MPCP-2024

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Test Booklet Serial No.....

	PAPER – I
	TEST BOOKLET
	(Read the instruction carefully before starting to answer)
	: 90 Minutes Max Marks: 100
No. o	of Questions: 100
1.	Fill up the following information by Blue or Black ball point pen only:
	Roll No.:
	Name of the Candidate:
	Name of Examination Centre:
	Date of Examination :
	Candidate's Signature:
	Signature of Invigilator:
2.	Open the seal of the booklet only when instructed to do so.
3.	Don't start answering the questions until you are asked to do so.
4.	Ensure that there are 100 Questions in the Test Booklet with four responses (A), (B), (C) and (D) of them only one is correct as the best answer to the question concerned.
5.	Multiple answering of a question will cause the answer to be rejected.
6.	Use only Black or Blue Ball pen for darkening appropriate circle completely.
	For Example : CORRECT METHOD
7.	Rough work is to be done only on the Test Booklet and not on the answer sheet.
8.	You are not allowed to use Mobile Phones or any Electronic Device. Use of Calculator
	is not allowed.
9.	Make sure that you do not possess any pages (Blank or Printed) or any unauthorized material.
	If such material is found in you possession during the examination, you will be disqualified.
10.	If you are found copying/helping others, you will be disqualified.
11.	At the end of the examination hand over the answer sheet to the invigilator.
12.	Do not leave the examination hall until you are asked to do so.
13.	No candidate is allowed to leave the examination hall till the completion of examination.
14.	The candidates are not allowed to take the Test Booklet with them.
15.	Candidates are advised to contact the Examination Superintendent for submission of representation related to examination, if any.
16.	Smoking and eatables are not allowed inside the examination hall.

1.	What does clinical psychology primarily focus on?
	(A) Industrial applications
	(B) Assessment and treatment of mental illness
	(C) Behavioural changes in animals
	(D) Organizational management
2.	Which developmental stage is associated with Erik Erikson's 'trust vs. mistrust conflict?
	(A) Adolescence
	(B) Infancy
	(C) Middle childhood
	(D) Early adulthood
3.	Which part of the brain is primarily associated with cognitive functions such a problem-solving?
	(A) Occipital lobe
	(B) Frontal lobe
	(C) Temporal lobe
	(D) Parietal lobe
4.	What does 'groupthink' refer to in social psychology?
	(A) Individual thinking
	(B) Collective decision-making that discourages dissent
	(C) Brainstorming
	(D) Peer pressure

5. Which disorder is characterised by persistent sadness and loss of interest?

- (A) Schizophrenia
- (B) Depression
- (C) OCD
- (D) Bipolar-disorder

6. The exocrine glands are called _____ which secrete chemical substances other than hormones.

- (A) Duct-glands
- (B) Ductless-glands
- (C) Primary
- (D) None of the above

7. Match List I with List II

LIST I (Psychologist)	LIST 2 (Theory)
A. Dollard and Miller	1. Radical Behaviorism
B. Skinner	2. Self-Actualization
C. Bandura and Walters	3. Early Social Learning
D. Maslow	4. Later Social Learning

- (A) A-1, B-2, C-3, D-4
- (B) A-3, B-1, C-4, D-2
- (C) A-2, B-1, C-3, D-4
- (D) A-3, B-2, C-4, D-1

8. Which of the following personality types is described as noisy, callous and fond of physical activity?

- (A) Endomorph
- (B) Ectomorph
- (C) Mesomorph
- (D) None of the above

9.		o among the following has defined perception as a complex of sensory and ginal events?
	(A)	Kimbel
	(B)	Titchener
	(C)	Bruner
	(D)	Schafer
10.	Who	o demonstrated that economic deprivation affects perception?
	(A)	Broota and Ganguli
	(B)	Bruner and Goodman
	(C)	Segall
	(D)	Hers Kovits
11.		ctionalism, an early school of thought in psychology, was most closely ciated with which psychologist?
	(A)	Edward Titchener
	(B)	John Watson
	(C)	William James
	(D)	G. Stanley Hall
12.	Leon	n Festinger is best known for developing which psychological theory?
	(A)	Operant conditioning
	(B)	Cognitive dissonance
	(C)	Classical conditioning
	(D)	Social learning theory

- 13. Savoring is a concept in Positive Psychology that involves :
 - (A) Avoiding negative experiences
 - (B) Enhancing the enjoyment of positive experiences
 - (C) Minimizing stress through relaxation
 - (D) Reflecting on past traumas
- 14. Social identity theory posits that individuals derive part of their identity from:
 - (A) Their economic status
 - (B) Their group memberships and social categories
 - (C) Their personal achievements
 - (D) Their personal preferences
- 15. What is the halo effect?
 - (A) The tendency to judge others based on their group membership
 - (B) The influence of a positive trait on the perception of other traits
 - (C) The tendency to overlook negative behaviors in individuals
 - (D) The effect of initial impressions on subsequent judgments
- 16. Who developed the stages of cognitive development?
 - (A) Sigmund Freud
 - (B) Jean Piaget
 - (C) Erik Erikson
 - (D) Lawrence Kohlberg

17. Which personality assessment tool uses inkblots to assess thought processes?

- (A) MMPI
- (B) Thematic Apperception Test (TAT)
- (C) Rorschach Test
- (D) Myers-Briggs Type Indicator (MBTI)
- 18. Which disorder is classified as a neurodevelopmental disorder?
 - (A) OCD
 - (B) ADHD
 - (C) Borderline personality disorder
 - (D) Generalized Anxiety Disorder
- 19. What does the term "neuroplasticity" refer to?
 - (A) The ability of the brain to change throughout life
 - (B) The brain's protective coating
 - (C) Memory loss
 - (D) Brain cell death
- 20. Who is known for their work on observational learning and the Bobo doll experiment?
 - (A) Sigmund Freud
 - (B) Albert Bandura
 - (C) B.F. Skinner
 - (D) Carl Rogers

21.	A gr	aphical representation of correlational data is called a:
	(A)	Bell curve
	(B)	Chi square
	(C)	Scatterplot
	(D)	Skewed distribution
22.	-	ole are likely to invest less effort in a task when they are working with rs. What is this phenomenon called?
	(A)	Social Facilitation
	(B)	Social Loafing
	(C)	Deindividuation
	(D)	Sleeper Effect
23.	Whi	ch of the following hormone is being secreted by adrenal gland?
	(A)	Cortisol
	(B)	Epinephrine
	(C)	(A) and (B)
	(D)	Melatonin
24.	in su	ensures assignment of subject of a population to treatment groups ach a way that for any given assignment to the treatment group every member as population has equal probability of being chosen.
	(A)	Random sampling
	(B)	Randomization
	(C)	Randomness
	(D)	Stratification
		0

25.	Which of the	following	is an	example of	of the	power of roles?
						P = I = I = I = I = I

- (A) Robber's Cave Experiment
- (B) Milgram's message experiment
- (C) Zilstein's shock research
- (D) Zimbardo's prison experiment
- 26. In Social Psychology, reactance is:
 - (A) The tendency to comply with direct requests
 - (B) The motivation to restore freedom when it is threatened
 - (C) The effect of persuasive messages on attitude change
 - (D) The tendency to follow social norms without question
- 27. In the nature vs. nurture debate, which early philosopher argued that the mind was a "tabula rasa" or blank slate at birth?
 - (A) Plato
 - (B) René Descartes
 - (C) John Locke
 - (D) Immanuel Kant
- 28. Which brain structure is primarily involved in regulating emotions such as fear and aggression?
 - (A) Hippocampus
 - (B) Hypothalamus
 - (C) Amygdala
 - (D) Cerebellum

- 29. In research, what is a confounding variable?
 - (A) A variable that is intentionally manipulated
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- 30. In the psychodynamic framework, which concept refers to the defense mechanism where an individual unconsciously attributes their own unacceptable thoughts or feelings to someone else, thereby avoiding direct confrontation with those feelings?
 - (A) Rationalization
 - (B) Projection
 - (C) Displacement
 - (D) Sublimation
- 31. What is the main distinction between a psychologist and a psychiatrist in clinical psychology?
 - (A) A psychologist prescribes medication, while a psychiatrist does not
 - (B) A psychiatrist can prescribe medication, while a psychologist typically cannot
 - (C) A psychologist focuses on physical health, while a psychiatrist focuses on mental health
 - (D) A psychiatrist treats children, while a psychologist treats adults
- 32. Which psychologist proposed the concept of the 'zone of proximal development'?
 - (A) Jean Piaget
 - (B) Erik Erikson
 - (C) Lev Vygotsky
 - (D) Sigmund Freud

33.	Whi	ch psychological process is the Stroop effect most closely associated with?
	(A)	Memory retrieval
	(B)	Attention
	(C)	Perception
	(D)	Language development
34.		ch phenomenon describes improved performance on tasks in the presence thers?
	(A)	Social loafing
	(B)	Social facilitation
	(C)	Group polarisation
	(D)	Diffusion of responsibility
35.	Whi	ch of the following is a symptom of generalised anxiety disorder (GAD)?
	(A)	Mania
	(B)	Persistent, excessive worry
	(C)	Hallucinations
	(D)	Mood swings
36.	with	isional beliefs of an individual that he is being deliberately interfered discriminated against, plotted against, threatened, or otherwise mistreated lled delusion of:
	(A)	Reference
	(B)	Persecution
	(C)	Control
	(D)	Grandiosity

37.	A set of score does not result in a unique set of grouped scores.
	(A) Raw
	(B) Pooled
	(C) Frequency
	(D) Percentage
38.	are particularly helpful when comparing frequency distribution in which the number of cases differs.
	(A) Cumulative frequencies
	(B) Frequencies percentage
	(C) Frequency proportion
	(D) Relative frequencies
39.	The chief characteristic of 'hypnosis' is:
	(A) Heightened arousal
	(B) Increased suggestibility
	(C) Enhanced creativity
	(D) Increased self esteem
40.	Which factor is an organizational stressor leading to job related stress?
	(A) Family and Economic problems
	(B) Political Uncertainty
	(C) Task and Role demands
	(D) Number of dependents in family

- 41. What is normative social influence?
 - (A) Influence based on the desire to be correct and accurate
 - (B) Influence based on the desire to be accepted and liked by others
 - (C) Influence based on personal beliefs and values
 - (D) Influence based on perceived power and authority
- 42. Who is regarded as the pioneer of psychology in India, establishing the first Indian psychological laboratory?
 - (A) G. S. Rathi
 - (B) S. K. Mangal
 - (C) Girindrashekhar Bose
 - (D) A. K.7 Singh
- 43. Which brain structure is primarily involved in forming new memories?
 - (A) Amygdala
 - (B) Hippocampus
 - (C) Cerebellum
 - (D) Thalamus
- 44. What is the term for the brain's process of regulating its own responses to stress by controlling hormone release?
 - (A) Neuroplasticity
 - (B) Homeostasis
 - (C) Allostasis
 - (D) Circadian rhythm

45. Which model proposes that memory is organized in a network of interconnected nodes?

- (A) Associative model
- (B) Connectionist model
- (C) Network model
- (D) Linkage model
- 46. Which disorder involves alternating episodes of mania and depression?
 - (A) Bipolar disorder
 - (B) Major depressive disorder
 - (C) Schizophrenia
 - (D) Generalized anxiety disorder
- 47. The biopsychosocial model integrates which of the following factors in understanding mental health?
 - (A) Biological, psychological, and cultural
 - (B) Biological, psychological, and social
 - (C) Cognitive, social, and emotional
 - (D) Genetic, environmental, and developmental
- 48. What is the critical feature of Carl Rogers' client-centred therapy?
 - (A) Analysing unconscious desires
 - (B) Therapist providing unconditional positive regard
 - (C) Implementing strict behaviour modifications
 - (D) Using aversive stimuli

49.		ording to Freud, which term refers to the part of the personality that mediates veen desires and social rules?
	(A)	Id
	(B)	Superego
	(C)	Ego
	(D)	Self
50.	Wha	at is the concept of 'neural pruning' in neuropsychology?
	(A)	Strengthening of neural pathways
	(B)	Elimination of unused neural connections
	(C)	Growth of new neurons
	(D)	Increase in brain size
51.		tendency of people to attribute their own behavior to external causes and r's behavior to internal causes is referred to as:
	(A)	Self-serving bias
	(B)	Fundamental attribution error
	(C)	Actor-Observer effect
	(D)	Stereotyping
52.		ording to law of items which are close together in space and tend to be perceived as belonging together or forming an organised group.
	(A)	Proximity
	(B)	Continuity
	(C)	Similarity
	(D)	Closure
		15

53.		a represented in a series of rectangles each of which represents the scores ne of the class interval of the tabulated distribution is called:
	(A)	Frequency Polygon
	(B)	Bar Graph
	(C)	Histogram
	(D)	Pie Chart
54.		tendency of the rater/interviewer to judge an individual on the basis of one le attribute is referred to as :
	(A)	Similarity error
	(B)	Central tendency error
	(C)	Contrast error
	(D)	Halo error
55.		Charcot demonstrated that hysterical phenomena such as loss of feeling in os or fainting could be produced by:
	(A)	Hypnosis
	(B)	Suggestion
	(C)	Both (A) and (B)
	(D)	Relaxation
56.	Barl	oara Fredrickson is known for her work on :
	(A)	Cognitive distortions
	(B)	Flow theory
	(C)	Broaden-and-build theory
	(D)	Psychodynamic theory

- 57. The bystander effect suggests that:
 - (A) People are more likely to help when they are alone than in a group
 - (B) People are more likely to help when they are in a group than when alone
 - (C) Bystanders are more likely to intervene if they see others not helping
 - (D) Bystanders are less likely to notice emergencies in a group
- 58. Julian Rotter's concept of locus of control describes whether individuals believe that their outcomes are controlled by:
 - (A) External forces or internal efforts
 - (B) Their cognitive schemas
 - (C) Genetic predisposition
 - (D) Social status
- 59. Which neurotransmitter is primarily involved in muscle contraction and is also linked to learning and memory?
 - (A) Dopamine
 - (B) Serotonin
 - (C) Acetylcholine
 - (D) Glutamate
- 60. Which research design is best suited for determining cause-and-effect relationships?
 - (A) Correlational study
 - (B) Cross-sectional study
 - (C) Experimental design
 - (D) Case study

61. Which branch of psychology is concerned with optimising human behaviour in workplaces?

- (A) Counselling psychology
- (B) Industrial-organizational psychology
- (C) Forensic psychology
- (D) Developmental psychology
- 62. A person is most likely to experience cognitive dissonance when:
 - (A) Their thoughts align with their behaviour
 - (B) They are forced to make a decision that goes against their beliefs
 - (C) They are praised for completing a task
 - (D) They recall positive memories
- 63. Which neuropsychological disorder is characterised by severe memory impairment and confusion, often caused by chronic alcohol abuse?
 - (A) Schizophrenia
 - (B) Korsakoff's syndrome
 - (C) Huntington's disease
 - (D) Multiple sclerosis
- 64. In Erikson's theory, which conflict characterises late adulthood?
 - (A) Autonomy vs. shame
 - (B) Integrity vs. despair
 - (C) Initiative vs. guilt
 - (D) Generativity vs. stagnation

65. What is the main difference between classical and operant conditioning?

- (A) Classical conditioning relies on reinforcement; operant conditioning does not
- (B) Classical conditioning pairs two stimuli; operant conditioning relies on reinforcement and punishment
- (C) Operant conditioning involves cognitive processes; classical conditioning does not
- (D) Both are entirely different learning processes
- 66. Generalized Anxiety Disorder (GAD) is a pervasive condition in which the sufferer experiences:
 - (A) Continued apprehension about unspecified things
 - (B) Fear of fear
 - (C) Continual flashbacks to past events
 - (D) A desire to check that the environment is safe
- 67. Difficulty in seeing objects at a distance is called:
 - (A) Myopia
 - (B) Hypermetropia
 - (C) Astigmatism
 - (D) Visual Field Defects
- 68. Consciously faking illness or symptoms of disability to achieve some specific nonmedical objective is:
 - (A) Malingering
 - (B) Altered identities
 - (C) False identification
 - (D) Confabulation

69. In dissociative identity disorder, the identity that is frequently encountered, carrying the person's real name is:

- (A) Alter Identity
- (B) Host Identity
- (C) Ghost Identity
- (D) Mixed Identity
- 70. Which cognitive skill is involved in learning to read?
 - (A) Mental representation
 - (B) Theory of mind
 - (C) Spoken language
 - (D) Imagination
- 71. What phenomenon explains why individuals can remember the first and last items of a list better than the middle ones?
 - (A) List position effect
 - (B) Primacy-recency effect
 - (C) Order recall effect
 - (D) Sequence memory effect
- 72. According to Erik Erikson's psychosocial theory, the key challenge in adolescence is:
 - (A) Trust vs. Mistrust
 - (B) Industry vs. Inferiority
 - (C) Identity vs. Role Confusion
 - (D) Autonomy vs. Shame

The term "stream of consciousness", referring to the flow of thoughts in the 73. human mind, was coined by which psychologist? (A) Carl Jung (B) Wilhelm Wundt (C) William James (D) B.F. Skinner Which part of the brain controls basic life-sustaining functions like heart rate 74. and breathing? (A) Thalamus (B) Medulla (C) Cerebellum (D) Hypothalamus 75. Which term refers to the consistency of a measure? (A) Validity (B) Reliability (C) Generalizability (D) Sensitivity 76. The term 'anterograde amnesia' refers to: (A) The inability to retrieve old memories (B) The inability to form new memories (C) Temporary memory loss

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(D) Inability to process visual stimuli

77.		perant conditioning, what is the term for when a previously reinforced aviour is no longer reinforced and gradually fades?
	(A)	Extinction
	(B)	Generalization
	(C)	Discrimination
	(D)	Shaping
78.	Wha	at is a defining feature of somatic symptom disorder?
	(A)	Hallucinations
	(B)	Physical symptoms without a medical cause
	(C)	Delusions of grandeur
	(D)	Obsessive behaviours
79.	In th	ne context of social psychology, the 'bystander effect' occurs because of:
	(A)	Diffusion of responsibility
	(B)	Social loafing
	(C)	Group polarisation
	(D)	Cognitive dissonance
80.		ch neurotransmitter is most closely associated with reward and pleasure ems in the brain?
	(A)	Serotonin
	(B)	Dopamine
	(C)	Norepinephrine
	(D)	Acetylcholine

81. Longitudinal and cross-sectional designs can be used to study how behaviour changes as a function of age. A disadvantage of cross-sectional studies is that the result can be influenced by:

- (A) Random assignment
- (B) Socio-economic factors
- (C) Cohort difference
- (D) Participant attrition
- 82. Rahul thought that he could do much better in the English exam as it was held in the same classroom where his classes were being held whereas in geography exam he was very nervous as this was conducted in a totally new environment. This perhaps was due to:
 - (A) Examination fear
 - (B) The principle of congruity
 - (C) His anxious personality
 - (D) The principle of encoding specificity
- 83. Prosopagnosia results in an inability to:
 - (A) Recognize faces
 - (B) Distinguish tastes
 - (C) Express feelings through facial expressions
 - (D) Recognize objects
- 84. Which formula is correct for figuring out degrees of freedom in a chi-square test for independence?
 - (A) (N-1)
 - $(B) \quad (N_{_{Columns}} 2) \ (N_{_{Rows}} 2)$
 - $(C) \ (N_{\tiny Columns} 1) \ (N_{\tiny Rows} 1)$
 - (D) (N-2)

85. Name of the Indian tool to assess the severity and disability of children with autism:

- (A) CGAS
- (B) Childhood Autism Rating Scale
- (C) CBCL
- (D) ISAA
- 86. Which research design is best suited for examining changes over time in behavior or psychological traits?
 - (A) Cross-sectional design
 - (B) Longitudinal design
 - (C) Case study
 - (D) Experimental design
- 87. What is the main purpose of using meta-analysis in clinical psychology?
 - (A) To summarize findings from multiple studies
 - (B) To conduct a single large experiment
 - (C) To analyze individual case studies
 - (D) To collect primary data
- 88. Which term describes the experience characterized by a profound sense of disconnection or estrangement from oneself, often leading to feelings of unreality regarding one's thoughts, feelings, or sense of identity?
 - (A) Derealization
 - (B) Depersonalization
 - (C) Dissociative amnesia
 - (D) Fugue state

89. According to the Transactional Model of Stress, which term refers to the individual's assessment of whether they have the resources to cope with a stressor?

- (A) Initial threat evaluation
- (B) Secondary appraisal
- (C) Coping resource assessment
- (D) Situational capacity evaluation
- 90. What is the p-value in statistical testing?
 - (A) The probability of the null hypothesis being true
 - (B) The probability of obtaining the observed data if the null hypothesis is true
 - (C) The effect size of the experiment
 - (D) The power of the study
- 91. Which neurotransmitter is primarily involved in regulating mood, appetite, and sleep?
 - (A) Dopamine
 - (B) Serotonin
 - (C) GABA
 - (D) Glutamate
- 92. Which psychological theory emphasises the role of internal mental processes in understanding behaviour?
 - (A) Behaviourism
 - (B) Cognitive psychology
 - (C) Psychoanalysis
 - (D) Humanistic psychology

93. Which disorder is characterised by the inability to remember important personal information, often following trauma?

- (A) Schizophrenia
- (B) Dissociative amnesia
- (C) Bipolar disorder
- (D) PTSD
- 94. In social psychology, what is the difference between conformity and compliance?
 - (A) Conformity involves a change in behaviour due to social pressure, while compliance involves following direct requests
 - (B) Compliance involves peer pressure, while conformity does not
 - (C) Both terms refer to obedience
 - (D) Conformity is always involuntary, while compliance is voluntary
- 95. Which of the following terms refers to difficulty recalling information due to interference from new information?
 - (A) Retroactive interference
 - (B) Proactive interference
 - (C) Decay theory
 - (D) Retrieval failure
- 96. Minimum age for the assessment of children with specific learning disability as per RPWD Act 2016 is:
 - (A) 7 years
 - (B) 14 years
 - (C) 10 years
 - (D) 8 years

97. Which is NOT a core symptom to diagnose as autism in children as per DSM-5?

- (A) Communication skills
- (B) Unusual repetitive behavior
- (C) Social reciprocity
- (D) I.Q. is below 70
- 98. One parent conveys two conflicting messages to the child at the same time is called:
 - (A) Faulty communication
 - (B) Social skills deficits
 - (C) Double bind communication
 - (D) Conflict resolution
- 99. The process in which therapist expressed his negative feelings towards patients is termed as:
 - (A) Negative Transference
 - (B) Counter transference
 - (C) Positive transference
 - (D) Negative counter transference
- 100. Exposure and response prevention procedure is based on behaviour therapy principal of:
 - (A) Counter conditioning
 - (B) Habituation and extinction
 - (C) Reciprocal inhibition
 - (D) Graded exposure

Space for Rough Work

MPCP-2024

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Test Booklet Serial No.....

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 - (C) Perception
 - (D) Language development

9.	Which phenomenon describes improved performance on tasks in the pre of others?	
	(A)	Social loafing
	(B)	Social facilitation
	(C)	Group polarisation
	(D)	Diffusion of responsibility
10.	Whi	ch of the following is a symptom of generalised anxiety disorder (GAD)?
	(A)	Mania
	(B)	Persistent, excessive worry
	(C)	Hallucinations
	(D)	Mood swings
11.	with	usional beliefs of an individual that he is being deliberately interfered , discriminated against, plotted against, threatened, or otherwise mistreated alled delusion of:
	(A)	Reference
	(B)	Persecution
	(C)	Control
	(D)	Grandiosity
12.	A so	et of score does not result in a unique set of grouped es.
	(A)	Raw
	(B)	Pooled
	(C)	Frequency
	(D)	Percentage

13		are particularly helpful when comparing frequency distribution i	
	whi	which the number of cases differs.	
	(A)	Cumulative frequencies	
	(B)	Frequencies percentage	
	(C)	Frequency proportion	
	(D)	Relative frequencies	
14.	The	chief characteristic of 'hypnosis' is:	
	(A)	Heightened arousal	
	(B)	Increased suggestibility	
	(C)	Enhanced creativity	
	(D)	Increased self esteem	
15.	Whi	ch factor is an organizational stressor leading to job related stress?	
	(A)	Family and Economic problems	
	(B)	Political Uncertainty	
	(C)	Task and Role demands	
	(D)	Number of dependents in family	
16.	Wha	at is normative social influence?	
	(A)	Influence based on the desire to be correct and accurate	
	(B)	Influence based on the desire to be accepted and liked by others	
	(C)	Influence based on personal beliefs and values	
	(D)	Influence based on perceived power and authority	

17. Who is regarded as the pioneer of psychology in India, establishing the first Indian psychological laboratory?

- (A) G. S. Rathi
- (B) S. K. Mangal
- (C) Girindrashekhar Bose
- (D) A. K.7 Singh
- 18. Which brain structure is primarily involved in forming new memories?
 - (A) Amygdala
 - (B) Hippocampus
 - (C) Cerebellum
 - (D) Thalamus
- 19. What is the term for the brain's process of regulating its own responses to stress by controlling hormone release?
 - (A) Neuroplasticity
 - (B) Homeostasis
 - (C) Allostasis
 - (D) Circadian rhythm
- 20. Which model proposes that memory is organized in a network of interconnected nodes?
 - (A) Associative model
 - (B) Connectionist model
 - (C) Network model
 - (D) Linkage model

21.	Whi	ch disorder involves alternating episodes of mania and depression?
	(A)	Bipolar disorder
	(B)	Major depressive disorder
	(C)	Schizophrenia
	(D)	Generalized anxiety disorder
22.		biopsychosocial model integrates which of the following factors in erstanding mental health?
	(A)	Biological, psychological, and cultural
	(B)	Biological, psychological, and social
	(C)	Cognitive, social, and emotional
	(D)	Genetic, environmental, and developmental
23.	Wha	at is the critical feature of Carl Rogers' client-centred therapy?
	(A)	Analysing unconscious desires
	(B)	Therapist providing unconditional positive regard
	(C)	Implementing strict behaviour modifications
	(D)	Using aversive stimuli
24.		ording to Freud, which term refers to the part of the personality that mediates ween desires and social rules?
	(A)	Id
	(B)	Superego
	(C)	Ego
	(D)	Self

25.	Wha	at is the concept of 'neural pruning' in neuropsychology?
	(A)	Strengthening of neural pathways
	(B)	Elimination of unused neural connections
	(C)	Growth of new neurons
	(D)	Increase in brain size
26.		tendency of people to attribute their own behavior to external causes and r's behavior to internal causes is referred to as:
	(A)	Self-serving bias
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29. The tendency of the rater/interviewer to judge an individual on the basis of one single attribute is referred to as: (A) Similarity error (B) Central tendency error (C) Contrast error (D) Halo error Jean Charcot demonstrated that hysterical phenomena such as loss of feeling in 30. limbs or fainting could be produced by: (A) Hypnosis (B) Suggestion (C) Both (A) and (B) (D) Relaxation 31. Barbara Fredrickson is known for her work on: (A) Cognitive distortions (B) Flow theory (C) Broaden-and-build theory (D) Psychodynamic theory

- 32. The bystander effect suggests that:
 - (A) People are more likely to help when they are alone than in a group
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33. Julian Rotter's concept of locus of control describes whether individuals believe that their outcomes are controlled by:

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- 44. In dissociative identity disorder, the identity that is frequently encountered, carrying the person's real name is:
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 - (B) Host Identity
 - (C) Ghost Identity
 - (D) Mixed Identity

45.	Whi	ch cognitive skill is involved in learning to read?
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	(B)	Theory of mind
	(C)	Spoken language
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46.		at phenomenon explains why individuals can remember the first and last as of a list better than the middle ones?
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	(B)	Primacy-recency effect
	(C)	Order recall effect
	(D)	Sequence memory effect
47.		ording to Erik Erikson's psychosocial theory, the key challenge in escence is:
	(A)	Trust vs. Mistrust
	(B)	Industry vs. Inferiority
	(C)	Identity vs. Role Confusion
	(D)	Autonomy vs. Shame
48.		term "stream of consciousness", referring to the flow of thoughts in the an mind, was coined by which psychologist?
	(A)	Carl Jung
	(B)	Wilhelm Wundt
	(C)	William James

(D) B.F. Skinner

49.	Which part of the brain controls basic life-sustaining functions like heart rate and breathing?
	(A) Thalamus
	(B) Medulla
	(C) Cerebellum
	(D) Hypothalamus
50.	Which term refers to the consistency of a measure?
	(A) Validity
	(B) Reliability
	(C) Generalizability
	(D) Sensitivity
51.	The term 'anterograde amnesia' refers to:
	(A) The inability to retrieve old memories
	(B) The inability to form new memories
	(C) Temporary memory loss
	(D) Inability to process visual stimuli
52.	In operant conditioning, what is the term for when a previously reinforced behaviour is no longer reinforced and gradually fades?
	(A) Extinction
	(B) Generalization
	(C) Discrimination
	(D) Shaping

53.	Wha	at is a defining feature of somatic symptom disorder?
	(A)	Hallucinations
	(B)	Physical symptoms without a medical cause
	(C)	Delusions of grandeur
	(D)	Obsessive behaviours
54.	In th	ne context of social psychology, the 'bystander effect' occurs because of:
	(A)	Diffusion of responsibility
	(B)	Social loafing
	(C)	Group polarisation
	(D)	Cognitive dissonance
55.		ch neurotransmitter is most closely associated with reward and pleasure ems in the brain?
	(A)	Serotonin
	(B)	Dopamine
	(C)	Norepinephrine
	(D)	Acetylcholine
56.	char	gitudinal and cross-sectional designs can be used to study how behaviour ages as a function of age. A disadvantage of cross-sectional studies is that result can be influenced by:
	(A)	Random assignment
	(B)	Socio-economic factors
	(C)	Cohort difference
	(D)	Participant attrition

57. Rahul thought that he could do much better in the English exam as it was held in the same classroom where his classes were being held whereas in geography exam he was very nervous as this was conducted in a totally new environment. This perhaps was due to:

- (A) Examination fear
- (B) The principle of congruity
- (C) His anxious personality
- (D) The principle of encoding specificity
- 58. Prosopagnosia results in an inability to:
 - (A) Recognize faces
 - (B) Distinguish tastes
 - (C) Express feelings through facial expressions
 - (D) Recognize objects
- 59. Which formula is correct for figuring out degrees of freedom in a chi-square test for independence?
 - (A) (N-1)
 - (B) $(N_{Columns} 2) (N_{Rows} 2)$
 - (C) $(N_{Columns} 1) (N_{Rows} 1)$
 - (D) (N-2)
- 60. Name of the Indian tool to assess the severity and disability of children with autism:
 - (A) CGAS
 - (B) Childhood Autism Rating Scale
 - (C) CBCL
 - (D) ISAA

61. Which research design is best suited for examining changes over time in behavior or psychological traits?

- (A) Cross-sectional design
- (B) Longitudinal design
- (C) Case study
- (D) Experimental design
- 62. What is the main purpose of using meta-analysis in clinical psychology?
 - (A) To summarize findings from multiple studies
 - (B) To conduct a single large experiment
 - (C) To analyze individual case studies
 - (D) To collect primary data
- 63. Which term describes the experience characterized by a profound sense of disconnection or estrangement from oneself, often leading to feelings of unreality regarding one's thoughts, feelings, or sense of identity?
 - (A) Derealization
 - (B) Depersonalization
 - (C) Dissociative amnesia
 - (D) Fugue state
- 64. According to the Transactional Model of Stress, which term refers to the individual's assessment of whether they have the resources to cope with a stressor?
 - (A) Initial threat evaluation
 - (B) Secondary appraisal
 - (C) Coping resource assessment
 - (D) Situational capacity evaluation

65. What is the p-value in statistical testing?

- (A) The probability of the null hypothesis being true
- (B) The probability of obtaining the observed data if the null hypothesis is true
- (C) The effect size of the experiment
- (D) The power of the study
- 66. Which neurotransmitter is primarily involved in regulating mood, appetite, and sleep?
 - (A) Dopamine
 - (B) Serotonin
 - (C) GABA
 - (D) Glutamate
- 67. Which psychological theory emphasises the role of internal mental processes in understanding behaviour?
 - (A) Behaviourism
 - (B) Cognitive psychology
 - (C) Psychoanalysis
 - (D) Humanistic psychology
- 68. Which disorder is characterised by the inability to remember important personal information, often following trauma?
 - (A) Schizophrenia
 - (B) Dissociative amnesia
 - (C) Bipolar disorder
 - (D) PTSD

69. In social psychology, what is the difference between conformity and compliance?

- (A) Conformity involves a change in behaviour due to social pressure, while compliance involves following direct requests
- (B) Compliance involves peer pressure, while conformity does not
- (C) Both terms refer to obedience
- (D) Conformity is always involuntary, while compliance is voluntary
- 70. Which of the following terms refers to difficulty recalling information due to interference from new information?
 - (A) Retroactive interference
 - (B) Proactive interference
 - (C) Decay theory
 - (D) Retrieval failure
- 71. Minimum age for the assessment of children with specific learning disability as per RPWD Act 2016 is:
 - (A) 7 years
 - (B) 14 years
 - (C) 10 years
 - (D) 8 years
- 72. Which is NOT a core symptom to diagnose as autism in children as per DSM-5?
 - (A) Communication skills
 - (B) Unusual repetitive behavior
 - (C) Social reciprocity
 - (D) I.Q. is below 70

73. One parent conveys two conflicting messages to the child at the same time is called:

- (A) Faulty communication
- (B) Social skills deficits
- (C) Double bind communication
- (D) Conflict resolution
- 74. The process in which therapist expressed his negative feelings towards patients is termed as:
 - (A) Negative Transference
 - (B) Counter transference
 - (C) Positive transference
 - (D) Negative counter transference
- 75. Exposure and response prevention procedure is based on behaviour therapy principal of:
 - (A) Counter conditioning
 - (B) Habituation and extinction
 - (C) Reciprocal inhibition
 - (D) Graded exposure
- 76. What does clinical psychology primarily focus on?
 - (A) Industrial applications
 - (B) Assessment and treatment of mental illness
 - (C) Behavioural changes in animals
 - (D) Organizational management

77. Which developmental stage is associated with Erik Erikson's 'trust vs. mistrust'

	conf	lict?
	(A)	Adolescence
	(B)	Infancy
	(C)	Middle childhood
	(D)	Early adulthood
78.		ch part of the brain is primarily associated with cognitive functions such as lem-solving?
	(A)	Occipital lobe
	(B)	Frontal lobe
	(C)	Temporal lobe
	(D)	Parietal lobe
79.	Wha	at does 'groupthink' refer to in social psychology?
	(A)	Individual thinking
	(B)	Collective decision-making that discourages dissent
	(C)	Brainstorming
	(D)	Peer pressure
80.	Whi	ch disorder is characterised by persistent sadness and loss of interest?
	(A)	Schizophrenia
	(B)	Depression
	(C)	OCD
	(D)	Bipolar-disorder
		22
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81. The exocrine glands are called _____ which secrete chemical substances other than hormones.

- (A) Duct-glands
- (B) Ductless-glands
- (C) Primary
- (D) None of the above
- 82. Match List I with List II

LIST I (Psychologist)	LIST 2 (Theory)		
A. Dollard and Miller	1. Radical Behaviorism		
B. Skinner	2. Self-Actualization		
C. Bandura and Walters	3. Early Social Learning		
D. Maslow	4. Later Social Learning		

- (A) A-1, B-2, C-3, D-4
- (B) A-3, B-1, C-4, D-2
- (C) A-2, B-1, C-3, D-4
- (D) A-3, B-2, C-4, D-1
- 83. Which of the following personality types is described as noisy, callous and fond of physical activity?
 - (A) Endomorph
 - (B) Ectomorph
 - (C) Mesomorph
 - (D) None of the above
- 84. Who among the following has defined perception as a complex of sensory and imaginal events?
 - (A) Kimbel
 - (B) Titchener
 - (C) Bruner
 - (D) Schafer

85.	Who	demonstrated that economic deprivation affects perception?
	(A)	Broota and Ganguli
	(B)	Bruner and Goodman
	(C)	Segall
	(D)	Hers Kovits
86.		ctionalism, an early school of thought in psychology, was most closely ciated with which psychologist?
	(A)	Edward Titchener
	(B)	John Watson
	(C)	William James
	(D)	G. Stanley Hall
87.	Leon	n Festinger is best known for developing which psychological theory?
	(A)	Operant conditioning
	(B)	Cognitive dissonance
	(C)	Classical conditioning
	(D)	Social learning theory
88.	Savo	oring is a concept in Positive Psychology that involves:
	(A)	Avoiding negative experiences
	(B)	Enhancing the enjoyment of positive experiences
	(C)	Minimizing stress through relaxation
	(D)	Reflecting on past traumas

89. Social identity theory posits that individuals derive part of their identity from:

- (A) Their economic status
- (B) Their group memberships and social categories
- (C) Their personal achievements
- (D) Their personal preferences
- 90. What is the halo effect?
 - (A) The tendency to judge others based on their group membership
 - (B) The influence of a positive trait on the perception of other traits
 - (C) The tendency to overlook negative behaviors in individuals
 - (D) The effect of initial impressions on subsequent judgments
- 91. Who developed the stages of cognitive development?
 - (A) Sigmund Freud
 - (B) Jean Piaget
 - (C) Erik Erikson
 - (D) Lawrence Kohlberg
- 92. Which personality assessment tool uses inkblots to assess thought processes?
 - (A) MMPI
 - (B) Thematic Apperception Test (TAT)
 - (C) Rorschach Test
 - (D) Myers-Briggs Type Indicator (MBTI)

93. Which disorder is classified as a neurodevelopmental disorder?

	(A)	OCD
	(B)	ADHD
	(C)	Borderline personality disorder
	(D)	Generalized Anxiety Disorder
94.	Wha	t does the term "neuroplasticity" refer to?
	(A)	The ability of the brain to change throughout life
	(B)	The brain's protective coating
	(C)	Memory loss
	(D)	Brain cell death
95.		is known for their work on observational learning and the Bobo doll riment?
	(A)	Sigmund Freud
	(B)	Albert Bandura
	(C)	B.F. Skinner
	(D)	Carl Rogers
96.	A gr	aphical representation of correlational data is called a:
	(A)	Bell curve
	(B)	Chi square
	(C)	Scatterplot
	(D)	Skewed distribution
B # F	OD :	26
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97.	_	ole are likely to invest less effort in a task when they are working with rs. What is this phenomenon called?
	(A)	Social Facilitation
	(B)	Social Loafing
	(C)	Deindividuation
	(D)	Sleeper Effect
98.	Whi	ch of the following hormone is being secreted by adrenal gland?
	(A)	Cortisol
	(B)	Epinephrine
	(C)	(A) and (B)
	(D)	Melatonin
99.	in su	ensures assignment of subject of a population to treatment groups ach a way that for any given assignment to the treatment group every member are population has equal probability of being chosen.
	(A)	Random sampling
	(B)	Randomization
	(C)	Randomness
	(D)	Stratification
100.	Whi	ch of the following is an example of the power of roles?
	(A)	Robber's Cave Experiment
	(B)	Milgram's message experiment
	(C)	Zilstein's shock research
	(D)	Zimbardo's prison experiment

Space for Rough Work

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Test Booklet Serial No.....

	PAPER – I
	TEST BOOKLET
	(Read the instruction carefully before starting to answer)
	: 90 Minutes Max Marks: 100
No. o	of Questions: 100
1.	Fill up the following information by Blue or Black ball point pen only:
	Roll No.:
	Name of the Candidate:
	Name of Examination Centre:
	Date of Examination :
	Candidate's Signature :
	Signature of Invigilator:
2.	Open the seal of the booklet only when instructed to do so.
3.	Don't start answering the questions until you are asked to do so.
4.	Ensure that there are 100 Questions in the Test Booklet with four responses (A), (B), (C) and (D) of them only one is correct as the best answer to the question concerned.
5.	Multiple answering of a question will cause the answer to be rejected.
6.	Use only Black or Blue Ball pen for darkening appropriate circle completely.
	For Example : CORRECT METHOD B C D WRONG METHOD WRONG METHOD
7.	Rough work is to be done only on the Test Booklet and not on the answer sheet.
8.	You are not allowed to use Mobile Phones or any Electronic Device. Use of Calculator
	is not allowed.
9.	Make sure that you do not possess any pages (Blank or Printed) or any unauthorized material.
	If such material is found in you possession during the examination, you will be disqualified.
10.	If you are found copying/helping others, you will be disqualified.
11.	At the end of the examination hand over the answer sheet to the invigilator.
12.	Do not leave the examination hall until you are asked to do so.
13.	No candidate is allowed to leave the examination hall till the completion of examination.
14.	The candidates are not allowed to take the Test Booklet with them.
15.	Candidates are advised to contact the Examination Superintendent for submission of representation related to examination, if any.
16.	Smoking and eatables are not allowed inside the examination hall.

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 - (A) Trust vs. Mistrust
 - (B) Industry vs. Inferiority
 - (C) Identity vs. Role Confusion
 - (D) Autonomy vs. Shame
- 23. The term "stream of consciousness", referring to the flow of thoughts in the human mind, was coined by which psychologist?
 - (A) Carl Jung
 - (B) Wilhelm Wundt
 - (C) William James
 - (D) B.F. Skinner
- 24. Which part of the brain controls basic life-sustaining functions like heart rate and breathing?
 - (A) Thalamus
 - (B) Medulla
 - (C) Cerebellum
 - (D) Hypothalamus

25. Which term refers to the consistency of a measure?

	(A)	Validity
	(B)	Reliability
	(C)	Generalizability
	(D)	Sensitivity
26.	The	term 'anterograde amnesia' refers to:
	(A)	The inability to retrieve old memories
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56.		The exocrine glands are called which secrete chemical substance other than hormones.	
	(A)	Duct-glands	
	(B)	Ductless-glands	
	(C)	Primary	
	(D)	None of the above	
		17	

57. Match List I with List II

LIST I (Psychologist)	LIST 2 (Theory)
A. Dollard and Miller	1. Radical Behaviorism
B. Skinner	2. Self-Actualization
C. Bandura and Walters	3. Early Social Learning
D. Maslow	4. Later Social Learning

- (A) A-1, B-2, C-3, D-4
- (B) A-3, B-1, C-4, D-2
- (C) A-2, B-1, C-3, D-4
- (D) A-3, B-2, C-4, D-1
- 58. Which of the following personality types is described as noisy, callous and fond of physical activity?
 - (A) Endomorph
 - (B) Ectomorph
 - (C) Mesomorph
 - (D) None of the above
- 59. Who among the following has defined perception as a complex of sensory and imaginal events?
 - (A) Kimbel
 - (B) Titchener
 - (C) Bruner
 - (D) Schafer
- 60. Who demonstrated that economic deprivation affects perception?
 - (A) Broota and Ganguli
 - (B) Bruner and Goodman
 - (C) Segall
 - (D) Hers Kovits

61. Functionalism, an early school of thought in psychology, was most closely associated with which psychologist? (A) Edward Titchener (B) John Watson (C) William James (D) G. Stanley Hall 62. Leon Festinger is best known for developing which psychological theory? (A) Operant conditioning (B) Cognitive dissonance (C) Classical conditioning (D) Social learning theory Savoring is a concept in Positive Psychology that involves: 63. (A) Avoiding negative experiences (B) Enhancing the enjoyment of positive experiences (C) Minimizing stress through relaxation (D) Reflecting on past traumas 64. Social identity theory posits that individuals derive part of their identity from: (A) Their economic status (B) Their group memberships and social categories

(C) Their personal achievements

(D) Their personal preferences

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65	What	18	the	hal	0	effect	ŀ'n

- (A) The tendency to judge others based on their group membership
- (B) The influence of a positive trait on the perception of other traits
- (C) The tendency to overlook negative behaviors in individuals
- (D) The effect of initial impressions on subsequent judgments
- 66. Who developed the stages of cognitive development?
 - (A) Sigmund Freud
 - (B) Jean Piaget
 - (C) Erik Erikson
 - (D) Lawrence Kohlberg
- 67. Which personality assessment tool uses inkblots to assess thought processes?
 - (A) MMPI
 - (B) Thematic Apperception Test (TAT)
 - (C) Rorschach Test
 - (D) Myers-Briggs Type Indicator (MBTI)
- 68. Which disorder is classified as a neurodevelopmental disorder?
 - (A) OCD
 - (B) ADHD
 - (C) Borderline personality disorder
 - (D) Generalized Anxiety Disorder

69.	Wha	at does the term "neuroplasticity" refer to?
	(A)	The ability of the brain to change throughout life
	(B)	The brain's protective coating
	(C)	Memory loss
	(D)	Brain cell death
70.		o is known for their work on observational learning and the Bobo doll briment?
	(A)	Sigmund Freud
	(B)	Albert Bandura
	(C)	B.F. Skinner
	(D)	Carl Rogers
71.	A gı	raphical representation of correlational data is called a:
	(A)	Bell curve
	(B)	Chi square
	(C)	Scatterplot
	(D)	Skewed distribution
72.	-	ple are likely to invest less effort in a task when they are working with rs. What is this phenomenon called?
	(A)	Social Facilitation
	(B)	Social Loafing
	(C)	Deindividuation
	(D)	Sleeper Effect

73.	Whi	ch of the following hormone is being secreted by adrenal gland?
	(A)	Cortisol
	(B)	Epinephrine
	(C)	(A) and (B)
	(D)	Melatonin
74.		ensures assignment of subject of a population to treatment groups
		nch a way that for any given assignment to the treatment group every member ne population has equal probability of being chosen.
	(A)	Random sampling
	(B)	Randomization
	(C)	Randomness
	(D)	Stratification
75.	Whi	ch of the following is an example of the power of roles?
	(A)	Robber's Cave Experiment
	(B)	Milgram's message experiment
	(C)	Zilstein's shock research
	(D)	Zimbardo's prison experiment
76.	In S	ocial Psychology, reactance is:
	(A)	The tendency to comply with direct requests
	(B)	The motivation to restore freedom when it is threatened
	(C)	The effect of persuasive messages on attitude change
	(D)	The tendency to follow social norms without question

77. In the nature vs. nurture debate, which early philosopher argued that the mind was a "tabula rasa" or blank slate at birth?

- (A) Plato
- (B) René Descartes
- (C) John Locke
- (D) Immanuel Kant
- 78. Which brain structure is primarily involved in regulating emotions such as fear and aggression?
 - (A) Hippocampus
 - (B) Hypothalamus
 - (C) Amygdala
 - (D) Cerebellum
- 79. In research, what is a confounding variable?
 - (A) A variable that is intentionally manipulated
 - (B) A variable that influences both the independent and dependent variables
 - (C) A variable that only affects the dependent variable
 - (D) A variable that measures the outcome
- 80. In the psychodynamic framework, which concept refers to the defense mechanism where an individual unconsciously attributes their own unacceptable thoughts or feelings to someone else, thereby avoiding direct confrontation with those feelings?
 - (A) Rationalization
 - (B) Projection
 - (C) Displacement
 - (D) Sublimation

81. What is the main distinction between a psychologist and a psychiatrist in clinical psychology?

- (A) A psychologist prescribes medication, while a psychiatrist does not
- (B) A psychiatrist can prescribe medication, while a psychologist typically cannot
- (C) A psychologist focuses on physical health, while a psychiatrist focuses on mental health
- (D) A psychiatrist treats children, while a psychologist treats adults
- 82. Which psychologist proposed the concept of the 'zone of proximal development'?
 - (A) Jean Piaget
 - (B) Erik Erikson
 - (C) Lev Vygotsky
 - (D) Sigmund Freud
- 83. Which psychological process is the Stroop effect most closely associated with?
 - (A) Memory retrieval
 - (B) Attention
 - (C) Perception
 - (D) Language development
- 84. Which phenomenon describes improved performance on tasks in the presence of others?
 - (A) Social loafing
 - (B) Social facilitation
 - (C) Group polarisation
 - (D) Diffusion of responsibility

85.	Whi	ch of the following is a symptom of generalised anxiety disorder (GAD)?
	(A)	Mania
	(B)	Persistent, excessive worry
	(C)	Hallucinations
	(D)	Mood swings
86.	with	asional beliefs of an individual that he is being deliberately interfered discriminated against, plotted against, threatened, or otherwise mistreated lled delusion of:
	(A)	Reference
	(B)	Persecution
	(C)	Control
	(D)	Grandiosity
87.	A se	et of score does not result in a unique set of grouped es.
	(A)	Raw
	(B)	Pooled
	(C)	Frequency
	(D)	Percentage
88.	whice	are particularly helpful when comparing frequency distribution in the number of cases differs.
	(A)	Cumulative frequencies
	(B)	Frequencies percentage
	(C)	Frequency proportion
	(D)	Relative frequencies

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- (A) Heightened arousal
- (B) Increased suggestibility
- (C) Enhanced creativity
- (D) Increased self esteem
- 90. Which factor is an organizational stressor leading to job related stress?
 - (A) Family and Economic problems
 - (B) Political Uncertainty
 - (C) Task and Role demands
 - (D) Number of dependents in family
- 91. What is normative social influence?
 - (A) Influence based on the desire to be correct and accurate
 - (B) Influence based on the desire to be accepted and liked by others
 - (C) Influence based on personal beliefs and values
 - (D) Influence based on perceived power and authority
- 92. Who is regarded as the pioneer of psychology in India, establishing the first Indian psychological laboratory?
 - (A) G. S. Rathi
 - (B) S. K. Mangal
 - (C) Girindrashekhar Bose
 - (D) A. K.7 Singh

93. Which brain structure is primarily involved in forming new memories?

	(C)	Network model
	(B)	
	(A)	Associative model
95.	Whi node	ch model proposes that memory is organized in a network of interconnected es?
	(D)	Circadian rhythm
	(C)	Allostasis
	(B)	Homeostasis
	(A)	Neuroplasticity
94.		at is the term for the brain's process of regulating its own responses to as by controlling hormone release?
	(D)	Thalamus
	(C)	
	(B)	
	(A)	Amygdala

97. The biopsychosocial model integrates which of the following factors in understanding mental health?

- (A) Biological, psychological, and cultural
- (B) Biological, psychological, and social
- (C) Cognitive, social, and emotional
- (D) Genetic, environmental, and developmental
- 98. What is the critical feature of Carl Rogers' client-centred therapy?
 - (A) Analysing unconscious desires
 - (B) Therapist providing unconditional positive regard
 - (C) Implementing strict behaviour modifications
 - (D) Using aversive stimuli
- 99. According to Freud, which term refers to the part of the personality that mediates between desires and social rules?
 - (A) Id
 - (B) Superego
 - (C) Ego
 - (D) Self
- 100. What is the concept of 'neural pruning' in neuropsychology?
 - (A) Strengthening of neural pathways
 - (B) Elimination of unused neural connections
 - (C) Growth of new neurons
 - (D) Increase in brain size

Space for Rough Work

MPCP-2024

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Test Booklet Serial No.....

	PAPER – I
	TEST BOOKLET
	(Read the instruction carefully before starting to answer)
	: 90 Minutes Max Marks: 100
No. o	of Questions: 100
1.	Fill up the following information by Blue or Black ball point pen only:
	Roll No.:
	Name of the Candidate:
	Name of Examination Centre:
	Date of Examination :
	Candidate's Signature:
	Signature of Invigilator:
2.	Open the seal of the booklet only when instructed to do so.
3.	Don't start answering the questions until you are asked to do so.
4.	Ensure that there are 100 Questions in the Test Booklet with four responses (A), (B),
	(C) and (D) of them only one is correct as the best answer to the question concerned.
5.	Multiple answering of a question will cause the answer to be rejected.
6.	Use only Black or Blue Ball pen for darkening appropriate circle completely.
	For Example: CORRECT METHOD WRONG METHOD
7.	Rough work is to be done only on the Test Booklet and not on the answer sheet.
8.	You are not allowed to use Mobile Phones or any Electronic Device. Use of Calculator
٥.	is not allowed.
9.	Make sure that you do not possess any pages (Blank or Printed) or any unauthorized material.
<i>)</i> .	If such material is found in you possession during the examination, you will be disqualified.
10.	If you are found copying/helping others, you will be disqualified.
11.	At the end of the examination hand over the answer sheet to the invigilator.
12.	Do not leave the examination hall until you are asked to do so.
13.	No candidate is allowed to leave the examination hall till the completion of examination.
14.	The candidates are not allowed to take the Test Booklet with them.
15.	Candidates are advised to contact the Examination Superintendent for submission of
13.	representation related to examination, if any.
16.	Smoking and eatables are not allowed inside the examination hall.

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	(C)	William James
	(D)	G. Stanley Hall

37. Leon Festinger is best known for developing which psychological theory?

- (A) Operant conditioning
- (B) Cognitive dissonance
- (C) Classical conditioning
- (D) Social learning theory
- 38. Savoring is a concept in Positive Psychology that involves :
 - (A) Avoiding negative experiences
 - (B) Enhancing the enjoyment of positive experiences
 - (C) Minimizing stress through relaxation
 - (D) Reflecting on past traumas
- 39. Social identity theory posits that individuals derive part of their identity from:
 - (A) Their economic status
 - (B) Their group memberships and social categories
 - (C) Their personal achievements
 - (D) Their personal preferences
- 40. What is the halo effect?
 - (A) The tendency to judge others based on their group membership
 - (B) The influence of a positive trait on the perception of other traits
 - (C) The tendency to overlook negative behaviors in individuals
 - (D) The effect of initial impressions on subsequent judgments

41. Who developed the stages of cognitive development?

(A)	Sigmund Freud
(B)	Jean Piaget
(C)	Erik Erikson
(D)	Lawrence Kohlberg
	ch personality assessment tool uses inkblots to assess thought esses?
(A)	MMPI
(B)	Thematic Apperception Test (TAT)
(C)	Rorschach Test
(D)	Myers-Briggs Type Indicator (MBTI)
Whi	ch disorder is classified as a neurodevelopmental disorder?
(A)	OCD
(B)	ADHD
(C)	Borderline personality disorder
(D)	Generalized Anxiety Disorder
Wha	at does the term "neuroplasticity" refer to?
(A)	The ability of the brain to change throughout life
(B)	The brain's protective coating
(C)	Memory loss
(D)	Brain cell death
~-	13
	(B) (C) (D) Whit proce (A) (B) (C) (D) Whit (A) (B) (C) (D) (D) What (A) (B) (C) (D)

45.		Who is known for their work on observational learning and the Bobo dol experiment?			
	(A)	Sigmund Freud			
	(B)	Albert Bandura			
	(C)	B.F. Skinner			
	(D)	Carl Rogers			
46.	A gr	raphical representation of correlational data is called a:			
	(A)	Bell curve			
	(B)	Chi square			
	(C)	Scatterplot			
	(D)	Skewed distribution			
47.		ple are likely to invest less effort in a task when they are working with rs. What is this phenomenon called?			
	(A)	Social Facilitation			
	(B)	Social Loafing			
	(C)	Deindividuation			
	(D)	Sleeper Effect			
48.	Whi	ch of the following hormone is being secreted by adrenal gland?			
	(A)	Cortisol			
	(B)	Epinephrine			
	(C)	(A) and (B)			
	(D)	Melatonin			
		14			

49.	ensures assignment of subject of a population to treatment groups in such a way that for any given assignment to the treatment group every member of the population has equal probability of being chosen.					
	(A)	Random sampling				
	(B)	Randomization				
	(C)	Randomness				
	(D)	Stratification				
50.	Whi	ch of the following is an example of the power of roles?				
	(A)	Robber's Cave Experiment				
	(B)	Milgram's message experiment				
	(C)	Zilstein's shock research				
	(D)	Zimbardo's prison experiment				
51.	In S	ocial Psychology, reactance is:				
	(A)	The tendency to comply with direct requests				
	(B)	The motivation to restore freedom when it is threatened				
	(C)	The effect of persuasive messages on attitude change				
	(D)	The tendency to follow social norms without question				
52.		ne nature vs. nurture debate, which early philosopher argued that the mind a "tabula rasa" or blank slate at birth?				
	(A)	Plato				
	(B)	René Descartes				
	(C)	John Locke				
	(D)	Immanuel Kant				

53. Which brain structure is primarily involved in regulating emotions such as fear and aggression?

- (A) Hippocampus
- (B) Hypothalamus
- (C) Amygdala
- (D) Cerebellum
- 54. In research, what is a confounding variable?
 - (A) A variable that is intentionally manipulated
 - (B) A variable that influences both the independent and dependent variables
 - (C) A variable that only affects the dependent variable
 - (D) A variable that measures the outcome
- 55. In the psychodynamic framework, which concept refers to the defense mechanism where an individual unconsciously attributes their own unacceptable thoughts or feelings to someone else, thereby avoiding direct confrontation with those feelings?
 - (A) Rationalization
 - (B) Projection
 - (C) Displacement
 - (D) Sublimation
- 56. What is the main distinction between a psychologist and a psychiatrist in clinical psychology?
 - (A) A psychologist prescribes medication, while a psychiatrist does not
 - (B) A psychiatrist can prescribe medication, while a psychologist typically cannot
 - (C) A psychologist focuses on physical health, while a psychiatrist focuses on mental health
 - (D) A psychiatrist treats children, while a psychologist treats adults

57.	Which psychologist proposed the concept of the 'zone of proximal development'?		
	(A)	Jean Piaget	
	(B)	Erik Erikson	
	(C)	Lev Vygotsky	
	(D)	Sigmund Freud	
58.	. Which psychological process is the Stroop effect most closely associated		
	(A)	Memory retrieval	
	(B)	Attention	
	(C)	Perception	
	(D)	Language development	
59.		Which phenomenon describes improved performance on tasks in the presence of others?	
	(A)	Social loafing	
	(B)	Social facilitation	
	(C)	Group polarisation	
	(D)	Diffusion of responsibility	
60.	Whi	ch of the following is a symptom of generalised anxiety disorder (GAD)?	
	(A)	Mania	
	(B)	Persistent, excessive worry	
	(C)	Hallucinations	
	(D)	Mood swings	
		17	

61.	Delusional beliefs of an individual that he is being deliberately interfered with, discriminated against, plotted against, threatened, or otherwise mistreated is called delusion of:				
	(A) Reference				
	(B) Persecution				
	(C) Control				
	(D) Grandiosity				
62.	A set of score does not result in a unique set of grouped scores.				
	(A) Raw				
	(B) Pooled				
	(C) Frequency				
	(D) Percentage				
63.	are particularly helpful when comparing frequency distribution in which the number of cases differs.				
	(A) Cumulative frequencies				
	(B) Frequencies percentage				
	(C) Frequency proportion				
	(D) Relative frequencies				
64.	The chief characteristic of 'hypnosis' is:				
	(A) Heightened arousal				
	(B) Increased suggestibility				
	(C) Enhanced creativity				
	(D) Increased self esteem				
	18				

65. Which factor is an organizational stressor leading to job related stress?

- (A) Family and Economic problems
- (B) Political Uncertainty
- (C) Task and Role demands
- (D) Number of dependents in family
- 66. What is normative social influence?
 - (A) Influence based on the desire to be correct and accurate
 - (B) Influence based on the desire to be accepted and liked by others
 - (C) Influence based on personal beliefs and values
 - (D) Influence based on perceived power and authority
- 67. Who is regarded as the pioneer of psychology in India, establishing the first Indian psychological laboratory?
 - (A) G. S. Rathi
 - (B) S. K. Mangal
 - (C) Girindrashekhar Bose
 - (D) A. K.7 Singh
- 68. Which brain structure is primarily involved in forming new memories?
 - (A) Amygdala
 - (B) Hippocampus
 - (C) Cerebellum
 - (D) Thalamus

69. What is the term for the brain's process of regulating its own responses to stress by controlling hormone release?

- (A) Neuroplasticity
- (B) Homeostasis
- (C) Allostasis
- (D) Circadian rhythm
- 70. Which model proposes that memory is organized in a network of interconnected nodes?
 - (A) Associative model
 - (B) Connectionist model
 - (C) Network model
 - (D) Linkage model
- 71. Which disorder involves alternating episodes of mania and depression?
 - (A) Bipolar disorder
 - (B) Major depressive disorder
 - (C) Schizophrenia
 - (D) Generalized anxiety disorder
- 72. The biopsychosocial model integrates which of the following factors in understanding mental health?
 - (A) Biological, psychological, and cultural
 - (B) Biological, psychological, and social
 - (C) Cognitive, social, and emotional
 - (D) Genetic, environmental, and developmental

73.	Wha	at is the critical feature of Carl Rogers' client-centred therapy?			
	(A)	Analysing unconscious desires			
	(B)	Therapist providing unconditional positive regard			
	(C)	Implementing strict behaviour modifications			
	(D)	Using aversive stimuli			
74.		ording to Freud, which term refers to the part of the personality that mediates yeen desires and social rules?			
	(A)	Id			
	(B)	Superego			
	(C)	Ego			
	(D)	Self			
75.	Wha	at is the concept of 'neural pruning' in neuropsychology?			
	(A)	Strengthening of neural pathways			
	(B)	Elimination of unused neural connections			
	(C)	Growth of new neurons			
	(D)	Increase in brain size			
76.		The tendency of people to attribute their own behavior to external causes and other's behavior to internal causes is referred to as:			
	(A)	Self-serving bias			
	(B)	Fundamental attribution error			
	(C)	Actor-Observer effect			
	(D)	Stereotyping			

_		ording to law of items which are close together in space and tend to be perceived as belonging together or forming an organised group.		
	(A)	Proximity		
	(B)	Continuity		
	(C)	Similarity		
	(D)	Closure		
78. Data represented in a series of rectangles each of which represents in one of the class interval of the tabulated distribution is called:				
	(A)	Frequency Polygon		
	(B)	Bar Graph		
	(C)	Histogram		
	(D)	Pie Chart		
79.	9. The tendency of the rater/interviewer to judge an individual on the basis of single attribute is referred to as:			
	(A)	Similarity error		
	(B)	Central tendency error		
	(C)	Contrast error		
	(D)	Halo error		
80.	. Jean Charcot demonstrated that hysterical phenomena such as loss of feeling limbs or fainting could be produced by :			
	(A)	Hypnosis		
	(B)	Suggestion		
	(C)	Both (A) and (B)		
	(D)	Relaxation		
		22		

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- (A) Cognitive distortions
- (B) Flow theory
- (C) Broaden-and-build theory
- (D) Psychodynamic theory
- 82. The bystander effect suggests that:
 - (A) People are more likely to help when they are alone than in a group
 - (B) People are more likely to help when they are in a group than when alone
 - (C) Bystanders are more likely to intervene if they see others not helping
 - (D) Bystanders are less likely to notice emergencies in a group
- 83. Julian Rotter's concept of locus of control describes whether individuals believe that their outcomes are controlled by:
 - (A) External forces or internal efforts
 - (B) Their cognitive schemas
 - (C) Genetic predisposition
 - (D) Social status
- 84. Which neurotransmitter is primarily involved in muscle contraction and is also linked to learning and memory?
 - (A) Dopamine
 - (B) Serotonin
 - (C) Acetylcholine
 - (D) Glutamate

85. Which research design is best suited for determining cause-and-effect relationships?

- (A) Correlational study
- (B) Cross-sectional study
- (C) Experimental design
- (D) Case study
- 86. Which branch of psychology is concerned with optimising human behaviour in workplaces?
 - (A) Counselling psychology
 - (B) Industrial-organizational psychology
 - (C) Forensic psychology
 - (D) Developmental psychology
- 87. A person is most likely to experience cognitive dissonance when:
 - (A) Their thoughts align with their behaviour
 - (B) They are forced to make a decision that goes against their beliefs
 - (C) They are praised for completing a task
 - (D) They recall positive memories
- 88. Which neuropsychological disorder is characterised by severe memory impairment and confusion, often caused by chronic alcohol abuse?
 - (A) Schizophrenia
 - (B) Korsakoff's syndrome
 - (C) Huntington's disease
 - (D) Multiple sclerosis

89. In Erikson's theory, which conflict characterises late adulthood?

- (A) Autonomy vs. shame
- (B) Integrity vs. despair
- (C) Initiative vs. guilt
- (D) Generativity vs. stagnation
- 90. What is the main difference between classical and operant conditioning?
 - (A) Classical conditioning relies on reinforcement; operant conditioning does not
 - (B) Classical conditioning pairs two stimuli; operant conditioning relies on reinforcement and punishment
 - (C) Operant conditioning involves cognitive processes; classical conditioning does not
 - (D) Both are entirely different learning processes
- 91. Generalized Anxiety Disorder (GAD) is a pervasive condition in which the sufferer experiences:
 - (A) Continued apprehension about unspecified things
 - (B) Fear of fear
 - (C) Continual flashbacks to past events
 - (D) A desire to check that the environment is safe
- 92. Difficulty in seeing objects at a distance is called:
 - (A) Myopia
 - (B) Hypermetropia
 - (C) Astigmatism
 - (D) Visual Field Defects

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93.	Consciously faking illness or symptoms of disability to achieve some specific nonmedical objective is:				
	(A)	Malingering			
	(B)	Altered identities			
	(C)	False identification			
	(D)	Confabulation			
94.		issociative identity disorder, the identity that is frequently encountered, ying the person's real name is:			
	(A)	Alter Identity			
	(B)	Host Identity			
	(C)	Ghost Identity			
	(D)	Mixed Identity			
95.	Whi	ch cognitive skill is involved in learning to read?			
	(A)	Mental representation			
	(B)	Theory of mind			
	(C)	Spoken language			
	(D)	Imagination			
96.		at phenomenon explains why individuals can remember the first and last as of a list better than the middle ones?			
	(A)	List position effect			
	(B)	Primacy-recency effect			
	(C)	Order recall effect			

(D) Sequence memory effect

97. According to Erik Erikson's psychosocial theory, the key challenge in adolescence is:(A) Trust vs. Mistrust

- (B) Industry vs. Inferiority
- (C) Identity vs. Role Confusion
- (D) Autonomy vs. Shame
- 98. The term "stream of consciousness", referring to the flow of thoughts in the human mind, was coined by which psychologist?
 - (A) Carl Jung
 - (B) Wilhelm Wundt
 - (C) William James
 - (D) B.F. Skinner
- 99. Which part of the brain controls basic life-sustaining functions like heart rate and breathing?
 - (A) Thalamus
 - (B) Medulla
 - (C) Cerebellum
 - (D) Hypothalamus
- 100. Which term refers to the consistency of a measure?
 - (A) Validity
 - (B) Reliability
 - (C) Generalizability
 - (D) Sensitivity

Space for Rough Work