



DEPARTMENT OF PSYCHIATRIC SOCIAL WORK
INSTITUTE OF HUMAN BEHAVIOUR & ALLIED SCIENCES

&

VISHWA YUVAK KENDRA

Jointly Organize

**Capacity Building Workshop for NGO
Partners: Strengthening Community Partnership**



6th & 7th October, 2023

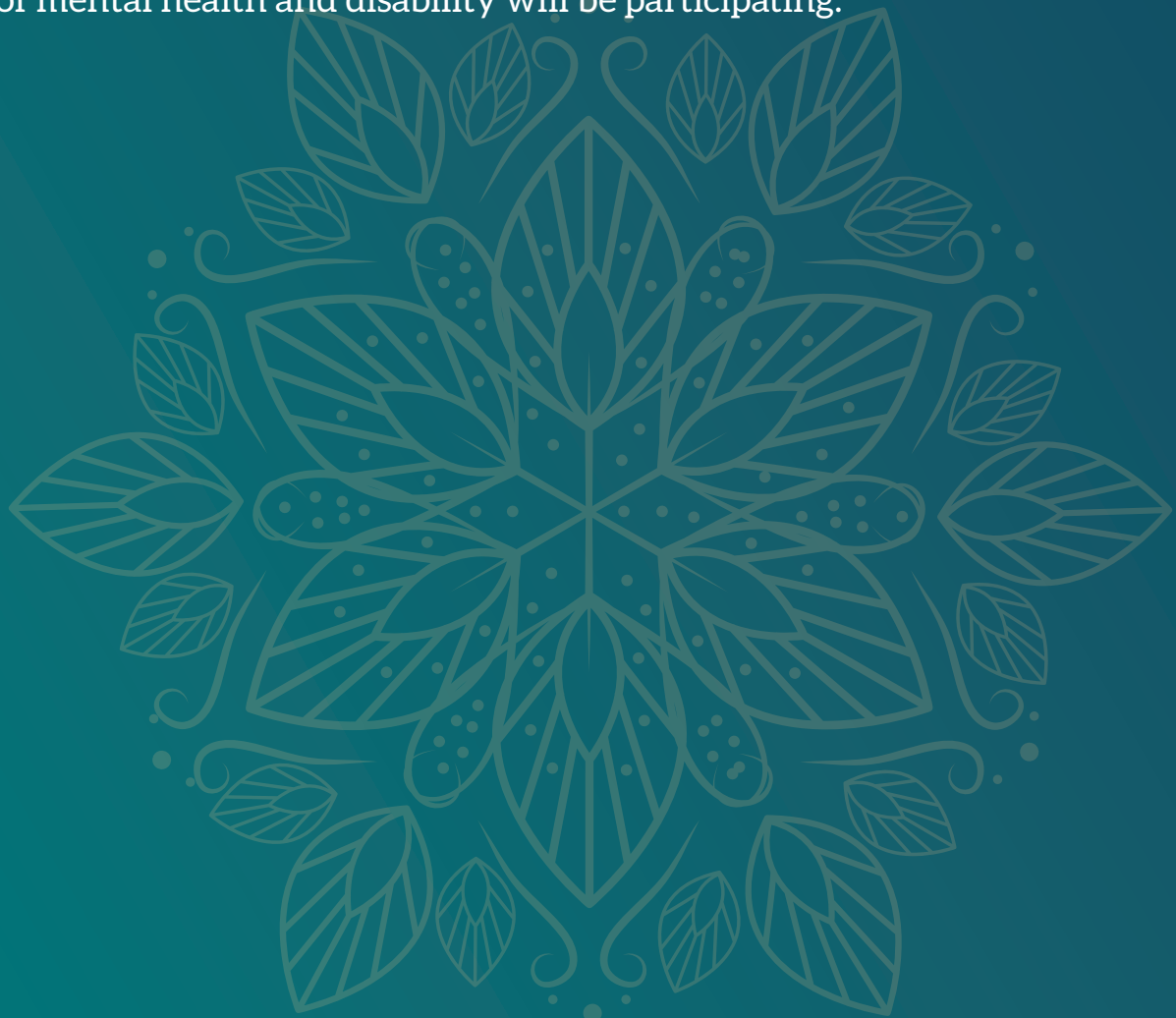


Mini Auditorium, IHBAS, Delhi



Background

Mental Health Services are the means by which effective interventions for mental health are delivered. An estimated 197.3 million people have mental disorder in India, and majority of the population have either nil or limited access to mental health services. Community Mental Health Services are not based in hospital setting but need close working links with Mental Health Establishment or Institute to bridge the treatment gap. There is evidence that community mental health outreach services where both Government and Non-Government Organizations are equally involved definitely decrease the need for in-patient care & treatment and also help to maintain the sustainability. NGOs in the mental health field are the community care providers. Usually, they are involved as a service provider, performing the role of advocacy, protecting the interest of user group and helping public sector to implement government policies and services for the benefit of the carers and users. So, the capacity building of these professionals is very essential for a comprehensive, prevention-oriented approach in mental health. Keeping this in mind, IHBAS and Vishwa Yuvak Kendra are collaboratively organizing “Capacity Building Workshop for NGO Partners: Strengthening Community Partnership” from October 6th to October 7th, 2023, in the Mini Auditorium, IHBAS, Delhi, in which around 65 NGOs working in the field of mental health and disability will be participating.



Objectives:

- To enhance the basic mental health knowledge of the professionals to respond appropriately to persons in need & engage them in treatment.
- To strengthen existing mental health system and service providing facilities through developing competencies and skills of professionals involved in mental health care at community level.
- To identify the needs, gaps, and obstacles of current knowledge, competencies and training needs of professionals working in NGO sector, Child Care Home and Sheltered Homes.
- To exchange ideas, skills and expertise between the public and private sector.
- To better understand the local resources and identify referral points.

Target Group:

- NGO personnel working in the field of Mental Health and Disability.
- Total Participants: 60-65

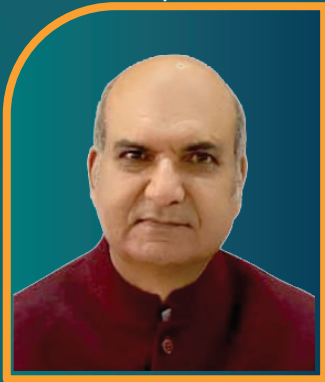
Training Methodology

The training program will be conducted through a combination of lectures, group discussions, case studies, and practical exercises. Experts in the field of mental health will be facilitating sessions covering various aspects of mental health.

Programme Content:

- Mental health and well-being among children and elderly
- Liaison & Networking
- Community Partnership
- Group Discussion & Activities

Leadership



Dr. Rajinder K. Dhamija
Director, IHBAS



Mr. Uday Shankar Singh
CEO, Vishwa Yuvak Kendra

Coordination



Dr. Jahanara Gajendragad
Professor & Head- Psychiatric Social Work
IHBAS



Dr. Himanshu Singh
Psychiatric Social Worker
IHBAS



Dr. Saswati Chakraborti
Assistant Professor- Psychiatric Social Work
IHBAS



Mr. Anand Kumar
Programme Officer
Vishwa Yuvak Kendra

Speakers



Dr. Uday Sinha
Head- Clinical Psychology



Dr. Vibha Sharma
Professor- Clinical Psychology



Dr. Deepak Kumar
Professor & Head, Psychiatry



Dr. Omprakash
Professor Psychiatry & DMS



About Institute of Human Behaviour and Allied Sciences (IHBAS)



Institute of Human Behaviour & Allied Sciences (IHBAS) was established in compliance with the directives of the Hon'ble Supreme Court in response to a public interest litigation in 1993. The Institute is an autonomous body registered under the Societies Act 1860, funded jointly by Ministry of Health and Family Welfare, Government of India and Government of NCT of Delhi. As an autonomous body, the institute has its Memorandum of Association and Rules and Regulations duly approved under the Societies Act. Minister for Health, Govt. of NCT of Delhi is the President and Chief Secretary, Govt. of NCT of Delhi is the Chairman of the Executive Council of the institute.

About Vishwa Yuvak Kendra (VYK)



Vishwa Yuvak Kendra (VYK) is a non-government service-oriented voluntary organization established in 1961. Former Prime Minister Shri. Morarji Desai was the founder chairman whereas Shri Ramkrishna Bajaj was the founder Managing Trustee. Since its inception, it has been imparting training and capacitating youth in various fields such as agriculture, entrepreneurship, environment, NGO capacity building, women and youth empowerment, contributing to SDGs and nation-building initiatives. The organization is engaged in nurturing the talent of youth right from its inception and also inculcating values of being responsible citizens equipped with the requisite leadership attributes and enable them to become change agents of socio-economic transformation.

For further details, please contact:

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Prof. Dr. Rajinder K Dhamija, Director IHBAS
(Inaugurating the “Capacity Building Workshop for NGO Partners”)



मानसिक स्वास्थ्य बेहतर होना जरूरी: डा. धमीजा

जागरण संवाददाता, पूर्वी दिल्ली: मानव व्यवहार एवं संबद्ध विज्ञान संस्थान (इहबास) व विश्व युवक केंद्र के संयुक्त तत्वाधान में मानसिक स्वास्थ्य विषय पर आयोजित दो दिवसीय कार्यशाला का शनिवार को समापन हुआ। इसका उद्देश्य समाज के हित धारकों को साथ लाना और आपसी प्रेम व मिल-जुलकर कार्य करना था। कार्यशाला में 150 से अधिक प्रतिभागियों ने भाग लेकर मानसिक स्वास्थ्य पर अपने-अपने विचार पेश किए।

इहबास के निदेशक डा. आरके धमीजा ने बताया कि यदि व्यक्ति का मानसिक स्वास्थ्य बेहतर हो तो काफी परेशानियां हल हो जाती हैं। इहबास संस्थान लोगों के मानसिक स्वास्थ्य के बेहतर इलाज के लिए हमेशा तत्पर है।



मानव व्यवहार एवं संबद्ध विज्ञान संस्थान में कार्यशाला में भाग लेते लोग ●सौजन्य -अद्यताल

विश्व युवक केंद्र के मुख्य कार्यकारी अधिकारी उदय शंकर सिंह ने स्वयंसेवी संस्थानों, शैक्षणिक संस्थानों, चिकित्सा संस्थानों को एक साथ मिलकर कार्य करने व प्रगति करने की बात कही।

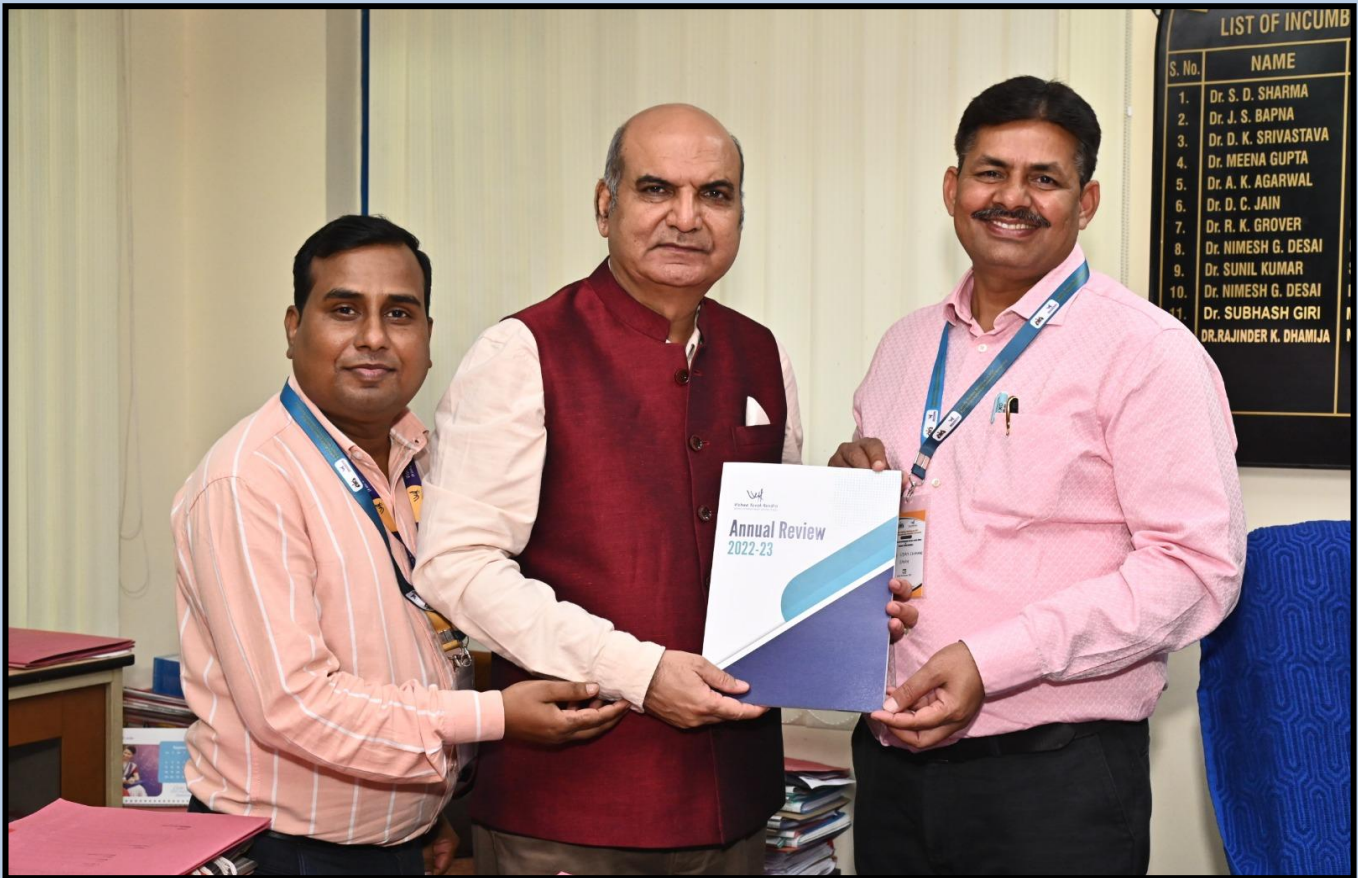
उन्होंने मानसिक स्वास्थ्य जैसे महत्वपूर्ण विषय को विद्यालयों के

पाठ्यक्रम में शामिल करने के लिए भी कहा। साथ ही इस विषय पर छह महीने या एक साल का डिप्लोमा कोर्स शुरू करने के लिए भी कहा। कार्यक्रम का समन्वयन डा. जहांआरा, डा. हिमांशु सिंह, डा. शाश्वती एवं आनंद कुमार ने किया था।

मानसिक स्वास्थ्य पर कार्यशाला आयोजित

वि., पूर्वी दिल्ली: मानव व्यवहार एवं संबद्ध विज्ञान संस्थान (इहबास) और विश्व युवक केंद्र के संयुक्त तत्वाधान में मानसिक स्वास्थ्य विषय पर दो दिवसीय कार्यशाला आयोजित की गई। इसका मुख्य उद्देश्य मानसिक स्वास्थ्य की जागृति को जन-जन तक पहुंचाना है। इहबास के निदेशक डा. आरके धमीजा ने बताया कि मानसिक स्वास्थ्य

व्यक्तिगत जिम्मेदारी के साथ-साथ सामाजिक जिम्मेदारी भी है। केंद्र के मुख्य कार्यकारी अधिकारी उदय शंकर सिंह ने कहा कि साझेदारी एवं सामूहिक उत्तरदायित्व के बिना कुछ संभव नहीं है। इस मौके पर डा. हिमांशु सिंह, आनंद कुमार, डा. दीपक कुमार, डा. विभा शर्मा, डा. जहांआरा मौजूद रहे।



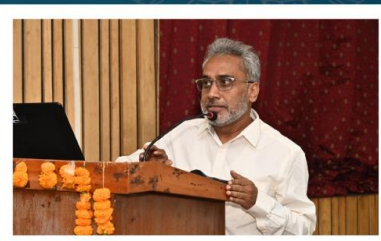
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