



College of Nursing



PROSPECTUS

- M Sc Psychiatric (Mental Health) Nursing
- Post Basic Diploma in Psychiatric Nursing
(Session: 2024-25)

Institute of Human Behaviour and Allied Sciences

(Hospital Based Autonomous Academic Institute under Government of NCT of Delhi, dealing with)

“Brain- Mind Problems & Their Solutions”

Dilshad Garden, Delhi-110095 (India)

Website: <https://ihbas.delhi.gov.in>, Telephone: 011-22591914

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ADMISSION SCHEDULE:

Important Dates	M.Sc. Psychiatric (Mental Health) Nursing (2 Years Course)	Post Basic Diploma in Psychiatric Nursing (1 Year Course)
Date of availability of Prospectus along with application forms	05/06/2024	05/06/2024
Last date for receipt of online applications	30/06/2024	30/06/2024
Display of provisionally eligible candidates to appear in entrance test	05/07/2024	05/07/2024
Date of Entrance test	07/07/2024	07/07/2024
Declaration of Result	12/07/2024	12/07/2024
Date of Counseling & admission process completion	13 th Jul to 14 th Jul 2024	29 th Jul to 31 st Jul 2024
Date of commencement of session	As per DU Academic Calendar (Tentatively: 15 th Jul 2024)	As per DNC Academic Calendar (Tentatively: 1 st August 2024)

Note:-

The application forms are available on website www.ihbas.delhi.gov.in

Application Fee:

1. M. Sc. Psychiatric (Mental Health) Nursing: Rs.2000/- (UR/OBC/EWS) and Rs.1000/-(ST/SC)
2. Post Basic Diploma in Psychiatric Nursing: Rs.500/- (UR/OBC/EWS) and Rs.250/-(ST/SC)

The fee is to be deposited in the following account. The application fee is non-refundable/non-adjustable.

Account Holder Name: Director, IHBAS

Account No : 10172504586

Bank Name: State Bank of India

IFSC Code: SBIN0009370

Submission of Application:

Printout/hardcopy of filled duly signed application proforma along with self attested copies of required documents and receipt of Net Banking/Online Banking payment to be submitted to office of **“The Deputy Registrar (Academics), Room no 114, First Floor, Academic Block, Institute of Human Behaviour & Allied Sciences (IHBAS), Dilshad Garden, Delhi-110095.”** by **30th June 2024 before 4.00pm** by hand or by post. **Applications sent through email will not be accepted.**

For technical assistance regarding online submission please contact phone.No.011-22591914 (ext. 625) on all working days from 9:00a.m.to 4:00p.m.

1. INTRODUCTION

The Institute of Human Behaviour and Allied Sciences (IHBAS) was established to comply with the directive of the Hon'ble Supreme Court in response to public interest litigation. The court observed that IHBAS should be an apex institute similar to NIMHANS, Bangalore. The Institute is an autonomous body registered under the Societies Act. The nature of the institute has been outlined as modern, state of the art tertiary care centre and post graduate training Institute for Behavioural, Neuro and Allied Sciences.

The Institute utilizes a unique approach through its Clinical (Psychiatry, Neurology and Neurosurgery), Social (Clinical psychology, Psychiatric social work and Medical Anthropology) and Basic Sciences (Neurochemistry, Microbiology, Neuropsychopharmacology and Pathology) to ensure a truly comprehensive management of mental and neurological disorders.

In pursuance of its objectives the Institute has been involved in the following activities. Hospital and community based patient care services including preventive/ curative and rehabilitation services for the people of Delhi and neighboring states of north India. Post graduate teaching/training in Psychiatry, Neurology, Neurosurgery, Clinical Psychology, Psychiatric Social Work, Psychiatric Nursing and other related disciplines. Basic and applied interdisciplinary research in Neuropsychiatry and Behavioural sciences.

The Hospital for Mental Diseases (HMD), Shahdara, was established in 1956 and converted into a multidisciplinary institute under the Societies Act 1991. Since its inception in 1993, it has served as a good example of how judicial intervention can bring about changes for the benefit of the patients.

IHBAS uses a multidisciplinary approach towards preventive, curative and rehabilitative aspects of mental health and aspires to bring modern biological, physical and psychological knowledge combined with ancient wisdom of traditional systems of medicine through a psychosocial and socio-cultural approach under one roof. This integrated approach may help to unravel the myth of abnormal behaviour of human beings. One of the greatest achievements of this institute in the

initial stage has been that more than 300 long stay patients who recovered and did not require any further hospitalization were successfully reintegrated into their families. Today, IHBAS has developed into a unique apex institute using an integrated approach for the study of body, mind and behaviour.

The multidisciplinary approach reflects upon the three spheres of activities i.e., patient care (including community oriented services), research, and teaching & training. The clinical services in the areas of Mental Health, Neuro and Behavioural Sciences are supported by modern investigative procedures. Thus the advances in the basic science's research are integrated with the clinical services. This initiates both, new responsibilities and new perspectives in further development of scientific and clinical activities of the institute.

Current activities of the institute include:

- Treatment of psychiatric, neurological disorders and neurosurgical intervention,
- Regional resource centre for Northern and Western India under National Mental Health Programme (NMHP) and District Mental Health Programme (DMHP).
- A total of eight specialty clinics namely Child and Adolescent Clinic, Mental Retardation Clinic, Marital & Psychosexual Clinic, Tobacco Cessation Clinic, Neuro Behaviour Clinic, Drug Abuse Treatment and Rehabilitation Clinic, Movement Disorder Clinic, Epilepsy Clinic and Pain Relief Clinic& Pre-Anaesthetic Check up Clinic are run by the institute covering specialized needs of patients with various disorders.
- Development of policies and programs related to mental health.
- Collection of epidemiological data on mental, behavioural and neurological disorders & development of Community oriented services.
- Research in the area of biological and psychosocial aspects of mental disorders; psychopharmacological aspects of alcohol abuse and drug dependence; vascular and degenerative disorders of central nervous system; application of newer psychopharmacological approaches in the treatment of neuropsychiatric disorders.
- Postgraduate training in Clinical Psychology Psychiatry, Neurology, Psychiatric Nursing and other allied disciplines.

This institute with multidisciplinary approach is growing with a mission to become a centre of excellence for delivery of patient care, teaching, training and research in the field of mental

health, behavioural and neurosciences by translating it's given mandate and by developing a new vision.

There are seven supportive sections and one Yoga Centre.

- I. Pharmacy
- II. Medical store
- III. Physiotherapy
- IV. Occupational therapy
- V. Day care and vocational training centre
- VI. Hospital kitchen
- VII. Library and documentation services

PATIENT CARE AT IHBAS:

IHBAS provides outpatients and inpatients care facility in Mental Health (Psychiatry, Clinical Psychology & Psychiatric Social Work), Neurology and Neurosurgery. IHBAS conducts regular speciality clinics to provide specialized services to patients with certain specific disorder or problems in the afternoon hours.

- (i) Child & Adolescent Mental Health Services/ Clinic: A weekly child and adolescent psychiatry clinic (CAPC) provides mental health care to the children and adolescents. The clinic held every Tuesday. In- patients facility is also available to this age group of patients.
- (ii) Mental Retardation Clinic: This clinic was setup in December 1999, to cater to the needs of persons with Mental Retardation on weekly basis with the help of a multidisciplinary team consisting of Psychiatrists, Clinical Psychologists and psychiatric social workers. Special parent training programmes are also organized for parents of children with mental retardation. The clinic held every Tuesday.
- (iii) Marital & Psychosexual Clinic: This is a weekly speciality clinic, which provides specialized services to the patients suffering from psychosexual and marital problems. A joint team of psychiatrists and clinical psychologists is engaged in providing these services. The clinic held every Monday. \
- (iv) Geriatric Mental Health Clinic This is a weekly speciality clinic, which provides specialized services to the elderly patients A joint team of psychiatrists, clinical

psychologists & PSWs is engaged in providing these services. The clinic held every Monday.

- (v) **Neuro Behavioral Clinic:** Services of this Clinic are available on every Friday afternoon with a provision of a joint team of Neurologists, Psychiatrists and Clinical Psychologists. Clinic provides services to the patients with behavioural disturbances associated with various medical and neurological illnesses.
- (vi) **Drug Abuse Treatment and Rehabilitation Clinic:** This clinic is functional twice a week on Wednesday afternoon and offers service to the patients with problems of drug abuse and alcoholism. A multidisciplinary team of Psychiatrists, Clinical Psychologists and Psychiatric social workers is running the clinic. As for requirement the patients are admitted for four to six weeks for comprehensive indoor treatment. A multidisciplinary team consisting psychiatrist, clinical psychologists and psychiatric social workers is running the clinic.
- (vii) **Movement Disorder Clinic:** The clinic held every Wednesday for patients with drug induced movement disorders like Parkinson's disease, Dystonia, Progressive Supra nuclear palsy, etc. Advanced treatment like botulinum toxin injections are given to the patients with focal dystonia.
- (viii) **Epilepsy Clinic:** This clinic is run every Monday with an aim to treat but also provide knowledge about epilepsy to patients and their family members, through direct interaction and brochures. Support groups share their problems & experiences guided by social worker. Special attention is paid to women, children and chronic epilepsy patients who are refractory to treatment.
- (ix) **Emotional Health & Wellness Clinic** This clinic is run every Tuesday, Wednesday & Thursday Afternoons with facility of direct registration for all.
- (x) **Neuro Palliative Care Clinic** This clinic is run every Wednesday Afternoon for elderly patients suffering with chronic neurological conditions.

Inpatient Services:

Inpatient services are available in Psychiatry, Neurology and Neurosurgery.

- Ayush/Holistic Services at IHBAS:
- Homeopathy Clinic on Monday & Thursday
- Ayurvedic Clinic on Tuesday & Friday

- Unani Clinic on Wednesday & Saturday

Community Outreach Services:

Community outreach programmes have been initiated to take Neuropsychiatric care to the doorstep of the people. Simultaneously, this also aims to educate and create awareness in the public regarding these disorders and to eliminate the stigma and myths associated with mental illnesses. Encouraging response has been seen in the clinics located at Jahangirpuri, Dwarka, Chatarpur, Moti nagar & Timarpur and mobile health clinic for homeless near Jama Masjid.

Mobile Mental Health Unit (MMHU):

Mobile Mental health services are provided to all 11 districts of Delhi for homeless & homebound patients by IHBAS team including a Psychiatrist, Counsellor, and Nursing Orderly & Driver. There are 11 teams with 11 patient transport vehicles for every districts of Delhi.

SAKSHAM (HWH/LSH)

Two halfway homes/long stay homes were opened on 17/02/07 and named Saksham A for women and Saksham B for men. This is the first government run home in a hospital campus to ensure that these patients are not neglected. Latter formal inauguration done by Hon'ble Health minister (Govt. of NCT, Delhi) in presence of secretary health (govt. of NCT, Delhi) and other dignitaries on 03.03.2017. These two Half Way Homes at IHBAS will be a model for other homes which would be evolving in different parts of Delhi.

IHBAS at a Glance....

THE UNIQUE FEATURES OF IHBAS ARE:

- IHBAS is the first across Government and Private sector Specialized mental Health and Neuro Sciences Hospital to Achieve NABH Accreditation, since 2012.
- IHBAS also got India Health Care Award 2012-13 & 2015-16 as the best single specialty hospital amongst many National and State level mental health institution by CNBC-TV 18 and ICICI Lombard after detailed and rigorous methodology by IMRB through 3 phases involving, patients, doctors and eminent jury.
- IHBAS has received prestigious International Award in Health Care by the European Medial Association. Rose of Paracelsus for “Best Medical Practice”.

- IHBAS was also 3rd Price Winner under “KAYAKALP” for all the hospitals of the State/ under the Govt. Of India Programme for “improvement of Hospitals” in 2015.
- IHBAS is GOI’s Centre of Excellence in Mental Health under National Health Programme (NMHP)
- Actively involved in community health programme & community participation. Significant impact of IHBAS Research on National Programmes and Policies.
- Post Graduate Training Courses: MD Psychiatry, DM Neurology, M. Phil. Clinical Psychology, M.Sc. in Psychiatric Nursing & Post Basic Diploma in Psychiatric Nursing

1.1 PHILOSOPHY OF IHBAS

The mentally ill person’s sense of wellbeing and emotional equilibrium are disturbed. The various mental functions like thinking, emotions, memory, intelligence and decision-making etc. can be disturbed. Talk and behaviour can become abnormal. As a result the ability to work satisfactorily and lead normal life can be impaired, thus causing burden to the individual family and the society at large. Nursing care of such individual is a challenging task. Nurses need to develop empathetic understanding of the problems of the patient and their family members. Nursing care of such patients should be based on holistic approach with belief in psychosocial and rehabilitative foundations of nursing.

Indian Nursing Council believes that registered nurses need to be trained in psychiatric nursing care in clinical and community settings to provide competent care to psychiatric patients. Expanding roles of nurses and advances in technology necessitates additional training to prepare them for effective participation in psychiatric nursing care.

1.2 VISION OF IHBAS

The vision of Institute of Human Behaviour and Allied Sciences is to be one of the leaders in the country and in the world for promoting mental health, neurosciences, behavioural and allied sciences through multidisciplinary patient care in partnership with communities, developing future group of professionals and paraprofessional leaders through formal and semiformal training programmes and expanding scientific knowledge and its application through front-line research.

1.3 MISSION OF IHBAS

The mission of Institute of Human Behaviour and Allied Sciences is to advance the mental and neurological health of populations by practicing evidence based multidisciplinary scientific health care approaches that are novel, adaptive, and ethical, conduct research of high standard and develop human resource in these fields. The institute adheres to quality assurance, integrating into practice the prevailing norms for human rights and diverse value systems of persons and populations while accomplishing this mission.

To accomplish its vision and mission, IHBAS will do the following: Form a strategic Review and planning Group (SRPG) which will include external group members (expert and people of repute from the field of administration, finance, research and academia) assisted by IHBAS personnel.

- Ensure that the institute amalgamates and synthesizes a comprehensive vision document for the institute based on the vision of all the departments/sections of the institute.
- Work with various govt, nongovernmental and voluntary health organizations and other interested stakeholders to reduce the discrimination and prejudices associated with mental illnesses and neurological disorders.
- Promote the visibility and mandate of the institute and its contribution through effective communication with all sectors of civil society.

1.4 THE AIMS & OBJECTIVES OF IHBAS

- To provide high quality super specialty health care using state-of-art technology in Mental health, Neurosciences, Behavioural and Allied sciences.
- To conduct research of high standard in the field of Mental health, Neurosciences and Behavioural sciences.
- To provide comprehensive training for MD, DM, M. Phil., M.Sc&Ph.D courses in field of mental health, Neurosciences and Behavioural sciences and research activities on current interest.
- To start training psychiatric nurses through Post Basic Diploma in Psychiatric Nursing & Master of Science in Psychiatric (Mental Health) Nursing

1.5 COLLEGE OF NURSING:

Academic Department of Psychiatric Nursing in IHBAS is functional from Nov 2021. Department of Psychiatric Nursing became an independent department from March 2022. Department of Psychiatric Nursing has started academic courses from 2023. Post Basic Diploma in Psychiatric Nursing was started from academic year 2023-24 & M. Sc. Psychiatric (Mental Health) Nursing started from academic year 2024 onwards.

Vision

To be at the forefront in the area of Neuro Psychiatric Nursing, guided by a philosophy and commitment of IHBAS to promote health, alleviate suffering, and prevent illness, through patient care, nursing education and research.

Mission

Establish the highest standards of Neuro Psychiatric nursing care and rehabilitation at primary, secondary and tertiary levels.

Mental Health Nursing manpower development by providing nursing education of the highest standard in the field of mental health and Neuro sciences

Promote evidence based nursing practice in improving patient outcomes.

Objectives

1. To provide quality nursing care to patients and families in Psychiatry and Super-specialty areas, both in the hospital and in the community, through multidisciplinary approach
2. To start and run educational programs for students [M.Sc. Psychiatric (Mental Health) Nursing, Diploma in Psychiatric (Mental Health) Nursing & other short-term training programs]
3. To provide clinical learning experience to students of various categories placed in the Department from India and abroad.
4. To build up research potential in the Department
5. To provide leadership in the field of mental health and neuro science nursing in the country.
6. To provide advisory and consultation services in the field of Mental Health Nursing, including education and research

Departmental faculty:

1. Dr. Sushil Kumar Maheshwari, Associate Professor cum Officiating Principal, College of Nursing, IHBAS, Delhi
2. Dr. Achla Dagdu Gaikwad, Assistant Professor cum Officiating Vice-Principal, College of Nursing, IHBAS Delhi
3. Dr. Renju Susane Baby, Assistant Professor, College of Nursing, IHBAS Delhi

Tutors:

1. Dr. Subhash Chand Gupta, Sr. Tutor, College of Nursing, IHBAS Delhi
2. Mr. Jitendra Kumar, Sr. Tutor, College of Nursing, IHBAS Delhi
3. Ms. Seema Gupta, Assistant Tutor, College of Nursing, IHBAS Delhi

External faculty:

All other departments at IHBAS involved in taking the classes for Post Basic Diploma in Psychiatric Nursing & M. Sc Psychiatric (Mental Health) Nursing.

COURSES OFFERED AT IHBAS COLLEGE OF NURSING

Course	Duration	Academic Control/ Examination Body	No. of Seats	Minimum Qualification
Post Basic Diploma in Psychiatric Nursing	One year	Delhi Nursing Council	20	• GNM/ B.Sc. Nursing/ Post Basic B.Sc. Nursing from INC recognized institution with minimum 55% marks in the aggregate for unreserved category, 5% relaxation SC/ST/OBC* • Minimum one year of work experience after GNM/ B.Sc. Nursing/ Post Basic B.Sc. Nursing

M. Sc Psychiatric (MentalHealth) Nursing	Two Years (4 sem.)	University of Delhi	08	• B.Sc. (Hons.) Nursing/Post Basic B.Sc. Nursing from INC recognized institution with minimum 55% marks in the aggregate for unreserved category, 5% relaxation SC/ST/OBC** • Minimum one year of work experience after Basic B.Sc. Nursing or prior or after PostBasic B.Sc. Nursing
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*As per DNC & GOI rule and regulations

**As per University of Delhi & GOI rule and regulations

2. COURSE DESCRIPTION: MSC PSYCHIATRIC (MENTAL HEALTH) NURSING

This course is designed to offer advanced education and clinical skills for registered nurses (B.Sc. Nursing & Post Basic B.Sc Nursing) with specialized knowledge and skills in promotive, preventive, curative, and rehabilitative aspects of psychiatric nursing and mental health care, nursing education, administration and research.

2.1 Course objectives:

On Completion of the two year Master of Science in Psychiatric (Mental Health) Nursing, the graduate will be able to:-

- Utilize/apply the concepts, theories and principles of nursing science
- Demonstrate advance competence in practice of psychiatric nursing
- Practice as a psychiatric/mental health nurse specialist.
- Demonstrate leadership qualities and function effectively as nurse educator and manager.
- Demonstrate skill in conducting nursing research, interpreting and utilizing the findings from health related research.
- Demonstrate the ability to plan and effect change in nursing practice and in the health care delivery system.
- Establish collaborative relationship with members of other disciplines
- Demonstrate interest in continued learning for personal and professional advancement.

2.2 Duration of the course: Two academic years divided in four semesters. Two semesters each year.

2.3 Distribution of the course in weeks/hours

M. Sc (Nursing) Programme is a 2 years with 4 Semester. The duration of Programme is enclosed as follows.

Available	- 52 weeks
Vacation	- 4 weeks
Examination (including preparation)	- 2 weeks
Gazetted holidays	- 3 weeks
Total weeks available	- 43 weeks
40 hours per week	- 1720 hours
Total hours for 2 years	- 3440 hours

2.4 COURSE OF STUDIES

Theory Paper No.	Subject	Hours		Total Theory & Practical Hrs
		Theory (Hrs)	Practical (Hrs.)	
First Year: Semester-I				
I	Nursing Education-I	75	75	880
II	Advanced Nursing Practice –I	75	100	
III	Nursing Research	100	50	
IV	Clinical Specialty-I (Part-A)	75	330	
	Total	325	555	
First Year: Semester-II				
V	Nursing Education-I	75	75	830
VI	Advanced Nursing Practice –I	75	100	
VII	Statistics	50	50	
VIII	Clinical Specialty-I (Part-B)	75	330	
	Total	275	555	
Semester-I&II (Grand Total)		600	1110	1710
Second Year: Semester–III				
IX	Nursing Management	75	75	705
X	Clinical Specialty–II(Part –A)	75	480	
	Total	150	555	
Second Year: Semester–IV				
XI	Nursing Management	75	75	1005
XII	Nursing Research (Dissertation)		300	

XIII	Clinical Specialty–II (Part –A)	75	480	
	Total	150	855	
Semester–III&IV (Grand Total)		300	1410	1710
M Sc Psychiatric (Mental Health) Nursing course Grand Total Hours				3420

Educational Visit – 2 weeks

2.5 CLINICAL EXPERIENCE

The students will be posted in the following clinical facilities of the Hospital

Sl. No.	Area of posting
1	Acute Male Psychiatric Ward
2	Acute Female Psychiatric Ward
3	Chronic Male Psychiatric Ward
4	Chronic Female Psychiatric Ward
5	De-addiction Unit
6	Psychiatric Emergency Unit and O.P.D.
7	Child Psychiatric Unit
8	Family Psychiatric Unit/ Behavioral Therapy Unit
9	Community Mental health Unit
10	Rehabilitation/Occupational Therapy Unit
11	Halfway home / Saksham

2.6 DISSERTATION:

M.Sc. Nursing students shall require to undertake a dissertation on a selected research topic. Chief Guide shall be from the department of Psychiatric Nursing, Co-Guide can be from other related departments.

SUBMISSION OF THESIS: Students must submit thesis six months before the 2nd year University examination. A candidate who fails to submit thesis within the stipulated time will not be eligible to appear in the final examination.

2.7 LEAVE:

Candidates admitted to M.Sc. Psychiatric (Mental Health) Nursing course will be entitled for 30 days leave in the first year and 30 days leave in the second year of the course. If the leave is extended in a year, then the registration period is also extended and the examination is postponed for a period of six months

2.8 EXAMINATION SCHEME

Scheme of Examination: 1stYear Semester-I

1 st Year Semester-I	Theory			Practical		
	Hours	Internal	External	Hours	Internal	External
Nursing Education –I	3	25	75			
Advanced Nursing Practice-I	3	25	75			
Nursing Research	3	25	75			
Clinical Specialty–I (Part-A)	3	25	75			
Total		100	300			

Scheme of Examination: 1stYear Semester-II

1 st Year Semester-II	Theory			Practical		
	Hours	Internal	External	Hours	Internal	External
Nursing Education –II	3	25	75		50	50
Advanced Nursing Practice-II	3	25	75			
Statistics	3	25	75			
Clinical Specialty–I (Part-B)	3	25	75		100	100
Total		100	300		150	150

Scheme of Examination: 2ndYear Semester-III

2 nd Year Semester-III	Theory			Practical		
	Hours	Internal	External	Hours	Internal	External
Nursing Management–I	3	25	75			
Clinical Specialty–II (Part-A)	3	25	75			
Total		50	150			

Scheme of Examination: 2ndYear Semester-IV

2 nd Year Semester-IV	Theory			Practical		
	Hours	Internal	External	Hours	Internal	External
Nursing Management–II	3	25	75			
Dissertation & Viva					100	100
Clinical Specialty–II (Part-B)	3	25	75		100	100
Total		50	150		200	200

NOTE:

1. Minimum pass marks shall be 50 % in each of the Theory and practical papers separately.
2. A candidate must have minimum of 80% attendance (irrespective of the kind of absence) in theory and practical in each subject for appearing for examination.

3. A candidate must have 100% attendance in each of the practical areas before award of degree
4. A candidate has to pass in theory and practical exam separately in each of the paper.
5. If a candidate fails in either theory or practical paper he/she has to re-appear for both the papers (Theory and practical).
6. Maximum no. of attempts permitted for each paper is 3 including first attempt.
7. The maximum period to complete the course successfully should not exceed 4 (four) years
8. A candidate failing in more than two subjects will not be promoted to the IInd year.
9. No candidate shall be admitted to the subsequent IInd year examination unless the candidate has passed the Ist year examination.

2.9 FINAL EXAMINATION

The examination will be conducted by University of Delhi

2.10 CERTIFICATION

- TITLE – Master of Science in Psychiatric (Mental Health) Nursing
- A Post Graduate degree is awarded upon successful completion of the prescribed study programme which will state that
- Candidate has completed the prescribed course of Master of Science in Psychiatric (Mental Health) Nursing
- Candidate have had clinical experience at hospital as per INC requirements
- Candidate has passed the prescribed examination

2.11 ELIGIBILITY CRITERIA/ ADMISSION REQUIREMENTS FOR M.SC PSYCHIATRIC (MENTAL HEALTH) NURSING

- i. The candidate should be a Registered Nurse and Registered midwife or equivalent with any State Nursing Registration Council.
- ii. The minimum education requirements shall be the passing of: B.Sc. Nursing / B.Sc. Hons. Nursing / Post Basic B.Sc. Nursing with minimum of 55% aggregate marks from INC recognized institutes for unreserved category & 5% relaxation SC/ST/OBC*
- iii. The candidate should have undergone in B.Sc. Nursing / B.Sc. Hons. Nursing / Post Basic B.Sc. Nursing in an institution which is recognized by Indian Nursing Council.

- iv. Minimum one year of work experience after Basic B.Sc. Nursing OR minimum one year of work experience prior or after Post Basic B.Sc. Nursing. (The experience will be calculated till 30th June, 2024).
- v. The candidate shall be medically fit.
- vi. The candidate should have all original educational and experience certificates on the day of counseling.
- vii. The candidate has to submit NOC and relieving order issued from the current employer on the day of counseling.

3. COURSE DESCRIPTION: POST BASIC DIPLOMA IN PSYCHIATRIC NURSING

This course is designed to offer advanced education and clinical skills for registered nurses (GNM or B.Sc. nursing) with specialized knowledge and skills in curative, preventive and promotive aspects of psychiatric nursing and mental health care.

3.1 COURSE OBJECTIVES: POST BASIC DIPLOMA IN PSYCHIATRIC NURSING:

At the end of the course the student will be able to :-

1. Provide quality nursing care to individuals suffering from mental and emotional disorders.
2. Manage and supervise care of mentally ill patients in clinical and community settings.
3. Teach nurses, allied health professionals, family members and communities in areas related to psychiatric nursing.
4. Keep pace with the developments in other related discipline for effective management of psychiatric patients.
5. Conduct research in areas of psychiatric nursing.

3.2 DURATION OF THE COURSE: One Academic Year

3.3. DISTRIBUTION OF THE COURSE IN WEEKS/HOURS

- Hour distribution for theory and practice : 42 weeks x 40 hours/week= 1680 hours
- Block classes : 4 weeks x 40 hours/week=160 hours
- Integrated theory & clinical practice : 38 weeks x 40 hours/week= 1520 hours
- (Theory 400 hours) Theory 6 hours/week :38 weeks x 6 hours/week= 240 hours
- Clinical experience 34 hours/weeks :38 weeks x 34 hours/week=1280 hours

- Internship : 4 weeks x 40 hours = 160 hours

3.4 COURSE OF STUDIES:

Sl. No	Subjects	Theory		Practical
		Prescribed	Allotted	
1.	Clinical Nursing I (Inclusive of foundation courses – 60 Hrs)	155	175	1280 Hrs
2.	Clinical Nursing II	155	175	
3.	Trends & Principles of Nursing Management, (Clinical Teaching, Elementary Research and Statistics)	90 Hrs (30+30+30)	100	
4.	Internship			160Hrs
	TOTAL	400	450	1440

3.5 CLINICAL AREA OF POSTING:

S. No.	Area of Posting	No. of Week
1	Acute Male Psychiatric Ward	4
2	Acute Female Psychiatric Ward	4
3	Chronic Male Psychiatric Ward	4
4	Chronic Female Psychiatric Ward	4
5	De-addiction Ward	4
6	Psychiatric Emergency Unit and OPD	4
7	Child Psychiatric Unit	4
8	Family Psychiatric Unit	2
9	Community Mental Health Unit	4
10	Rehabilitation / Occupational Therapy Unit	4
Total		38 weeks

3.6 RESEARCH PROJECT:

Candidates have to submit protocol for group research project within 2 months of enrolment in course. Protocol for research project will be approved by Departmental Academic Committee.

The research project should be carried out under the guidance of a faculty from Dept. of Psychiatry.

The research projects should be completed and submitted 2 months before the final examination.

Submissions:

Two months before the final examination every candidate should submit all the practical requirements as per the syllabus.

3.7 LEAVE:

Candidates admitted to M.Sc Psychiatric (Mental Health) Nursing course will be entitled for 30 days leave in the first year and 30 days leave in the second year of the course. If the leave is extended in a year, then the registration period is also extended and the examination is postponed for a period of six months

3.8 EXAMINATION SCHEME

- a. The examination will be held at the end of academic year.

Subjects	Int. Ass. Marks	Ext. Marks	Total marks	Exam hours
A. Theory				
Psychiatric Nursing I	50	150	200	3
Psychiatric Nursing II	50	150	200	3
Trends, Principles of Nursing Management incl. Nursing Education and Research and Statistics.	50	150	200	3
B. Practical				
Psychiatric Nursing	100	100	200	
Grand total	250	550	800	

- b. In each paper 50 marks of internal assessment will be determined on the basis of written/clinical exams, viva voce, supervised clinical work and patient care. These marks will be added to the marks allocated to the respective subject in the yearly final examination. The result of the final examination will be declared on the basis of the total obtained.

- c. To become eligible for final examination, a candidate must score a minimum of 50% marks in aggregate of internal assessment.
- d. Before appearing final examination, the candidate has to submit a certificate from the DPN In-charge stating that he/she has completed all mandatory requirements including attendance (minimum 75%), essential clinical activities & submitted the research project.
- e. The application for appearing at the final examination should be accompanied by a certificate issued by the Head of the Department that the candidate has undergone the course of study and has carried out the clinical work and research assignments as prescribed in the syllabus. Examination form along with requisite fee should be submitted two months before exams.

3.9 FINAL EXAMINATION

The examination will be conducted by Delhi Nursing Council

Qualifying the examination

- a. In order to pass a candidate should obtain at least 50% marks separately in internal assessment and final examination in each of the theory and practical papers.
- b. Students will be given opportunity of maximum of attempts for passing.

Award of Diploma

Successful candidates shall be classified as under:-

Those who obtain 75% and above	: Distinction
Those who obtain 60% and above and below 75%	: 1 st Division
Those who obtain less than 60%	: Second Division

- a) Successful candidates shall be awarded Diploma in Psychiatric Nursing by Delhi Nursing Council.
- b) If a candidate fails to pursue course on a continuous basis, or fails or absent himself/herself from appearing in any of the theory and practical exams the merit class shall not be awarded. The merit class (Distinction/First Class) is awarded to those candidates examination in first attempt.
- c) Subject to the provisions of these Regulations, the Controller of Examinations, University shall publish the result on its receipt from the Head of the Department.

3.10 CERTIFICATION

TITLE – Post Basic Diploma in Psychiatric Nursing

- A Post Basic Diploma in Psychiatric Nursing certificate is awarded upon successful completion of the prescribed study programme which will state that
- Candidate has completed the prescribed course of Post Basic Diploma in Psychiatric Nursing
- Candidate have had clinical experience at hospital as per INC requirements
- Candidate has passed the prescribed examination successfully.

3.11 ELIGIBILITY CRITERIA/ ADMISSION REQUIREMENTS

A candidate for admission in Post Basic Diploma in Psychiatric Nursing (DPN) should have following qualification to join the course.

- a) Be a Registered Nurse (Registered Nurse & Registered Midwife) or equivalent possessing a minimum of one year experience in hospital or educational institutes.
- b) Nurses from other countries must obtain an equivalent certificate from INC before admission.

Distribution of seats: Total DPN seats are 20 nos.

*Distribution of seats as per guidelines of the Delhi Government

*Seats remaining vacant in any of the reserve categories shall be filled from the eligible General Category candidates in accordance with prevailing rules on this subject.

4. ADMISSION PROCESS:

a) Number of Seats:

M. Sc Psychiatric (Mental Health) Nursing programme: 08 (Eight) seats

Post Basic Diploma in Psychiatric Nursing: 20 (twenty) seats

- b) A candidate who wishes to be enrolled for M Sc Psychiatric (Mental Health) Nursing or Post Basic Diploma in Psychiatric Nursing program shall apply to the Deputy Registrar (Academics) Institute of Human Behavior and Allied Sciences (IHBAS) by the date notified by the Institution/University, on the prescribed form.
- c) The eligible candidates will be allowed to appear in the entrance examination which will be conducted by Delhi University, Delhi. The paper for entrance examination will be of 100 marks and will consist of MCQ type question.

d) Basis of Selection:

The selection of the candidates will be done on the merit of entrance examination. All candidates irrespective of reserved or non-reserved category have to appear for the selection test.

e) Decision of the Admission Committee shall be final.

f) Selected candidates will have to undergo medical checkup for fitness at IHBAS, New Delhi.

g) Admission will be confirmed only after making the complete payment of fees for one year and verification of all original certificates, relieving letter/ NOC required for admission.

h) All admissions are provisional, subject to the verification of original documents and Medical Examination conducted by IHBAS, New Delhi.

Selection Test:

a) Selection test will be held on 7th July 2024. Venue of exam will be made available on IHBAS website as per Delhi University.

b) The selection test will be of two hours duration. It shall contain multiple choice questions.

c) The selection test / entrance examination will be based on B.Sc. Nursing/ PB B Sc nursing syllabus prescribed by INC for M.Sc. Psychiatric Nursing course.

d) The selection test / entrance examination will be based on GNM & B.Sc. Nursing/ PB B Sc nursing syllabus prescribed by INC for Post Basic Diploma in Psychiatric Nursing course.

ADMISSION

a. The selection will be made on the basis of merit in the entrance examination.

b) The minimum cut off marks for admission for both course for various categories will be as follows:

a. 50% for candidates belonging to General Category

b. 45% for candidates belonging to Physically Handicapped category and

c. 40% for candidates belonging to Scheduled Caste category

c) Merit list of entrance examination will be displayed as per timeline and the candidates will be called for counseling on scheduled day.

ADMISSION COUNSELLING COMMITTEE

Counseling Committee will consist of the following:

1. Director, Institute of Human and Behavior and Allied Sciences.
2. Dy. Med. Superintendent, Institute of Human and Behavior and Allied Sciences.
3. HOD, Dept. of Psychiatry, Institute of Human and Behavior and Allied Sciences.
4. HOD, Dept. of Psychiatric Nursing, Institute of Human and Behavior and Allied Sciences.
5. One Faculty Member of Diploma in Psychiatry Nursing (DPN) Program, Institute of Human Behavior and Allied Sciences.
6. Representative of the SC/ST should be included (to be nominated by the Director).

5. GENERAL INSTRUCTIONS OF ENTRANCE EXAMINATION FOR ADMISSION:

1. The examination will be held on **7th July 2024**.
2. Timing of the exam will be made available on IHBAS website.
3. No candidate will be allowed to leave the examination hall till the examination formalities are completed.
4. Candidates must carefully read the “Instructions for the candidate” given on the question paper.
5. A merit list will be displayed on IHBAS website/notice board on 12/6/2024.
6. Candidates should have obtained at least 50% marks (Gen. Category), 45% (Physically Handicapped category) & 40% (SC/ST) in the entrance test, to be eligible for counseling.
7. Candidate has to submit original certificate at the time of admission in case he/she fail to do so, his/her candidature for admission may straightway be rejected
8. A candidate absent at the time of counseling will not be considered for the admission.
9. No TA/DA will be paid to candidate appearing for entrance exam or documents verification/counseling and joining.
10. If total marks obtained are same by more than one candidate, candidate senior in age

will be considered.

11. The selected candidate will have to undergo medical fitness test & only those candidates who are found medically fit by the constituted Medical Board will be admitted to the course.
12. The Post Basic Diploma in Psychiatric Nursing students shall receive a monthly stipend of Rs.2000/- except for in-service candidates.
13. The M.Sc. in Psychiatric (Mental Health) Nursing students shall receive a monthly stipend of Rs.15000/- except for in-service candidates.

6. HOSTEL FACILITIES:

Hostel facilities are available for the students in the campus, subject to availability at the time of admission.

Hostel fee: *As per institute policy

7. COURSE FEES:

A candidate for the Post Basic Diploma in Psychiatric Nursing course shall pay a tuition fee and other charges for academic year as prescribed by the Delhi Nursing Council & M.Sc. in Psychiatric (Mental Health) Nursing course shall pay a tuition fee and other charges for academic year as prescribed by the University of Delhi time to time. The fee and other charges shall be paid before joining the course. Candidate will pay the examination fee to IHBAS and concerned official from academic branch will deposit examination fee to University two months before the final exams.

The course fee should be submitted in the form of Demand Draft in Favour of '**The Director, IHBAS, Delhi**'.

Course fees details:

Details	Courses with duration in year	
	Post Basic Diploma in Psychiatric Nursing	M. Sc. Psychiatric (Mental Health) Nursiung
Tuition Fees	Nil	Nil
Library Security Deposit	Rs.1000 per annum	Rs.1000 per annum
Caution money Hostel (If applicable)	Rs. 5000 per annum	Rs.5000 per annum

Identification card Fees	100	100
Hostel charges (electrical & water charges)*	Rs. 550*per month	Rs. 550*per month
Enrollment Fees, Examination, Marksheet & Degree and any other fees as applicable	As per DNC	As per DU

*As per institute policy

For any queries related to admission in M Sc Nursing and DPN course at IHBAS, regularly visit institute website. www.ihbas.delhi.gov.in
