

Answer Key

Psychiatric Nursing MCQ

1.	B	26.	C	51.	B	76.	B
2.	A	27.	D	52.	C	77.	B
3.	A	28.	B	53.	C	78.	C
4.	B	29.	B	54.	C	79.	C
5.	A	30.	A	55.	C	80.	B
6.	B	31.	C	56.	A	81.	C
7.	B	32.	A	57.	A	82.	C
8.	C	33.	C	58.	D	83.	C
9.	C	34.	C	59.	D	84.	C
10.	C	35.	D	60.	C	85.	C
11.	A	36.	C	61.	B	86.	A
12.	A	37.	B	62.	C	87.	D
13.	B	38.	B	63.	C	88.	D
14.	B	39.	B	64.	B	89.	B
15.	B	40.	C	65.	D	90.	D
16.	B	41.	A	66.	C	91.	C
17.	A	42.	D	67.	B	92.	B
18.	B	43.	A	68.	C	93.	B
19.	B	44.	B	69.	C	94.	B
20.	C	45.	D	70.	C	95.	C
21.	C	46.	B	71.	B	96.	C
22.	C	47.	C	72.	A	97.	C
23.	B	48.	B	73.	D	98.	C
24.	B	49.	B	74.	D	99.	C
25.	C	50.	B	75.	A	100.	C

POST CODE : PMHN

Test Booklet Serial No.....

Name of Post: M.Sc Psychiatric (Mental Health) Nursing

Series : A

TEST BOOKLET

(Read the instruction carefully before starting to answer)

Time: 1 Hrs. : 30 Mins.

Max Marks: 100

No. of Questions: 100

1. **Fill up the following information by Blue or Black ball point pen only:**

Roll No.:









Name of the Candidate:

Name of Examination Centre:

Date of Examination :

Candidate's Signature :

Signature of Invigilator :

2. Open the seal of the booklet only when instructed to do so.
3. Don't start answering the questions until you are asked to do so.
4. Ensure that there are 100 Questions in the Test Booklet with four responses (A), (B), (C) and (D) of them only one is correct as the best answer to the question concerned.
5. There will be **NO NEGATIVE MARKING** for wrong answer. Each correct answer shall be awarded **1** mark.
6. Multiple answering of a question will cause the answer to be rejected.
7. Use only **Black or Blue Ball** pen for darkening appropriate circle completely.
- For Example : **CORRECT METHOD** | **WRONG METHOD**
-     |    
8. Rough work is to be done only on the Test Booklet and not on the answer sheet.
9. You are not allowed to use Mobile Phones, Smart Watches or any Electronic Device.
10. Make sure that you do not possess any pages (Blank or Printed) or any unauthorized material. If such material is found in your possession during the examination, you will be disqualified.
11. If you are found copying/helping others, you will be disqualified.
12. At the end of the examination hand over the answer sheet to the invigilator.
13. Do not leave the examination hall until you are asked to do so.
14. No candidate is allowed to leave the examination hall till the completion of examination.
15. The candidates are allowed to take the Test Booklet with them.
16. Smoking and eatables are not allowed inside the examination hall.

1. A nurse is prioritizing care for four patients. Which patient should be seen first?
- (A) A patient with a stage I pressure ulcer requesting dressing change
 - (B) A post-op patient with new-onset confusion and low oxygen saturation
 - (C) A stable diabetic patient due for insulin
 - (D) A patient requesting help to the toilet

2. Match the correct types of isolation with corresponding conditions:

- | | |
|---------------|------------------------------|
| a. Airborne | 1. MRSA infection |
| b. Droplet | 2. Tuberculosis |
| c. Contact | 3. Mumps |
| d. Protective | 4. Bone marrow transplant pt |

Options:

- (A) a → 2, b → 3, c → 1, d → 4
 - (B) a → 1, b → 3, c → 2, d → 4
 - (C) a → 3, b → 1, c → 4, d → 2
 - (D) a → 2, b → 1, c → 3, d → 4
3. A nurse is preparing to insert an indwelling urinary catheter. What is the correct order of steps?
- a. Explain procedure to the patient
 - b. Perform hand hygiene and open sterile kit
 - c. Don sterile gloves
 - d. Clean urinary meatus
 - e. Insert catheter

Options:

- (A) a → b → c → d → e
- (B) a → c → b → d → e
- (C) a → d → c → b → e
- (D) a → c → d → b → e

4. A nurse notes a reddened area over the sacrum of a bedridden patient. What is the priority action?
- (A) Apply hydrocolloid dressing
 - (B) Reposition the patient and reassess in 1 hour
 - (C) Massage the reddened area
 - (D) Document and continue routine care
5. Match the type of nursing documentation with its feature:
- | | |
|-------------------|--------------------------------------|
| a. SOAP notes | 1. Focused on a single health issue |
| b. PIE charting | 2. Problem, Intervention, Evaluation |
| c. Narrative note | 3. Chronological, free-text format |
| d. DAR note | 4. Data, Action, Response |

Options:

- (A) a → 1, b → 2, c → 3, d → 4
 - (B) a → 2, b → 3, c → 1, d → 4
 - (C) a → 4, b → 2, c → 3, d → 1
 - (D) a → 3, b → 4, c → 2, d → 1
6. The concept of unconditional positive regard means :
- (A) Agreeing with everything the patient says
 - (B) Accepting the patient as a person regardless of behavior
 - (C) Never setting limits or boundaries
 - (D) Providing constant praise and encouragement

Series A**PMHN**

7. Which communication technique involves restating the patient's message in your own words?
- (A) Reflection
 - (B) Paraphrasing
 - (C) Clarification
 - (D) Summarization
8. Which statement represents a therapeutic boundary violation?
- (A) Maintaining professional distance
 - (B) Keeping personal information private
 - (C) Sharing personal problems with the patient
 - (D) Following hospital policies consistently
9. When a patient asks "Do you think I'm crazy?", the best response is :
- (A) "No, you're not crazy"
 - (B) "What do you think?"
 - (C) "What does 'crazy' mean to you?"
 - (D) "That's not an appropriate question"
10. The most important aspect of building trust with a patient is :
- (A) Sharing personal experiences
 - (B) Agreeing with everything they say
 - (C) Being consistent and reliable in interactions
 - (D) Avoiding difficult topics

Series A

PMHN

11. Following Radical Cystectomy “Koch Pouch” is created for urinary diversion from which of the following body parts of the patient?
 - (A) Segment of ascending colon and ileum
 - (B) Segment of ascending colon and urethra
 - (C) Segment of descending colon and urethra
 - (D) Segment of descending colon and ureter
12. Antitumor Antibiotic Medications interfere with DNA and RNA synthesis. Which of the following is an Antitumor Antibiotic Drug?
 - (A) Daunorubicin
 - (B) Hydroxyurea
 - (C) Methotrexate
 - (D) Fluorouracil
13. An infant has undergone surgical repair of a cleft lip on the right side. Which of the following best position should be provided by the nurse to the infant?
 - (A) Prone position
 - (B) Left lateral position
 - (C) Right lateral position
 - (D) On the stomach
14. A child is admitted because of persistent vomiting. The nurse should monitor the child closely for which of the following problem?
 - (A) Metabolic acidosis
 - (B) Metabolic alkalosis
 - (C) Hyperactive bowel sounds
 - (D) Diarrhea

Series A**PMHN**

15. After tonsillectomy, the nurse should place the child in which of the following position?
- (A) High fowler's
 - (B) Side lying
 - (C) Supine
 - (D) Trendelenburg's
16. What is the first-line pharmacologic treatment for bipolar mania?
- (A) Haloperidol
 - (B) Lithium
 - (C) Amitriptyline
 - (D) Diazepam
17. Symptoms of major depressive disorder include :
- a. Weight gain
 - b. Insomnia or hypersomnia
 - c. Flight of ideas
 - d. Loss of interest

Options:

- (A) a,b,d
- (B) a,b,c
- (C) a,c,d
- (D) b,c,d

Series A

PMHN

18. Risk factors for suicide include :

- a. Chronic illness
- b. Substance abuse
- c. Good family support
- d. Prior suicide attempts

Options:

- (A) a,b,c
- (B) a,b,d
- (C) b,c,d
- (D) a,c,d

19. Common side effects of SSRIs include :

- a. Sexual dysfunction
- b. Weight loss
- c. Insomnia
- d. Hypotension

Options:

- (A) a,b,d
- (B) a,b,c
- (C) a,c,d
- (D) b,c,d

20. Cognitive Behavioral Therapy (CBT) is effective in :

- a. Generalized anxiety disorder
- b. Depression
- c. Schizophrenia (residual phase)
- d. Dementia

Options:

- (A) a,b,d
- (B) a,c,d
- (C) a,b,c
- (D) b,c,d

21. A patient states “I wish I were dead.” The nurse’s priority action is :

- (A) Document the statement in the chart
- (B) Notify the family immediately
- (C) Conduct a thorough suicide risk assessment
- (D) Provide reassurance that things will improve

22. Which statement by a depressed patient would be most concerning?

- (A) “I feel sad all the time”
- (B) “I can’t sleep anymore”
- (C) “I’ve given away all my possessions”
- (D) “I don’t enjoy anything anymore”

23. Bipolar I disorder is characterized by :
- (A) Only depressive episodes
 - (B) At least one manic episode
 - (C) Only hypomanic episodes
 - (D) Rapid cycling between emotions daily
24. During a manic episode, the patient may exhibit :
- (A) Decreased energy and motivation
 - (B) Grandiosity and decreased need for sleep
 - (C) Social withdrawal and isolation
 - (D) Increased appetite and weight gain
25. When a patient with bipolar disorder is experiencing a manic episode, the priority nursing intervention is :
- (A) Encouraging increased activity
 - (B) Providing complex decision-making tasks
 - (C) Ensuring adequate nutrition and rest
 - (D) Stimulating environments for engagement
26. An infant of a HIV positive mother has been prescribed laboratory studies. The nurse understands that which of the following laboratory study will be prescribed for the infant?
- (A) Western Blot
 - (B) CD4+ cell count
 - (C) P²⁴ antigen
 - (D) Chest x-ray

Series A**PMHN**

27. Lindane Shampoo should not be used to treat scabies in children younger than 2 years because of the risk of?
- (A) Neurotoxicity
 - (B) Nephrotoxicity
 - (C) Seizures
 - (D) Both A and C
28. Which of the following assessment is the most accurate guide to determine the adequacy of fluid resuscitation for a child with burn?
- (A) Level of edema at burn site
 - (B) Adequacy of capillary filling
 - (C) Skin turgor
 - (D) Amount of fluid tolerated in 12 hours
29. A 9 years old child with Hemophilia A has slipped on wet floor and bumped his knee. The nurse should prepare to administer which of the following prescription?
- (A) Intravenous infusion of iron
 - (B) Intravenous infusion of factor VIII
 - (C) Injection of factor X
 - (D) Intramuscular injection of iron

Series A

PMHN

30. Abdomen of a child should not be palpated in which of the following disease condition?
- (A) Nephroblastoma
 - (B) Neuroblastoma
 - (C) Hodgkin's disease
 - (D) Leukemia
31. Which psychological theory underpins Dialectical Behavior Therapy?
- (A) Cognitive-behavioral theory
 - (B) Humanistic theory
 - (C) Biosocial theory
 - (D) Psychodynamic theory
32. The concept of 'double-bind communication' is related to the etiology of :
- (A) Schizophrenia
 - (B) Depression
 - (C) Phobias
 - (D) OCD
33. The role of nursing in milieu therapy includes all except :
- (A) Providing a safe environment
 - (B) Facilitating social interaction
 - (C) Administer ECT
 - (D) Encouraging patient participation

Series A**PMHN**

34. The first symptom to improve with antidepressants is usually :
- (A) Mood
 - (B) Appetite
 - (C) Sleep
 - (D) Energy
35. Which enzyme metabolizes antipsychotics in the liver?
- (A) Amylase
 - (B) Monoamine oxidase
 - (C) Acetylcholinesterase
 - (D) CYP450 enzymes
36. Negative symptoms of schizophrenia include :
- (A) Auditory hallucinations
 - (B) Paranoid delusions
 - (C) Flat affect and avolition
 - (D) Disorganized speech
37. When a patient is experiencing auditory hallucinations, the nurse should :
- (A) Tell them the voices are not real
 - (B) Ask what the voices are saying
 - (C) Ignore the hallucinations completely
 - (D) Agree that the voices are real

Series A

PMHN

38. A patient with schizophrenia reports that the television is sending them personal messages. This is an example of :
- (A) Hallucination
 - (B) Delusion of reference
 - (C) Thought insertion
 - (D) Flight of ideas
39. Antipsychotic medications primarily work by :
- (A) Increasing serotonin levels
 - (B) Blocking dopamine receptors
 - (C) Enhancing GABA activity
 - (D) Increasing acetylcholine
40. Tardive dyskinesia is a potential side effect of :
- (A) Antidepressants
 - (B) Anti-anxiety medications
 - (C) Long-term antipsychotic use
 - (D) Mood stabilizers
41. Cooperative play, play with imaginary playmates are developmental milestones that can be observed in?
- (A) Preschooler
 - (B) School age child
 - (C) Toddler
 - (D) Infant

Series A**PMHN**

42. Which of the following is the most appropriate toy for a 3 years old child?
- (A) A Golf set
 - (B) A farm set
 - (C) A jack set with marbles
 - (D) A wagon
43. While evaluating developmental milestones of 2 years old the nurse expects to observe which of the following in the child?
- (A) The child uses a cup to drink
 - (B) The child uses a fork to eat
 - (C) The child uses a knife to cut food
 - (D) The child pours own milk in to a cup
44. The highest phospholipids content is found in which of the following lipoprotein?
- (A) VLDL
 - (B) HDL
 - (C) LDL
 - (D) Chylomicrons
45. In which of the following disease condition consciousness level of the patient is clear?
- (A) Dementia
 - (B) Delirium
 - (C) Depression
 - (D) Both (A) and (C)

Series A**PMHN**

46. A nurse suspects abuse in a psychiatric patient. What should be done?
- (A) Ignore to maintain rapport
 - (B) Report as per institutional protocol and protect the patient
 - (C) Inform other patients
 - (D) Wait until the next visit to reassess
47. A client with OCD repeatedly washes hands. What nursing intervention is most suitable?
- (A) Stop the behavior immediately
 - (B) Punish for noncompliance
 - (C) Allow time for ritual and gradually reduce frequency
 - (D) Ignore the behavior entirely
48. During group therapy, a patient becomes disruptive. The nurse should :
- (A) End the session for all
 - (B) Redirect the patient calmly and maintain group safety
 - (C) Yell to gain control
 - (D) Call security immediately without intervening
49. A nurse administers 5 mg of haloperidol. The vial contains 2.5 mg/mL. How many mL to give?
- (A) 1 mL
 - (B) 2 mL
 - (C) 2.5 mL
 - (D) 5 mL

Series A**PMHN**

50. A client weighing 60 kg is to receive lorazepam 0.05 mg/kg. What is the dose?
- (A) 2 mg
 - (B) 3 mg
 - (C) 4 mg
 - (D) 5 mg
51. The primary goal in treating personality disorders is :
- (A) Complete personality change
 - (B) Symptom management and improved functioning
 - (C) Immediate cure
 - (D) Medication compliance only
52. The most effective treatment approach for borderline personality disorder is :
- (A) Psychoanalysis
 - (B) Cognitive therapy alone
 - (C) Dialectical behavior therapy (DBT)
 - (D) Medication only
53. Patients with narcissistic personality disorder typically :
- (A) Have low self-esteem
 - (B) Avoid social situations
 - (C) Have an inflated sense of self-importance
 - (D) Are overly dependent on others

54. Splitting is a defense mechanism commonly seen in :
- (A) Schizoid personality disorder
 - (B) Avoidant personality disorder
 - (C) Borderline personality disorder
 - (D) Dependent personality disorder
55. Histrionic personality disorder is characterized by :
- (A) Social withdrawal and isolation
 - (B) Rigid adherence to rules
 - (C) Excessive emotionality and attention-seeking
 - (D) Suspicion and distrust of others
56. In a Diabetic type II mother, during the second and third trimester of the pregnancy, increase in placental hormones requires?
- (A) Increase in insulin dose
 - (B) Decrease in insulin dose
 - (C) No change in insulin dose
 - (D) Change in type of insulin
57. In which of the following type of placenta previa; placenta is implanted in the lower uterus but its lower border is more than 3 cm from the internal cervical OS?
- (A) Marginal
 - (B) Partial
 - (C) Complete
 - (D) Both (A) and (B)

58. A pregnant woman who is at risk for pre-eclampsia is being monitored by a home care nurse. At each home visit the nurse assesses the client for which of the following sign of preeclampsia?
- (A) Generalized edema
 - (B) Low grade fever
 - (C) Tachycardia
 - (D) Hypertension
59. The haematogenous disseminated spread of tuberculosis with involvement of many organs simultaneously is termed as :
- (A) Biliary TB
 - (B) Ciliary TB
 - (C) Ancillary TB
 - (D) Miliary TB
60. Mr. X is admitted in oncology ward with diagnosis of lung cancer. On evaluation, it is found that his tumour size is <3 cms with invasion of lymph nodes on same side of the chest. What is the stag of his lung cancer as per the TNM Staging system?
- (A) Stag II A
 - (B) Stage II B
 - (C) Stage III A
 - (D) Stag III B

Series A

PMHN

61. Which of the following waste items should be disposed of in a red bag as per BMW rules?
- (A) Soiled cotton
 - (B) Disposable syringe without needle
 - (C) Broken glass vials
 - (D) Cytotoxic drugs
62. The most common site of hospital-acquired infection is :
- (A) Surgical wounds
 - (B) Bloodstream
 - (C) Urinary tract
 - (D) Gastrointestinal tract
63. The purpose of the “Five Moments for Hand Hygiene” is to :
- (A) Encourage use of antiseptic soap only
 - (B) Promote glove use
 - (C) Reduce the risk of healthcare-associated infections
 - (D) Teach proper hand drying
64. Which of the following is classified as a standard precaution in infection control?
- (A) Isolation of all infected patients
 - (B) Use of gloves when contact with blood or body fluids is expected
 - (C) Use of negative pressure rooms
 - (D) Giving prophylactic antibiotics to all patients

Series A**PMHN**

65. A nurse is administering medication to a sedated ICU patient. Which are appropriate actions to ensure correct patient identification?
- a. Ask the patient's roommate
 - b. Check the patient's ID band and medical record number
 - c. Verify with the nurse handing over the shift
 - d. Identify by bed number

Options:

- (A) a,b
 - (B) b,d
 - (C) c,d
 - (D) b,c
66. Selective mutism in children involves :
- (A) Complete inability to speak
 - (B) Hearing problems
 - (C) Failure to speak in specific social situations
 - (D) Speech impediments
67. The primary treatment for childhood anxiety disorders is :
- (A) Medication only
 - (B) Cognitive-behavioral therapy
 - (C) Family therapy only
 - (D) Play therapy only

68. Risk factors for adolescent depression include :
- (A) High academic achievement
 - (B) Strong family support
 - (C) Family history of depression and stressful life events
 - (D) Participation in sports
69. The first priority in crisis intervention is :
- (A) Gathering detailed history
 - (B) Identifying the precipitating event
 - (C) Ensuring safety of the patient and others
 - (D) Developing long-term goals
70. Crisis intervention should ideally begin :
- (A) Within 72 hours of the crisis
 - (B) After the crisis has resolved
 - (C) As soon as possible after the crisis occurs
 - (D) Only after psychiatric evaluation
71. While assessing APGAR score for a newborn the nurse notices grimace to suction or to gentle slap on sole. How many points she would assign for this particular observation on APGAR Scoring?
- (A) 0
 - (B) 1
 - (C) 2
 - (D) 3

Series A**PMHN**

72. The nursing officer prepares to administer Phytonadione injection to a newborn. He explains the mother that this injection is required to her infant as it _____.
(A) Prevents the newborn from bleeding
(B) Promotes the growth of bacteria in the bowel
(C) Develops immunity
(D) Protects the newborn from jaundice
73. All of the following are thrombolytic drugs EXCEPT :
(A) Urokinase
(B) Alteplase
(C) Streptokinase
(D) Clopidogrel
74. Multiple P waves and lesser number of QRS complexes with complete dissociation of P waves to QRS Complex on ECG is observed in :
(A) First degree heart block
(B) Second degree type I heart block
(C) Second degree type II heart block
(D) Third degree heart block
75. While interpreting ABG report of a patient the Nurse observes the following parameters: pH 7.6, PaO₂ 120 mm Hg, PaCO₂ 31 mm Hg, and HCO₃ 25 mmol/L. The nurse concludes that the patient has :
(A) Respiratory Alkalosis Partially compensated
(B) Respiratory Alkalosis uncompensated
(C) Metabolic Alkalosis Partially compensated
(D) Metabolic Alkalosis uncompensated

Series A

PMHN

76. A study finds a p-value of 0.04 in testing the difference between two wound care methods. What does this imply at $\alpha = 0.05$?
- (A) The difference is not statistically significant
 - (B) The null hypothesis can be rejected
 - (C) Type II error has occurred
 - (D) The confidence interval must be recalculated
77. In a study measuring the effect of nurse-led counseling on medication adherence in hypertensive patients, which is the dependent variable?
- (A) Nurse-led counseling
 - (B) Medication adherence
 - (C) Hypertension
 - (D) Blood pressure control program
78. What sampling method is best suited for studying experiences of mothers of preterm infants in a NICU?
- (A) Simple random sampling
 - (B) Stratified random sampling
 - (C) Purposive sampling
 - (D) Systematic sampling
79. A nurse uses the Beck Depression Inventory (BDI) for data collection. What type of validity is tested if BDI scores correlate strongly with clinician-rated depression scores?
- (A) Content validity
 - (B) Construct validity
 - (C) Criterion-related validity
 - (D) Face validity

80. A student nurse wants to replicate a published study in a different population. What is the most critical step before replication?
- (A) Choosing a different methodology
 - (B) Obtaining permission and ensuring ethical clearance
 - (C) Changing the research question
 - (D) Using non-probability sampling
81. The most appropriate action when a group member becomes disruptive is :
- (A) Ignore the behavior completely
 - (B) Remove them from the group immediately
 - (C) Set limits while maintaining therapeutic rapport
 - (D) Allow unlimited expression without boundaries
82. Scapegoating in family dynamics involves:
- (A) Healthy problem-solving techniques
 - (B) Equal responsibility sharing
 - (C) Blaming one family member for all family problems
 - (D) Effective communication patterns
83. The role of a co-therapist in group therapy is to :
- (A) Compete with the primary therapist
 - (B) Remain silent throughout sessions
 - (C) Provide additional perspective and support
 - (D) Take over leadership of the group

84. Resistance in group therapy may manifest as :
- (A) Active participation in discussions
 - (B) Regular attendance at sessions
 - (C) Consistent lateness or missing sessions
 - (D) Positive feedback to other members
85. Triangulation in family systems occurs when :
- (A) Three people communicate effectively
 - (B) Family size is limited to three members
 - (C) Two people involve a third person to avoid direct conflict
 - (D) Family meetings include three generations
86. Which of the following is NOT an essential requirement for a true experiment?
- (A) Random sample
 - (B) Randomization
 - (C) Control
 - (D) Manipulation
87. Which of the following is distribution free statistics?
- (A) ANOVA
 - (B) t-test
 - (C) z-test
 - (D) Mann Whitney U test

Series A

PMHN

88. Theory of culture care diversity and universality was proposed by which of the following theorist?
- (A) Jean Watson
 - (B) Myra Estrine
 - (C) Paplau
 - (D) Madeleine Leninger
89. Which of the following probability sampling method is appropriate and most feasible when the population is distributed over a large geographical area?
- (A) Consecutive random sampling
 - (B) Cluster random sampling
 - (C) Stratified random sampling
 - (D) Sequential sampling
90. Predictive validity is a type of :
- (A) Content validity
 - (B) Construct validity
 - (C) Concurrent validity
 - (D) Criterion validity
91. A nurse educator is implementing reflective practice in clinical learning. What strategy supports this?
- (A) Multiple-choice quizzes
 - (B) Time-bound skill drills
 - (C) Guided journal writing with feedback
 - (D) Supervised medication rounds

92. While reviewing an exam paper, the faculty identifies most students answered one question incorrectly. What is the most appropriate step?
- (A) Increase pass percentage
 - (B) Review the teaching method and clarity of the question
 - (C) Ignore it as a student issue
 - (D) Discard the question from scoring
93. A postgraduate student is developing a teaching session on breastfeeding techniques for first-time mothers. Which educational approach is most effective?
- (A) Distribute printed notes
 - (B) Demonstrate and then allow mothers to practice with feedback
 - (C) Provide a 30-minute lecture
 - (D) Share a PowerPoint presentation via email
94. A nurse manager wants to improve patient care by minimizing medication errors. Which is the most effective strategy?
- (A) Punishing the nurse involved in the error
 - (B) Implementing a non-punitive reporting system and conducting root cause analysis
 - (C) Rotating nurses more frequently
 - (D) Increasing documentation requirements

Series A**PMHN**

95. A staff nurse is consistently late and performs poorly despite repeated verbal warnings. What is the next best administrative step?
- (A) Terminate the nurse immediately
 - (B) Transfer to another unit
 - (C) Issue a written warning and initiate progressive disciplinary action
 - (D) Assign lighter duties
96. When a patient refuses psychotropic medication, the nurse should :
- (A) Force administration for their own good
 - (B) Ignore the refusal
 - (C) Explore reasons for refusal and provide education
 - (D) Discharge the patient immediately
97. Therapeutic milieu refers to :
- (A) Individual therapy sessions only
 - (B) Medication administration procedures
 - (C) The overall treatment environment that promotes healing
 - (D) Recreational activities only
98. Which intervention is most helpful for patients with mild cognitive impairment?
- (A) Complete activity restriction
 - (B) Social isolation
 - (C) Cognitive stimulation and routine maintenance
 - (D) Immediate nursing home placement

99. Elder abuse screening should include assessment for :
- (A) Physical abuse only
 - (B) Financial abuse only
 - (C) Physical, emotional, and financial abuse
 - (D) Only obvious signs of trauma
100. Quality improvement in mental health settings involves :
- (A) Maintaining current practices without change
 - (B) Focusing only on reducing costs
 - (C) Continuously evaluating and improving patient care outcomes
 - (D) Following outdated protocols

Space for Rough Work

Space for Rough Work