel who undertake Electrical, Civil and Horticulture activities.

The department is headed by Superintending Engineer, who is also the Project Manager for "Remodelling of IHBAS Project". The Engineering Section comprises of Electrical and Civil divisions, each headed by Executive Engineer duly supported by Assistant Engineers and Junior Engineers.

Scope of Services

The Engineering Section of the Institute undertakes all activities related to Engineering Works. The Executive Engineer (Civil) looks after Civil Works for construction, renovation and maintenance as well as Horticulture works and nursery. The Executive Engineer (Electrical) handles all activities pertaining to construction, renovation and maintenance of electrical works.

Undergoing renovation/ construction activities

The existing Kitchen of the institute is being renovated for modernization and to suit the needs of hospital. Also, the ramp for connecting the upper floors of the hospital blocks is under construction and is on the verge of completion. The complete renovation of old Doctors Hostel has been started and scheduled for completion in around eight months period.

Upcoming plans for construction (Immediate)

IHBAS has been identified as one of the Centres of Excellence by Ministry of Health & Family Welfare, Govt. Of India and the construction work is likely to be started soon after clearance of local bodies. Also, the construction of 02 Nos. Half Way Homes is underway for construction the Complete renovation of existing old Psychiatry wards is being started by taking up one by one blocks in a phased manner.

General Information

Present staff at IHBAS as on 31.3.2015

Sl. No.	Name Of Post	Sanctioned Posts	Filled Up	Vacant	Remarks
1	Director	1	1	0	
2	Emeritus Prof.	2	2	0	
3	Medical Superintendent	1	0	1	
4	Joint Director (Admn)	1	0	1	
5	FA & CAO	1	0	1	

Sl. No.	Name of Posts/Designation	Sanctioned	Filled as on 31.03.2015
Group A			
1	Medical	221	121
2	Paramedical		
(i)	Nursing Staff	18	05
(ii)	Other Staff	02	01
3	Admn.	07	04
4	Planning & Statistics	N/A	N/A
5	Accounts	01	0
6	I.T.	N/A	N/A
7	Others(Specify) (Engg.,Faculty(Non-Medical), Clinical Psychologist, PSW,	73	21
Group B			
8	Medical	N/A	N/A
9	Paramedical		
(i)	Nursing Staff	275	206
(ii)	Other Staff	31	22
10	Admn.	34	18

11	Planning & Statistics	N/A	N/A
12	Accounts	04	04
13	I.T.	N/A	N/A
14	Others(Specify) (Engg; Sr. Demonstrator;	13	08
Group C			
15	Medical	N/A	N/A
16	Paramedical		
(i)	Nursing Staff	N/A	N/A
(ii)	Other Staff	84	61
17	Admn.	39	33
18	Planning & Statistics	N/A	N/A
19	Accounts	N/A	N/A
20	I.T.	N/A	N/A
21	N.Os./Peons/Attendants	N/A	N/A
22	Sanitation	N/A	N/A
i)	Govt.	N/A	N/A
ii)	Pvt.	N/A	N/A
23	Security	N/A	N/A
I)	Govt.	N/A	N/A
ii)	Pvt.	N/A	N/A
24	Others(Specify) (Lib. Attendant; Cook; Class	19	09

Faculty of IHBAS

Director

Prof. Nimesh G. Desai (Psychiatry)

Emeritus Professor

- Prof. S D Sharma (Psychiatry)
- Prof. M. Gourie Devi (Neurology)

Professors

- Dr. Sujata Chaturvedi (Pathology)
- Dr. Sangeeta Sharma (Neuropsychopharmacology)
- Dr. Rajiv Thakur (Microbiology)

Additional Professors

- Dr. Kiran Bala (Neurology) (on lien)
- Dr. Uday Kumar Sinha (Clinical Psychology)

Associate Professors

- Dr. Neelam Chhillar (Neuro Chemistry)
- Dr. Anshu Gupta (Pathology)
- Dr. P.K. Upadhayay (Neurosurgery)
- Dr. Deepak Kumar (Psychiatry)
- Dr. Suman Seryam Kushwaha (Neurology)
- Dr. Rachna Agarwal (Neuro Chemistry)
- Dr. Om Prakash (Psychiatry)

- Dr. Vibha Sharma (Clinical Psychology)
- Dr. Jahanara M. Gajendragad (Psychiatric Social Work)
- D. Sarbjeet Khurana (Epidemiology)
- Dr. Mukul Kumar Jain (Neuro-Anesthesia)
- Dr. C.B. Tripathi (Biostatistics)
- Dr. Rajesh Kumar (Psychiatry)
- Dr. Rima Kumari (Neuro Radiology)
- Dr. Vijender Singh (Psychiatry)
- Dr. Ravinder Singh (Medical Anthropology)

Assistant Professors

- Dr. Vinod Kumar Singh Gautam (Neurosurgery)
- Dr. Deepak Kumar Jha (Neurosurgery)
- Dr. Arvind Kumar Arya (NeuroAnesthesia)
- D. Renu Gupta (Microbiology)
- Dr. Naveen Grover (Clinical Psychology)
- Dr. Ishita Pant (Pathology)
- Dr. Pankaj Kumar (Psychiatry)
- Dr. Manoj Kumar (Psychiatry)
- Dr. Aldrin Anthony Dung Dung (Neurology)
- Dr. Siddharth Maheswari (Neurology)
- Dr. Amit Khanna (Psychiatry)
- Dr. Amit Garg (Psychiatry)

- Dr. Sumit Kumar Gupta (Psychiatry)
- Dr. Paramjeet Singh (Psychiatry)
- Dr. Vishal Dhiman (Psychiatry) (under COE)
- Dr. Akhilesh Kumar Singh (Psychiatry) (under COE)
- Dr. Monali Raval (Neuro-Radiology)

Committees and apex bodies of IHBAS

- ❖ General Body
- ❖ Executive Council
- ❖ Standing Finance and Budget Committee
- ❖ Building and Works Committee
- ❖ Rehabilitation Committee
- ❖ Internal Complaints Committee
- ❖ Academic Committee
- ❖ Establishment Committee
- ❖ Scientific Advisory Committee
- ❖ Ethics Committee
- ❖ Internal Complaints Committee
- ❖ Board of Visitors

General Body

- Hon'ble Minister of Health & Family Welfare, GNCTD and President of IHBAS
- Chief Secretary, Government of NCT of Delhi-cum-Chairman and Vice-President of General Body of IHBAS, Delhi Sachivalaya, New Delhi.
- Vice Chancellor, University of Delhi and Vice-President of General Body of IHBAS, University of Delhi, Delhi-110007
- Additional Secretary and Financial Advisor, Ministry of Health & Family Welfare, Government of India and Vice-President of General Body of IHBAS, Nirman Bhawan, New Delhi
- Principal Secretary (Finance), GNCTD, Delhi Sachivalaya, New Delhi
- Secretary (H&FW), GNCTD, Delhi Sachivalaya, IP Estate, New Delhi
- Advisor (Health), Planning Commission, Yojana Bhawan, New Delhi
- Advisor, Dept. of Bio-Technology, 7-8 Floor, Block-2, CGO Complex, Lodhi Road.
- Advisor (TDT), Dept. of S&T, Technology Bhawan, New Mehrauli Road.
- Joint Secretary (T), Department of Education, Ministry of Human Resource Development, Government of India, Shastri Bhawan, New Delhi.
- Joint Secretary (DD), Ministry of Social Justice and Empowerment, Govt. of India, Shastri Bhawan, New Delhi.
- Chief Senior Deputy Director General, NCD, ICMR, Ansari Nagar, New Delhi.
- Principal, University College of Medical Sciences (UCMS), Delhi
- Medical Superintendent, Guru Teg Bahadur Hospital (GTBH), Delhi.
- Director, IHBAS as **Member Secretary**, General Body

- Professor P.N. Tandon, Professor Emeritus (Neurosurgery) AIIMS, Ansari Nagar, New Delhi

- Professor S.K. Khandelwal, Department of Psychiatry, AIIMS, New Delhi

Executive Council

- Chief Secretary, GNCTD-cum-Chairman, Executive Council, IHBAS
 - Additional Secretary and Financial Advisor, Ministry of Health & Family Welfare, Government of India, Nirman Bhawan, New Delhi
 - Principal Secretary (Finance), Government of NCT of Delhi, Delhi Sachivalaya, IP Estate, N.Delhi
 - Principal Secretary/Secretary (H&FW), Government of NCT of Delhi, Delhi Sachivalaya, IP Estate, New Delhi
 - Joint Secretary, Ministry of Health & Family Welfare, Government of India, Nirman Bhawan, New Delhi
 - Principal, University College of Medical Sciences (UCMS), Delhi
 - Medical Director/Medical Superintendent, Guru Teg Bahadur Hospital, Delhi
 - Medical Superintendent/AMS/DMS, IHBAS
 - Joint Director (Administration), IHBAS
-
- Dr. L.M. Nath, Former Director, AIIMS, New Delhi.
 - Dr. S.C. Malik, Former Director Professor, Lady Hardinge Medical College & National Consultant Mental Health, Ministry of Health & Family Welfare, Government of India
 - Dr. M. Gourie-Devi, Emeritus Professor (Neurology), IHBAS and Former Director, National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore
 - Dr. B.N. Gangadhar, Director and Vice Chancellor, NIMHANS, Bangalore
 - Dr. Rajeev Thakur, Professor & Head, Department of Microbiology, IHBAS
 - Dr. Suman Kushwaha, Associate Professor and Acting Head, Department of Neurology, IHBAS
 - Dr. Arvind Kumar Arya, Assistant Professor (Neuro-anesthesia), IHBAS
 - Director, IHBAS and Member Secretary, Executive Council

Standing finance and budget committee

Chairman

- Principal Secretary (Finance) Government of NCT of Delhi

Members

- Principal Secretary (Health & Family Welfare) Government of NCT of Delhi
- AS &FA, Ministry of Health & Family Welfare, Government of India
- Director, IHBAS, Delhi
- Joint Director (Administration)
- FA & CAO, IHBAS. Delhi

Building and Works Committee

Chairman

Principal Secretary (H&FW), GNCTD

Members

- Dr. Nimesh G. Desai, Director, IHBAS & Member, B&WC
- Shri P.B. Vijay, Retd. DG(W), CPWD & Member, B&WC - A-39/B, Munirka, New Delhi-110006
- Shri Mukesh Bajpai, Architect, CDB, DGHS on behalf of Dr. Chandrashekhar R, Chief Architect, DGHS & Member, B&WC - Room No. 405, Nirman Bhawan, New Delhi-110011
- Joint Director (Administration), IHBAS & Member, B&WC
- Shri Alok Varma, Superintending Engineer, IHBAS & Member, B&WC
- Sr AO, IHBAS & Member, B&WC

Rehabilitation Committee

Chairman

Prof (Dr.) Nimesh G. Desai, Director, IHBAS, Delhi

Members

- Mr. Pankay Joshi, Jt. Secretary, CDD, Ministry of Social Justice and Empowerment, Government of India, New Delhi
- Dr. S.K. Chaturvedi, Professor of Psychiatry and head, Department of Rehabilitation, NIMHANS, Bangalore.
- Mr. P.K. Sharma, Deputy Director, Social Welfare, GNCT of Delhi
- Mrs. Sreerupa Mitra Choudhary, Chairperson, Sudinalaya, Delhi
- Mrs. Paramjeet Kaur, Director, Ashray Adhikar Abhiyan, Delhi
- Mrs. Rangashree Kishore, Richmond Fellowship, Delhi
- Dr. Jahanara MG, Associate Professor of Psychiatric Social Work, IHBAS, Delhi
- Dr. Vibha Sharma, Associate Professor of Clinical psychology, IHBAS, Delhi
- Dr. Pankay Kumar, Asstt. Professor of Psychiatry, IHBAS, Delhi

Member Secretary

- Dr. Vijender Singh, Associate Professor of Psychiatry, IHBAS, Delhi

Academic Committee

Chairman

Prof (Dr.) Nimesh G. Desai, Director, IHBAS, Delhi

Members

- Dr. Amol Ranjan Singh, Director, RINPAS, Ranchi
- Dr. V. Ravi, Registrar, NIMHANS, Bangalore
- Dr.S.V. Madhu, Head, Department of Medicine, UCMS, Delhi
- Dr.N.K. Chadha, Head, Department of Psychology, University of Delhi
- Dr.M.M.Mehndiratta, Professor of Neurology, GB Pant Hospital, New Delhi
- Dr. Sushma Batra, Head, Department of Social Work, University of Delhi
- Dr. H.S. Kohli, Professor, Department of Social Work, Jamia Milia Islamia, New Delhi
- Dr. Uday K. Sinha, Additional Professor of Clinical Psychology, IHBAS, Delhi
- Dr. Om Prakash, Associate Professor of Psychiatry, IHBAS, Delhi

Member Secretary

- Dr. Neelam Chhillar, Associate Professor of Neuro-Chemistry, IHBAS

Establishment committee

- Director, IHBAS – Chairperson
- Joint Secretary/Dy. Secretary (Finance)
- Joint Secretary/Dy. Secretary (Services)
- Joint Secretary/Dy Secretary (Medical)
- Joint Director (Administration)

Scientific Advisory Committee

- Professor Ranjit Roy Chaudhary, Emeritus Scientist, National Institute of Immunology, Aruna Asif Ali Marg, New Delhi
- Professor P N Tandon, 1 Jagriti Enclave, Delhi
- Professor J S Neki, 52, Hem Kunt Colony, New Delhi
- Professor S D Sharma, Emeritus Professor, IHBAS, Delhi
- Professor M Gourie Devi, Former Director, NIMHANS, Bangalore
- Professor R R Singh, director, Tata Institute of Social Sciences, Sion Trombay road, Deonar, Mumbai
- Professor N N Wig, H.No. 279, Sector 6, Panchkula, Haryana
- Professor A K Agarwal, Upasana, B-104/2, Nirala Nagar, Lucknow
- Dr Manju Mehta, Additional Professor, Department of Psychiatry, De-addiction centre, AIIMS, Ansari Nagar, New Delhi

Ethics Committee

Chairperson

Prof. LM Nath, Former Director, AIIMS

Members

- Prof. M. Gourie Devi, Former Director, NIMHANS, Bangalore
- Drug Controller of Delhi, Government of NCT of Delhi, F.17, Karkardooma, 4th Floor, Shahdara, Delhi
- Smt. Geeta Luthra, Legal Expert
- Prof. KM Prabhu, Head, Biochemistry Dept.
- Prof. SD Seth, Consultant ICMR
- Prof. Kusum Saigal, Former Principal LHMC
- Prof. Arvind Pandey, Director, NIMS
- Prof. SK Gupta, Ex-HOD, Pharmacology, AIIMS
- Prof. Vinay Srivastava, Principal Hindu College

- Dr. JP Kapoor, Addl. Director Health Services, SHS, Govt. of NCT of Delhi
- Dr. K. Anand, Additional professor, Department of Community Medicine
All India Institute of Medical Sciences (AIIMS), New Delhi
- Sh. KR Bhati, Rtd. IAS
- Dr. Rachna Agrawal, Associate Professor, Neurochemistry, IHBAS
- Dr. Vijender Singh, Associate Professor, Psychiatry, IHBAS

Member Secretary

- Dr. Uday K. Sinha, Additional Professor, Clinical Psychology, IHBAS

Board of Visitors

- Member Secretary, Delhi Legal Services Authority (DLSA), Patiala House, New Delhi.
- Prof. R.C. Jiloha, Head Department of Psychiatry, G.B.Pant Hospital, New Delhi.
- Prof. Anjali Gandhi, Professor of Social Work, Jamia Millia University, New Delhi.
- Prof. Manju Mehta, Professor of Clin. Psychology, Department of Psychiatry, AIIMS, New Delhi.
- HOD (Neurology), GB Pant Hospital, New Delhi-110002.
- Medical Superintendent, GTB Hospital, Shahdara, Delhi.
- Prof. Aruna Bhardwaj, Professor of Social Work, H-45, Bali Nagar, New Delhi-110 015.
- District Social Welfare Officer, North West- I, NPS Complex, Sector-4, Rohini, Delhi.
- Director, Directorate of Health Services (DHS), Govt. of NCT of Delhi or his/ her nominee, preferably a Psychiatrist.

Internal complaints committee

Presiding Officer: Dr Neelam Chhillar (Associate professor, Neurochemistry) Delhi

Members:

Dr Suman Kushwaha (Associate Professor, Neurology, IHBAS) Delhi

Dr Vibha Sharma (Associate Professor, Clinical Psychology, IHBAS) Delhi

Dr Pankaj Kumar (Assistant Professor, Psychiatry) Delhi

Dr Vinita Gupta (Specialist, St Stephen's Hospital) Delhi

Ms Paramjeet Kaur, Director, Ashray Adhikar Yojna, Delhi

Mr A K Roy (Senior Physiotherapist, IHBAS) Delhi

Ms Vimla Gupta (ANS, IHBAS) Delhi

Member Secretary: Dr Ishita Pant (Assistant professor, Pathology) Delhi