

Mobile Mental Health Unit (MMHU) Service Network of Delhi

Basic Information for Consumers

- Mobile Mental Health Unit (MMHU) Service Network of Delhi has been expanded from 02 Units to a total of 11 Units after due approval of Govt. of NCT of Delhi. Altogether, 11 MMHU teams will extend their services to all the revenue Districts of NCT of Delhi (01 MMHU team per district) on the basis of shift arrangement from 9AM to 5PM, in each district except on Sundays & Gazetted Holidays.
- Mobile Mental Health Unit (MMHU) Service Network of Delhi is an innovative and specialized service to bridge the treatment gap in mental health services ensuring due legal and ethical correctness. MMHU Service Network of Delhi is mainly working with:
 1. Homeless & Homebound persons with mental illnesses (Rescue/ Engagement into treatment)
 2. Persons with Mental Illnesses-need medical attention
 3. After Care of Person with Mental Illness & Epilepsy
 4. Persons with Stroke having behavioural issues
 5. Crisis Support & Intervention
 6. Counselling of Persons with Mental Illnesses in Shelter Homes
 7. Awareness & Sensitization

(Tasks No. 1 , 2 & 5 are the priority tasks of MMHU)

- Contact to the MMHU teams can be established through following contact numbers & Emails. The functional contact details across Delhi are:

Mobile Nos.: 9868396910, 9868396911, Landline No.: 011-22592818

Email: director@ihbas.org, directoroffice@ihbas.org, mmhu.ihbas@gmail.com

(Consumers have to approach any of the MMHU team for their services with a written request/application preferably on a prescribed format. These Forms and other detailed relevant information are available on the IHBAS website (www.ihbas.delhigovt.nic.in).

Kindly click here for [Other Relevant Information about MMHU](#) .

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"Other Relevant Information about MMHU"

- The MMHU service network is appointed to provide technical assistance & facilitation to the police for the legally mandated Actions by the Local Police. **The MMHU service cannot act as a substitute or replacement for the legally mandated duties of the Police.**
- The basic and primary duty for the local police mentioned as per Mental Healthcare Act (MHA), 2017 in Sections 100 & 101 titled "Duties of police officers in respect of persons with mental illness", states for the Local Police to be available and operational, round the clock.
- Additionally, it is further suggested that, one can approach the local area Metropolitan Magistrate (MM) directly or through a lawyer including/ through facilitation of local police.
- ***Regarding After Care Services:***
 - Selected cases of severe Mental Illness will be attended by MMHU.
 - In case of Epilepsy where all possible mode of services (like ambulance Helpline 102, GHPUs, DMHP, Family) are not available, there the service option of MMHU will be considered.
 - Cases of Shelter Homes and Cases of persons with Stroke will be attended in a planned way on request basis

IMPORTANT NOTE:

- MMHU is **not an** Ambulance or Patient Transport Service that can visit every patient to help or provide "counsel on call".
- MMHU team is **not authorized** to transport a mentally ill patient to any hospital for the assessment & treatment without the involvement of the Local Police.
- In case of unwillingness from the patient/client to visit Mental Health Establishment (MHEs) for assessment and treatment, kindly contact the local police for follow-up.
- Further, IHBAS emergency services are available round the clock **(24x7)** and one may kindly bring any such person who is in need of urgent treatment directly to IHBAS emergency any time (24x7).
- MMHU services are only for the Person with Mental Illnesses. It does not deal with the Cases of Substance Use, Domestic Violence or other medical emergencies.
- The services limited to the geographic areas of Govt. of NCT of Delhi.

Format for the Consumers to avail MMHU Services

1. Name of the Applicant/ Informant: _____
2. Name of the Client: _____
3. Age of the Client: _____
4. Gender of the Client: _____
5. Relationship of Informant with Client: _____
6. Aadhar Card Number of Informant: _____
7. Aadhar Card Number of Client: _____
8. Photo of Aadhar Card (Client & Informant) may be uploaded: _____
9. Father's/Guardian's Name of the Client: _____
10. Address/Location(mention any landmark): _____
11. District (& Pin Code) : _____
12. Local Police Station: _____
13. Efforts taken to approach local Police, If yes, attach documents: _____

14. Contact Details of the Family Members: _____
15. Contact Details of the Informant: _____
16. Current Illness Behaviour of the Client: _____

17. Any Past Treatment History/Record available(if available, please enclose):

18. Any associated physical illness : _____
19. Court Case/ Legal Issue of the Client (if any): (_____

20. Reference of two Immediate Neighbors and their contact details: (Optional)
(Your Hand Written Application to be uploaded or sent through email or by any means)

Disclaimer:

I hereby declare that the information given above is correct and true to the best of my knowledge and belief I undertake that if at any stage any of the information given above is found false or incorrect, you may consider my request as cancel. I further undertake that if at any stage I am found guilty of using unfair means, Institute may take any legal action.

Signature of the Informant