



PROSPECTUS (2025-27)



M. Phil. Clinical Psychology Department of Clinical Psychology, IHBAS



INSTITUTE OF HUMAN BEHAVIOUR AND ALLIED SCIENCES (IHBAS)

DILSHAD GARDEN, DELHI-110095, (INDIA)

TEL: 22583058, 22114021, 29 & 32 (0), FAX: 22599227, 22114066

Email: ihbasmpil.appl@delhi.gov.in, Website: www.ihbas.delhigovt.nic.in

IHBAS is a tertiary care hospital based academic Institution dealing with: -



“BRAIN-MIND PROBLEMS & THEIR SOLUTIONS”

MEMBERS: IHBAS M.PHIL. COMMITTEE FOR CLINICAL PSYCHOLOGY

DR. DINESH KATARIA Head Department of Psychiatry University of Delhi <u>Chairman, M.Phil. Committee</u>	DR. RAJINDER K. DHAMIJA Professor Department of Neurology & Director Institute of Human Behaviour and Allied Sciences, Dilshad Garden, Delhi. <u>Director, IHBAS</u>
DR. DEEPAK KUMAR Professor & Head Department of Psychiatry IHBAS	DR. SHRUTI SRIVASTAVA Professor Department of Psychiatry, University College of Medical Sciences, University of Delhi
DR. OM SAI RAMESH Professor Department of Psychiatry Lady Harding Medical College, University of Delhi	DR. SHIV PRASAD Professor & Head Department of Psychiatry Lady Harding Medical College, University of Delhi
DR. PARTHA SARTHI BISWAS Professor & Head Department of Psychiatry Maulana Azad Medical College	DR. ERIC SORENG Associate Professor Department of Psychology Arts Faculty, University of Delhi
DR. UDAY K. SINHA Additional Professor Department of Clinical Psychology IHBAS	DR. SHATABDI CHAKRABORTY Additional Professor Department of Psychiatric Social Work & Dy Registrar (Academics), IHBAS
DR. SHAHZADI MALHOTRA Associate Professor Department of Clinical Psychology IHBAS	DR. BHAVUK GARG Associate Professor Department of Psychiatry Lady Harding Medical College
DR. NIDHI PRAKASH Assistant Professor Department of Psychology Arts Faculty, University of Delhi	DR. PRIYAKA ANJAN RAO Assistant Professor Department of Psychology Arts Faculty, University of Delhi
DR. VIBHA SHARMA Professor & Head & M.Phil Course Coordinator Department of Clinical Psychology, IHBAS	

INTRODUCTION

The Institute of Human Behaviour and Allied Sciences (IHBAS) was established to comply with the directive of the Hon'ble Supreme Court in response to public interest litigation. The court observed that IHBAS should be an apex institute similar to NIMHANS, Bangalore. The Institute is an autonomous body registered under the Societies Act. The nature of the institute has been outlined as modern, state of the art tertiary care centre and post graduate training Institute for Behavioural, Neuro and Allied Sciences.

IHBAS with a multidisciplinary approach is serving the people with the following major objectives i.e.

- *To provide high quality super specialty care using state of-the-art technology in psychiatry, neurology, Neurosurgery and Behavioural sciences;*
- *To conduct research in the field of Psychiatry, Neurology, Neurosurgery and Behavioural sciences; and*
- *To provide comprehensive training at MD, DM, M. Phil, Ph.D. & post doctoral levels in Psychiatry, Neurology, Neurosurgery and Behavioural sciences.*

The Institute utilizes a unique approach through its Clinical (Psychiatry, Neurology and Neurosurgery), Social (Clinical psychology, Psychiatric social work and Medical Anthropology) and Basic Sciences (Neurochemistry, Microbiology, Neuropsychopharmacology and Pathology) to ensure a truly comprehensive management of mental and neurological disorders.

In pursuance of its objectives the Institute has been involved in the following activities.

- *Hospital and community based patient care services including preventive/ curative and rehabilitation services for the people of Delhi and neighbouring states of north India.*
- *Post graduate teaching/training in Psychiatry, Neurology, Neurosurgery, Clinical psychology, Psychiatric social work, Psychiatric nursing and other related disciplines.*
- *Basic and applied inter-disciplinary research in Neuropsychiatry and Behavioural sciences.*

The Hospital for Mental Diseases (HMD), Shahdara, was established in 1956 and converted into a multidisciplinary institute under the Societies Act 1991. Since its inception in 1993, it has served as a good example of how judicial intervention can bring about changes for the benefit of the patients.

IHBAS uses a multidisciplinary approach towards preventive, curative and rehabilitative aspects of mental health and aspires to bring modern biological, physical and psychological knowledge combined with ancient wisdom of traditional systems of medicine through a psychosocial and socio-cultural approach under one roof. This integrated approach may help to unravel the myth of abnormal behaviour of human beings. One of the greatest achievements of this institute in the initial stage has been that more than 300 long stay patients who recovered and did not require any further hospitalization were successfully reintegrated into their families.

Today, IHBAS has developed into a unique apex institute using an integrated approach for the study of body, mind and behaviour. The multidisciplinary approach reflects upon the three spheres of activities i.e., patient care (including community oriented services), research, and

teaching & training. The clinical services in the areas of Mental Health, Neuro and Behavioural Sciences are supported by modern investigative procedures. Thus the advances in the basic science's research are integrated with the clinical services. This initiates both, new responsibilities and new perspectives in further development of scientific and clinical activities of the institute. Current activities of the institute include:

- Treatment of psychiatric, neurological disorders and neurosurgical intervention,
- Regional resource centre for Northern and Western India under National Mental Health Programme (NMHP) and District Mental Health Programme (DMHP).
- A total of eight specialty clinics namely Child and Adolescent Clinic, Mental Retardation Clinic, Marital & Psychosexual Clinic, Tobacco Cessation Clinic, Neuro Behaviour Clinic, Drug Abuse Treatment and Rehabilitation Clinic, Movement Disorder Clinic, Epilepsy Clinic and Pain Relief Clinic & Pre-Anaesthetic Check up Clinic are run by the institute covering specialized needs of patients with various disorders.
- Development of policies and programs related to mental health.
- Collection of epidemiological data on mental, behavioural and neurological disorders & development of Community oriented services.
- Research in the area of biological and psychosocial aspects of mental disorders; psychopharmacological aspects of alcohol abuse and drug dependence; vascular and degenerative disorders of central nervous system; application of newer psychopharmacological approaches in the treatment of neuropsychiatric disorders.
- Postgraduate training in Clinical Psychology Psychiatry, Neurology, Neurosurgery and other allied disciplines.

The above mentioned tasks are conducted through a multidisciplinary approach by the following 14 departments:-

S.No.	Department	S.No.	Department
1.	Clinical Psychology	9.	Psychiatric Social Work
2.	Psychiatry	10.	Epidemiology
3.	Neurology	11.	Bio-Statistics
4.	Neurosurgery	12.	Neuro-radiology
5.	Neurochemistry	13.	Neuro-anesthesia
6.	Microbiology	14.	Medical Anthropology
7.	Pathology	15.	Human Behaviour
8.	Neuro-psychopharmacology	16.	Psychiatric Nursing

This institute with multidisciplinary approach is growing with a mission to become a centre of excellence for delivery of patient care, teaching, training and research in the field of mental health, behavioural and neurosciences by translating it's given mandate and by developing a new vision.

There are seven supportive sections and one Yoga Centre.

- Pharmacy
- Medical store
- Physiotherapy
- Occupational therapy
- Day care and vocational training centre
- Hospital kitchen
- Library and documentation services

PATIENT CARE AT IHBAS:

IHBAS provides outpatients and inpatients care facility in Mental Health and Psychiatry, Neurology and Neurosurgery.

IHBAS conducts regular speciality clinics to provide specialized services to patients with certain specific disorder or problems in the afternoon hours.

- i. **Child & Adolescent Mental Health services/Clinic:** A weekly child and adolescent mental health clinic provides mental health care to the children and adolescents. The clinic held every Monday. In-patients facility is also available to this age group of patients.
- ii. **Mental Retardation Clinic:** This clinic was setup in December 1999, to cater to the needs of persons with Mental Retardation on weekly basis with the help of a multidisciplinary team consisting of Psychiatrists, Clinical Psychologists and psychiatric social workers. Special parent training programmes are also organized for parents of children with mental retardation. The clinic held every Wednesday.
- iii. **Marital & Psychosexual Clinic:** This is a weekly speciality clinic, which provides specialized services to the patients suffering from psychosexual and marital problems. A joint team of psychiatrists and clinical psychologists is engaged in providing these services. The clinic held every Friday.
- iv. **Tobacco Cessation Clinic:** This clinic is part of a National Tobacco Initiative by Ministry of Health and Family Welfare, Government of India and World Health Organization. Services of this clinic are available thrice a week on every Monday, Wednesday and Friday afternoon under the care of a multidisciplinary team. The treatment modalities offered are both pharmacological and psychosocial with emphasis on counselling and behaviour at management.
- v. **Neuro Behavioural Clinic:** Services of this Clinic are available on every Friday afternoon with a provision of a joint team of Neurologists, Psychiatrists and Clinical Psychologists. Clinic provides services to the patients with behavioural disturbances associated with various medical and neurological illnesses.
- vi. **Drug Abuse Treatment and Rehabilitation Clinic:** This clinic is functional twice a week on Wednesday and Friday afternoon and offers service to the patients with problems of drug abuse and alcoholism. A multidisciplinary team of Psychiatrists, Clinical Psychologists and Psychiatric social workers is running the clinic. As for requirement the patients are admitted for four to six weeks for comprehensive indoor treatment. A multidisciplinary team consisting psychiatrist, clinical psychologists and psychiatric social workers is running the clinic.
- vii. **Movement Disorder Clinic:** The clinic held every Wednesday for patients with drug induced movement disorders like Parkinson's disease, Dystonia, Progressive Supranuclear palsy, etc. Advanced treatment like botulinum toxin injections are given to the patients with focal dystonia.
- viii. **Epilepsy Clinic:** This clinic is run every Monday with an aim to treat but also provide knowledge about epilepsy to patients and their family members, through direct interaction and brochures. Support groups share their problems & experiences guided by social worker. Special attention is paid to women, children and chronic epilepsy patients who are refractory to treatment.

IHBAS also runs **Neuro- Palliative Care Clinic, Wellness Clinic, Ayush Services and Legal Aid Services for Patients.**

Inpatient Services:

Inpatient services are available in Psychiatry, Neurology and Neurosurgery.

Ayush/Holistic Services at IHBAS:

- *Homeopathy Clinic on Monday & Thursday*
- *Ayurvedic Clinic on Tuesday & Friday*
- *Unani Clinic on Wednesday & Saturday*

Community Outreach Services: Community outreach programmes have been initiated to take Neuropsychiatric care to the doorstep of the people. Simultaneously, this also aims to educate and create awareness in the public regarding these disorders and to eliminate the stigma and myths associated with mental illnesses. Encouraging response has been seen in the clinics located at Jahangirpuri, Dwarka, Chatarpur, Moti Nagar & Timarpur and mobile health clinic for homeless near Jama Masjid.

SAKSHAM

(HWH/LSH)

Institute of Human Behaviour and Allied Sciences (IHBAS)

Two halfway homes/long stay homes were opened on 17/02/07 and named Saksham-A for women and Saksham-B for men. This is the first government run home in a hospital campus to ensure that these patients are not neglected. Latter formal inauguration done by Hon'ble Health minister (Govt. of NCT, Delhi) in presence of secretary health (govt. of NCT, Delhi) and other dignitaries on 03.03.2017. These two Half Way Homes at IHBAS will be a model for other homes which would be evolving in different parts of Delhi.

IHBAS at a Glance....

THE UNIQUE FEATURES OF IHBAS ARE:

- *IHBAS is the first across Government and Private sector Specialised mental Health and Neuro Sciences Hospital to Achieve NABH Accreditation, since 2012.*
- *IHBAS also got India Health Care Award 2012-13 & 2015-16 as the best single speciality hospital amongst many National and State level mental health institution by CNBC-TV 18 and ICICI Lombard after detailed and rigorous methodology by IMRB through 3 phases involving, patients, doctors and eminent jury.*
- *IHBAS has received prestigious International Award in Health Care by the European Medial Association. Rose of Paracelsus for “Best Medical Practice”.*
- *IHBAS was also 3rd Price Winner under “KAYAKALP” for all the hospitals of the State/ under the Govt. Of India Programme for “improvement of Hospitals” in 2015.*
- *IHBAS is GOI's Centre of Excellence in Mental Heath under National Health Programme (NMHP)*
- *Actively involved in community health programme & community participation.*
- *Significant impact of IHBAS Research on National Programmes and Policies.*
- *Post Graduate Training Course-MD Psychiatry, DM Neurology, M.Phil. Clinical Psychology & Ph.D Courses.*



DEPARTMENT OF CLINICAL PSYCHOLOGY AT IHBAS

The Department of Clinical Psychology was established in October 1996 with an objective to provide various psychological services (as per initial Project report vide Honourable Supreme court orders) to the society and in particular to train clinical psychologists to staff Psychiatry Units, Neurology Clinics, Child & Adolescent Mental Health Centres, Institutions for the Mentally Handicapped, Prisons, Borstal schools, Rescue homes, Orphanages, Marital Counselling and Vocational Guidance Centres. Apart from these services and training areas the department was also entrusted the responsibility to involve in active research.



In the initial five years, catering to the needs of outdoor and indoor patients i.e. Psycho diagnostic, Psychotherapeutic & Rehabilitative services were the major responsibilities along with expansion of the department. This was followed by setting up of a Psycho clinic cum Lab equipped with all necessary psychological tests and therapeutic equipments.

At present the department extends Psycho-diagnostics and Psychotherapeutic services to both outdoor and indoor patients referred from Department of Psychiatry, Neurology and various specialty clinics encompassing Neuro Behavioural clinic, Marital and Psycho sexual clinic, Drug Abuse Treatment and Rehabilitation clinic, Tobacco Cessation clinic, Motor Behaviour clinic, Epilepsy clinic, Child Guidance clinic and Mental Retardation clinic.

Further, Psychosocial Rehabilitation and Community Oriented Services are the major areas where department is actively involved to provide the required services. The department is continuously evolving and equipping itself to deal with the growing and dynamic challenges posed by the day-to-day increasing number of patient population and their integration into the mainstream.

All best efforts are made to ensure quality service as per requirement and to reduce waiting time of the clients attending Clinical Psychology OPD and availing various other clinical services.

Neuropsychology Unit of the departments was set up in the year 2005. This was followed by setting up Behavioural Medicine & Behaviour Therapy Unit of the department in the year 2008.

Department has been able to attract many post graduate (M.A. Final Year) Psychology students from various Universities who are placed in the department for exposure to the clinical work under supervision.

In the year 2004, **M. Phil Clinical Psychology Training Programme** (2 years full time supervised practical clinical training) commenced, affiliated to University of Delhi under Faculty of Medical Sciences. By the end of academic session 2021-23, seventeen batches of students qualified as Clinical Psychologists. These all Clinical Psychologists have been able to get employment in Government/Public Sectors, Private Hospitals and in the Universities. A few of them are pursuing their studies for higher degree (Ph.D) from Institutions of repute including AIIMS and NIMHANS.

M.Phil in Clinical Psychology training program at IHBAS

The Course commenced in the year 2004. The aim of M. Phil Clinical Psychology training programme is to train clinical practitioners with an orientation to research. The course gives a comprehensive coverage of (1) Psycho-diagnostic assessment (2) Counselling and psychotherapy (3) Family & marital therapies (4) Behavioural Medicine and Behaviour therapy (5) Child & Adolescent Mental Health (6) Management of Substance Abuse (7) Psychosocial Rehabilitation (8) Neuropsychology (9) Biofeedback Therapy (10) Disability Assessment & Certification and (11) Emergency Mental Health. The didactic lectures, clinical teaching through ward rounds, case conferences and topics discussion is held regularly. The seminars and Journal clubs provide additional input. The research orientation is given through the dissertation on the clinically relevant topics. Candidates work under supervision, with adult and child populations with a range of psychiatric and neurological problems, thereby gaining clinical expertise. Course is recognized by Rehabilitation Council of India.

More about the Course

M. Phil. Clinical Psychology Examinations are conducted by the department under the supervision of M.Phil. Clinical Psychology Committee: University of Delhi under Faculty of Medical Sciences (Vide ordinance VI-A-3, Approved By the Academic Council of University of Delhi on 07-06-2006 Vide Agenda Item No. 52.1.41) in Two parts

Part I: Three theory Courses, on Psychosocial Foundations of Behaviour, Statistics and Research Methodology and Psychiatry. There will be practical exam in Psycho-diagnostic based on Clinical work and Viva-Voce. As part of the practical Exam candidates will be required to submit five cases with full length Psycho-diagnostic records.

Part II: After passing the examination in the courses as above only, a candidate will be allowed to appear in the M. Phil. Clinical Psychology Part II examination. Three Theory Courses are prescribed viz. Biological Foundations of Behaviour, Psychotherapy and Counselling, and Behavioural Medicine. There will be Practical Exam in Clinical Applications of Psychology based on Clinical and Viva-Voce. Under this Practical Exam candidates will also submit five fully worked out Therapeutic Case Records.

Note: The first examination on the three courses as mentioned above will be held in the middle of the course on the dates approved by M.Phil Committee.

The final year examination will be held by the end of 2nd academic year on the dates approved by M. Phil Committee.

The M. Phil. Committee may revise the courses after the review from time to time.

No student shall be allowed to appear in any part of the examination more than twice and a student must clear the M.Phil Examination within four years of his/her initial registration for the M. Phil full-time programme. A candidate, who after having fulfilled the attendance requirements etc. and being otherwise eligible to appear in the examination fails to appear for the same he/she will be required to appear/ reappear at the same on his being enrolled as ex-student.

Division / class shall not be awarded to a candidate, who fails to pursue the course on a continuous basis or fails or absent himself/ herself from appearing in any of the University theory and practical examination of Part I and Part II. The merit class (distinction/ first division) shall be awarded to those candidates who pass both Part I and Part II examination in first attempt.

No candidate shall be permitted to appear either of Part I or Part II examination more than two times.

Note: A minimum of three months additional attendance shall be necessary for a candidate before appearing for the examination in case he/she fails to clear Part II examination within a period of three years from the year of admission to the course.

Dissertation:

The students are required to write and submit dissertations on subjects approved by the committee under the supervision of the supervisor appointed for the purpose from the concerned department: Clinical Psychology.

The dissertation will be submitted on or before a date fixed up by the M.Phil Committee.

In special circumstances M. Phil committee may grant extension for submission of dissertations to any candidate on request for a maximum period of six weeks.

If dissertation is not submitted within one month of stipulated date, the same shall be treated in relation to the next year examination and the student will be required to fulfil all the formalities, including filling up fresh examination form for the purpose.

The dissertation will be submitted only when the supervisor(s) concerned is/are satisfied i.e. the dissertation is worthy of consideration in part fulfilment of the M. Phil Degree, provided that the application for submission of dissertation shall also be countersigned by the head of the department concerned.

The dissertation may include results of original research, a fresh interpretation of existing facts and data of a review article of a critical nature or may take such other form as will be determined by the committee on recommendation of the department concerned.

A candidate who has not appeared or failed in Part I examination shall be allowed to continue the course for the second year and to take up the dissertation.

Students shall be permitted to submit his/her dissertation only when he has passed the examination in all the three courses prescribed in Part I.

In case a student does not clear all the courses of the examination as prescribed in Part I/ Part-II; the M. Phil Committee will arrange a special examination within six months from date of declaration or result of M.Phil Examination.

The evaluation of candidates both in respect of courses and dissertations to be submitted by them shall be done numerically. The minimum marks required to pass the M. Phil. Examination shall be 50% marks in the aggregate of written courses, 50% marks in the practical courses and 50% marks in the project report/dissertation including viva-voce separately.

The successful candidates of the M. Phil Examination shall be classified as follows:

I Division with distinction	75% marks in the aggregate or above.
I Division	60% marks in the aggregate or above but below 75% marks
Pass	All others (with Minimum 50% marks)

FEE STRUCTURE

S#	Particulars	Amount	Details
1.	University Fee	As per the DU norms	All Inclusive (i.e. admission, enrolment, examination, mark-sheet, degree, NSS, athletic etc.) The payment will be done through the candidate on University of Delhi online Portal.
2.	Caution Money for Library membership Charge (For two Cards)	Rs.2000/-	Refundable on completion of the course
3.	Caution Money for Clinical Psychology Lab	Rs.4000/-	Refundable on completion of the course
4.	Hostel Charges inclusive of Water and electricity	Rs.470/- Per month	Per month deducted from stipend in case of stipendiary candidates.
5.	M.Phil. Training Development Fee	Rs.1000/- Per month	Per month deducted from stipend for stipendiary candidates.
6.	Ex Student Fee	Rs.500/-	
7.	Others	As notified by the Institute at the time of admission	

NUMBER OF SEATS:

Following reservation of seats is applicable to the course in the academic sessions 2025-27: (UR-, SC-, ST-, OBC- and Economically Weaker Section (EWS)).

S#	Category	Number of Seats
1.	General Category/Unreserved	05
2.	Schedule Caste (SC)	02
3.	Schedule Tribe (ST)	01
4.	OBC	02
5.	Economically Weaker Section (EWS)	01
	Total Seats	11

Duration and Qualification:

Duration: 2 years full time course.

Qualification: M.A./M.Sc. in Psychology/Applied Psychology/Cognitive Psychology/ Clinical Psychology/Counselling Psychology/ Health Psychology from a UGC recognized University with minimum 55% marks in the aggregate for General category and 50% for SC, ST,OBC & EWSs.

Note:

1. Number of seats and reservation may vary as per the direction and issued order by the Government of NCT of Delhi, Government of India and University of Delhi.

Method of Selection:

The selection will be based upon marks obtained in the entrance test conducted by Examination Department, University of Delhi. The entrance test will be of a MCQ type consisting of 100 questions to be answered in 1.5 hours (90 minutes). There will be no interview. (The syllabus of entrance test will be that of P.G. level psychology course).

Important Dates:

1. Last date for the submission of application: **31st July 2025**
2. Written Entrance Test: **31st August 2025 (Sunday)(Tentative)**
3. Date of Counselling and Document Verification: **To be notified after Entrance Examination.**

Entrance Test:

The Entrance Test will be held on the verified date at the centres decided by the University of Delhi. The Pattern of the test is as follows:-

1. There will be 100 multiple choice questions in the paper. Number of questions will be distributed across the subjects/papers of P.G. level Psychology Course as follows:

Area	Marks	Area	Marks
General Psychology	10	Personality	10
Social Psychology	10	Developmental Psychology	10
Physiological Psychology	10	Clinical Psychology	25
Statistics & Research Methodology	10	Abnormal Psychology	15

2. Each question is followed by 4 alternative choices.
3. Total time allotted is one and half (1.5) hours.
4. There is no negative marking.
5. Result of the written test is declared and selected candidates are called for counselling and document verification on a suggested date.

Once qualified, the selected candidates must join the course, after paying the necessary fees on or before the dates stipulated in the selection letter; failing which the selection shall automatically stand cancelled. The Institute shall offer such seats to the candidates in the waiting list in the order of merit.

Note: All selected candidates will be considered for a payment of stipend @ Rs.25000/ p.m. excluding in-service and foreign candidates. Fee structure is subject to revision time to time as per University of Delhi/ Concerned department/ Institute's rules.

COURSE STRUCTURE

Distribution of Marks and Internal Assessment(Based on RCI Guidelines)-

1st Year – Part I Examination		
Subject	Total Marks	Pass %
Group ‘A’		
<i>Psycho social Foundations of Behaviour</i>	<i>100 (Written 70 and Internal Assessment 30)</i>	<i>50</i>
<i>Statistics & Research Methodology</i>	<i>100 (Written 70 and Internal Assessment 30)</i>	<i>50</i>
<i>Psychiatry</i>	<i>100 (Written 70 and Internal Assessment 30)</i>	<i>50</i>
<i>Psycho diagnostics (Clinical & Viva)</i>	<i>External assessment 70 and Internal assessment 30</i>	<i>50</i>
Group- ‘B’		
<i>Submission of 5 Cases of full length Psycho diagnostics</i>	<i>100 (Internal Assessment based on Year long Clinical and Academic Performance)</i>	<i>50</i>

2nd Year – Part II Examination		
Subject	Total Marks	Pass %
Group ‘A’		
<i>Biological Foundations of Behaviour & Neuropsychology</i>	<i>100 (Written 70 and Internal Assessment 30)</i>	<i>50</i>
<i>Psychotherapy and Counselling</i>	<i>100 (Written 70 and Internal Assessment 30)</i>	<i>50</i>
<i>Behavioural Medicine</i>	<i>100 (Written 70 and Internal Assessment 30)</i>	<i>50</i>
<i>Practical /Clinical & Viva Voce in Clinical Applications of Psychology</i>	<i>200 (Internal Assessment 60 and Assessment by External examiner 140)</i>	<i>100</i>
Group ‘B’		
<i>Submission of 5 fully worked out Therapeutic Case Records</i>	<i>100 (Internal Assessment based on Year long Clinical and Academic Performance))</i>	<i>50</i>
Group ‘C’		
<i>Dissertation</i>	<i>100 (Assessment by External examiner 70 and Internal Assessment 30)</i>	<i>50</i>

Guidelines for Internal Assessment for training

Each M. Phil. Clinical Psychology candidate will be internally evaluated on the basis of his/her day to day work i.e. punctuality, discipline, sincerity and involvement in work, completion of assignments within time, presentations in academic forums (clinical case conference, journal club and academic seminars etc.), interpersonal acumen, communication skills, quality of academic and clinical work, mastery in psycho diagnostics, pass-out performances for different psychological tests and procedures, psychotherapeutics, and feedback from the consultants in other departments in supervisory capacity. Internal Assessment is carried out once in Part I and Part II which involves written, viva, and supervised clinical work.

Internal assessment for examination

In each paper 30% marks will be determined on the basis of written/clinical exams, viva-voce and supervised clinical work. These marks will be added to the marks allotted to the respective subjects in the yearly final examinations. The results of the final examinations will be declared on the basis of the total so obtained. The guidelines for allotting the internal marks may be prepared by the institution concerned.

Minimum prescribed clinical work during the two year of training.(As per RCI Guidelines)

S.NO.	Particulars	1 st Year	By the end of 2 nd Year*
1.	Detailed case histories	50	70
2.	Clinical Interviews	40	60
3.	Full Length Psychodiagnostic Evaluation	40	50
4.	Neuropsychological Assessment	05	10
5.	Therapeutics		
	i) Behavioural Interventions		200 hours
	ii) Psychological Therapies		200 hours

* Includes the work done in 1st year

Therapy work shall not be less than 25 hours of work in each of the following areas:

- Therapies with children
- Individual therapies with adults
- Family/marital/group therapy
- Psychological and / or Neuropsychological rehabilitation

DEPARTMENT OF CLINICAL PSYCHOLOGY

Academic Faculty/Staff and Research Interests

Dr. Vibha Sharma, Professor & Head

Neuropsychology, Women mental health, Spirituality and Mental Health, Spiritually augmented cognitive Behaviour, Therapy, Hypnotherapy, Research methodology.

Dr. Uday K. Sinha, Additional Professor

Child and Adolescent Mental Health, Psychotherapy Process, Legal aspect of Mental Health, Professional Development and training in the area of Mental Health, Cognitive Behaviour Therapies, Family and Parenting intervention, Stress & Burnout Management.

Dr. Prerna Sharma, Associate Professor

Third wave & fourth wave therapies, Behavioural addiction etc.

Dr. Shahzadi Malhotra, Associate Professor

Child and Adolescent Mental Health etc.

Dr. Naveen Grover, Assistant Professor

Psychotherapy supervision, Psychotherapy Process issues, Cognitive Behaviour Therapy, Mental Health in students, Adult Survivors of Child Sexual abuse.

Dr. Manisha Jha, Assistant Professor

Neuropsychology, Cognitive Rehabilitation.

Dr. Rudrani Chatterjee, Assistant Professor

Psychodynamic Psychotherapies & Projective Assessment.

Dr. Amrita Sahay, Assistant Professor

Disability & Rehabilitation

Dr. Godishala Satyanarayan Goud, Assistant Professor

Disability & Rehabilitation

General Instructions

1. Applications received after the closing date or which are not complete in all respects will not be considered.
2. The dully filled in application form along with all necessary documents should be sent to the office of "Head, Department of Clinical Psychology, Room No.-122, Academic Block, Ist Floor, IHBAS, Dilshad Garden, Delhi-110095" only by registered/speed post or delivered personally on or before **31st July 2025**. Application sent through e-mail/online submissions will not be accepted. The Institute takes no responsibility for any delay in the receipt or loss of application in transit.
3. All claims made in the application must be supported with documentary proof.

4. *Employees of State or Central Government or of any Public Sector Undertaking of State Government should send their applications through their employers. However, the advance copy of the application (complete in all respects) can be sent. In case the application is not received through the employer before the date of the Entrance test, a NO OBJECTION CERTIFICATE from the employer should be produced at the time of Entrance test failing which the candidate will not be allowed to appear in the entrance test.*
5. *Candidates called for Entrance test and counselling will have to make their own arrangements for stay. No TA/DA will be paid by IHBAS, Delhi.*
6. *The decision of the Director of the Institute; as per recommendations of the selection committee shall be final in matters of selection of candidates for admission to the course and no appeal shall be entertained on the subject.*
7. *No individual intimation will be sent to candidates who are not selected and no correspondence on this subject will be entertained.*
8. *Course is conducted on full time basis. Private Practice in any form is prohibited. The candidates are strictly not permitted to undertake any other part time or correspondence courses.*
9. *All candidates admitted to the Institute shall maintain good conduct, attend their classes regularly and abide by the regulations of the Institute.*
10. *Selected candidates shall have to submit migration certificate from the University from which they have passed the last qualifying examination, at the time of joining the Institute.*
11. *All the students receiving stipend from the Institute and admitted to the course will be on contract service for the duration of the studies. They are required to submit a contract bond on a non-judicial stamp paper of the value of Rs.100/-. The bond, duly completed in all respects, shall be submitted at the time of joining, failing which they will not be allowed to join the course.*
12. *List of Selected candidates will be available on Institute website.*
13. *Any changes in date, time venue and/ or schedule of the Entrance Test, Interview will be announced on our website and notice boards, no individual intimation will be given to the candidates.*
14. *The candidates are requested to keep themselves updated by visiting our website regularly from time to time.*
15. *The rules and regulations in this prospectus are subject to change in accordance with the decision of the Institute from time-to-time based on the recommendations of M.Phil Clinical Psychology Committee, University of Delhi.*

WARNING

In case any candidate is found to have supplied false information or certificate or is found to have withheld or concealed some information, he/she shall be debarred from continuing the course and shall face such appropriate action initiated against him/her by the Director of the Institute.

RAGGING

Ragging is banned in this institution and if any incident of ragging comes to the notice of the authority, the concerned student shall be given liberty to explain and if his/her explanation is not found satisfactory, the authority would expel him/her from the Institute.

The candidates along with the parents/guardians of the candidates have to sign a declaration that they are aware about ragging being banned at this institution and if found

indulging in ragging, the concerned student shall be given liberty to explain and if his/her explanation is not found satisfactory, the authority would expel him/her from the Institute.

ACCOMMODATION

Institute provides hostel accommodation to all M.Phil Students. There are two hostels available for M.Phil Students. One of them is combined hostel for male and female students and the other one is exclusively for female students. Students are allotted accommodation in either or two hostels as per their choice and availability of rooms. The accommodation generally will be a single room facility and is partially furnished. Family accommodation is not available. Candidates who are admitted to the M.Phil course are required to pay Rs. 470/- per month towards accommodation, electricity and water charges.

The warden appointed by the Director shall have general supervision over the hostels. Those residing in the hostel are required to adhere to hostel rules and regulations.

DEPARTMENTS AND FACULTY OF THE INSTITUTE

CLINICAL PSYCHOLOGY

*Dr. Vibha Sharma, M. Phil, Ph. D., Professor & Head
Dr. Uday K. Sinha, M. Phil, Ph. D., Additional Professor
Dr. Prerna Sharma, M.Phil, Ph.D., Associate Professor
Dr. Shahzadi Malhotra, M.Phil, Ph.D., Associate Professor
Dr. Naveen Grover, M. Phil, Ph. D., Assistant Professor
Dr. Rudrani chatterjee, M.Phil, Ph.D., Assistant Professor
Dr. Amrita Sahay, M.Phil, Ph.D., Assistant Professor
Dr. Godishala Satyanarayan Goud, M.Phil, Ph.D., Assistant Professor*

PSYCHIATRY

The Department of Psychiatry is running MD course in Psychiatry which commenced in the year 2003, with current intake capacity of eight students every year.

*Dr. S. D. Sharma, M.D. (Psychiatry), Emeritus Professor
Dr. Deepak Kumar, M.D. (Psychiatry), D.N.B. (Psychiatry), Professor & Head
Dr. Om Prakash, M.D. (Psychiatry), Professor & DMS
Dr. Amit Khanna, M.D. (Psychiatry), D.N.B. (Psychiatry), Associate Professor
Dr. Pratibha Gehlawat, M.D. (Psychiatry), Associate Professor
Dr. Shipra Singh, M.D. (Psychiatry), Associate Professor
Dr. Aparna Goyal, D.P.M, DNB (Psychiatry), Associate Professor
Dr. Manoj Kumar, M.D. (Psychiatry), D.N.B. (Psychiatry), Assistant Professor
Dr. Mahadev Singh Sen, M.D. (Psychiatry), D.N.B. (Psychiatry), Assistant Professor
Dr. Rashmita Sahay, M.D. (Psychiatry), Assistant Professor
Dr. Anadrika Debbarma, M.D. (Psychiatry), Assistant Professor
Dr. Shruti Garg, M.D. (Psychiatry), Assistant Professor
Dr. Pooja Shakya, M.D. (Psychiatry), Assistant Professor
Dr Nisha Prajapati, M.D. (Psychiatry), Assistant Professor*

NEUROLOGY

The Department of Neurology is running DM Neurology course which commenced in the year 2008 with intake capacity of three students every year.

Dr. M. Gouri-Devi, M.D. (Medicine), D.M. (Neurology), Emeritus Professor
Dr. Rajinder K. Dhamija, Director & Professor
Dr. Suman Khushwaha, D.M. (Neurology), Professor & Head
Dr. Aldrin Anthony Dungdung, M.D. (Medicine), D.N.B. (Neurology), Assistant Professor
Dr. Siddharth Maheshwari, M.D. (Medicine), D.M. (Neurology), Assistant Professor
Dr. Mridula Singh Rustagi, M.D. (Medicine), D.M. (Neurology), Assistant Professor
Dr. P. Ashwin Kumar, M.D. (Medicine), D.M. (Neurology), Assistant Professor

NEUROSURGERY

Dr. P. K. Upadhyay, MBBS (Gold Medal), MS (Surg), DNB (Gen Surg), MCh (Neuro / DNB (Neurosurgery), MNAMS, Associate Professor & Head
Dr. V.K.S. Gautam, M.S., MCh, Assistant Professor

NEUROCHEMISTRY

Dr. Rachna Agarwal, M. D.(Medical Biochemistry), Assistant Professor
Dr. Shilpa Bhardwaj, M.D.(Medical Biochemistry) & Associate Professor
Dr. Aastha Bansal, M.D.(Medical Biochemistry), Assistant Professor

MICROBIOLOGY

Dr. Rajeev Thakur, M.D. (Microbiology), Professor & Head
Dr. Renu Goyal, M.D. (Microbiology), Assistant Professor
Dr. Sonali Bhattar, M.D. (Microbiology), Associate Professor

PATHOLOGY

Dr. Sujata Chaturvedi, M. D. (Pathology), Professor & Head
Dr. Anshu Gupta, M.D. (Pathology), Associate Professor
Dr. Ishita Pant, M.D. (Pathology), Assistant Professor

NEUROPSYCHOPHARMACOLOGY

Dr. Sangeeta Sharma, M.D. (Pharmacology), Professor & Head
Dr. Devesh Gupta, M.D. (Pharmacology), Associate Professor

PSYCHIATRIC SOCIAL WORK

Dr. Jahanara M. Gajendragad, M.Phil., Ph.D., Professor & Head
Dr. Satabdi Chakraborty, M.Phil, Ph.D., Additional Professor
Dr. Arif Ali, M.Phil, Ph.D., Associate Professor
Dr. Pravin B. Yannawar, M.Phil, Ph.D., Assistant Professor
Dr. Saswati Chakraborti, M.Phil, Ph.D., Assistant Professor

EPIDEMIOLOGY

Dr. Sarbjeet Khurana, M. D. (Community Medicine), Associate Professor & Head

BIOSTATICS

Dr. C. B. Tripathi, M. Sc., Ph. D., Associate Professor & Head

NEURORADIOLOGY

Dr. Monali Raval, M. D. (Radiology), Assistant Professor & Head

NEUROANESTHESIA

Dr. Gaurav Dwivedi, Additional Professor & Head
Dr. Arvind Kumar Arya, Associate Professor
Dr. Monika Goyal, Assistant Professor
Dr. Dipti Agarwal, Sr. Specialist

MEDICAL ANTHROPOLOGY

Dr. Ravinder Singh, M. Sc., M.Phil., Ph. D., Associate Professor & Head

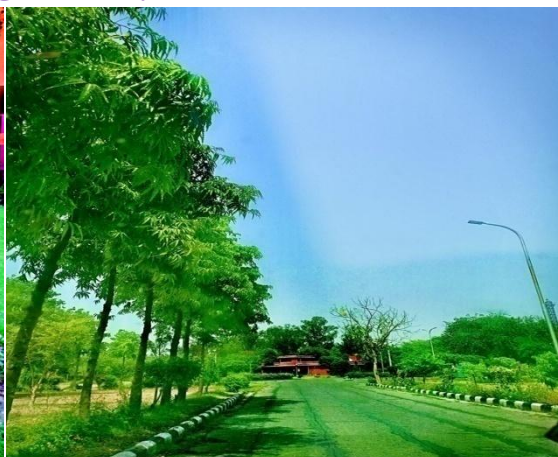
HUMAN BEHAVIOUR

Dr. Sushma Kumari, Assistant Professor (Social Work)
Dr. Kalindi Sharma, Assistant Professor (Social & Cultural Anthropology)
Dr. Amrita Pain, Assistant Professor (Psychology)
Dr. Rajesh Kumar Nagarkoti, Assistant Professor (Education)

PSYCHIATRIC NURSING

Dr. Sushil Kumar Maheshwari, Associate Professor
Dr. Renju Sussan Baby, Associate Professor
Dr. Achla Dugudu Gaikwad, Assistant Professor

IHBAS PICTURE GALLERY:



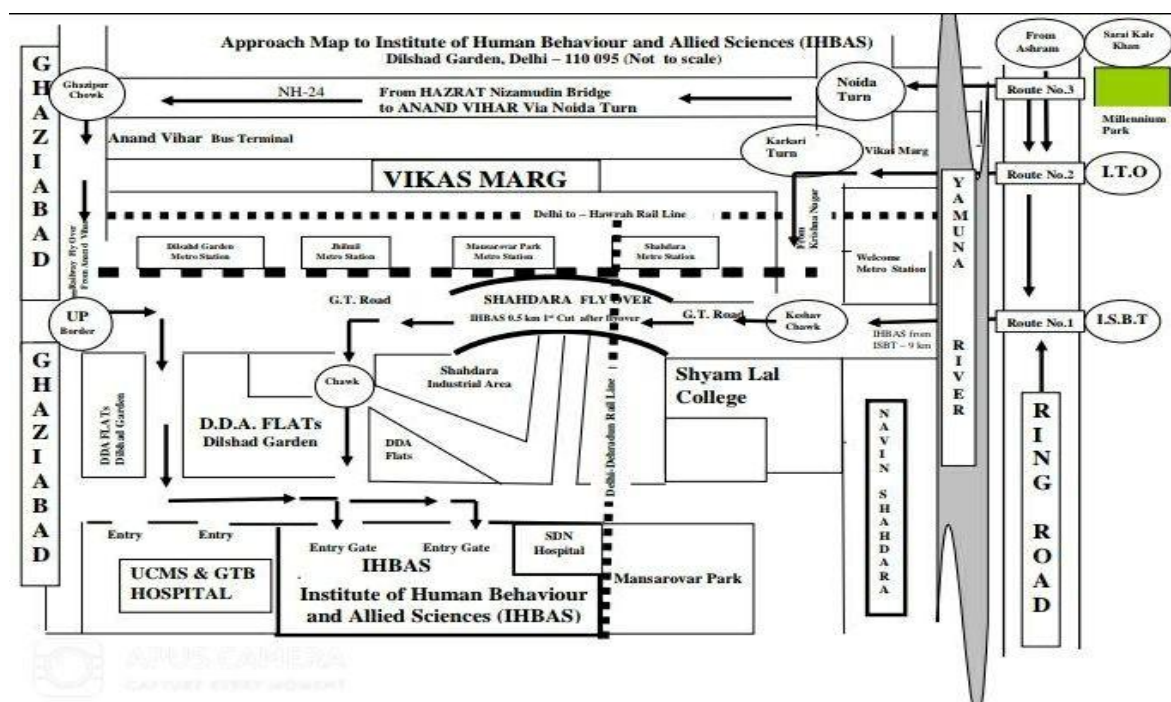
IHBAS LOCATION & MAP

Location: The IHBAS Institute is located in East Delhi (Trans Yamuna) at Dilshad Garden (Road No.64 and is very close to Dilshad Garden and Nand Nagri , DTC Bus Terminals adjacent to SDN Hospital, G.T.B. Hospital and G.T. Road.

Bus Routes for Hospitals : 280, 281,164, 33, 333, 212, 375,205, 235, 239, GL 36

Nearest Metro Station: **Jhilmil** (approx 300-400 meter) and **Mansarovar Park** (approx 200 meter from Mansarover Park Metro Station).E-Riksaw are available from Jhilmil and Mansarover Park Metro Station.

Location	Dilshad Garden, Delhi-110095
Bus Routes	280, 281, 164, 33, 333, 212, 375,205, 235, 239, GL 36
Police Station	GTB Enclave
Nearest Metro Station	Jhilmil and Mansarovar Park



Contact Us

Dr. (Prof) Rajinder K. Dhamija

Director, IHBAS

Dilshad Garden,

Delhi-110095 (INDIA)

Fax : 22599227, 22114066

Tel.:22112136(0), Email : directoroffice-ihbas@delhi.gov.in

Dr. Dinesh K. Kataria

Chairman, M.Phil (CP) Committee

Director Professor & Head,

Department of Psychiatry, University of Delhi

Delhi

Dr. Vibha Sharma

Professor & Head

Department of Clinical Psychology

& M.Phil. Course Coordinator

Room No. 125, Academic Block, 1st Floor,

Dilshad Garden, Delhi-110095 (INDIA)

Email-ihbasmpil.appl@delhi.gov.in