

POST CODE: IHBAS/24-25

Name of Post: M.Sc. PN

Series : A

Test Booklet Serial No.....

PAPER - I
TEST BOOKLET

(Read the instruction carefully before starting to answer)

Time: 2 Hours

No. of Questions: 100

Max Marks: 100

1. Fill up the following information by Blue or Black ball point pen only:

Roll No.:

Name of the Candidate:

Name of Examination Centre:

Date of Examination :

Candidate's Signature :

Signature of Invigilator :

2. Open the seal of the booklet only when instructed to do so.

3. Don't start answering the questions until you are asked to do so.

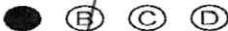
4. Ensure that there are 100 Questions in the Test Booklet with four responses (A), (B), (C) and (D). Of them only one is correct as the best answer to the question concerned.

5. No NEGATIVE MARKING for wrong answer. Each correct answer shall be awarded 1 mark.

6. Multiple answering of a question will cause the answer to be rejected.

7. Use only Black or Blue Ball pen for darkening appropriate circle completely.

For Example : **CORRECT METHOD** | **WRONG METHOD**



8. Rough work is to be done only on the Test Booklet and not on the answer sheet.

9. You are not allowed to use Mobile Phones or any Electronic Device. Use of Calculator is not allowed.

10. Make sure that you do not possess any pages (Blank or Printed) or any unauthorized material. If such material is found in your possession during the examination, you will be disqualified.

11. If you are found copying/helping others, you will be disqualified.

12. At the end of the examination hand over the answer sheet to the invigilator.

13. Do not leave the examination hall until you are asked to do so.

14. No candidate is allowed to leave the examination hall till the completion of examination.

15. The candidates are not allowed to take the Test Booklet with them.

16. Candidates are advised to contact the Examination Superintendent for submission of representation related to examination, if any.

17. Smoking and eatables are not allowed inside the examination hall.

Series A**MSc_PN**

1. Commonest site for lumbar puncture in adult is :
 - (A) Between L₅ & S₁ vertebra
 - (B) Between L₃ & L₄ vertebra
 - (C) Between C₂ & C₃ vertebra
 - (D) Between T₉ & T₁₀ vertebra
2. Self-monitoring of blood glucose for diabetic clients is on what level of prevention?
 - (A) Primary
 - (B) Secondary
 - (C) Tertiary
 - (D) None of the above
3. An old woman was hit by motor cycle while crossing road as a nurse the first intervention that she will do is :
 - (A) Immobilize the leg
 - (B) Call for help
 - (C) Reduce the fracture manually
 - (D) Move the person to a safer place
4. Which of the statement by the client to the nurse indicates a risk factor for CAD?
 - (A) I exercise every other day
 - (B) My father died of Myasthenia Gravis
 - (C) My cholesterol is 180
 - (D) I smoke 2 packs of cigarettes per day

Series A**MSc_PN**

5. Commonest cause of blindness in India is :
 - (A) Cataract
 - (B) Trauma
 - (C) Trachoma
 - (D) Vitamin A deficiency
6. A disorder characterized by episodes of mania and depression with periods of normal mood and activity in between is :
 - (A) Bipolar disorder
 - (B) Schizophrenia
 - (C) Hypochondriasis
 - (D) Obsessive Compulsive disorder
7. The crime of having sexual intercourse with a parent, child, sibling or grandchild is :
 - (A) Incest
 - (B) Transvestism
 - (C) Dyspareunia
 - (D) Sadism
8. Language disturbance in understanding and expressing spoken words is :
 - (A) Aphasia
 - (B) Agnosia
 - (C) Apraxia
 - (D) Amnesia

Series A**MSc_PN**

9. Mr X believes that he is the most powerful and important person in the world, this is an example of :

- (A) Delusion of perception
- (B) Delusion of Jealousy
- (C) Delusion of persecution
- (D) Delusion of grandiosity

10. Having one's arms or legs placed in a certain position and holding that same position for hours is :

- (A) Echopraxia
- (B) Echolalia
- (C) Waxy flexibility
- (D) Circumstantiality

11. The day following a below the knee amputation, the patient complains of toes cramping in the amputated foot. What should the nurse realize the patient is experiencing?

- (A) Contractures
- (B) Attention seeking
- (C) Chronic stump pain
- (D) Phantom limb sensation

Series A**MSc_PN**

12. The nurse is providing discharge teaching to a patient with a fractured rib. What should the nurse instruct the patient to do?

- (A) Use a small pillow to splint the area when coughing
- (B) Avoid using pain medications to prevent respiratory depression
- (C) Remain on bed rest for a week to allow the fracture to stabilize
- (D) Use elastic roller bandages to stabilize the chest wall and promote comfort

13. Following a kidney transplant, the nurse notes that a patient's urine is cloudy. What should the nurse do about this finding?

- (A) Record the finding
- (B) Notify the physician
- (C) Irrigate the urinary catheter
- (D) Increase the intravenous flow rate

14. The nurse is planning care for a patient with cirrhosis. For which condition would the nurse place the patient on bleeding precautions?

- (A) Encephalopathy
- (B) Low vitamin K
- (C) Elevated liver enzymes
- (D) Hepatorenal syndrome

Series A**MSc_PN**

15. Which hormone is secreted by Islets of Langerhans?

- (A) Progesterone
- (B) Testosterone
- (C) Insulin
- (D) Hemoglobin

16. Bleeding from the nose is known as :

- (A) Epistaxis
- (B) Hemoptysis
- (C) Hematemesis
- (D) Hematuria

17. Kaposi's sarcoma is associated with :

- (A) Human papilloma virus
- (B) Human T cell lymphotrophic virus type (HTLV-I)
- (C) Human Herpes Virus
- (D) Epstein Barr Virus

18. The normal pulmonary artery pressure is :

- (A) <20 mmHg
- (B) 25-30 mmHg
- (C) 30-35 mmHg
- (D) 35-40 mmHg

Series A**MSc_PN**

19. Bleeding gums is a feature of which Vitamin deficiency :

- (A) Vitamin A
- (B) Vitamin B¹²
- (C) Vitamin C
- (D) Vitamin D

20. Stiffening of the body after death is :

- (A) Keloid
- (B) Contracture
- (C) Post-mortem
- (D) Rigor mortis

21. An example of displacement is :

- (A) Imaginative activity to escape reality
- (B) Ignoring unpleasant aspects of reality
- (C) Resisting any demands made by others
- (D) Pent-up emotions directed to other than the primary source

22. An important aspect of teaching for any client receiving a monoamine oxidase inhibitor such as tranylcypromine sulfate should be that :

- (A) Drowsiness is an expected side effect of this medication
- (B) Clients taking this type of medication have special dietary restrictions
- (C) The therapeutic level and the toxic level of these drugs are very close
- (D) It is necessary for these clients to wear a hat outdoors and avoid the sun

Series A**MSc_PN**

23. Compulsive symptoms such as using paper towels to open doors develop because the patient is :

- (A) Consciously using this method to punish himself
- (B) Listening to voices that tell them the door knobs are unclean
- (C) Unconsciously controlling unacceptable impulses or feelings
- (D) Fulfilling a need to punish others by carrying out an annoying Procedure

24. Language disturbance in understanding and expressing spoken words is :

- (A) Aphasia
- (B) Agnosia
- (C) Apraxia
- (D) Amnesia

25. Excessive sexual desire in women is termed as :

- (A) Satyriasis
- (B) Frigidity
- (C) Vaginismus
- (D) Nymphomania

26. Which one of the following is an immediate threat to life during acute anaphylaxis?

- (A) Hypotension
- (B) Generalized itching
- (C) Airway obstruction
- (D) Tachycardia

Series A**MSc_PN**

27. Which enzyme is found in myocardium only?

- (A) Troponin I
- (B) Troponin T
- (C) Myoglobin
- (D) Lactate dehydrogenase

28. Nurse's highest priority for a patient who has returned to the nursing unit after left nephrectomy is :

- (A) Hourly urine output
- (B) Temperature
- (C) Able to turn side to side
- (D) Able to sips clear liquid

29. Which device is used to deliver highest oxygen concentration?

- (A) Simple oxygen mask
- (B) Partial non-breather mask
- (C) Nasal catheter
- (D) Nasal cannula

30. The nurse is reinforcing medication teaching for a patient. The nurse would include which of the following instructions to a patient receiving a diuretic?

- (A) Change positions slowly
- (B) Eliminate salt in your diet
- (C) Take your medication before bed
- (D) Empty your bladder after taking the first dose

Series A**MSc_PN**

31. A treatment for a child suffering from thalassemia is :

- (A) Bone marrow transplantation
- (B) Chemotherapy
- (C) Radiation therapy
- (D) Steroid therapy

32. Low set ears are seen in :

- (A) Down's syndrome
- (B) Renal disorder
- (C) Kwashiorkor
- (D) Marasmus

33. Surfactant therapy is recommended for :

- (A) Asphyxia Neonatorum
- (B) Respiratory distress syndrome
- (C) Meconium aspiration
- (D) Ophthalmia neonatorum

34. Iatrogenic infections are infections developed due to :

- (A) Hospital admission
- (B) Therapeutic procedure
- (C) Exposure to affected person
- (D) Low immunity

Series A**MSc_PN**

35. Failure of the new-born to pass meconium within the first 24 hours after birth may indicate which of the following?

- (A) Hirschsprung disease
- (B) Celiac disease
- (C) Intussusceptions
- (D) Abdominal wall defect

36. A 17-year-old patient with anorexia nervosa has just been released from the hospital. To facilitate recovery at home, the psychiatric-mental health nurse instructs the family to :

- (A) Discourage the patient from sneaking food between meals, by unobtrusively reducing access to the kitchen.
- (B) Encourage the patient's interest in menu planning, food magazines, and cooking lessons, by leaving information and materials around the house.
- (C) Permit the patient to eat meals privately to discourage family preoccupation with meals.
- (D) Recommend that the patient joins in routine family meals and clears the dishes after dinner, even if they do not eat.

37. A short-term goal for a patient with Alzheimer disease is :

- (A) Improved functioning in the least restrictive environment
- (B) Improved problem solving in activities of daily living
- (C) Increased self-esteem and improved self-concept
- (D) Regained sensory perception and cognitive function

Series A**MSc_PN**

38. A client diagnosed with delirium becomes disoriented and confused at night. Which intervention should the nurse implement initially?

(A) Move the client next to the nurses' station
(B) Use an indirect light source and turn off the television
(C) Keep the television and a soft light on during the night
(D) Play soft music during the night, and maintain a well-lit room

39. Client with schizophrenia receiving antipsychotic medication is moving her mouth, protruding her tongue and grimacing while watching TV. The client is experiencing :

(A) Tardive dyskinesia
(B) Parkinsonism
(C) Hypertensive crisis
(D) Neuroleptic malignant syndrome

40. The doctor has prescribed haloperidol (Haldol) 2.5 mg. I.M. for an agitated client. The medication is labeled haloperidol 10 mg/2 ml. The nurse prepares the correct dose by drawing up how many milliliters in the syringe?

(A) 0.6
(B) 0.5
(C) 0.4
(D) 0.3

Series A**MSc_PN**

41. Which of the following pre-operative order is the most important order one day prior to the surgery?
 - (A) Physical examination
 - (B) Respiratory exercises
 - (C) Informed consent
 - (D) Informed family
42. In the recovery room patient is shivering uncontrollably. Which of the following first nursing intervention?
 - (A) Inform the surgeon
 - (B) Take temperature of the patient
 - (C) Provide blanket and continue oxygen
 - (D) Provide warm intravenous fluid
43. Which of the following is subjective data of nursing assessment?
 - (A) Pale skin and moist hands
 - (B) Nausea and abdominal pain
 - (C) Vomiting, pulse 84/minute
 - (D) Respirations 20/minute, blood pressure 120/80 mm Hg
44. Which of the following is most appropriate and safest way to verify the patient's identity before administration of medication?
 - (A) Ask the patient's name
 - (B) Check the room number and bed number of the patient
 - (C) Check the patient's identification band
 - (D) State the name of the patient aloud and ask them to repeat

Series A**MSc_PN**

45. Which of the following patients require a sodium restricted diet?

- (A) Patient with inflammatory disease
- (B) Patient with heart failure
- (C) Patient with gastroenteritis
- (D) Patient with fracture

46. Among the following fetal blood vessels, the oxygen content is highest in :

- (A) Umbilical artery
- (B) Ductus Venosus
- (C) Ductus arteriosus
- (D) Pulmonary artery

47. Endometrium of the pregnant uterus is termed as :

- (A) Trophoblast
- (B) Decidua
- (C) Chorion
- (D) Morula

48. An important landmark of the pelvis that determines the station of the fetal head is :

- (A) Pelvic brim
- (B) Ischial tuberosities
- (C) Ischial spines
- (D) Sacrum

49. As compared to cow's milk, human milk has :

- (A) More proteins
- (B) Less carbohydrates
- (C) less protein
- (D) Less vitamins

50. In normal delivery, breast feeding should be started within :

- (A) 1 hour of delivery
- (B) 1 day of delivery
- (C) 4 hrs of delivery
- (D) 6 hrs of delivery

51. A patient with acute psychosis, who is on haloperidol 20 mg/day for last 2 days, has an episode characterized by tongue protrusion, oculogyric crisis, stiffness and abnormal posture of limbs and trunk without loss of consciousness for last 20 minutes before presenting to casualty. This improved within a few minutes after administration of diphenhydramine HCl. The most likely diagnosis is :

- (A) Acute dystonia
- (B) Akathisia
- (C) Tardive dyskinesia
- (D) Neuroleptic malignant syndrome

52. All of the following are associated with better prognosis in schizophrenia, except :

- (A) Late onset
- (B) Married
- (C) Negative symptoms
- (D) Acute onset

53. All are features of autistic disorders except:

- (A) Stereotypic movements
- (B) Impairment of social interaction
- (C) Delay in speech development
- (D) Visual impairment

54. Which one of the following usually differentiates hysterical symptoms from hypochondriacal symptoms :

- (A) Symptoms do not normally reflect understandable physiological or pathological mechanism
- (B) Physical symptoms are prominent which are not explained by organic factors
- (C) Personality traits are significant
- (D) Symptoms run a chronic course

Series A**MSc_PN**

55. A 25 year old female presents with 2 year history of repetitive, irresistible thoughts of contamination with dirt associated with repetitive hand washing. She reports these thoughts to be her own and distressing; but is not able to overcome them along with medications. She is most likely to benefit from which of the following therapies?

(A) Exposure and response prevention
(B) Systematic desensitization
(C) Assertiveness training
(D) Sensate focusing

56. One night, a child was rushed in an emergency room with the following symptoms: fear of physical contact, apprehensive, bruises all over the body. These are possible signs of :

(A) Physical abuse
(B) Fall
(C) Vehicular accident
(D) Victim of Neglect

57. A 14-year-old child is brought to the emergency room department for acute asthma attack after a basketball practice, what is the initial assessment a nurse can have in a form of nursing diagnosis?

(A) Activity intolerance
(B) Impaired gas exchange
(C) Ineffective breathing pattern
(D) Altered tissue perfusion

58. Which vaccine is contraindicated during pregnancy?

- (A) Rubella
- (B) OPV
- (C) Tetanus
- (D) Influenza

59. What is absolute contraindication of pertussis vaccine?

- (A) Diarrhea
- (B) Fever
- (C) Malnutrition
- (D) Convulsions

60. Measles vaccine is kept in refrigerator in:

- (A) Tray below the freezer - Given
- (B) Freezer .
- (C) Chilled tray
- (D) Shelves in the door

61. Extra pyramidal symptoms are a complication of treatment with following drugs :

- (A) Antipsychotics
- (B) Antianxiety drugs
- (C) Antidepressants
- (D) Antimalarial drugs

62. A person, seeing a rope, takes it to be a snake. This condition is called :

- (A) Depersonalization
- (B) Hallucination
- (C) Delusion
- (D) Illusion

63. Loss of touch of reality is the typical sign of :

- (A) Obsessive compulsive neurosis
- (B) Hysteria
- (C) Schizophrenia
- (D) Anxiety neurosis

64. Mania is characterized by :

- (A) Paranoid delusion
- (B) Increased talkativeness
- (C) Loss of insight
- (D) Loss of orientation

65. Type of speech in which one repeats what others have just said :

- (A) Neologism
- (B) Echopraxia
- (C) Echolalia
- (D) Association

66. The therapy which uses a safe environment to meet individual client's treatment needs and where all team members are seen as equally important is :

- (A) Behavior therapy
- (B) Milieu Therapy
- (C) Cognitive therapy
- (D) Reconstructive therapy

67. Histrionic personality is characterized by :

- (A) Overly dramatic and intensely expressive behavior
- (B) Inability to form warm, close social relationships
- (C) Irresponsible and antisocial behavior
- (D) Instability in interpersonal relationships and unstable mood

68. Mr. Ashish is frustrated at work with boss, he goes home and kicks his dog, this is an example of which defense mechanism?

- (A) Denial
- (B) Displacement
- (C) Projection
- (D) Repression

69. The behavior therapy used to treat phobia, anxiety by exposure to increasing increments of a feared stimulus example spider, and elicit a relaxation response is :

- (A) Milieu therapy
- (B) Cognitive therapy
- (C) Desensitization
- (D) Aversion therapy

Series A**MSc_PN**

70. Two nurses are co-leading group therapy for seven clients in the psychiatric unit. The leaders observe that the group members are anxious and look to the leaders for answers. Which phase of development is this group in?

(A) Conflict resolution phase
(B) Initiation phase
(C) Working phase
(D) Termination phase

71. Type I error refers to :

(A) Rejecting H_0 when it is actually true
(B) Accepting H_0 when it is actually false
(C) Concluding no difference when one does exist
(D) Rejecting research hypothesis when H_0 is actually false

72. Find the median of the following data : 160, 180, 200, 280, 300, 320, 400

(A) 180
(B) 140
(C) 300
(D) 280

73. The height of a student is 60 inches. This is an example of ----- .

(A) Qualitative data
(B) Categorical data
(C) Continuous data
(D) Discrete data

74. Questions in which only two alternatives are possible is called :

- (A) Multiple choice questions
- (B) Dichotomous questions
- (C) Open ended questions
- (D) Structured questions

75. A periodical evaluation of an employee is done through ----- .

- (A) Job rotation
- (B) Performance appraisal
- (C) Refresher course
- (D) Work guide

76. Which of the following represent the three components of attitudes?

- (A) Primary, Secondary, and Tertiary
- (B) Knowledge, Practice, and skill
- (C) Cognitive, Affective, and Behavioral
- (D) Cognitive, Value-expressive, and Behavioural

77. The study of the distribution and determinants of health related states or events in specified population is termed as :

- (A) Microbiology
- (B) Pathology
- (C) Vital statistics
- (D) Epidemiology

78. Decentralization of authority and decision making power to accomplish the task is known as :

- (A) Autonomy
- (B) Delegation
- (C) Unity of command
- (D) Accountability

79. ASHA schemes has been started under :

- (A) Government of Delhi
- (B) National rural health mission
- (C) National population policy
- (D) National urban health mission

80. First step of investigation of epidemic is :

- (A) Confirmation of existence
- (B) Verification of diagnosis
- (C) Analysis of data
- (D) Social cultural behavior

81. A client admitted to the mental health unit believes that the food is poisoned. Which communication technique should the nurse use to encourage him to eat?

- (A) Using open ended questions and silence
- (B) Focusing on self-disclosure regarding food preferences
- (C) List the reasons for not eating
- (D) Offer health education about nutrition

82. A 45 year old men was admitted to emergency room with alcohol intoxication. Which of the following intervention by the nurse is most appropriate for this patient?

- (A) Motivate the patient to stop alcoholism
- (B) Counsel the patient on harmful effects of alcoholism
- (C) Use harm minimization principles to counsel the patient
- (D) Decrease in environmental stimuli

83. Pedophilia refers to :

- (A) Desiring sexual activity with young children
- (B) Sexual gratification involving pain
- (C) Sexual gratification with non-living objects
- (D) Obsession of wearing clothes of opposite gender

84. Which of the following behavior modification technique is useful in the treatment of phobias?

- (A) Token economy
- (B) Desensitization therapy
- (C) Modeling
- (D) Positive reinforcement

85. Opioids withdrawal effects may be treated with :

- (A) Hydrocodone
- (B) PCP
- (C) Naloxone
- (D) Clonidine

Series A**MSc_PN**

86. Which of the following information is required by the nurse to make the patient return to pre-crisis level of functioning?
 - (A) Full knowledge regarding the event
 - (B) Social support system
 - (C) Personal strength of the patient
 - (D) Family support system
87. While assessing a patient with generalized anxiety disorder, which among the following is the best indicator of patient's present situation?
 - (A) Behavior
 - (B) Judgment
 - (C) Memory
 - (D) Responsiveness
88. Which of the following would be the most appropriate cognitive intervention for a patient with major depressive disorder?
 - (A) Encourage journaling of underlying feelings
 - (B) Promote active socialization with other patients
 - (C) Role play to increase assertiveness skills
 - (D) Focus on identifying strengths and accomplishments
89. While providing care to a patient with antisocial personality, which of the following intervention is appropriate?
 - (A) Provide an organized and structured environment
 - (B) Focuses on group, not individual therapy
 - (C) Recognizes that the disorder is a form of social withdrawal
 - (D) Withdraw basic privileges until showing positive response to treatment

90. Which of the following is not true about hallucinations?

- (A) It is different from imagery
- (B) It occurs on objective space
- (C) It is always pathological
- (D) It is a disorder of perception

91. A study describing the evolution of nursing education in India would be which type of study :

- (A) Historical
- (B) Phenomenological
- (C) Experimental
- (D) Evaluative

92. A variable presumed to cause a change in another variable is called as :

- (A) Categorical variable
- (B) Dependent variable
- (C) Independent variable
- (D) Intervening variable

93. Selection of sample from every k^{th} from a list is called :

- (A) Stratified sampling
- (B) Cluster sampling
- (C) Systematic sampling
- (D) Purposive sampling

94. Which of the following is not a measure of central tendency?

- (A) Mean
- (B) Median
- (C) Mode
- (D) Standard deviation

95. Which of the following is not an example of probability type sampling?

- (A) Simple random
- (B) Systematic random
- (C) Cluster sampling
- (D) Purposive sampling

96. A patient is admitted to the psychiatric unit with a diagnosis of OCD spends a significant amount of time during the day and night washing his or her hands. On the third hospital day, the patient reports feeling better and more comfortable with the staff and other patients. The psychiatric and mental health nurse knows that the most appropriate nursing intervention is to :

- (A) Acknowledge the ritualistic behavior each time and point out that it is inappropriate.
- (B) Allow the patient to carry out the ritualistic behavior, since it is helping him or her.
- (C) Collaborate with the patient to reduce the amount of time he or she engages in ritualistic behavior.
- (D) Ignore the ritualistic behaviors and the behaviors will be eliminated due to lack of reinforcement.

97. Which factors are associated with the development of post-traumatic stress disorder?

- (A) Anxiety and low self-esteem.
- (B) Distorted and negative cognitive functioning.
- (C) Excess serotonin and nor-epinephrine levels.
- (D) Severity of the stressor and availability of support systems.

98. A patient who was admitted yesterday with an adjustment disorder and depressed mood has not left his or her room. The mental health nurse's most appropriate approach at meal time today is to respond :

- (A) "I will bring your tray to your room, if it will make you more comfortable".
- (B) "I will walk with you to the dining room and sit with you while you eat".
- (C) "Where would you like to eat your meal this noon?"
- (D) "You will feel better if you go to the dining room and eat with the others".

99. After taking an antidepressant for about a week, a patient reports constipation and blurred vision, with no improvement in mood. The nurse informs the patient :

- (A) "It takes approximately two to four weeks for depression to lessen and side effects usually diminish over time".
- (B) "Stop the medication immediately and contact your primary care physician".
- (C) "You should contact your doctor. The doctor may need to change your medication".
- (D) "You should schedule an appointment with your ophthalmologist".

Series A

MSc_PN

100. A school-aged patient with attention-deficit hyperactivity disorder is displaying disruptive behaviors at home. The mental health nurse modifies the treatment plan for the social domain, by advising the patient's parents to :

- (A) Establish eye contact before giving directions.
- (B) Initiate a point system, to reward the patient for appropriate behavior.
- (C) Instruct the patient to work on one homework assignment at a time.
- (D) Maintain a predictable environment in the home.

Space for Rough Work

Space for Rough Work

Answer Key-Booklet -A

Q. No	Answer								
1	B	21	D	41	C	61	A	81	A
2	B	22	B	42	C	62	D	82	D
3	D	23	C	43	B	63	C	83	A
4	D	24	A	44	C	64	B	84	B
5	A	25	D	45	B	65	C	85	D
6	A	26	C	46	B	66	B	86	C
7	A	27	A	47	B	67	A	87	A
8	A	28	A	48	C	68	B	88	D
9	D	29	B	49	C	69	C	89	A
10	C	30	A	50	A	70	B	90	C
11	D	31	A	51	A	71	A	91	A
12	A	32	A	52	C	72	D	92	C
13	B	33	B	53	D	73	C	93	C
14	B	34	B	54	A	74	B	94	D
15	C	35	A	55	A	75	B	95	D
16	A	36	D	56	A	76	C	96	C
17	C	37	A	57	B	77	D	97	D
18	A	38	B	58	A	78	B	98	B
19	C	39	B	59	D	79	B	99	A
20	D	40	B	60	B	80	B	100	B

POST CODE: IHBAS/24-25

Name of Post: M.Sc. PN
Series : B

Test Booklet Serial No.....

PAPER - I
TEST BOOKLET

(Read the instruction carefully before starting to answer)

Time: 2 Hours

No. of Questions: 100

Max Marks: 100

1. Fill up the following information by Blue or Black ball point pen only:

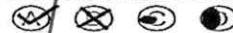
Roll No.:
Name of the Candidate:
Name of Examination Centre:
Date of Examination :
Candidate's Signature :
Signature of Invigilator :

2. Open the seal of the booklet only when instructed to do so.
3. Don't start answering the questions until you are asked to do so.
4. Ensure that there are 100 Questions in the Test Booklet with four responses (A), (B), (C) and (D). Of them only one is correct as the best answer to the question concerned.
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6. Multiple answering of a question will cause the answer to be rejected.
7. Use only **Black or Blue Ball** pen for darkening appropriate circle completely.

For Example : **CORRECT METHOD**



WRONG METHOD



8. Rough work is to be done only on the Test Booklet and not on the answer sheet.
9. You are not allowed to use Mobile Phones or any Electronic Device. **Use of Calculator is not allowed.**
10. Make sure that you do not possess any pages (Blank or Printed) or any unauthorized material. If such material is found in you possession during the examination, you will be disqualified.
11. If you are found copying/helping others, you will be disqualified.
12. At the end of the examination hand over the answer sheet to the invigilator.
13. Do not leave the examination hall until you are asked to do so.
14. No candidate is allowed to leave the examination hall till the completion of examination.
15. The candidates are not allowed to take the Test Booklet with them.
16. Candidates are advised to contact the Examination Superintendent for submission of representation related to examination, if any.
17. Smoking and eatables are not allowed inside the examination hall.

Series B**MSc_PN**

1. Which one of the following is an immediate threat to life during acute anaphylaxis?
 - (A) Hypotension
 - (B) Generalized itching
 - (C) Airway obstruction
 - (D) Tachycardia
2. Which enzyme is found in myocardium only?
 - (A) Troponin I
 - (B) Troponin T
 - (C) Myoglobin
 - (D) Lactate dehydrogenase
3. Nurse's highest priority for a patient who has returned to the nursing unit after left nephrectomy is :
 - (A) Hourly urine output
 - (B) Temperature
 - (C) Able to turn side to side
 - (D) Able to sips clear liquid
4. Which device is used to deliver highest oxygen concentration?
 - (A) Simple oxygen mask
 - (B) Partial non-breather mask
 - (C) Nasal catheter
 - (D) Nasal cannula

Series B**MSc_PN**

5. The nurse is reinforcing medication teaching for a patient. The nurse would include which of the following instructions to a patient receiving a diuretic?
 - (A) Change positions slowly
 - (B) Eliminate salt in your diet
 - (C) Take your medication before bed
 - (D) Empty your bladder after taking the first dose
6. A treatment for a child suffering from thalassemia is :
 - (A) Bone marrow transplantation
 - (B) Chemotherapy
 - (C) Radiation therapy
 - (D) Steroid therapy
7. Low set ears are seen in :
 - (A) Down's syndrome
 - (B) Renal disorder
 - (C) Kwashiorkor
 - (D) Marasmus
8. Surfactant therapy is recommended for :
 - (A) Asphyxia Neonatorum
 - (B) Respiratory distress syndrome
 - (C) Meconium aspiration
 - (D) Ophthalmia neonatorum

9. Iatrogenic infections are infections developed due to :

- (A) Hospital admission
- (B) Therapeutic procedure
- (C) Exposure to affected person
- (D) Low immunity

10. Failure of the new-born to pass meconium within the first 24 hours after birth may indicate which of the following?

- (A) Hirschsprung disease
- (B) Celiac disease
- (C) Intussusception
- (D) Abdominal wall defect

11. A 17-year-old patient with anorexia nervosa has just been released from the hospital. To facilitate recovery at home, the psychiatric-mental health nurse instructs the family to :

- (A) Discourage the patient from sneaking food between meals, by unobtrusively reducing access to the kitchen.
- (B) Encourage the patient's interest in menu planning, food magazines, and cooking lessons, by leaving information and materials around the house.
- (C) Permit the patient to eat meals privately to discourage family preoccupation with meals.
- (D) Recommend that the patient joins in routine family meals and clears the dishes after dinner, even if they do not eat.

12. A short-term goal for a patient with Alzheimer disease is :

- (A) Improved functioning in the least restrictive environment
- (B) Improved problem solving in activities of daily living
- (C) Increased self-esteem and improved self-concept
- (D) Regained sensory perception and cognitive function

13. A client diagnosed with delirium becomes disoriented and confused at night. Which intervention should the nurse implement initially?

- (A) Move the client next to the nurses' station
- (B) Use an indirect light source and turn off the television
- (C) Keep the television and a soft light on during the night
- (D) Play soft music during the night, and maintain a well-lit room

14. Client with schizophrenia receiving antipsychotic medication is moving her mouth, protruding her tongue and grimacing while watching TV. The client is experiencing :

- (A) Tardive dyskinesia
- (B) Parkinsonism
- (C) Hypertensive crisis
- (D) Neuroleptic malignant syndrome

Series B**MSc_PN**

15. The doctor has prescribed haloperidol (Haldol) 2.5 mg. I.M. for an agitated client. The medication is labeled haloperidol 10 mg/2 ml. The nurse prepares the correct dose by drawing up how many milliliters in the syringe?

(A) 0.6
(B) 0.5
(C) 0.4
(D) 0.3

16. Which of the following pre-operative order is the most important order one day prior to the surgery?

(A) Physical examination
(B) Respiratory exercises
(C) Informed consent
(D) Informed family

17. In the recovery room patient is shivering uncontrollably. Which of the following first nursing intervention?

(A) Inform the surgeon
(B) Take temperature of the patient
(C) Provide blanket and continue oxygen
(D) Provide warm intravenous fluid

18. Which of the following is subjective data of nursing assessment?

- (A) Pale skin and moist hands
- (B) Nausea and abdominal pain
- (C) Vomiting, pulse 84/minute
- (D) Respirations 20/minute, blood pressure 120/80 mm Hg

19. Which of the following is most appropriate and safest way to verify the patient's identity before administration of medication?

- (A) Ask the patient's name
- (B) Check the room number and bed number of the patient
- (C) Check the patient's identification band
- (D) State the name of the patient aloud and ask them to repeat

20. Which of the following patients require a sodium restricted diet?

- (A) Patient with inflammatory disease
- (B) Patient with heart failure
- (C) Patient with gastroenteritis
- (D) Patient with fracture

21. Among the following fetal blood vessels, the oxygen content is highest in :

- (A) Umbilical artery
- (B) Ductus Venosus
- (C) Ductus arteriosus
- (D) Pulmonary artery

22. Endometrium of the pregnant uterus is termed as :

- (A) Trophoblast
- (B) Decidua
- (C) Chorion
- (D) Morula

23. An important landmark of the pelvis that determines the station of the fetal head is :

- (A) Pelvic brim
- (B) Ischial tuberosities
- (C) Ischial spines
- (D) Sacrum

24. As compared to cow's milk, human milk has :

- (A) More proteins
- (B) Less carbohydrates
- (C) less protein
- (D) Less vitamins

25. In normal delivery, breast feeding should be started within :

- (A) 1 hour of delivery
- (B) 1 day of delivery
- (C) 4 hrs of delivery
- (D) 6 hrs of delivery

26. A patient with acute psychosis, who is on haloperidol 20 mg/day for last 2 days, has an episode characterized by tongue protrusion, oculogyric crisis, stiffness and abnormal posture of limbs and trunk without loss of consciousness for last 20 minutes before presenting to casualty. This improved within a few minutes after administration of diphenhydramine HCl. The most likely diagnosis is :

(A) Acute dystonia
(B) Akathisia
(C) Tardive dyskinesia
(D) Neuroleptic malignant syndrome

27. All of the following are associated with better prognosis in schizophrenia, except :

(A) Late onset
(B) Married
(C) Negative symptoms
(D) Acute onset

28. All are features of autistic disorders except:

(A) Stereotypic movements
(B) Impairment of social interaction
(C) Delay in speech development
(D) Visual impairment

29. Which one of the following usually differentiates hysterical symptoms from hypochondriacal symptoms :

- (A) Symptoms do not normally reflect understandable physiological or pathological mechanism
- (B) Physical symptoms are prominent which are not explained by organic factors
- (C) Personality traits are significant
- (D) Symptoms run a chronic course

30. A 25 year old female presents with 2 year history of repetitive, irresistible thoughts of contamination with dirt associated with repetitive hand washing. She reports these thoughts to be her own and distressing; but is not able to overcome them along with medications. She is most likely to benefit from which of the following therapies?

- (A) Exposure and response prevention
- (B) Systematic desensitization
- (C) Assertiveness training
- (D) Sensate focusing

31. One night, a child was rushed in an emergency room with the following symptoms: fear of physical contact, apprehensive, bruises all over the body. These are possible signs of :

- (A) Physical abuse
- (B) Fall
- (C) Vehicular accident
- (D) Victim of Neglect

Series B**MSc_PN**

32. A 14-year-old child is brought to the emergency room department for acute asthma attack after a basketball practice, what is the initial assessment a nurse can have in a form of nursing diagnosis?

(A) Activity intolerance
(B) Impaired gas exchange
(C) Ineffective breathing pattern
(D) Altered tissue perfusion

33. Which vaccine is contraindicated during pregnancy?

(A) Rubella
(B) OPV
(C) Tetanus
(D) Influenza

34. What is absolute contraindication of pertussis vaccine?

(A) Diarrhea
(B) Fever
(C) Malnutrition
(D) Convulsions

35. Measles vaccine is kept in refrigerator in:

(A) Tray below the freezer - Given
(B) Freezer
(C) Chilled tray
(D) Shelves in the door

36. Extra pyramidal symptoms are a complication of treatment with following drugs :

- (A) Antipsychotics
- (B) Antianxiety drugs
- (C) Antidepressants
- (D) Antimalarial drugs

37. A person, seeing a rope, takes it to be a snake. This condition is called :

- (A) Depersonalization
- (B) Hallucination
- (C) Delusion
- (D) Illusion

38. Loss of touch of reality is the typical sign of :

- (A) Obsessive compulsive neurosis
- (B) Hysteria
- (C) Schizophrenia
- (D) Anxiety neurosis

39. Mania is characterized by :

- (A) Paranoid delusion
- (B) Increased talkativeness
- (C) Loss of insight
- (D) Loss of orientation

40. Type of speech in which one repeats what others have just said :

- (A) Neologism
- (B) Echopraxia
- (C) Echolalia
- (D) Association

41. The therapy which uses a safe environment to meet individual client's treatment needs and where all team members are seen as equally important is :

- (A) Behavior therapy
- (B) Milieu Therapy
- (C) Cognitive therapy
- (D) Reconstructive therapy

42. Histrionic personality is characterized by :

- (A) Overly dramatic and intensely expressive behavior
- (B) Inability to form warm, close social relationships
- (C) Irresponsible and antisocial behavior
- (D) Instability in interpersonal relationships and unstable mood

43. Mr. Ashish is frustrated at work with boss, he goes home and kicks his dog, this is an example of which defense mechanism?

- (A) Denial
- (B) Displacement
- (C) Projection
- (D) Repression

44. The behavior therapy used to treat phobia, anxiety by exposure to increasing increments of a feared stimulus example spider, and elicit a relaxation response is :

- (A) Milieu therapy
- (B) Cognitive therapy
- (C) Desensitization
- (D) Aversion therapy

45. Two nurses are co-leading group therapy for seven clients in the psychiatric unit. The leaders observe that the group members are anxious and look to the leaders for answers. Which phase of development is this group in?

- (A) Conflict resolution phase
- (B) Initiation phase
- (C) Working phase
- (D) Termination phase

46. Type I error refers to :

- (A) Rejecting H₀ when it is actually true
- (B) Accepting H₀ when it is actually false
- (C) Concluding no difference when one does exist
- (D) Rejecting research hypothesis when H₀ is actually false

47. Find the median of the following data : 160, 180, 200, 280, 300, 320, 400

- (A) 180
- (B) 140
- (C) 300
- (D) 280

48. The height of a student is 60 inches. This is an example of ----- .

- (A) Qualitative data
- (B) Categorical data
- (C) Continuous data
- (D) Discrete data

49. Questions in which only two alternatives are possible is called :

- (A) Multiple choice questions
- (B) Dichotomous questions
- (C) Open ended questions
- (D) Structured questions

50. A periodical evaluation of an employee is done through ----- .

- (A) Job rotation
- (B) Performance appraisal
- (C) Refresher course
- (D) Work guide

51. Which of the following represent the three components of attitudes?

- (A) Primary, Secondary, and Tertiary
- (B) Knowledge, Practice, and skill
- (C) Cognitive, Affective, and Behavioral
- (D) Cognitive, Value-expressive, and Behavioural

52. The study of the distribution and determinants of health related states or events in specified population is termed as :

- (A) Microbiology
- (B) Pathology
- (C) Vital statistics
- (D) Epidemiology

53. Decentralization of authority and decision making power to accomplish the task is known as :

- (A) Autonomy
- (B) Delegation
- (C) Unity of command
- (D) Accountability

54. ASHA schemes has been started under :

- (A) Government of Delhi
- (B) National rural health mission
- (C) National population policy
- (D) National urban health mission

55. First step of investigation of epidemic is :

- (A) Confirmation of existence
- (B) Verification of diagnosis
- (C) Analysis of data
- (D) Social cultural behavior

Series B**MSc_PN**

56. A client admitted to the mental health unit believes that the food is poisoned. Which communication technique should the nurse use to encourage him to eat?

(A) Using open ended questions and silence
(B) Focusing on self-disclosure regarding food preferences
(C) List the reasons for not eating
(D) Offer health education about nutrition

57. A 45 year old men was admitted to emergency room with alcohol intoxication. Which of the following intervention by the nurse is most appropriate for this patient?

(A) Motivate the patient to stop alcoholism
(B) Counsel the patient on harmful effects of alcoholism
(C) Use harm minimization principles to counsel the patient
(D) Decrease in environmental stimuli

58. Pedophilia refers to :

(A) Desiring sexual activity with young children
(B) Sexual gratification involving pain
(C) Sexual gratification with non-living objects
(D) Obsession of wearing clothes of opposite gender

Series B**MSc_PN**

59. Which of the following behavior modification technique is useful in the treatment of phobias?

- (A) Token economy
- (B) Desensitization therapy
- (C) Modeling
- (D) Positive reinforcement

60. Opioids withdrawal effects may be treated with :

- (A) Hydrocodone
- (B) PCP
- (C) Naloxone
- (D) Clonidine

61. Which of the following information is required by the nurse to make the patient return to pre-crisis level of functioning?

- (A) Full knowledge regarding the event
- (B) Social support system
- (C) Personal strength of the patient
- (D) Family support system

62. While assessing a patient with generalized anxiety disorder, which among the following is the best indicator of patient's present situation?

- (A) Behavior
- (B) Judgment
- (C) Memory
- (D) Responsiveness

63. Which of the following would be the most appropriate cognitive intervention for a patient with major depressive disorder?

- (A) Encourage journaling of underlying feelings
- (B) Promote active socialization with other patients
- (C) Role play to increase assertiveness skills
- (D) Focus on identifying strengths and accomplishments

64. While providing care to a patient with antisocial personality, which of the following intervention is appropriate?

- (A) Provide an organized and structured environment
- (B) Focuses on group, not individual therapy
- (C) Recognizes that the disorder is a form of social withdrawal
- (D) Withdraw basic privileges until showing positive response to treatment

65. Which of the following is not true about hallucinations?

- (A) It is different from imagery
- (B) It occurs on objective space
- (C) It is always pathological
- (D) It is a disorder of perception

66. A study describing the evolution of nursing education in India would be which type of study :

- (A) Historical
- (B) Phenomenological
- (C) Experimental
- (D) Evaluative

67. A variable presumed to cause a change in another variable is called as :

- (A) Categorical variable
- (B) Dependent variable
- (C) Independent variable
- (D) Intervening variable

68. Selection of sample from every k^{th} from a list is called :

- (A) Stratified sampling
- (B) Cluster sampling
- (C) Systematic sampling
- (D) Purposive sampling

69. Which of the following is not a measure of central tendency?

- (A) Mean
- (B) Median
- (C) Mode
- (D) Standard deviation

70. Which of the following is not an example of probability type sampling?

- (A) Simple random
- (B) Systematic random
- (C) Cluster sampling
- (D) Purposive sampling

Series B**MSc_PN**

71. A patient is admitted to the psychiatric unit with a diagnosis of OCD spends a significant amount of time during the day and night washing his or her hands. On the third hospital day, the patient reports feeling better and more comfortable with the staff and other patients. The psychiatric and mental health nurse knows that the most appropriate nursing intervention is to :

- (A) Acknowledge the ritualistic behavior each time and point out that it is inappropriate.
- (B) Allow the patient to carry out the ritualistic behavior, since it is helping him or her.
- (C) Collaborate with the patient to reduce the amount of time he or she engages in ritualistic behavior.
- (D) Ignore the ritualistic behaviors and the behaviors will be eliminated due to lack of reinforcement.

72. Which factors are associated with the development of post-traumatic stress disorder?

- (A) Anxiety and low self-esteem.
- (B) Distorted and negative cognitive functioning.
- (C) Excess serotonin and nor-epinephrine levels.
- (D) Severity of the stressor and availability of support systems.

73. A patient who was admitted yesterday with an adjustment disorder and depressed mood has not left his or her room. The mental health nurse's most appropriate approach at meal time today is to respond :

- (A) "I will bring your tray to your room, if it will make you more comfortable".
- (B) "I will walk with you to the dining room and sit with you while you eat".
- (C) "Where would you like to eat your meal this noon?"
- (D) "You will feel better if you go to the dining room and eat with the others".

74. After taking an antidepressant for about a week, a patient reports constipation and blurred vision, with no improvement in mood. The nurse informs the patient :

- (A) "It takes approximately two to four weeks for depression to lessen and side effects usually diminish over time".
- (B) "Stop the medication immediately and contact your primary care physician".
- (C) "You should contact your doctor. The doctor may need to change your medication".
- (D) "You should schedule an appointment with your ophthalmologist".

75. A school-aged patient with attention-deficit hyperactivity disorder is displaying disruptive behaviors at home. The mental health nurse modifies the treatment plan for the social domain, by advising the patient's parents to :

- (A) Establish eye contact before giving directions.
- (B) Initiate a point system, to reward the patient for appropriate behavior.
- (C) Instruct the patient to work on one homework assignment at a time.
- (D) Maintain a predictable environment in the home.

76. Commonest site for lumbar puncture in adult is :

- (A) Between L₅ & S₁ vertebra
- (B) Between L₃ & L₄ vertebra
- (C) Between C₂ & C₃ vertebra
- (D) Between T₉ & T₁₀ vertebra

77. Self-monitoring of blood glucose for diabetic clients is on what level of prevention?

- (A) Primary
- (B) Secondary
- (C) Tertiary
- (D) None of the above

78. An old woman was hit by motor cycle while crossing road as a nurse the first intervention that she will do is :

- (A) Immobilize the leg
- (B) Call for help
- (C) Reduce the fracture manually
- (D) Move the person to a safer place

79. Which of the statement by the client to the nurse indicates a risk factor for CAD?

- (A) I exercise every other day
- (B) My father died of Myasthenia Gravis
- (C) My cholesterol is 180
- (D) I smoke 2 packs of cigarettes per day

80. Commonest cause of blindness in India is :

- (A) Cataract
- (B) Trauma
- (C) Trachoma
- (D) Vitamin A deficiency

81. A disorder characterized by episodes of mania and depression with periods of normal mood and activity in between is :

- (A) Bipolar disorder
- (B) Schizophrenia
- (C) Hypochondriasis
- (D) Obsessive Compulsive disorder

82. The crime of having sexual intercourse with a parent, child, sibling or grandchild is :

- (A) Incest
- (B) Transvestism
- (C) Dyspareunia
- (D) Sadism

83. Language disturbance in understanding and expressing spoken words is :

- (A) Aphasia
- (B) Agnosia
- (C) Apraxia
- (D) Amnesia

84. Mr X believes that he is the most powerful and important person in the world, this is an example of :

- (A) Delusion of perception
- (B) Delusion of Jealousy
- (C) Delusion of persecution
- (D) Delusion of grandiosity

85. Having one's arms or legs placed in a certain position and holding that same position for hours is :

- (A) Echopraxia
- (B) Echolalia
- (C) Waxy flexibility
- (D) Circumstantiality

86. The day following a below the knee amputation, the patient complains of toes cramping in the amputated foot. What should the nurse realize the patient is experiencing?

- (A) Contractures
- (B) Attention seeking
- (C) Chronic stump apin
- (D) Phantom limb sensation

87. The nurse is providing discharge teaching to a patient with a fractured rib. What should the nurse instruct the patient to do?

- (A) Use a small pillow to splint the area when coughing
- (B) Avoid using pain medications to prevent respiratory depression
- (C) Remain on bed rest for a week to allow the fracture to stabilize
- (D) Use elastic roller bandages to stabilize the chest wall and promote comfort

Series B**MSc_PN**

88. Following a kidney transplant, the nurse notes that a patient's urine is cloudy. What should the nurse do about this finding?

(A) Record the finding
(B) Notify the physician
(C) Irrigate the urinary catheter
(D) Increase the intravenous flow rate

89. The nurse is planning care for a patient with cirrhosis. For which condition would the nurse place the patient on bleeding precautions?

(A) Encephalopathy
(B) Low vitamin K
(C) Elevated liver enzymes
(D) Hepatorenal syndrome

90. Which hormone is secreted by Islets of Langerhans?

(A) Progesterone
(B) Testosterone
(C) Insulin
(D) Hemoglobin

91. Bleeding from the nose is known as :

- (A) Epistaxis
- (B) Hemoptysis
- (C) Hematemesis
- (D) Hematuria

92. Kaposi's sarcoma is associated with :

- (A) Human papilloma virus
- (B) Human T cell lymphotropic virus type (HTLV-I)
- (C) Human Herpes Virus
- (D) Epstein Barr Virus

93. The normal pulmonary artery pressure is :

- (A) <20 mmHg
- (B) 25-30 mmHg
- (C) 30-35 mmHg
- (D) 35-40 mmHg

94. Bleeding gums is a feature of which Vitamin deficiency :

- (A) Vitamin A
- (B) Vitamin B¹²
- (C) Vitamin C
- (D) Vitamin D

95. Stiffening of the body after death is :

- (A) Keloid
- (B) Contracture
- (C) Post-mortem
- (D) Rigor mortis

96. An example of displacement is :

- (A) Imaginative activity to escape reality
- (B) Ignoring unpleasant aspects of reality
- (C) Resisting any demands made by others
- (D) Pent-up emotions directed to other than the primary source

97. An important aspect of teaching for any client receiving a monoamine oxidase inhibitor such as tranylcypromine sulfate should be that :

- (A) Drowsiness is an expected side effect of this medication
- (B) Clients taking this type of medication have special dietary restrictions
- (C) The therapeutic level and the toxic level of these drugs are very close
- (D) It is necessary for these clients to wear a hat outdoors and avoid the sun

98. Compulsive symptoms such as using paper towels to open doors develop because the patient is :

- (A) Consciously using this method to punish himself
- (B) Listening to voices that tell them the door knobs are unclean
- (C) Unconsciously controlling unacceptable impulses or feelings
- (D) Fulfilling a need to punish others by carrying out an annoying Procedure

99. Language disturbance in understanding and expressing spoken words is :

- (A) Aphasia
- (B) Agnosia
- (C) Apraxia
- (D) Amnesia

100. Excessive sexual desire in women is termed as :

- (A) Satyriasis
- (B) Frigidity
- (C) Vaginismus
- (D) Nymphomania

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Space for Rough Work

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Answer Key-Booklet -B

Q. No	Answer								
1	C	21	B	41	B	61	C	81	A
2	A	22	B	42	A	62	A	82	A
3	A	23	C	43	B	63	D	83	A
4	B	24	C	44	C	64	A	84	D
5	A	25	A	45	B	65	C	85	C
6	A	26	A	46	A	66	A	86	D
7	A	27	C	47	D	67	C	87	A
8	B	28	D	48	C	68	C	88	B
9	B	29	A	49	B	69	D	89	B
10	A	30	A	50	B	70	D	90	C
11	D	31	A	51	C	71	C	91	A
12	A	32	B	52	D	72	D	92	C
13	B	33	A	53	B	73	B	93	A
14	B	34	D	54	B	74	A	94	C
15	B	35	B	55	B	75	B	95	D
16	C	36	A	56	A	76	B	96	D
17	C	37	D	57	D	77	B	97	B
18	B	38	C	58	A	78	D	98	C
19	C	39	B	59	B	79	D	99	A
20	B	40	C	60	D	80	A	100	D

POST CODE: IHBAS/24-25

Name of Post: M.Sc. PN

Series : C

Test Booklet Serial No.....

PAPER - I
TEST BOOKLET

(Read the instruction carefully before starting to answer)

Time: 2 Hours

No. of Questions: 100

Max Marks: 100

1. Fill up the following information by Blue or Black ball point pen only:

Roll No.:

Name of the Candidate:

Name of Examination Centre:

Date of Examination :

Candidate's Signature :

Signature of Invigilator :

2. Open the seal of the booklet only when instructed to do so.

3. Don't start answering the questions until you are asked to do so.

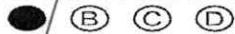
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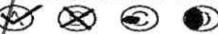
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16. Candidates are advised to contact the Examination Superintendent for submission of representation related to examination, if any.

17. Smoking and eatables are not allowed inside the examination hall.

1. A patient with acute psychosis, who is on haloperidol 20 mg/day for last 2 days, has an episode characterized by tongue protrusion, oculogyric crisis, stiffness and abnormal posture of limbs and trunk without loss of consciousness for last 20 minutes before presenting to casualty. This improved within a few minutes after administration of diphenhydramine HCl. The most likely diagnosis is :
 - (A) Acute dystonia
 - (B) Akathisia
 - (C) Tardive dyskinesia
 - (D) Neuroleptic malignant syndrome
2. All of the following are associated with better prognosis in schizophrenia, except :
 - (A) Late onset
 - (B) Married
 - (C) Negative symptoms
 - (D) Acute onset
3. All are features of autistic disorders except:
 - (A) Stereotypic movements
 - (B) Impairment of social interaction
 - (C) Delay in speech development
 - (D) Visual impairment

4. Which one of the following usually differentiates hysterical symptoms from hypochondriacal symptoms :

- (A) Symptoms do not normally reflect understandable physiological or pathological mechanism
- (B) Physical symptoms are prominent which are not explained by organic factors
- (C) Personality traits are significant
- (D) Symptoms run a chronic course

5. A 25 year old female presents with 2 year history of repetitive, irresistible thoughts of contamination with dirt associated with repetitive hand washing. She reports these thoughts to be her own and distressing; but is not able to overcome them along with medications. She is most likely to benefit from which of the following therapies?

- (A) Exposure and response prevention
- (B) Systematic desensitization
- (C) Assertiveness training
- (D) Sensate focusing

6. One night, a child was rushed in an emergency room with the following symptoms: fear of physical contact, apprehensive, bruises all over the body. These are possible signs of :

- (A) Physical abuse
- (B) Fall
- (C) Vehicular accident
- (D) Victim of Neglect

7. A 14-year-old child is brought to the emergency room department for acute asthma attack after a basketball practice, what is the initial assessment a nurse can have in a form of nursing diagnosis?
 - (A) Activity intolerance
 - (B) Impaired gas exchange
 - (C) Ineffective breathing pattern
 - (D) Altered tissue perfusion
8. Which vaccine is contraindicated during pregnancy?
 - (A) Rubella
 - (B) OPV
 - (C) Tetanus
 - (D) Influenza
9. What is absolute contraindication of pertussis vaccine?
 - (A) Diarrhea
 - (B) Fever
 - (C) Malnutrition
 - (D) Convulsions
10. Measles vaccine is kept in refrigerator in:
 - (A) Tray below the freezer - Given
 - (B) Freezer
 - (C) Chilled tray
 - (D) Shelves in the door

11. Extra pyramidal symptoms are a complication of treatment with following drugs :

- (A) Antipsychotics
- (B) Antianxiety drugs
- (C) Antidepressants
- (D) Antimalarial drugs

12. A person, seeing a rope, takes it to be a snake. This condition is called :

- (A) Depersonalization
- (B) Hallucination
- (C) Delusion
- (D) Illusion

13. Loss of touch of reality is the typical sign of :

- (A) Obsessive compulsive neurosis
- (B) Hysteria
- (C) Schizophrenia
- (D) Anxiety neurosis

14. Mania is characterized by :

- (A) Paranoid delusion
- (B) Increased talkativeness
- (C) Loss of insight
- (D) Loss of orientation

15. Type of speech in which one repeats what others have just said :

- (A) Neologism
- (B) Echopraxia
- (C) Echolalia
- (D) Association

16. The therapy which uses a safe environment to meet individual client's treatment needs and where all team members are seen as equally important is :

- (A) Behavior therapy
- (B) Milieu Therapy
- (C) Cognitive therapy
- (D) Reconstructive therapy

17. Histrionic personality is characterized by :

- (A) Overly dramatic and intensely expressive behavior
- (B) Inability to form warm, close social relationships
- (C) Irresponsible and antisocial behavior
- (D) Instability in interpersonal relationships and unstable mood

18. Mr. Ashish is frustrated at work with boss, he goes home and kicks his dog, this is an example of which defense mechanism?

- (A) Denial
- (B) Displacement
- (C) Projection
- (D) Repression

Series C**MSc_PN**

19. The behavior therapy used to treat phobia, anxiety by exposure to increasing increments of a feared stimulus example spider, and elicit a relaxation response is :

(A) Milieu therapy
(B) Cognitive therapy
(C) Desensitization
(D) Aversion therapy

20. Two nurses are co-leading group therapy for seven clients in the psychiatric unit. The leaders observe that the group members are anxious and look to the leaders for answers. Which phase of development is this group in?

(A) Conflict resolution phase
(B) Initiation phase
(C) Working phase
(D) Termination phase

21. Type I error refers to :

(A) Rejecting H_0 when it is actually true
(B) Accepting H_0 when it is actually false
(C) Concluding no difference when one does exist
(D) Rejecting research hypothesis when H_0 is actually false

22. Find the median of the following data : 160, 180, 200, 280, 300, 320, 400

(A) 180
(B) 140
(C) 300
(D) 280

23. The height of a student is 60 inches. This is an example of -----.

- (A) Qualitative data
- (B) Categorical data
- (C) Continuous data
- (D) Discrete data

24. Questions in which only two alternatives are possible is called :

- (A) Multiple choice questions
- (B) Dichotomous questions
- (C) Open ended questions
- (D) Structured questions

25. A periodical evaluation of an employee is done through -----.

- (A) Job rotation
- (B) Performance appraisal
- (C) Refresher course
- (D) Work guide

26. Which of the following represent the three components of attitudes?

- (A) Primary, Secondary, and Tertiary
- (B) Knowledge, Practice, and skill
- (C) Cognitive, Affective, and Behavioral
- (D) Cognitive, Value-expressive, and Behavioural

27. The study of the distribution and determinants of health related states or events in specified population is termed as :

- (A) Microbiology
- (B) Pathology
- (C) Vital statistics
- (D) Epidemiology

28. Decentralization of authority and decision making power to accomplish the task is known as :

- (A) Autonomy
- (B) Delegation
- (C) Unity of command
- (D) Accountability

29. ASHA schemes has been started under :

- (A) Government of Delhi
- (B) National rural health mission
- (C) National population policy
- (D) National urban health mission

30. First step of investigation of epidemic is :

- (A) Confirmation of existence
- (B) Verification of diagnosis
- (C) Analysis of data
- (D) Social cultural behavior

31. A client admitted to the mental health unit believes that the food is poisoned. Which communication technique should the nurse use to encourage him to eat?

(A) Using open ended questions and silence
(B) Focusing on self-disclosure regarding food preferences
(C) List the reasons for not eating
(D) Offer health education about nutrition

32. A 45 year old men was admitted to emergency room with alcohol intoxication. Which of the following intervention by the nurse is most appropriate for this patient?

(A) Motivate the patient to stop alcoholism
(B) Counsel the patient on harmful effects of alcoholism
(C) Use harm minimization principles to counsel the patient
(D) Decrease in environmental stimuli

33. Pedophilia refers to :

(A) Desiring sexual activity with young children
(B) Sexual gratification involving pain
(C) Sexual gratification with non-living objects
(D) Obsession of wearing clothes of opposite gender

34. Which of the following behavior modification technique is useful in the treatment of phobias?

- (A) Token economy
- (B) Desensitization therapy
- (C) Modeling
- (D) Positive reinforcement

35. Opioids withdrawal effects may be treated with :

- (A) Hydrocodone
- (B) PCP
- (C) Naloxone
- (D) Clonidine

36. Which of the following information is required by the nurse to make the patient return to pre-crisis level of functioning?

- (A) Full knowledge regarding the event
- (B) Social support system
- (C) Personal strength of the patient
- (D) Family support system

37. While assessing a patient with generalized anxiety disorder, which among the following is the best indicator of patient's present situation?

- (A) Behavior
- (B) Judgment
- (C) Memory
- (D) Responsiveness

38. Which of the following would be the most appropriate cognitive intervention for a patient with major depressive disorder?

- (A) Encourage journaling of underlying feelings
- (B) Promote active socialization with other patients
- (C) Role play to increase assertiveness skills
- (D) Focus on identifying strengths and accomplishments

39. While providing care to a patient with antisocial personality, which of the following intervention is appropriate?

- (A) Provide an organized and structured environment
- (B) Focuses on group, not individual therapy
- (C) Recognizes that the disorder is a form of social withdrawal
- (D) Withdraw basic privileges until showing positive response to treatment

40. Which of the following is not true about hallucinations?

- (A) It is different from imagery
- (B) It occurs on objective space
- (C) It is always pathological
- (D) It is a disorder of perception

41. A study describing the evolution of nursing education in India would be which type of study :

- (A) Historical
- (B) Phenomenological
- (C) Experimental
- (D) Evaluative

42. A variable presumed to cause a change in another variable is called as :

- (A) Categorical variable
- (B) Dependent variable
- (C) Independent variable
- (D) Intervening variable

43. Selection of sample from every k^{th} from a list is called :

- (A) Stratified sampling
- (B) Cluster sampling
- (C) Systematic sampling
- (D) Purposive sampling

44. Which of the following is not a measure of central tendency?

- (A) Mean
- (B) Median
- (C) Mode
- (D) Standard deviation

45. Which of the following is not an example of probability type sampling?

- (A) Simple random
- (B) Systematic random
- (C) Cluster sampling
- (D) Purposive sampling

46. A patient is admitted to the psychiatric unit with a diagnosis of OCD spends a significant amount of time during the day and night washing his or her hands. On the third hospital day, the patient reports feeling better and more comfortable with the staff and other patients. The psychiatric and mental health nurse knows that the most appropriate nursing intervention is to :

- (A) Acknowledge the ritualistic behavior each time and point out that it is inappropriate.
- (B) Allow the patient to carry out the ritualistic behavior, since it is helping him or her.
- (C) Collaborate with the patient to reduce the amount of time he or she engages in ritualistic behavior.
- (D) Ignore the ritualistic behaviors and the behaviors will be eliminated due to lack of reinforcement.

47. Which factors are associated with the development of post-traumatic stress disorder?

- (A) Anxiety and low self-esteem.
- (B) Distorted and negative cognitive functioning.
- (C) Excess serotonin and nor-epinephrine levels.
- (D) Severity of the stressor and availability of support systems.

48. A patient who was admitted yesterday with an adjustment disorder and depressed mood has not left his or her room. The mental health nurse's most appropriate approach at meal time today is to respond :

- (A) "I will bring your tray to your room, if it will make you more comfortable".
- (B) "I will walk with you to the dining room and sit with you while you eat".
- (C) "Where would you like to eat your meal this noon?"
- (D) "You will feel better if you go to the dining room and eat with the others".

49. After taking an antidepressant for about a week, a patient reports constipation and blurred vision, with no improvement in mood. The nurse informs the patient :

(A) "It takes approximately two to four weeks for depression to lessen and side effects usually diminish over time".

(B) "Stop the medication immediately and contact your primary care physician".

(C) "You should contact your doctor. The doctor may need to change your medication".

(D) "You should schedule an appointment with your ophthalmologist".

50. A school-aged patient with attention-deficit hyperactivity disorder is displaying disruptive behaviors at home. The mental health nurse modifies the treatment plan for the social domain, by advising the patient's parents to :

(A) Establish eye contact before giving directions.

(B) Initiate a point system, to reward the patient for appropriate behavior.

(C) Instruct the patient to work on one homework assignment at a time.

(D) Maintain a predictable environment in the home.

51. Commonest site for lumbar puncture in adult is :

(A) Between L₅ & S₁ vertebra

(B) Between L₃ & L₄ vertebra

(C) Between C₂ & C₃ vertebra

(D) Between T₉ & T₁₀ vertebra

Series C**MSc_PN**

52. Self-monitoring of blood glucose for diabetic clients is on what level of prevention?

(A) Primary
(B) Secondary
(C) Tertiary
(D) None of the above

53. An old woman was hit by motor cycle while crossing road as a nurse the first intervention that she will do is :

(A) Immobilize the leg
(B) Call for help
(C) Reduce the fracture manually
(D) Move the person to a safer place

54. Which of the statement by the client to the nurse indicates a risk factor for CAD?

(A) I exercise every other day
(B) My father died of Myasthenia Gravis
(C) My cholesterol is 180
(D) I smoke 2 packs of cigarettes per day

55. Commonest cause of blindness in India is :

(A) Cataract
(B) Trauma
(C) Trachoma
(D) Vitamin A deficiency

56. A disorder characterized by episodes of mania and depression with periods of normal mood and activity in between is :

- (A) Bipolar disorder
- (B) Schizophrenia
- (C) Hypochondriasis
- (D) Obsessive Compulsive disorder

57. The crime of having sexual intercourse with a parent, child, sibling or grandchild is :

- (A) Incest
- (B) Transvestism
- (C) Dyspareunia
- (D) Sadism

58. Language disturbance in understanding and expressing spoken words is :

- (A) Aphasia
- (B) Agnosia
- (C) Apraxia
- (D) Amnesia

59. Mr X believes that he is the most powerful and important person in the world, this is an example of :

- (A) Delusion of perception
- (B) Delusion of Jealousy
- (C) Delusion of persecution
- (D) Delusion of grandiosity

Series C**MSc_PN**

60. Having one's arms or legs placed in a certain position and holding that same position for hours is :

- (A) Echopraxia
- (B) Echolalia
- (C) Waxy flexibility
- (D) Circumstantiality

61. The day following a below the knee amputation, the patient complains of toes cramping in the amputated foot. What should the nurse realize the patient is experiencing?

- (A) Contractures
- (B) Attention seeking
- (C) Chronic stump apin
- (D) Phantom limb sensation

62. The nurse is providing discharge teaching to a patient with a fractured rib. What should the nurse instruct the patient to do?

- (A) Use a small pillow to splint the area when coughing
- (B) Avoid using pain medications to prevent respiratory depression
- (C) Remain on bed rest for a week to allow the fracture to stabilize
- (D) Use elastic roller bandages to stabilize the chest wall and promote comfort

Series C**MSc_PN**

63. Following a kidney transplant, the nurse notes that a patient's urine is cloudy. What should the nurse do about this finding?

- (A) Record the finding
- (B) Notify the physician
- (C) Irrigate the urinary catheter
- (D) Increase the intravenous flow rate

64. The nurse is planning care for a patient with cirrhosis. For which condition would the nurse place the patient on bleeding precautions?

- (A) Encephalopathy
- (B) Low vitamin K
- (C) Elevated liver enzymes
- (D) Hepatorenal syndrome

65. Which hormone is secreted by Islets of Langerhans?

- (A) Progesterone
- (B) Testosterone
- (C) Insulin
- (D) Hemoglobin

66. Bleeding from the nose is known as :

- (A) Epistaxis
- (B) Hemoptysis
- (C) Hematemesis
- (D) Hematuria

67. Kaposi's sarcoma is associated with :

- (A) Human papilloma virus
- (B) Human T cell lymphotrophic virus type (HTLV-I)
- (C) Human Herpes Virus
- (D) Epstein Barr Virus

68. The normal pulmonary artery pressure is :

- (A) <20 mmHg
- (B) 25-30 mmHg
- (C) 30-35 mmHg
- (D) 35-40 mmHg

69. Bleeding gums is a feature of which Vitamin deficiency :

- (A) Vitamin A
- (B) Vitamin B¹²
- (C) Vitamin C
- (D) Vitamin D

70. Stiffening of the body after death is :

- (A) Keloid
- (B) Contracture
- (C) Post-mortem
- (D) Rigor mortis

71. An example of displacement is :

- (A) Imaginative activity to escape reality
- (B) Ignoring unpleasant aspects of reality
- (C) Resisting any demands made by others
- (D) Pent-up emotions directed to other than the primary source

72. An important aspect of teaching for any client receiving a monoamine oxidase inhibitor such as tranylcypromine sulfate should be that :

- (A) Drowsiness is an expected side effect of this medication
- (B) Clients taking this type of medication have special dietary restrictions
- (C) The therapeutic level and the toxic level of these drugs are very close
- (D) It is necessary for these clients to wear a hat outdoors and avoid the sun

73. Compulsive symptoms such as using paper towels to open doors develop because the patient is :

- (A) Consciously using this method to punish himself
- (B) Listening to voices that tell them the door knobs are unclean
- (C) Unconsciously controlling unacceptable impulses or feelings
- (D) Fulfilling a need to punish others by carrying out an annoying Procedure

74. Language disturbance in understanding and expressing spoken words is :

- (A) Aphasia
- (B) Agnosia
- (C) Apraxia
- (D) Amnesia

75. Excessive sexual desire in women is termed as :

- (A) Satyriasis
- (B) Frigidity
- (C) Vaginismus
- (D) Nymphomania

76. Which one of the following is an immediate threat to life during acute anaphylaxis?

- (A) Hypotension
- (B) Generalized itching
- (C) Airway obstruction
- (D) Tachycardia

77. Which enzyme is found in myocardium only?

- (A) Troponin I
- (B) Troponin T
- (C) Myoglobin
- (D) Lactate dehydrogenase

78. Nurse's highest priority for a patient who has returned to the nursing unit after left nephrectomy is :

- (A) Hourly urine output
- (B) Temperature
- (C) Able to turn side to side
- (D) Able to sips clear liquid

79. Which device is used to deliver highest oxygen concentration?

- (A) Simple oxygen mask
- (B) Partial non-breather mask
- (C) Nasal catheter
- (D) Nasal cannula

80. The nurse is reinforcing medication teaching for a patient. The nurse would include which of the following instructions to a patient receiving a diuretic?

- (A) Change positions slowly
- (B) Eliminate salt in your diet
- (C) Take your medication before bed
- (D) Empty your bladder after taking the first dose

81. A treatment for a child suffering from thalassemia is :

- (A) Bone marrow transplantation
- (B) Chemotherapy
- (C) Radiation therapy
- (D) Steroid therapy

82. Low set ears are seen in :

- (A) Down's syndrome
- (B) Renal disorder
- (C) Kwashiorkor
- (D) Marasmus

83. Surfactant therapy is recommended for :

- (A) Asphyxia Neonatorum
- (B) Respiratory distress syndrome
- (C) Meconium aspiration
- (D) Ophthalmia neonatorum

84. Iatrogenic infections are infections developed due to :

- (A) Hospital admission
- (B) Therapeutic procedure
- (C) Exposure to affected person
- (D) Low immunity

85. Failure of the new-born to pass meconium within the first 24 hours after birth may indicate which of the following?

- (A) Hirschsprung disease
- (B) Celiac disease
- (C) Intussusceptions
- (D) Abdominal wall defect

86. A 17-year-old patient with anorexia nervosa has just been released from the hospital. To facilitate recovery at home, the psychiatric-mental health nurse instructs the family to :

- (A) Discourage the patient from sneaking food between meals, by unobtrusively reducing access to the kitchen.
- (B) Encourage the patient's interest in menu planning, food magazines, and cooking lessons, by leaving information and materials around the house.
- (C) Permit the patient to eat meals privately to discourage family preoccupation with meals.
- (D) Recommend that the patient joins in routine family meals and clears the dishes after dinner, even if they do not eat.

87. A short-term goal for a patient with Alzheimer disease is :

- (A) Improved functioning in the least restrictive environment
- (B) Improved problem solving in activities of daily living
- (C) Increased self-esteem and improved self-concept
- (D) Regained sensory perception and cognitive function

88. A client diagnosed with delirium becomes disoriented and confused at night. Which intervention should the nurse implement initially?

- (A) Move the client next to the nurses' station
- (B) Use an indirect light source and turn off the television
- (C) Keep the television and a soft light on during the night
- (D) Play soft music during the night, and maintain a well-lit room

Series C**MSc_PN**

89. Client with schizophrenia receiving antipsychotic medication is moving her mouth, protruding her tongue and grimacing while watching TV. The client is experiencing :

- (A) Tardive dyskinesia
- (B) Parkinsonism
- (C) Hypertensive crisis
- (D) Neuroleptic malignant syndrome

90. The doctor has prescribed haloperidol (Haldol) 2.5 mg. I.M. for an agitated client. The medication is labeled haloperidol 10 mg/2 ml. The nurse prepares the correct dose by drawing up how many milliliters in the syringe?

- (A) 0.6
- (B) 0.5
- (C) 0.4
- (D) 0.3

91. Which of the following pre-operative order is the most important order one day prior to the surgery?

- (A) Physical examination
- (B) Respiratory exercises
- (C) Informed consent
- (D) Informed family

92. In the recovery room patient is shivering uncontrollably. Which of the following first nursing intervention?

- (A) Inform the surgeon
- (B) Take temperature of the patient
- (C) Provide blanket and continue oxygen
- (D) Provide warm intravenous fluid

93. Which of the following is subjective data of nursing assessment?

- (A) Pale skin and moist hands
- (B) Nausea and abdominal pain
- (C) Vomiting, pulse 84/minute
- (D) Respirations 20/minute, blood pressure 120/80 mm Hg

94. Which of the following is most appropriate and safest way to verify the patient's identity before administration of medication?

- (A) Ask the patient's name
- (B) Check the room number and bed number of the patient
- (C) Check the patient's identification band
- (D) State the name of the patient aloud and ask them to repeat

95. Which of the following patients require a sodium restricted diet?

- (A) Patient with inflammatory disease
- (B) Patient with heart failure
- (C) Patient with gastroenteritis
- (D) Patient with fracture

96. Among the following fetal blood vessels, the oxygen content is highest in :

- (A) Umbilical artery
- (B) Ductus Venosus
- (C) Ductus arteriosus
- (D) Pulmonary artery

97. Endometrium of the pregnant uterus is termed as :

- (A) Trophoblast
- (B) Decidua
- (C) Chorion
- (D) Morula

98. An important landmark of the pelvis that determines the station of the fetal head is :

- (A) Pelvic brim
- (B) Ischial tuberosities
- (C) Ischial spines
- (D) Sacrum

99. As compared to cow's milk, human milk has :

- (A) More proteins
- (B) Less carbohydrates
- (C) less protein
- (D) Less vitamins

100. In normal delivery, breast feeding should be started within :

- (A) 1 hour of delivery
- (B) 1 day of delivery
- (C) 4 hrs of delivery
- (D) 6 hrs of delivery

Space for Rough Work

Space for Rough Work

Answer Key-Booklet -C

Q. No	Answer								
1	A	21	A	41	A	61	D	81	A
2	C	22	D	42	C	62	A	82	A
3	D	23	C	43	C	63	B	83	B
4	A	24	B	44	D	64	B	84	B
5	A	25	B	45	D	65	C	85	A
6	A	26	C	46	C	66	A	86	D
7	B	27	D	47	D	67	C	87	A
8	A	28	B	48	B	68	A	88	B
9	D	29	B	49	A	69	C	89	B
10	B	30	B	50	B	70	D	90	B
11	A	31	A	51	B	71	D	91	C
12	D	32	D	52	B	72	B	92	C
13	C	33	A	53	D	73	C	93	B
14	B	34	B	54	D	74	A	94	C
15	C	35	D	55	A	75	D	95	B
16	B	36	C	56	A	76	C	96	B
17	A	37	A	57	A	77	A	97	B
18	B	38	D	58	A	78	A	98	C
19	C	39	A	59	D	79	B	99	C
20	B	40	C	60	C	80	A	100	A

POST CODE: IHBAS/24-25

Name of Post: M.Sc. PN

Series : D

Test Booklet Serial No.

PAPER - I
TEST BOOKLET

(Read the instruction carefully before starting to answer)

Time: 2 Hours

No. of Questions: 100

Max Marks: 100

1. Fill up the following information by Blue or Black ball point pen only:

Roll No.

Name of the Candidate:

Name of Examination Centre:

Date of Examination :

Candidate's Signature :

Signature of Invigilator :

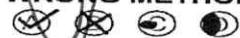
2. Open the seal of the booklet only when instructed to do so.

3. Don't start answering the questions until you are asked to do so.

4. Ensure that there are 100 Questions in the Test Booklet with four responses (A), (B), (C) and (D). Of them only one is correct as the best answer to the question concerned.

5. **No NEGATIVE MARKING** for wrong answer. Each correct answer shall be awarded **1** mark.

6. Multiple answering of a question will cause the answer to be rejected.

7. Use only **Black or Blue Ball** pen for darkening appropriate circle completely.For Example : **CORRECT METHOD****WRONG METHOD**

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 - (B) Knowledge, Practice, and skill
 - (C) Cognitive, Affective, and Behavioral
 - (D) Cognitive, Value-expressive, and Behavioural
2. The study of the distribution and determinants of health related states or events in specified population is termed as :
 - (A) Microbiology
 - (B) Pathology
 - (C) Vital statistics
 - (D) Epidemiology
3. Decentralization of authority and decision making power to accomplish the task is known as :
 - (A) Autonomy
 - (B) Delegation
 - (C) Unity of command
 - (D) Accountability
4. ASHA schemes has been started under :
 - (A) Government of Delhi
 - (B) National rural health mission
 - (C) National population policy
 - (D) National urban health mission

5. First step of investigation of epidemic is :
 - (A) Confirmation of existence
 - (B) Verification of diagnosis
 - (C) Analysis of data
 - (D) Social cultural behavior
6. A client admitted to the mental health unit believes that the food is poisoned. Which communication technique should the nurse use to encourage him to eat?
 - (A) Using open ended questions and silence
 - (B) Focusing on self-disclosure regarding food preferences
 - (C) List the reasons for not eating
 - (D) Offer health education about nutrition
7. A 45 year old men was admitted to emergency room with alcohol intoxication. Which of the following intervention by the nurse is most appropriate for this patient?
 - (A) Motivate the patient to stop alcoholism
 - (B) Counsel the patient on harmful effects of alcoholism
 - (C) Use harm minimization principles to counsel the patient
 - (D) Decrease in environmental stimuli
8. Pedophilia refers to :
 - (A) Desiring sexual activity with young children
 - (B) Sexual gratification involving pain
 - (C) Sexual gratification with non-living objects
 - (D) Obsession of wearing clothes of opposite gender

Series D**MSc_PN**

9. Which of the following behavior modification technique is useful in the treatment of phobias?
 - (A) Token economy
 - (B) Desensitization therapy
 - (C) Modeling
 - (D) Positive reinforcement
10. Opioids withdrawal effects may be treated with :
 - (A) Hydrocodone
 - (B) PCP
 - (C) Naloxone
 - (D) Clonidine
11. Which of the following information is required by the nurse to make the patient return to pre-crisis level of functioning?
 - (A) Full knowledge regarding the event
 - (B) Social support system
 - (C) Personal strength of the patient
 - (D) Family support system
12. While assessing a patient with generalized anxiety disorder, which among the following is the best indicator of patient's present situation?
 - (A) Behavior
 - (B) Judgment
 - (C) Memory
 - (D) Responsiveness

13. Which of the following would be the most appropriate cognitive intervention for a patient with major depressive disorder?
 - (A) Encourage journaling of underlying feelings
 - (B) Promote active socialization with other patients
 - (C) Role play to increase assertiveness skills
 - (D) Focus on identifying strengths and accomplishments
14. While providing care to a patient with antisocial personality, which of the following intervention is appropriate?
 - (A) Provide an organized and structured environment
 - (B) Focuses on group, not individual therapy
 - (C) Recognizes that the disorder is a form of social withdrawal
 - (D) Withdraw basic privileges until showing positive response to treatment
15. Which of the following is not true about hallucinations?
 - (A) It is different from imagery
 - (B) It occurs on objective space
 - (C) It is always pathological
 - (D) It is a disorder of perception
16. A study describing the evolution of nursing education in India would be which type of study :
 - (A) Historical
 - (B) Phenomenological
 - (C) Experimental
 - (D) Evaluative

17. A variable presumed to cause a change in another variable is called as :

- (A) Categorical variable
- (B) Dependent variable
- (C) Independent variable
- (D) Intervening variable

18. Selection of sample from every k^{th} from a list is called :

- (A) Stratified sampling
- (B) Cluster sampling
- (C) Systematic sampling
- (D) Purposive sampling

19. Which of the following is not a measure of central tendency?

- (A) Mean
- (B) Median
- (C) Mode
- (D) Standard deviation

20. Which of the following is not an example of probability type sampling?

- (A) Simple random
- (B) Systematic random
- (C) Cluster sampling
- (D) Purposive sampling

21. A patient is admitted to the psychiatric unit with a diagnosis of OCD spends a significant amount of time during the day and night washing his or her hands. On the third hospital day, the patient reports feeling better and more comfortable with the staff and other patients. The psychiatric and mental health nurse knows that the most appropriate nursing intervention is to :

- (A) Acknowledge the ritualistic behavior each time and point out that it is inappropriate.
- (B) Allow the patient to carry out the ritualistic behavior, since it is helping him or her.
- (C) Collaborate with the patient to reduce the amount of time he or she engages in ritualistic behavior.
- (D) Ignore the ritualistic behaviors and the behaviors will be eliminated due to lack of reinforcement.

22. Which factors are associated with the development of post-traumatic stress disorder?

- (A) Anxiety and low self-esteem.
- (B) Distorted and negative cognitive functioning.
- (C) Excess serotonin and nor-epinephrine levels.
- (D) Severity of the stressor and availability of support systems.

23. A patient who was admitted yesterday with an adjustment disorder and depressed mood has not left his or her room. The mental health nurse's most appropriate approach at meal time today is to respond :

- (A) "I will bring your tray to your room, if it will make you more comfortable".
- (B) "I will walk with you to the dining room and sit with you while you eat".
- (C) "Where would you like to eat your meal this noon?"
- (D) "You will feel better if you go to the dining room and eat with the others".

Series D**MSc_PN**

24. After taking an antidepressant for about a week, a patient reports constipation and blurred vision, with no improvement in mood. The nurse informs the patient :

- (A) "It takes approximately two to four weeks for depression to lessen and side effects usually diminish over time".
- (B) "Stop the medication immediately and contact your primary care physician".
- (C) "You should contact your doctor. The doctor may need to change your medication".
- (D) "You should schedule an appointment with your ophthalmologist".

25. A school-aged patient with attention-deficit hyperactivity disorder is displaying disruptive behaviors at home. The mental health nurse modifies the treatment plan for the social domain, by advising the patient's parents to :

- (A) Establish eye contact before giving directions.
- (B) Initiate a point system, to reward the patient for appropriate behavior.
- (C) Instruct the patient to work on one homework assignment at a time.
- (D) Maintain a predictable environment in the home.

26. Commonest site for lumbar puncture in adult is :

- (A) Between L₅ & S₁ vertebra
- (B) Between L₃ & L₄ vertebra
- (C) Between C₂ & C₃ vertebra
- (D) Between T₉ & T₁₀ vertebra

27. Self-monitoring of blood glucose for diabetic clients is on what level of prevention?

- (A) Primary
- (B) Secondary
- (C) Tertiary
- (D) None of the above

28. An old woman was hit by motor cycle while crossing road as a nurse the first intervention that she will do is :

- (A) Immobilize the leg
- (B) Call for help
- (C) Reduce the fracture manually
- (D) Move the person to a safer place

29. Which of the statement by the client to the nurse indicates a risk factor for CAD?

- (A) I exercise every other day
- (B) My father died of Myasthenia Gravis
- (C) My cholesterol is 180
- (D) I smoke 2 packs of cigarettes per day

30. Commonest cause of blindness in India is :

- (A) Cataract
- (B) Trauma
- (C) Trachoma
- (D) Vitamin A deficiency

31. A disorder characterized by episodes of mania and depression with periods of normal mood and activity in between is :

- (A) Bipolar disorder
- (B) Schizophrenia
- (C) Hypochondriasis
- (D) Obsessive Compulsive disorder

32. The crime of having sexual intercourse with a parent, child, sibling or grandchild is :

- (A) Incest
- (B) Transvestism
- (C) Dyspareunia
- (D) Sadism

33. Language disturbance in understanding and expressing spoken words is :

- (A) Aphasia
- (B) Agnosia
- (C) Apraxia
- (D) Amnesia

34. Mr X believes that he is the most powerful and important person in the world, this is an example of :

- (A) Delusion of perception
- (B) Delusion of Jealousy
- (C) Delusion of persecution
- (D) Delusion of grandiosity

35. Having one's arms or legs placed in a certain position and holding that same position for hours is :

- (A) Echopraxia
- (B) Echolalia
- (C) Waxy flexibility
- (D) Circumstantiality

36. The day following a below the knee amputation, the patient complains of toes cramping in the amputated foot. What should the nurse realize the patient is experiencing?

- (A) Contractures
- (B) Attention seeking
- (C) Chronic stump apin
- (D) Phantom limb sensation

37. The nurse is providing discharge teaching to a patient with a fractured rib. What should the nurse instruct the patient to do?

- (A) Use a small pillow to splint the area when coughing
- (B) Avoid using pain medications to prevent respiratory depression
- (C) Remain on bed rest for a week to allow the fracture to stabilize
- (D) Use elastic roller bandages to stabilize the chest wall and promote comfort

Series D**MSc_PN**

38. Following a kidney transplant, the nurse notes that a patient's urine is cloudy. What should the nurse do about this finding?

- (A) Record the finding
- (B) Notify the physician
- (C) Irrigate the urinary catheter
- (D) Increase the intravenous flow rate

39. The nurse is planning care for a patient with cirrhosis. For which condition would the nurse place the patient on bleeding precautions?

- (A) Encephalopathy
- (B) Low vitamin K
- (C) Elevated liver enzymes
- (D) Hepatorenal syndrome

40. Which hormone is secreted by Islets of Langerhans?

- (A) Progesterone
- (B) Testosterone
- (C) Insulin
- (D) Hemoglobin

Series D**MSc_PN**

41. Bleeding from the nose is known as :

- (A) Epistaxis
- (B) Hemoptysis
- (C) Hematemesis
- (D) Hematuria

42. Kaposi's sarcoma is associated with :

- (A) Human papilloma virus
- (B) Human T cell lymphotrophic virus type (HTLV-I)
- (C) Human Herpes Virus
- (D) Epstein Barr Virus

43. The normal pulmonary artery pressure is :

- (A) <20 mmHg
- (B) 25-30 mmHg
- (C) 30-35 mmHg
- (D) 35-40 mmHg

44. Bleeding gums is a feature of which Vitamin deficiency :

- (A) Vitamin A
- (B) Vitamin B¹²
- (C) Vitamin C
- (D) Vitamin D

45. Stiffening of the body after death is :

- (A) Keloid
- (B) Contracture
- (C) Post-mortem
- (D) Rigor mortis

46. An example of displacement is :

- (A) Imaginative activity to escape reality
- (B) Ignoring unpleasant aspects of reality
- (C) Resisting any demands made by others
- (D) Pent-up emotions directed to other than the primary source

47. An important aspect of teaching for any client receiving a monoamine oxidase inhibitor such as tranylcypromine sulfate should be that :

- (A) Drowsiness is an expected side effect of this medication
- (B) Clients taking this type of medication have special dietary restrictions
- (C) The therapeutic level and the toxic level of these drugs are very close
- (D) It is necessary for these clients to wear a hat outdoors and avoid the sun

48. Compulsive symptoms such as using paper towels to open doors develop because the patient is :

- (A) Consciously using this method to punish himself
- (B) Listening to voices that tell them the door knobs are unclean
- (C) Unconsciously controlling unacceptable impulses or feelings
- (D) Fulfilling a need to punish others by carrying out an annoying Procedure

49. Language disturbance in understanding and expressing spoken words is :

- (A) Aphasia
- (B) Agnosia
- (C) Apraxia
- (D) Amnesia

50. Excessive sexual desire in women is termed as :

- (A) Satyriasis
- (B) Frigidity
- (C) Vaginismus
- (D) Nymphomania

51. Which one of the following is an immediate threat to life during acute anaphylaxis?

- (A) Hypotension
- (B) Generalized itching
- (C) Airway obstruction
- (D) Tachycardia

52. Which enzyme is found in myocardium only?

- (A) Troponin I
- (B) Troponin T
- (C) Myoglobin
- (D) Lactate dehydrogenase

Series D**MSc_PN**

53. Nurse's highest priority for a patient who has returned to the nursing unit after left nephrectomy is :

- (A) Hourly urine output
- (B) Temperature
- (C) Able to turn side to side
- (D) Able to sips clear liquid

54. Which device is used to deliver highest oxygen concentration?

- (A) Simple oxygen mask
- (B) Partial non-breather mask
- (C) Nasal catheter
- (D) Nasal cannula

55. The nurse is reinforcing medication teaching for a patient. The nurse would include which of the following instructions to a patient receiving a diuretic?

- (A) Change positions slowly
- (B) Eliminate salt in your diet
- (C) Take your medication before bed
- (D) Empty your bladder after taking the first dose

56. A treatment for a child suffering from thalassemia is :

- (A) Bone marrow transplantation
- (B) Chemotherapy
- (C) Radiation therapy
- (D) Steroid therapy

Series D

MSc_PN

57. Low set ears are seen in :

- (A) Down's syndrome
- (B) Renal disorder
- (C) Kwashiorkor
- (D) Marasmus

58. Surfactant therapy is recommended for :

- (A) Asphyxia Neonatorum
- (B) Respiratory distress syndrome
- (C) Meconium aspiration
- (D) Ophthalmia neonatorum

59. Iatrogenic infections are infections developed due to :

- (A) Hospital admission
- (B) Therapeutic procedure
- (C) Exposure to affected person
- (D) Low immunity

60. Failure of the new-born to pass meconium within the first 24 hours after birth may indicate which of the following?

- (A) Hirschsprung disease
- (B) Celiac disease
- (C) Intussusceptions
- (D) Abdominal wall defect

Series D**MSc_PN**

61. A 17-year-old patient with anorexia nervosa has just been released from the hospital. To facilitate recovery at home, the psychiatric-mental health nurse instructs the family to :

- (A) Discourage the patient from sneaking food between meals, by unobtrusively reducing access to the kitchen.
- (B) Encourage the patient's interest in menu planning, food magazines, and cooking lessons, by leaving information and materials around the house.
- (C) Permit the patient to eat meals privately to discourage family preoccupation with meals.
- (D) Recommend that the patient joins in routine family meals and clears the dishes after dinner, even if they do not eat.

62. A short-term goal for a patient with Alzheimer disease is :

- (A) Improved functioning in the least restrictive environment
- (B) Improved problem solving in activities of daily living
- (C) Increased self-esteem and improved self-concept
- (D) Regained sensory perception and cognitive function

63. A client diagnosed with delirium becomes disoriented and confused at night. Which intervention should the nurse implement initially?

- (A) Move the client next to the nurses' station
- (B) Use an indirect light source and turn off the television
- (C) Keep the television and a soft light on during the night
- (D) Play soft music during the night, and maintain a well-lit room

Series D**MSc_PN**

64. Client with schizophrenia receiving antipsychotic medication is moving her mouth, protruding her tongue and grimacing while watching TV. The client is experiencing :

- (A) Tardive dyskinesia
- (B) Parkinsonism
- (C) Hypertensive crisis
- (D) Neuroleptic malignant syndrome

65. The doctor has prescribed haloperidol (Haldol) 2.5 mg. I.M. for an agitated client. The medication is labeled haloperidol 10 mg/2 ml. The nurse prepares the correct dose by drawing up how many milliliters in the syringe?

- (A) 0.6
- (B) 0.5
- (C) 0.4
- (D) 0.3

66. Which of the following pre-operative order is the most important order one day prior to the surgery?

- (A) Physical examination
- (B) Respiratory exercises
- (C) Informed consent
- (D) Informed family

Series D**MSc_PN**

67. In the recovery room patient is shivering uncontrollably. Which of the following first nursing intervention?

- (A) Inform the surgeon
- (B) Take temperature of the patient
- (C) Provide blanket and continue oxygen
- (D) Provide warm intravenous fluid

68. Which of the following is subjective data of nursing assessment?

- (A) Pale skin and moist hands
- (B) Nausea and abdominal pain
- (C) Vomiting, pulse 84/minute
- (D) Respirations 20/minute, blood pressure 120/80 mm Hg

69. Which of the following is most appropriate and safest way to verify the patient's identity before administration of medication?

- (A) Ask the patient's name
- (B) Check the room number and bed number of the patient
- (C) Check the patient's identification band
- (D) State the name of the patient aloud and ask them to repeat

70. Which of the following patients require a sodium restricted diet?

- (A) Patient with inflammatory disease
- (B) Patient with heart failure
- (C) Patient with gastroenteritis
- (D) Patient with fracture

71. Among the following fetal blood vessels, the oxygen content is highest in :

- (A) Umbilical artery
- (B) Ductus Venosus
- (C) Ductus arteriosus
- (D) Pulmonary artery

72. Endometrium of the pregnant uterus is termed as :

- (A) Trophoblast
- (B) Decidua
- (C) Chorion
- (D) Morula

73. An important landmark of the pelvis that determines the station of the fetal head is :

- (A) Pelvic brim
- (B) Ischial tuberosities
- (C) Ischial spines
- (D) Sacrum

74. As compared to cow's milk, human milk has :

- (A) More proteins
- (B) Less carbohydrates
- (C) less protein
- (D) Less vitamins

75. In normal delivery, breast feeding should be started within :

- (A) 1 hour of delivery
- (B) 1 day of delivery
- (C) 4 hrs of delivery
- (D) 6 hrs of delivery

76. A patient with acute psychosis, who is on haloperidol 20 mg/day for last 2 days, has an episode characterized by tongue protrusion, oculogyric crisis, stiffness and abnormal posture of limbs and trunk without loss of consciousness for last 20 minutes before presenting to casualty. This improved within a few minutes after administration of diphenhydramine HCl. The most likely diagnosis is :

- (A) Acute dystonia
- (B) Akathisia
- (C) Tardive dyskinesia
- (D) Neuroleptic malignant syndrome

77. All of the following are associated with better prognosis in schizophrenia, except :

- (A) Late onset
- (B) Married
- (C) Negative symptoms
- (D) Acute onset

78. All are features of autistic disorders except:

- (A) Stereotypic movements
- (B) Impairment of social interaction
- (C) Delay in speech development
- (D) Visual impairment

79. Which one of the following usually differentiates hysterical symptoms from hypochondriacal symptoms :

- (A) Symptoms do not normally reflect understandable physiological or pathological mechanism
- (B) Physical symptoms are prominent which are not explained by organic factors
- (C) Personality traits are significant
- (D) Symptoms run a chronic course

80. A 25 year old female presents with 2 year history of repetitive, irresistible thoughts of contamination with dirt associated with repetitive hand washing. She reports these thoughts to be her own and distressing; but is not able to overcome them along with medications. She is most likely to benefit from which of the following therapies?

- (A) Exposure and response prevention
- (B) Systematic desensitization
- (C) Assertiveness training
- (D) Sensate focusing

Series D**MSc_PN**

81. One night, a child was rushed in an emergency room with the following symptoms: fear of physical contact, apprehensive, bruises all over the body. These are possible signs of :

- (A) Physical abuse
- (B) Fall
- (C) Vehicular accident
- (D) Victim of Neglect

82. A 14-year-old child is brought to the emergency room department for acute asthma attack after a basketball practice, what is the initial assessment a nurse can have in a form of nursing diagnosis?

- (A) Activity intolerance
- (B) Impaired gas exchange
- (C) Ineffective breathing pattern
- (D) Altered tissue perfusion

83. Which vaccine is contraindicated during pregnancy?

- (A) Rubella
- (B) OPV
- (C) Tetanus
- (D) Influenza

84. What is absolute contraindication of pertussis vaccine?

- (A) Diarrhea
- (B) Fever
- (C) Malnutrition
- (D) Convulsions

85. Measles vaccine is kept in refrigerator in:

- (A) Tray below the freezer - Given
- (B) Freezer
- (C) Chilled tray
- (D) Shelves in the door

86. Extra pyramidal symptoms are a complication of treatment with following drugs :

- (A) Antipsychotics
- (B) Antianxiety drugs
- (C) Antidepressants
- (D) Antimalarial drugs

87. A person, seeing a rope, takes it to be a snake. This condition is called :

- (A) Depersonalization
- (B) Hallucination
- (C) Delusion
- (D) Illusion

88. Loss of touch of reality is the typical sign of :

- (A) Obsessive compulsive neurosis
- (B) Hysteria
- (C) Schizophrenia
- (D) Anxiety neurosis

89. Mania is characterized by :

- (A) Paranoid delusion
- (B) Increased talkativeness
- (C) Loss of insight
- (D) Loss of orientation

90. Type of speech in which one repeats what others have just said :

- (A) Neologism
- (B) Echopraxia
- (C) Echolalia
- (D) Association

91. The therapy which uses a safe environment to meet individual client's treatment needs and where all team members are seen as equally important is :

- (A) Behavior therapy
- (B) Milieu Therapy
- (C) Cognitive therapy
- (D) Reconstructive therapy

92. Histrionic personality is characterized by :

- (A) Overly dramatic and intensely expressive behavior
- (B) Inability to form warm, close social relationships
- (C) Irresponsible and antisocial behavior
- (D) Instability in interpersonal relationships and unstable mood

93. Mr. Ashish is frustrated at work with boss, he goes home and kicks his dog, this is an example of which defense mechanism?

- (A) Denial
- (B) Displacement
- (C) Projection
- (D) Repression

94. The behavior therapy used to treat phobia, anxiety by exposure to increasing increments of a feared stimulus example spider, and elicit a relaxation response is :

- (A) Milieu therapy
- (B) Cognitive therapy
- (C) Desensitization
- (D) Aversion therapy

95. Two nurses are co-leading group therapy for seven clients in the psychiatric unit. The leaders observe that the group members are anxious and look to the leaders for answers. Which phase of development is this group in?

- (A) Conflict resolution phase
- (B) Initiation phase
- (C) Working phase
- (D) Termination phase

96. Type I error refers to :

- (A) Rejecting H_0 when it is actually true
- (B) Accepting H_0 when it is actually false
- (C) Concluding no difference when one does exist
- (D) Rejecting research hypothesis when H_0 is actually false

97. Find the median of the following data : 160, 180, 200, 280, 300, 320, 400

- (A) 180
- (B) 140
- (C) 300
- (D) 280

98. The height of a student is 60 inches. This is an example of -----.

- (A) Qualitative data
- (B) Categorical data
- (C) Continuous data
- (D) Discrete data

99. Questions in which only two alternatives are possible is called :

- (A) Multiple choice questions
- (B) Dichotomous questions
- (C) Open ended questions
- (D) Structured questions

Series D

MSc_PN

100. A periodical evaluation of an employee is done through -----.

- (A) Job rotation
- (B) Performance appraisal
- (C) Refresher course
- (D) Work guide

Space for Rough Work

Space for Rough Work

real

Answer Key-Booklet -D

Q. No	Answer								
1	C	21	C	41	A	61	D	81	A
2	D	22	D	42	C	62	A	82	B
3	B	23	B	43	A	63	B	83	A
4	B	24	A	44	C	64	B	84	D
5	B	25	B	45	D	65	B	85	B
6	A	26	B	46	D	66	C	86	A
7	D	27	B	47	B	67	C	87	D
8	A	28	D	48	C	68	B	88	C
9	B	29	D	49	A	69	C	89	B
10	D	30	A	50	D	70	B	90	C
11	C	31	A	51	C	71	B	91	B
12	A	32	A	52	A	72	B	92	A
13	D	33	A	53	A	73	C	93	B
14	A	34	D	54	B	74	C	94	C
15	C	35	C	55	A	75	A	95	B
16	A	36	D	56	A	76	A	96	A
17	C	37	A	57	A	77	C	97	D
18	C	38	B	58	B	78	D	98	C
19	D	39	B	59	B	79	A	99	B
20	D	40	C	60	A	80	A	100	B