



INSTITUTE OF HUMAN BEHAVIOUR AND ALLIED SCIENCES
(IHBAS), DELHI

IHBAS Digital Education Academy (I.D.E.A) in collaboration with ECHO- India
announces its

ONLINE CERTIFICATE COURSE

On

“BASIC MENTAL HEALTH TRAINING FOR MEDICAL OFFICERS”

The **Institute of Human Behaviour and Allied Sciences (IHBAS), Delhi**, through its **IHBAS Digital Education Academy (IDEA)** in collaboration with the **ECHO- India**, invites applications for an **Online Certificate Course on Basic Mental Health Training for Medical Officers**.

Course Overview

This online program is designed to enhance the **theoretical and practical knowledge of primary care physicians** in the **basic management of psychiatric disorders**. The course will enable participants to **screen, identify, and formulate management plans** for common and severe mental illnesses, including substance use disorders.

Eligibility

- **M.B.B.S degree** recognized by State Medical Councils of India or National Medical Commission

Course Details

- **Duration:** 24 hours (spread over 6 months)
- **Mode:** Online
- **Seats:** 25–30 per batch
- **Course Fee:** No fee
- **Commencement:** Tentatively **10th October, 2026** on the occasion of world mental health day

Faculty

- Mental Health Professionals (Faculty), IHBAS

Assessment & Certification

- Online assessment
- Certificate to be awarded by IHBAS Digital Education Academy (IDEA) - ECHO India

How to Apply

Send your resume with recent photograph, MBBS degree and medical council registration certificates, and a motivation letter to ideaihbas@gmail.com within 15 days of date of advertisement.

Selection Process

- Screening of applications (on first come first basis)
- Eligible candidates will be informed accordingly

Course Co-ordinators

Dr. Rajesh Kumar Nagarkoti (Assistant Professor, Dept. of Human Behaviour, IHBAS, O.I.C-I, IDEA)

Dr. Aparna Goyal (Associate Professor, Dept. of Psychiatry, IHBAS, OIC- II, IDEA)

Dr. Rudrani Chatterjee (Assistant Professor, Dept. of Clinical Psychology, IHBAS, Nodal Officer, IDEA)

IHBAS Digital Education Academy (IDEA),
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